



THE AVALON  
OF BLOOMFIELD TOWNSHIP  
A GRACE MGMT COMMUNITY

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## Your Team

**Matthew Young:** Executive Director  
**Matthew Anderson:** Business Office Manager  
**Victoria Tafilowski :**Life Enrichment Director  
**Christine Maxim:** Director of Dining Services  
**Frank Tavanez:** Director of Environmental  
**Brandy Nagy:** Health & Wellness Director

## RSVP Today!

**MOTHER'S DAY  
AFTERNOON TEA!**  
**Saturday, May 7th**  
**1:30-2:30**  
**2 guest per resident!**

## Schedule a Visit

We welcome you to visit our community.  
*It's not like home. It is home.™*  
For more information please contact  
Morgan Shilling at 248.282.4088

## Welcome to the family

.Our story is yours. We grow older and wiser but are sure to never lose the spark that started it all. Grace Management Continues to evolve, and we're ever more dedicated to nurturing our company and our team to be healthy contributors to communities across the U.S. Delivering exceptional living experiences, we can focus on the big issues that concern the daily lives of our residents-from healthcare and finances to overall quality of life-while never losing sight of the details that matter most: the connections we make along the way!

**Madeline S.**



Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
1	May Day	2		3		4		5	Cinco de Mayo	6		7	
PY CO SE CR SE	11:00 Exercise-Computer guided program 2DR 1:00 Daily Chronical & Word Games FD 1:30 Quarter Jackpot CH 4:00 Coloring & Crafts CH 5:30 Movies with Friends TH	SP PY SE CO SO	9:45 Uplifting & Positive News Reading B 11:00 Chair Exercise-Stretching FC 2:00 Taste & Try 2DR 4:00 Tea & Trivia (Try a new tea every week!) 2DR 5:30 Movies with Friends TH	PY CO SO CR SO	11:00 Chair Exercise-In the Courtyard 1:00 Sing-a-long 2DR 2:00 Prize Bingo 2DR 4:00 Fancy Flower Arranging CH 5:30 Movies with Friends TH	SP PY CO SE SO	10:15 Communion w/ St. Hugo's Church C 11:00 Chair Exercise- Arms FC 1:00 Daily Chronical & Chat B 2:00 Entertainment w/ Christine S. 2DR 4:00 Humor & Hot Chocolate 2DR 5:30 Movies with Friends TH	PY PR CO SO SO	11:00 Chair Exercise- Full Body FC 1:00 Tender Hearts Visit 2DR 2:00 Prize Bingo 2DR 4:00 Cinco de Mayo: Margaritas, Chips & Salsa 2DR 5:30 Movies with Friends TH	PY CO SE CO SO	11:00 Chair Exercise-Legs FC 1:00 Daily Chronical & Word Games FD 2:00 LIVE Kentucky Derby Races 2DR 4:00 Happy Hour & Trivia 2DR 5:30 Movies with Friends TH	PY CO SO CR SO	11:00 Exercise- Dealers Choice FC 1:00 Daily Chronical & Word Games FD 1:30 Mother's Day Afternoon Tea (Please RSVP by May 2nd) 2DR 4:00 Coloring & Crafts CH 5:30 Movies with Friends TH
8	Mother's Day	9		10		11		12		13		14	
PY CO SE CR SE	11:00 Exercise-Computer guided program 2DR 1:00 Daily Chronical & Word Games FD 1:30 Sing-Along Sundays! TH 4:00 Coloring & Crafts CH 5:30 Movies with Friends TH	SP PY SE CO SO	9:45 Uplifting & Positive News Reading B 11:00 Chair Exercise-Stretching FC 2:00 Entertainment w/ Michael K. CH 4:00 Tea & Trivia (Try a new tea every week!) 2DR 5:30 Movies with Friends TH	PY CO SO CR SO	11:00 Chair Exercise-Balloon Volleyball FC 1:00 Sing-a-long 2DR 2:00 Prize Bingo 2DR 4:00 Fancy Flower Arranging CH 5:30 Movies with Friends TH	SP PY CO SE SO	10:15 Communion w/ St. Hugo's Church C 11:00 Chair Exercise- Arms FC 1:00 Daily Chronical & Chat B 1:30 Joy Ride FE 4:00 Humor & Hot Chocolate 2DR 5:30 Movies with Friends TH	PY PY PR CO SO SO	10:15 Blood Pressure Clinic CH 11:00 Chair Exercise- Full Body FC 1:00 Tender Hearts Visit 2DR 2:00 Prize Bingo 2DR 3:30 Pretty Nails 2DR 5:30 Movies with Friends TH	PY CO CR CO SO	11:00 Chair Exercise-Legs FC 1:00 Daily Chronical & Word Games FD 2:00 Crafting Together (spring door hanger) 2DR 4:00 Happy Hour & Trivia 2DR 5:30 Movies with Friends TH	PY CO SO CR SO	11:00 Exercise- Dealers Choice FC 1:00 Daily Chronical & Word Games FD 1:30 Snack Bingo 2DR 4:00 Coloring & Crafts CH 5:30 Movies with Friends TH
