



**DIRIGO PINES**  
A GRACE MGMT COMMUNITY

# JANUARY 2022

Penobscot & Cottages

Happy New Year!

9 Alumni Drive  
Orono, Maine 04473  
207-866-3400  
[www.dirigopines.com](http://www.dirigopines.com)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>CC</b> - Cognitive <b>CR</b> - Creative <b>E</b> - Emotional <b>I</b> - Intergenerational <b>PY</b> - Physical <b>PR</b> - Purposeful <b>SE</b> - Sensory <b>SC</b> - Social <b>SP</b> - Spiritual</p>	<p><b>LOCATION LEGEND</b> KEN - Kenduskeag KGP - KEN Gathering Place KLR - KEN Living Room PMR - Penobscot Media Room SR - Social Room GR - Garden Room LIB - Dirigo Pines Library MED - Meadowbrook MLR - MED Living Room MDR - MED Dining Room LEO - Life Enrichment Office</p>	<p><b>Birthdays</b> 1/1 - John C 1/2 - Cheryl C 1/3 - Rosemary B 1/12 - Steve H 1/13 - Elaine C 1/22 - Helen M 1/27 - Jeanne J</p>		<p><b>PENOBSCOT RESIDENT COUNCIL</b> All Penobscot neighborhood residents are invited to attend and participate in the Penobscot Resident Council. These meetings will be hosted once monthly by Life Enrichment as an opportunity for residents to meet, share, and discuss their ideas for our community.</p>	<p><b>BSO DIGITAL CONCERTS ARE BACK!</b> The Bangor Symphony Orchestra has generously gifted Dirigo Pines a digital subscription for the remainder of the 21-22 season. Check your Movie &amp; Theatre supplement for show dates &amp; times!</p>	<p><b>1 New Year's Day</b> <b>I</b> 1:00 Movie Matinee - MLR <b>CO</b> 1:30 Card Games - SR <b>CR</b> 1:30 Crafting Group - LIB <b>SO</b> 3:00 Bingo with Theoline - PMR <b>SO</b> 3:00 CANCELLED: Bingo with Theoline - PMR</p>
<p><b>2</b> <b>SP</b> 10:00 Catholic Holy Communion - SR <b>SP</b> 10:00 Church of Universal Fellowship ZOOM Service - PMR <b>PR</b> 1:00 Library Work Session - LIB <b>E</b> 2:30 Movie Matinee - KGP <b>CO</b> 2:30 Rummikub - SR</p>	<p><b>3</b> <b>PY</b> 9:30 Exercise - PMR <b>PY</b> 10:00 Exercise - PMR <b>CO</b> 10:00 Rummikub - SR <b>PY</b> 10:00 Sittercise - KGP <b>E</b> 7:00 Movie Night - KGP</p>	<p><b>4</b> <b>PY</b> 10:00 Tai Chi Class - KGP <b>CO</b> 1:30 Scrabble - GR <b>SO</b> 3:00 Bingo with Theoline - PMR <b>E</b> 6:30 Movie Night - MLR</p>	<p><b>5</b> <b>PY</b> 9:30 Exercise - PMR <b>PY</b> 10:00 Exercise - PMR <b>PY</b> 10:00 Sittercise - KGP <b>CO</b> 1:30 Mahjong - SR <b>SE</b> 4:00 Happy Hour - L &amp; GR <b>E</b> 7:00 Movie Night - KGP</p>	<p><b>6</b> <b>CR</b> 10:00 Art w/Agnes - PMR <b>SE</b> 1:00 Theatre Showing - KGP <b>PR</b> 3:00 <b>Bereavement Group with Judy Tredwell - PMR</b> <b>E</b> 6:30 Movie Night - MLR</p>	<p><b>7</b> <b>PY</b> 9:30 Exercise - PMR <b>PY</b> 10:00 Exercise - PMR <b>PY</b> 10:00 Sittercise - KGP <b>CO</b> 1:30 Cribbage - GR <b>E</b> 7:00 Movie Night - KGP</p>	<p><b>8</b> <b>I</b> 1:00 Movie Matinee - MLR <b>CO</b> 1:30 Card Games - SR <b>CR</b> 1:30 Crafting Group - LIB <b>SO</b> 3:00 Bingo with Theoline - PMR <b>SO</b> 3:00 CANCELLED: Bingo with Theoline - PMR</p>
