



THE RESIDENCE
AT WHITEHALL
A GRACE MGMT COMMUNITY

JANUARY 2022

Personal Care

4750 Clairton Blvd
Pittsburgh, Pennsylvania 15236
412-885-1500
www.residenceatwhitehall.com



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AR- Activity Room TV- TV Room K- Kitchen DR Main Dining room	<p>CO - Cognitive CR - Creative PY - Physical SE - Sensory SO - Social SP - Spiritual</p>					<p>1 New Year's Day</p> <p>7:00 Happy Birthday Mary Irene</p> <p>PY 9:00 Let's Get Moving Fitness</p> <p>PY 10:30 Corn Hole</p> <p>SO 3:00 Music and Memories</p> <p>CO 6:00 Saturday Night Music & Reminisce-TV</p>
<p>2</p> <p>SP 8:45 Watch Church-TV</p> <p>PY 9:00 Let's Get Moving Fitness</p> <p>CO 1:00 Puzzle Palooza</p> <p>SO 3:00 Music and Memories</p> <p>SO 6:00 Sunday Night At The Movies</p>	<p>3</p> <p>7:00 Happy Birthday Shirley K</p> <p>PY 9:00 Let's Get Moving Fitness</p> <p>SO 10:00 Coffee and Conversation</p> <p>CO 1:00 Adult Coloring</p> <p>SO 2:00 Monday Matinee</p> <p>SO 3:00 Music and Memories</p>	<p>4</p> <p>PY 9:00 Let's Get Moving Fitness</p> <p>CO 10:30 Smarty Pants Trivia</p> <p>SO 1:00 Men's Club</p> <p>SO 3:30 Happy Hour Entertainment Featuring Cathy Zang</p> <p>CO 6:00 Game Show Mania-TV</p>	<p>5</p> <p>PY 9:00 Let's Get Moving Fitness</p> <p>SO 10:00 Coffee and Conversation</p> <p>CO 10:30 Hangman</p> <p>CO 2:30 Horse Racing 2nd floor</p>	<p>6</p> <p>PY 9:00 Let's Get Moving Fitness</p> <p>SE 10:30 Hand massages and Manicures</p> <p>CR 2:00 Adulting Coloring</p> <p>SO 3:00 Bingo 2nd floor</p> <p>CO 7:00 Game Show Play Along- TV</p>	<p>7</p> <p>PY 9:00 Let's Get Moving Fitness</p> <p>CR 10:00 Oven Lovin</p> <p>CO 2:00 Music & Memories</p> <p>SO 4:00 Happy Hour With Lori 1st floor</p> <p>SO 6:30 Friday Night At The Movies</p>	<p>8</p> <p>PY 9:00 Let's Get Moving Fitness</p> <p>PY 10:30 Corn Hole</p> <p>CR 1:00 Crafty Creations</p> <p>SO 3:00 Saturday Matinee-TV</p> <p>CO 6:00 Saturday Night Music & Reminisce-TV</p>
<p>9</p> <p>SP 8:45 Watch Church-TV</p> <p>PY 9:00 Let's Get Moving Fitness</p> <p>CO 1:00 Puzzle Palooza</p> <p>SO 6:00 Sunday Night At The Movies</p>	<p>10</p> <p>PY 9:00 Let's Get Moving Fitness</p> <p>SO 10:00 Coffee and Conversation</p> <p>CO 1:00 Adult Coloring</p> <p>SO 2:00 Monday Matinee</p>	<p>11</p> <p>PY 9:00 Let's Get Moving Fitness</p> <p>CO 10:30 Smarty Pants Trivia</p> <p>SO 1:00 Men's Club</p> <p>SO 3:30 Happy Hour W/Lisa in the activity room</p> <p>CO 6:00 Game Show Mania-TV</p>	<p>12</p> <p>PY 9:00 Let's Get Moving Fitness</p> <p>SO 10:00 Coffee and Conversation</p> <p>CR 10:00 Oven Lovin</p> <p>CO 10:30 Hangman</p> <p>SO 2:00 Hot Tea Social</p> <p>CO 2:30 Horse Racing 2nd floor</p>	<p>13</p> <p>PY 9:00 Let's Get Moving Fitness</p> <p>SE 10:30 Hand massages and Manicures</p> <p>CR 2:00 Adulting Coloring</p> <p>SO 3:00 Bingo 2nd floor</p> <p>CO 7:00 Game Show Play Along- TV</p>	<p>14</p> <p>PY 9:00 Let's Get Moving Fitness</p> <p>SP 1:00 Communion 3rd floor</p> <p>CO 2:00 Music & Memories</p> <p>SO 4:00 Happy Hour With Lori 1st floor</p> <p>SO 6:30 Friday Night At The Movies</p>	<p>15</p> <p>PY 9:00 Let's Get Moving Fitness</p> <p>PY 10:30 Corn Hole</p> <p>CR 1:00 Crafty Creations</p> <p>SO 3:00 Saturday Matinee-TV</p> <p>CO 6:00 Saturday Night Music & Reminisce-TV</p>

Events are Subject to Change.



