



SHOREHAVEN
A GRACE MGMT COMMUNITY

JANUARY 2022

Shorehaven January 2022

14560 Lakeside Circle
Sterling Heights, Michigan 48313
586-247-3220
www.shorehavenseniiorliving.com



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>CO - Cognitive CR - Creative E - Emotional PY - Physical PR - Purposeful SE - Sensory SO - Social SP - Spiritual</p>	<p>LOCATION KEY: Activity Room = AR Dining Room = DR Great Room = GR Lobby = L Patio = P Recreation Room = RR</p>	<p>Happy Birthday</p> <p>Anna Byarski 1/06 Constance Pasqual 1/06 Bobby Pittman 1/08 Antoinette Pantano 1/11 Mary Ann Calabro 1/18 Eileen Shaw 1/19 Jeffrey Goniwiecha 1/26 Peter Paganes 1/27</p>				<p>1 New Year's Day</p> <p>SO 12:30 Wii Bowling-(RR) PY 1:15 Sit & Stretch-(GR) CO 2:15 New Year's Day Movie: The Pajama Game~(RR) SP 3:15 Pray the Rosary w/Mike B.-(GR) SO 4:00 Rose Bowl Dinner~(DR) SO 5:00 Rose Bowl & Appetizers "Utah Utes vs Ohio State Buckeyes"~(L)</p>
<p>2</p> <p>SP 10:00 Nondenominational Church Service- (GR) SO 1:15 Wii Bowling-(RR) PY 1:30 Chair Yoga-(GR) CO 2:15 Music Video: Dolly Parton A Musicares Tribute-(RR) CO 2:30 Chase the Ace-(GR) PY 3:30 Fitness Walk-(L) E 6:30 Shorehaven Choir w/Toni-(L)</p>	<p>3</p> <p>SO 9:45 Monday Morning Mingle~(L) PY 10:30 20 Minute Cardio Workout~(L) PY 1:30 Roll It Bounce It Exercise-(GR) CR 1:30 Create Greeting Cards w/Roxanne~(AR) SE 2:30 Scenic Tour: George George Memorial Park-(L) CO 6:30 7 Card Match-(GR)</p>	<p>4</p> <p>PY 1:30 YMCA Exercise-(GR) CO 1:30 Pinochle w/Connie-(DR) PY 2:30 Bowling for \$'s~(DR) CR 3:15 Getting Crafty~(AR) SO 4:00 Toasting Tuesday-(L) CO 6:30 Big Bingo Bash-(DR)</p>	<p>5</p> <p>PR 9:30 Bus to Kroger~(L) SP 10:30 Ladies Bible Study w/Carol-(GR) PY 1:30 "Aut-To-Be-Fit" Fitness Program-(GR) PR 2:15 Activity Meeting~(AR) PY 6:15 Slam'n Jam'n Chair Volleyball w/Bobbi-(L)</p>	<p>6</p> <p>SO 9:45 Hot Cocoa & Fresh Baked Sweet Breads~(L) PY 1:30 Engaging Rhythm Workout-(GR) SP 2:00 Catholic Mass-(DR) CR 3:00 Stylish Nails~(AR) CO 6:30 Big Bingo Bash-(DR)</p>	<p>7</p> <p>CO 10:30 Hot Topics-(RR) PY 1:30 Sweat'n w/the Oldies Music-(GR) SO 2:30 Happy Hour w/Chet Penkala~(DR) PY 4:00 Cool Down-(GR) CO 6:30 Po-Ke-No-(GR) E 6:30 Shorehaven Choir w/Toni-(RR)</p>	<p>8</p> <p>SO 12:30 Wii Bowling-(RR) PY 1:30 Sit & Stretch-(GR) CR 1:30 Watercolors w/Barb~(AR) CO 2:15 Movie Matinee: Red Notice~(RR) SP 3:15 Pray the Rosary w/Mike B.-(GR) CO 6:30 Free Bingo for Household Essentials~(DR)</p>