<p><b>9</b> <b>SP</b> 10:00 Catholic Holy Communion - SR <b>SP</b> 10:00 Church of Universal Fellowship ZOOM Service - PMR <b>PR</b> 1:00 Library Work Session - LIB <b>E</b> 2:30 Movie Matinee - KGP <b>CO</b> 2:30 Rummikub - SR</p>	<p><b>10</b> <b>PY</b> 9:30 Exercise - PMR <b>PY</b> 10:00 Exercise - PMR <b>CO</b> 10:00 Rummikub - SR <b>PY</b> 10:00 Sittercise - KGP <b>CR</b> 2:30 <b>Arts &amp; Crafts - GR</b> <b>E</b> 7:00 Movie Night - KGP</p>	<p><b>11</b> <b>PY</b> 10:00 Tai Chi Class - KGP <b>CO</b> 1:30 Scrabble - GR <b>SO</b> 3:00 Bingo with Theoline - PMR <b>E</b> 6:30 Movie Night - MLR</p>	<p><b>12</b> <b>PY</b> 9:30 Exercise - PMR <b>PY</b> 10:00 Exercise - PMR <b>PY</b> 10:00 Sittercise - KGP <b>CO</b> 1:30 Mahjong - SR <b>SE</b> 4:00 Happy Hour - L &amp; GR <b>E</b> 7:00 Movie Night - KGP</p>	<p><b>13</b> <b>CR</b> 10:00 Art w/Agnes - PMR <b>SE</b> 1:00 Theatre Showing - KGP <b>E</b> 6:30 Movie Night - MLR</p>	<p><b>14</b> <b>PY</b> 9:30 Exercise - PMR <b>PY</b> 10:00 Exercise - PMR <b>PY</b> 10:00 Sittercise - KGP <b>CO</b> 1:30 Cribbage - GR <b>E</b> 7:00 Movie Night - KGP</p>	<p><b>15</b> <b>I</b> 1:00 Movie Matinee - MLR <b>CO</b> 1:30 Card Games - SR <b>CR</b> 1:30 Crafting Group - LIB <b>SO</b> 3:00 Bingo with Theoline - PMR <b>SO</b> 3:00 CANCELLED: Bingo with Theoline - PMR</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>16</p> <p>SP 10:00 Catholic Holy Communion - SR</p> <p>SP 10:00 Church of Universal Fellowship ZOOM Service - PMR</p> <p>PR 1:00 Library Work Session - LIB</p> <p>E 2:30 Movie Matinee - KGP</p> <p>CO 2:30 Rummikub - SR</p>	<p>17 <b>Martin Luther King Day</b></p> <p>PY 9:30 Exercise - PMR</p> <p>PY 10:00 Exercise - PMR</p> <p>CO 10:00 Rummikub - SR</p> <p>PY 10:00 Sittercise - KGP</p> <p>E 7:00 Movie Night - KGP</p>	<p>18</p> <p>PY 10:00 Tai Chi Class - KGP</p> <p>CO 1:30 Scrabble - GR</p> <p>SO 3:00 Bingo with Theoline - PMR</p> <p>E 6:30 Movie Night - MLR</p>	<p>19</p> <p>PY 9:30 Exercise - PMR</p> <p>PY 10:00 Exercise - PMR</p> <p>PY 10:00 Sittercise - KGP</p> <p>CO 1:30 Mahjong - SR</p> <p>SE 4:00 CANCELLED: Happy Hour - L &amp; GR</p> <p>E 7:00 Movie Night - KGP</p>	<p>20</p> <p><b>Cheese Lovers Day</b></p> <p>CR 10:00 Art w/Agnes - PMR</p> <p>SE 1:00 Theatre Showing - KGP</p> <p>SE 3:30 <b>Wine &amp; Cheese Tasting - Lobby</b></p> <p>E 6:30 Movie Night - MLR</p>	<p>21</p> <p>PY 9:30 Exercise - PMR</p> <p>PY 10:00 Exercise - PMR</p> <p>PY 10:00 Sittercise - KGP</p> <p>CO 1:30 Cribbage - GR</p> <p>E 7:00 Movie Night - KGP</p>	<p>22</p> <p>I 1:00 Movie Matinee - MLR</p> <p>CO 1:30 Card Games - SR</p> <p>CR 1:30 Crafting Group - LIB</p> <p>SO 3:00 Bingo with Theoline - PMR</p> <p>SO 3:00 CANCELLED: Bingo with Theoline - PMR</p>
