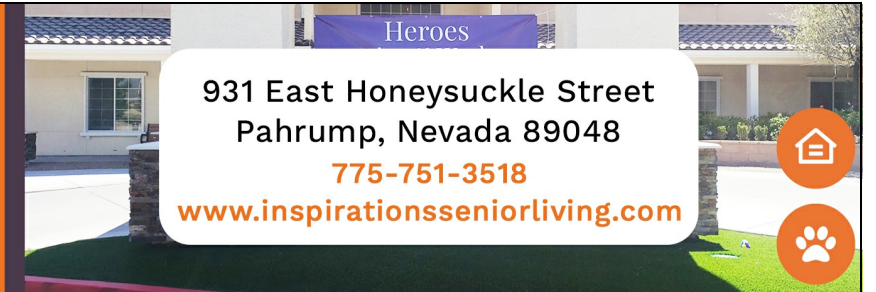




INSPIRATIONS
SENIOR LIVING
A GRACE MGMT COMMUNITY

JANUARY 2022

INSPIRATIONS Senior Living-MC



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>CO - Cognitive CR - Creative PY - Physical PR - Purposeful SE - Sensory SO - Social SP - Spiritual</p>		<p>Happy Birthday!! Delores N. 1/22</p>				<p>1 New Year's Day</p> <p>PR 7:00 Hydration Restoration SO 10:00 Black Jack PR 11:00 Hydration Restoration SO 1:00 New Years Celebration CO 3:30 Resident's Counseling PR 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>
<p>2</p> <p>PR 7:00 Hydration Restoration PY 10:00 Music and Dance Time! PR 11:00 Hydration Restoration SO 2:15 Ice Cream Social PR 4:00 Hydration Restoration PR 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>	<p>3</p> <p>PR 7:00 Hydration Restoration SO 10:00 News PR 11:00 Hydration Restoration CO 2:00 Game Time! PR 4:00 Hydration Restoration PR 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>	<p>4</p> <p>PY 10:00 Music and Dance Time! PR 11:00 Hydration Restoration PR 1:00 Pet Visits SO 1:30 Love Song's w/Don-AR PR 4:00 Hydration Restoration PR 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>	<p>5</p> <p>PR 7:00 Hydration Restoration PY 10:00 Sittercise PR 11:00 Hydration Restoration PY 2:30 Bowling PR 4:00 Hydration Restoration PR 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>	<p>6</p> <p>PR 7:00 Hydration Restoration PY 10:00 Pet Visit Time! PR 11:00 Hydration Restoration PR 1:00 Pet Visits PR 4:00 Hydration Restoration PR 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>	<p>7</p> <p>PR 7:00 Hydration Restoration SE 10:00 Scenic Bus Drive PR 11:00 Hydration Restoration PY 3:00 Sittercise PR 4:00 Hydration Restoration SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>	<p>8</p> <p>PR 7:00 Hydration Restoration PY 9:00 Chair Exercise (IN2L) PR 11:00 Hydration Restoration PY 2:30 Bowling PR 4:00 Hydration Restoration SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>
<p>9</p> <p>PR 7:00 Hydration Restoration PY 10:00 Music and Dance Time! PR 11:00 Hydration Restoration CO 3:00 Bingo PR 4:00 Hydration Restoration SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>	<p>10</p> <p>PR 7:00 Hydration Restoration SO 10:00 News PR 11:00 Hydration Restoration CO 2:00 Game Time! PR 4:00 Hydration Restoration SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>	<p>11</p> <p>PR 7:00 Hydration Restoration PY 10:00 Music and Dance Time! PR 11:00 Hydration Restoration PY 2:30 Bowling PR 4:00 Hydration Restoration SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>	<p>12</p> <p>PR 7:00 Hydration Restoration PY 10:00 Sittercise PR 11:00 Hydration Restoration PR 1:30 Game Time! PR 4:00 Hydration Restoration SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>	<p>13</p> <p>PR 7:00 Hydration Restoration SO 10:00 Pet Visit Time! PR 11:00 Hydration Restoration PY 2:30 Bowling PR 4:00 Hydration Restoration SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>	<p>14</p> <p>PR 7:00 Hydration Restoration SE 9:00 Scenic Drive PR 11:00 Hydration Restoration PY 3:00 Sittercise PR 4:00 Hydration Restoration SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>	<p>15</p> <p>PR 7:00 Hydration Restoration SP 10:00 Music and Dance Time! PR 11:00 Hydration Restoration CO 3:30 Reminiscing PR 4:00 Hydration Restoration SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>
