



TOWN VILLAGE VESTAVIA HILLS

A GRACE MGMT COMMUNITY

It's not like home. It *is* home.™

Your Team

Steve Ragsdale // Executive Director

Quisa Nobles // Business Office Director

Eric Morin // Director of Dining Services

Tumonica Pierce // Director of Housekeeping

Cynthia Garwick // Life Enrichment Director

Greg Nichols // Director Of Maintenance

Desiree Soriano // Sales Director

Christine Buzhardt // Sales Director

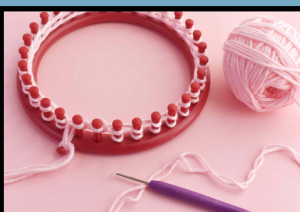
Resident Birthdays

| | |
|----------------|------|
| Howard Klotz | 363E |
| Win Shelby | 266E |
| Dan Mitchell | 238W |
| Mary Barksdale | 342E |
| Patricia Ragan | 234W |
| Pat Graham | 223W |
| Reba Sanspree | 105W |
| Earl Johnson | 157E |
| Marilyn Duncan | 201W |
| Becky Bolton | 313W |
| Robert Daniel | 341E |
| Imogene Hiller | 222W |
| Gloria Zaugg | 373E |
| Ralph Stephens | 348E |
| Emile Evans | 333W |
| Diane Freeman | 156E |
| Ruth Hager | 227W |

Welcome to the Family

Our story is yours. We grow older and wiser but are sure to never lose the spark that started it all. Grace Management Continues to evolve, and we're ever more dedicated to nurturing our company and our team to be healthy contributors to communities across the U.S. Delivering exceptional living experiences, we can focus on the big issues that concern the daily lives of our residents-from healthcare and finances to overall quality of life-while never losing sight of the details that matter most: the connections we make along the way.

| | | | |
|-----------------|------|----------------|------|
| Marcella Bailey | 367E | Janet Garner | 266E |
| Peggy Cano | 366E | Elaine & Ed | |
| Travis Cox | 128W | McCraney | 269E |
| JC & Margaret | | Laura Powell | 218W |
| Dunaway | 253E | Janet Robinson | 361E |
| Jean Eagerton | 352E | Rick Sexton | 133W |



Yarn Hats

Ever wondered what it is? Here at Town Village our group of Hat Makers get together once or twice a month and make toboggans for charity! And right now we're looking for residents who are interested in joining us! It's actually a very simple project.

-No pattern to follow

-No counting stitches

-No cost to you

-No knitting experience needed

It's a very relaxing pastime, and you get to come and meet an amazing group of residents!

Looms are needed! Please return looms, picks, yarn and needles if you are not currently making and turning in hats!

Book Review



Are you a bookworm?

Have you read a book you just loved (or hated) recently?
You're invited to join the Book Review group!

-No set book to read

-Bring any book you've read that you'd like to talk about

Come hang out in an informal setting and chat about your recent reads, hear about the rest of the groups recent reads, and enjoy the good company!
(And maybe hear of a book you'd like to try!

Musical Programming at Town Village

-Piano with Chase

Mondays @ 5pm

-Piano with Elizabeth

Thursdays @ 1pm

-Hymn Singing with Betty

1/8 @ 1pm



-Piano/Cello Concert

1/4 @ 6pm

-Trinity Singers

1/11 @ 2pm

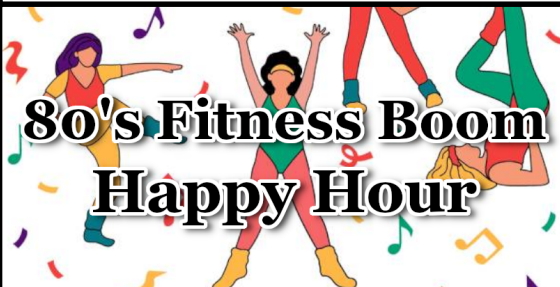
-Piano with Greg

1/11 @ 4pm

-Sing Along

1/14 @ 3pm

80's Fitness Boom Happy Hour



Come join us for our 80's fitness themed Happy Hour!

January 20th @ 3pm!

Games at Town Village!

Need some socializing and some fun?

We've got you covered!

-Card Bingo-

Tuesdays @ 3pm

Fridays & Saturdays @ 2pm

-Bingo-

Mondays & Wednesdays @ 6pm

Fridays @ 5pm

-Int. Bridge-

Tuesdays @ 1pm

Saturdays @ 6pm

Sundays @ 5pm

-Beg. Bridge-

Mondays @ 1pm



Card Bingo on 1/25 will take place @ 4:30 due to Town Hall!

-Bunco-

7/8 @ 1pm

-Rummikub-

Sundays @ 2pm

1/5 & 1/26 @ 3pm

-Mexican Train-

Saturdays @ 3pm

-Scattergories-

1/7 @ 3pm

-Brain Games w/ Karen-

1/10 & 1/24 @ 3pm



Dress in your favorite leotard and tights or warm up suit and headband!

(Bonus points for Leg Warmers!)

The brighter the better!





New Year NEW YOU

You're invited to be a new,
healthier you this year!

Come check out our health
talks and other opportunities
to maximize your overall
health and wellness!

Clap for Health will be doing
music and movement and
clapping, and we'll be
learning a new line dance to
incorporate into happy hour!

Activities for the Soul



Worship with Brother Pat-

Thursdays @ 6:30pm

Transport to Mtn Chapel UMC-

Sundays @ 10am

Transport to Lakeside Baptist-

Sundays @ 9am

Ladies Bible Study-

1/12 & 1/26 @ 2pm

Hymn Singing with Betty-

1/8 @ 1pm



Stay Fit, Stay Healthy

-Fitness Programs-

-Chair Exercise-

Monday, Wednesday and Friday @ 10am

-Aqua Fitness-

Tuesday and Thursday @ 10am

-Senior Tai Chi-

Tuesday and Thursday @ 2pm

-Clap For Health-

Wednesdays @ 3pm



-Health Talks-

-New Year, New You-

Tuesday 1/4 @ 2pm

-Fitness or Folly-

Thursday 1/6 @ 2pm

-Fitness Evaluations-

Thursday 1/13 from 1pm-3pm

Town Village Outings

CVS- 1/3 @ 9:30am

Publix- 1/3 @ 10am

Coffee Concert- 1/7 @ 10:15am

T.J. Maxx- 1/7 @ 1:30pm

Walmart- 1/10 @ 10am

Surprise Drive- 1/10 @ 2pm

Dollar Tree- 1/14 @ 10am

CVS- 1/17 @ 9:30am

Publix- 1/17 @ 10am

Bank- 1/17 @ 1pm

Michael's/Bed Bath & Beyond- 1/21 @ 10am

Lunch Bunch- 1/26 @ 11:30am

Walmart- 1/28 @ 10am

Walmart Marketplace- 1/31 @ 10am

Hoover Library Movie- 1/31 @ 1:15pm





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