<p>23</p> <p>SP 10:00 Catholic Holy Communion - SR</p> <p>SP 10:00 Church of Universal Fellowship ZOOM Service - PMR</p> <p>PR 1:00 Library Work Session - LIB</p> <p>E 2:30 Movie Matinee - KGP</p> <p>CO 2:30 Rummikub - SR</p>	<p>24</p> <p>PY 9:30 Exercise - PMR</p> <p>PY 10:00 Exercise - PMR</p> <p>CO 10:00 Rummikub - SR</p> <p>PY 10:00 Sittercise - KGP</p> <p>CR 2:30 <b>Arts &amp; Crafts - GR</b></p> <p>E 7:00 Movie Night - KGP</p>	<p>25</p> <p>PY 10:00 Tai Chi Class - KGP</p> <p>PR 1:00 <b>Penobscot Resident Council - KGP</b></p> <p>CO 1:30 Scrabble - GR</p> <p>SO 3:00 Bingo with Theoline - PMR</p> <p>E 6:30 Movie Night - MLR</p>	<p>26</p> <p>PY 9:30 Exercise - PMR</p> <p>PY 10:00 Exercise - PMR</p> <p>PY 10:00 Sittercise - KGP</p> <p>CO 1:30 Mahjong - SR</p> <p>SE 4:00 Happy Hour - L &amp; GR</p> <p>E 7:00 Movie Night - KGP</p>	<p>27</p> <p>CR 10:00 Art w/Agnes - PMR</p> <p>SE 1:00 Theatre Showing - KGP</p> <p>PR 2:00 <b>Learn to Play: Rummikub - SR</b></p> <p>E 6:30 Movie Night - MLR</p>	<p>28</p> <p><b>Fun at Work Day</b></p> <p>PY 9:30 Exercise - PMR</p> <p>PY 10:00 Exercise - PMR</p> <p>PY 10:00 Sittercise - KGP</p> <p>CO 1:30 Cribbage - GR</p> <p>E 7:00 Movie Night - KGP</p>	<p>29</p> <p>I 1:00 Movie Matinee - MLR</p> <p>CO 1:30 Card Games - SR</p> <p>CR 1:30 Crafting Group - LIB</p> <p>SO 3:00 Bingo with Theoline - PMR</p> <p>SO 3:00 CANCELLED: Bingo with Theoline - PMR</p>
<p>30</p> <p>SP 10:00 Catholic Holy Communion - SR</p> <p>SP 10:00 Church of Universal Fellowship ZOOM Service - PMR</p> <p>PR 1:00 Library Work Session - LIB</p> <p>E 2:30 Movie Matinee - KGP</p> <p>CO 2:30 Rummikub - SR</p>	<p>31</p> <p>PY 9:30 Exercise - PMR</p> <p>PY 10:00 Exercise - PMR</p> <p>CO 10:00 Rummikub - SR</p> <p>PY 10:00 Sittercise - KGP</p> <p>E 7:00 Movie Night - KGP</p>		<p>HAPPY NEW YEAR!</p> <p>From all of us in the Life Enrichment Department, we wish you a very Happy New Year. May your 2022 be filled with new joys, new friends and well seasoned ones, and plenty of laughter!</p> <p>~ Jennifer, Nancy, and Kelly</p>	<p>SUGGESTIONS WANTED</p> <p>Please! Stop in or drop a note in the suggestion box if you have event, program, or other ideas and suggestions for activities! The best activities are the ones YOU like!</p>	<p>NEED GROCERIES?</p> <p>Stop by the Life Enrichment Office 10-11 AM on Tuesdays and we'll help you place an order to be delivered from Walmart. There is no delivery fee on orders over \$35.</p>	<p>LEARN TO PLAY!</p> <p>Is there a game you'd like to learn to play so that you feel more confident joining a game group? Let Jennifer, Nancy, or Kelly know; or drop a note in the lobby suggestion box! We'd love to set up "learn to" game days to get you comfortable!</p>

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