**THE RESIDENCE
AT WHITEHALL**
A GRACE MGMT COMMUNITY

JANUARY 2022

Personal Care

4750 Clairton Blvd
Pittsburgh, Pennsylvania 15236
412-885-1500
www.residenceatwhitehall.com



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16 SP 8:45 Watch Church-TV PY 9:00 Let's Get Moving Fitness CO 1:00 Puzzle Palooza SO 6:00 Sunday Night At The Movies	17 Martin Luther King Day PY 9:00 Let's Get Moving Fitness SO 10:00 Coffee and Conversation CO 1:00 Adult Coloring SO 2:00 Monday Matinee	18 PY 9:00 Let's Get Moving Fitness CO 10:30 Smarty Pants Trivia SO 1:00 Men's Club SO 3:30 Happy Hour Entertainment featuring Mikey Dee CO 6:00 Game Show Mania-TV	19 PY 9:00 Let's Get Moving Fitness SO 10:00 Coffee and Conversation CR 10:00 Oven Lovin CO 10:30 Hangman SO 2:00 Popcorn Social CO 2:30 Horse Racing 2nd floor	20 PY 9:00 Let's Get Moving Fitness SE 10:30 Hand massages and Manicures SO 2:00 Cheese Lovers Social CR 2:00 Adulting Coloring SO 3:00 Bingo 2nd floor CO 7:00 Game Show Play Along- TV	21 PY 9:00 Let's Get Moving Fitness CO 2:00 Music & Memories SO 4:00 Happy Hour With Lori 1st floor SO 6:30 Friday Night At The Movies	22 PY 9:00 Let's Get Moving Fitness PY 10:30 Corn Hole CR 1:00 Crafty Creations SO 3:00 Saturday Matinee-TV CO 6:00 Saturday Night Music & Reminisce-TV
23 SP 8:45 Watch Church-TV PY 9:00 Let's Get Moving Fitness CO 1:00 Puzzle Palooza SO 6:00 Sunday Night At The Movies	24 PY 9:00 Let's Get Moving Fitness SO 10:00 Coffee and Conversation CO 1:00 Adult Coloring SO 2:00 Monday Matinee	25 PY 9:00 Let's Get Moving Fitness CO 10:30 Smarty Pants Trivia SO 1:00 Men's Club SO 3:30 Happy Hour/Lisa in the activity room CO 6:00 Game Show Mania-TV	26 PY 9:00 Let's Get Moving Fitness SO 10:00 Coffee and Conversation CR 10:00 Oven Lovin CO 10:30 Hangman CO 2:30 Horse Racing 2nd floor	27 PY 7:00 Happy Birthday Roberta PY 9:00 Let's Get Moving Fitness SE 10:30 Hand massages and Manicures SO 1:30 Souper Bowl CR 2:00 Adulting Coloring SO 3:00 Bingo 2nd floor CO 7:00 Game Show Play Along- TV	28 PY 9:00 Let's Get Moving Fitness SO 2:00 Blueberry Pancake Social CO 2:00 Music & Memories SO 4:00 Happy Hour With Lori 1st floor SO 6:30 Friday Night At The Movies	29 PY 9:00 Let's Get Moving Fitness PY 10:30 Corn Hole CR 1:00 Crafty Creations SO 3:00 Saturday Matinee-TV CO 6:00 Saturday Night Music & Reminisce-TV
30 SP 8:45 Watch Church-TV PY 9:00 Let's Get Moving Fitness CO 1:00 Puzzle Palooza SO 6:00 Sunday Night At The Movies	31 PY 7:00 Happy Rita G PY 9:00 Let's Get Moving Fitness SO 10:00 Coffee and Conversation SO 1:00 Mens Club in the Dining Room CO 1:00 Adult Coloring SO 2:00 Monday Matinee SO 2:30 Hot Chocolate Social					

Events are Subject to Change.