<p>16</p> <p>PR 7:00 Hydration Restoration PY 10:00 Residents Counseling PR 11:00 Hydration Restoration SO 2:15 Ice Cream Social PR 4:00 Hydration Restoration SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>	<p>17 Martin Luther King Day</p> <p>PR 7:00 Hydration Restoration SO 10:00 News PR 11:00 Hydration Restoration CR 3:00 Crafts and Creations PR 4:00 Hydration Restoration SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>	<p>18</p> <p>PR 7:00 Hydration Restoration PY 10:00 Music and Dance Time! PR 11:00 Hydration Restoration PY 2:30 Bowling PR 4:00 Hydration Restoration SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>	<p>19</p> <p>PR 7:00 Hydration Restoration PY 10:00 Sittercise PR 11:00 Hydration Restoration CO 1:30 Resident's Counseling PR 4:00 Hydration Restoration SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>	<p>20</p> <p>PR 7:00 Hydration Restoration SO 10:00 Pet Visit Time PR 11:00 Hydration Restoration PY 2:30 Bowling PR 4:00 Hydration Restoration SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>	<p>21</p> <p>PR 7:00 Hydration Restoration PR 11:00 Hydration Restoration CO 1:00 Bingo PY 3:00 Sittercise PR 4:00 Hydration Restoration SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>	<p>22</p> <p>PR 7:00 Hydration Restoration PY 9:00 Chair Exercise (IN2L) PR 11:00 Hydration Restoration PY 2:30 Bowling PR 4:00 Hydration Restoration SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>
<p>23</p> <p>PR 7:00 Hydration Restoration PY 10:00 Music and Dance Time! PR 11:00 Hydration Restoration SO 2:15 Ice Cream Social PR 4:00 Hydration Restoration SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>	<p>24</p> <p>PR 7:00 Hydration Restoration SO 10:00 News PR 11:00 Hydration Restoration CO 2:00 Game Time! PR 4:00 Hydration Restoration SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>	<p>25</p> <p>PR 7:00 Hydration Restoration PY 10:00 Music and Dance Time! PR 11:00 Hydration Restoration PR 4:00 Hydration Restoration SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>	<p>26</p> <p>PR 7:00 Hydration Restoration PY 10:00 Sittercise PR 11:00 Hydration Restoration PR 1:30 Game Time! PR 4:00 Hydration Restoration SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>	<p>27</p> <p>PR 7:00 Hydration Restoration SO 10:00 Pet Visit Time! PR 11:00 Hydration Restoration PR 1:00 Pet Visits PR 4:00 Hydration Restoration SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>	<p>28</p> <p>PR 7:00 Hydration Restoration SE 10:30 Scenic Drive PR 11:00 Hydration Restoration PY 3:00 Sittercise PR 4:00 Hydration Restoration SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>	<p>29</p> <p>PR 7:00 Hydration Restoration PY 9:00 Chair Exercise (IN2L) PR 11:00 Hydration Restoration PY 2:30 Bowling PR 4:00 Hydration Restoration SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>
<p>30</p> <p>PR 7:00 Hydration Restoration PY 9:00 Music and Dance Time! PR 11:00 Hydration Restoration SO 2:15 Ice Cream Social PR 4:00 Hydration Restoration SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>	<p>31</p> <p>PR 7:00 Hydration Restoration SO 10:00 News PR 11:00 Hydration Restoration CO 2:00 Game Time! PR 4:00 Hydration Restoration SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>					

Events are Subject to Change.