15		16		17		18		19		20		21	Armed Forces Day
PY CO SO CR SE	11:00 Exercise-Computer guided program 2DR 1:00 Daily Chronical & Word Games FD 1:30 Quarter Jackpot CH 4:00 Coloring & Crafts CH 5:30 Movies with Friends TH	SP PY SE CO SO	9:45 Uplifting & Positive News Reading B 11:00 Chair Exercise-Stretching FC 2:00 Entertainment w/ Richard S. 2DR 4:00 Tea & Trivia (Try a new tea every week!) 2DR 5:30 Movies with Friends TH	PY CO SO CR SO	11:00 Chair Exercise-Balloon Volleyball FC 1:00 Sing-a-long 2DR 2:00 Prize Bingo 2DR 4:00 Fancy Flower Arranging CH 5:30 Movies with Friends TH	SP PY CO SO SO	10:15 Communion w/ St. Hugo's Church C 11:00 Chair Exercise- Arms FC 1:00 Daily Chronical & Chat B 2:00 Scoops & Smiles-Ice Cream Social 2DR 4:00 Humor & Hot Chocolate 2DR 5:30 Movies with Friends TH	PY PY PR CO SO SO	11:00 Chair Exercise- Full Body FC 1:00 Tender Hearts Visit 2DR 2:00 Prize Bingo 2DR 3:30 Pretty Nails 2DR 5:30 Movies with Friends TH	PY CO SE CO SO	11:00 Chair Exercise-Legs FC 1:00 Daily Chronical & Word Games FD 1:30 Out to the Park with a Snack FE 4:00 Happy Hour & Trivia 2DR 5:30 Movies with Friends TH	PY CO SO SE SO	11:00 Exercise- Dealers Choice FC 1:00 Daily Chronical & Word Games FD 1:30 Snack Bingo 2DR 3:30 Cooking Class 2DR 5:30 Movies with Friends TH
22		23		24		25		26		27		28	
PY CO SE CR SE	11:00 Exercise-Computer guided program 2DR 1:00 Daily Chronical & Word Games FD 2:00 Violin Concert w/ the SMA Tour Group 2DR 4:00 Coloring & Crafts CH 5:30 Movies with Friends TH	SP PY SE CO SO	9:45 Uplifting & Positive News Reading B 11:00 Chair Exercise-Stretching FC 2:00 Prize Bingo 2DR 4:00 Tea & Trivia (Try a new tea every week!) 2DR 5:30 Movies with Friends TH	PY CO PR CR SO	11:00 Chair Exercise-Balloon Volleyball FC 1:00 Sing-a-long 2DR 2:00 Farmer's Market & Fun Facts about Health 2DR 4:00 Fancy Flower Arranging CH 5:30 Movies with Friends TH	SP PY CO SE SO	10:15 Catholic Mass w/ St. Hugo's Church 11:00 Chair Exercise- Arms FC 1:00 Daily Chronical & Chat B 2:00 Entertainment w/ Steve K. 2DR 4:00 Humor & Hot Chocolate 2DR 5:30 Movies with Friends TH	PY PY PR CO SO SO	10:15 Blood Pressure Clinic CH 11:00 Chair Exercise- Full Body FC 1:00 Tender Hearts Visit 2DR 2:00 Prize Bingo 2DR 3:30 Pretty Nails 2DR 5:30 Movies with Friends TH	PY CO SE CO SO	11:00 Chair Exercise-Legs FC 1:00 Daily Chronical & Word Games FD 1:15 Out to the Movies FE 4:00 Happy Hour & Trivia 2DR 5:30 Movies with Friends TH	PY CO SO CR SO	11:00 Exercise- Dealers Choice FC 1:00 Daily Chronical & Word Games FD 1:30 Snack Bingo 2DR 4:00 Coloring & Crafts CH 5:30 Movies with Friends TH
29		30	Memorial Day	31									
PY CO SO CR SE	11:00 Exercise-Computer guided program 2DR 1:00 Daily Chronical & Word Games FD 1:30 Quarter Jackpot CH 4:00 Coloring & Crafts CH 5:30 Movies with Friends TH	SP PY SO SO	9:45 Uplifting & Positive News Reading B 11:00 Chair Exercise-Computer guided program 2DR 1:00 Tigers Tailgate CH 5:30 Movies with Friends TH	PY CO SO CR SO	11:00 Chair Exercise-Balloon Volleyball FC 1:00 Sing-a-long 2DR 2:00 Prize Bingo 2DR 4:00 Fancy Flower Arranging CH 5:30 Movies with Friends TH		CO - Cognitive CR - Creative PY - Physical PR - Purposeful SE - Sensory SO - Social SP - Spiritual	FC-Fitness Center B-Bistro CH-City Hall TH-Theater FR-Family Room 2DR- 2nd Floor Dining Room FE-Front Entrance FD-Front Desk C-Chapel		Happy May Birthdays!! Sharie G. May 9th Roger M. May 14th			**New Events this Month** Every Tuesday at 1:00pm we will be having a sing-a-long in the second floor dining room! Come join the fun! Walking Club: Saturday, May: 14th, 28th, Please meet at the front entrance, (weather permitting), and we will take a leisure walk enjoying fresh air and company!

Events are Subject to Change.

## Did You Know?



# HAPPY MOTHER'S DAY

NATIONAL eat what you want DAY



11 MAY



# Happy, Smiling Faces!

# Making Beautiful Memories!