<p>9</p> <p>SP 10:00 Nondenominational Church Service- (GR) SO 1:15 Wii Bowling-(RR) PY 1:30 Chair Yoga-(GR) CO 2:15 Travel Video: America's Heart & Soul-(RR) CO 2:30 Chase the Ace-(GR) PY 3:30 Fitness Walk-(L) E 6:30 Shorehaven Choir w/Toni-(L)</p>	<p>10</p> <p>SO 9:45 Monday Morning Mingle~(L) PY 10:30 20 Minute Cardio Workout~(L) PY 1:30 Roll It Bounce It Exercise-(GR) SO 2:15 Bringing in the New Year Ladies Tea~(DR) PR 3:00 Food for Thought~(DR) CO 6:30 DN w/Heather: Derby Races~(DR)</p>	<p>11</p> <p>PY 1:30 Body in Motion Exercise-(GR) CO 1:30 Pinochle w/Connie-(DR) E 2:30 Celebrating Toni Pantano's 100th Birthday: Music w/Lee Piper "Songs by Frank Sinatra"~(DR) SO 4:00 Toasting Tuesday-(L) CO 6:30 Big Bingo Bash-(DR)</p>	<p>12</p> <p>PR 9:30 Bus to Meijer~(L) SP 10:30 Ladies Bible Study w/Carol-(GR) PY 1:30 Hokey Pokey Exercise-(GR) PR 2:15 Resident Council Meeting~(DR) PY 6:15 Slam'n Jam'n Chair Volleyball w/Bobbi-(L)</p>	<p>13</p> <p>SO 9:45 Hot Cocoa & Fresh Baked Sweet Breads~(L) PY 1:30 Engaging Rhythm Workout-(GR) SP 2:00 Catholic Mass-(DR) CR 3:00 Stylish Nails~(AR) CO 6:30 Big Bingo Bash-(DR)</p>	<p>14</p> <p>CO 9:45 MGM Casino~(L) CO 10:30 Hot Topics-(RR) PR 12:00 Food Donation: "Sterling Heights Fire Dept." PY 1:30 Sweat'n w/the Oldies Music-(GR) SO 2:30 Happy Hour w/Suzi~(DR) PY 4:00 Cool Down-(GR) CO 6:30 Po-Ke-No-(GR) E 6:30 Shorehaven Choir w/Toni-(RR)</p>	<p>15</p> <p>SO 12:30 Wii Bowling-(RR) CR 1:00 Knitting & Crocheting w/Lilly~(AR) PY 1:30 Sit & Stretch-(GR) CO 2:15 Movie Matinee: Jungle Cruise-(RR) SP 3:15 Pray the Rosary w/Mike B.-(GR) CO 6:30 Dice Bingo~(GR)</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>16</p> <p>SP 10:00 Nondenominational Church Service- (GR)</p> <p>SO 1:15 Wii Bowling-(RR)</p> <p>PY 1:30 Chair Yoga-(GR)</p> <p>CO 2:15 Nature Video: In Beaver Valley-(RR)</p> <p>CO 2:30 Chase the Ace-(GR)</p> <p>PY 3:30 Fitness Walk-(L)</p> <p>E 6:30 Shorehaven Choir w/Toni-(L)</p>	<p>17 Martin Luther King Day</p> <p>SO 9:45 Monday Morning Mingle~(L)</p> <p>PY 10:30 20 Minute Cardio Workout~(L)</p> <p>E 12:00 Martin Luther King's Speech: "I Have a Dream"~(DR)</p> <p>PY 1:30 Roll It Bounce It Exercise-(GR)</p> <p>E 2:15 Movie: "The Watsons go to Birmingham"~(RR)</p> <p>CO 6:30 7 Card Match-(GR)</p>	<p>18</p> <p>PY 1:30 Body in Motion Exercise-(GR)</p> <p>CO 1:30 Pinochle w/Connie-(DR)</p> <p>PR 2:30 Resident Survey Kick-Off~(DR)</p> <p>SO 4:00 Toasting Tuesday-(L)</p> <p>CO 6:30 Big Bingo Bash-(DR)</p>	<p>19</p> <p>PR 10:00 Bus to Dollar Tree~(L)</p> <p>SP 10:30 Ladies Bible Study w/Carol-(GR)</p> <p>PY 1:30 "Aut-To-Be-Fit" Fitness Program-(GR)</p> <p>PR 2:15 Ambassador Meeting~(AR)</p> <p>PY 6:15 Slam'n Jam'n Chair Volleyball w/Bobbi-(L)</p>	<p>20</p> <p>SO 9:45 Hot Cocoa & Fresh Baked Sweet Breads</p> <p>PY 1:30 New York, New York Exercise-(GR)</p> <p>SP 2:00 Catholic Mass-(DR)</p> <p>CR 3:00 Stylish Nails~(AR)</p> <p>CO 6:30 DN w/Brian: Trivia & Beer Tasting-(DR)</p>	<p>21</p> <p>CO 10:30 Hot Topics-(RR)</p> <p>PY 1:30 Sweat'n w/the Oldies Music-(GR)</p> <p>SO 2:30 Happy Hour w/Little Big Band~(DR)</p> <p>PY 4:00 Cool Down-(GR)</p> <p>CO 6:30 Po-Ke-No-(GR)</p> <p>E 6:30 Shorehaven Choir w/Toni-(RR)</p>	<p>22</p> <p>SO 12:30 Wii Bowling-(RR)</p> <p>PY 1:30 Sit & Stretch-(GR)</p> <p>CR 1:30 Watercolors w/Barb~(AR)</p> <p>CO 2:15 Movie Matinee: Funny Girl~(RR)</p> <p>SP 3:15 Pray the Rosary w/Mike B.-(GR)</p> <p>CO 6:30 Free Bingo for Household Essentials~(DR)</p>
<p>23</p> <p>SP 10:00 Nondenominational Church Service- (GR)</p> <p>SO 1:15 Wii Bowling-(RR)</p> <p>PY 1:30 Chair Yoga-(GR)</p> <p>CO 2:15 Biography Video: Lucy & Desi (A Home Movie)-(RR)</p> <p>CO 2:30 Chase the Ace-(GR)</p> <p>PY 3:30 Fitness Walk-(L)</p> <p>E 6:30 Shorehaven Choir w/Toni-(L)</p>	<p>24</p> <p>SO 9:45 Monday Morning Mingle~(L)</p> <p>PY 1:30 Roll It Bounce It Exercise-(GR)</p> <p>CR 1:30 Create Greeting Cards w/Roxanne~(AR)</p> <p>CR 2:15 Bling Beauty w/Jewelry by Tracy~(GR)</p> <p>SE 2:30 Scenic Tour: Edsel & Eleanor Ford House-(L)</p> <p>CO 6:30 7 Card Match-(GR)</p>	<p>25</p> <p>PY 1:30 Disco-Fit Exercise-(GR)</p> <p>CO 1:30 Pinochle w/Connie-(DR)</p> <p>CR 2:30 Mosaic Art & Fresh Baked Cookies~(AR)</p> <p>SO 4:00 Toasting Tuesday-(L)</p> <p>CO 6:30 Big Bingo Bash-(DR)</p> <p>PR 8:00 Bottle/Can Return~(Bagged Up & Placed Outside Your Room)</p>	<p>26</p> <p>PR 9:30 Bus to Meijer~(L)</p> <p>SP 10:30 Ladies Bible Study w/Carol-(GR)</p> <p>PY 1:30 "Aut-To-Be-Fit" Fitness Program-(GR)</p> <p>SO 2:30 Ambassador & New Resident Social~(GR)</p> <p>CO 6:15 DN w/Brenda: Black Jack~(RR)</p>	<p>27</p> <p>SO 9:45 Hot Cocoa & Fresh Baked Sweet Breads~(L)</p> <p>SO 11:00 Red Hat Luncheon~(DR)</p> <p>PY 1:30 Engaging Rhythm Workout-(GR)</p> <p>SP 2:00 Catholic Mass-(DR)</p> <p>CR 3:00 Stylish Nails~(AR)</p> <p>CO 6:30 Big Bingo Bash-(DR)</p>	<p>28</p> <p>CO 10:30 Hot Topics-(RR)</p> <p>PY 1:30 Chair Zumba Exercise-(GR)</p> <p>SO 2:30 Happy Hour w/Dorothy Martin~(DR)</p> <p>PY 4:00 Cool Down-(GR)</p> <p>CO 6:30 Po-Ke-No-(GR)</p> <p>E 6:30 Shorehaven Choir w/Toni-(RR)</p>	<p>29</p> <p>SO 12:30 Wii Bowling-(RR)</p> <p>PY 1:30 Sit & Stretch-(GR)</p> <p>CO 2:15 Movie Matinee: The First Knight~(RR)</p> <p>SP 3:15 Pray the Rosary w/Mike B.-(GR)</p> <p>CO 6:30 Dice Bingo~(GR)</p>
<p>30</p> <p>SP 10:00 Nondenominational Church Service- (GR)</p> <p>SO 1:15 Wii Bowling-(RR)</p> <p>PY 1:30 Chair Yoga-(GR)</p> <p>CO 2:15 History Video: The Days of Noah (The Flood Part 1)-(RR)</p> <p>CO 2:30 Chase the Ace-(GR)</p> <p>PY 3:30 Fitness Walk-(L)</p> <p>E 6:30 Shorehaven Choir w/Toni-(L)</p>	<p>31</p> <p>SO 9:45 Monday Morning Mingle~(L)</p> <p>PY 10:30 20 Minute Cardio Workout~(L)</p> <p>PY 1:30 Roll It Bounce It Exercise-(GR)</p> <p>CR 2:15 Bling Beauty w/Jewelry by Tracy~(GR)</p> <p>SE 2:30 Scenic Tour: Stony Creek Park-(L)</p> <p>CO 6:30 7 Card Match-(GR)</p>					

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