



DIRIGO PINES
A GRACE MGMT COMMUNITY

JANUARY 2022

Meadowbrook & Kenduskeag

Happy New Year!

9 Alumni Drive
Orono, Maine 04473
207-866-3400
www.dirigopines.com



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>CC - Cognitive CR - Creative E - Emotional I - Intergenerational PY - Physical PR - Purposeful SE - Sensory SC - Social SP - Spiritual</p>	<p>LOCATION LEGEND KEN - Kenduskeag KGP - KEN Gathering Place KLR - KEN Living Room PMR - Penobscot Media Room SR - Social Room GR - Garden Room LIB - Dirigo Pines Library MED - Meadowbrook MLR - MED Living Room MDR - MED Dining Room LEO - Life Enrichment Office</p>	<p>Birthdays 1/1 - John C 1/2 - Cheryl C 1/3 - Rosemary B 1/12 - Steve H 1/13 - Elaine C 1/22 - Helen M 1/27 - Jeanne J</p>		<p>RESIDENT COUNCIL MEETINGS Each neighborhood's residents are invited to attend and participate in their respective Resident Council. Council meetings are hosted once monthly by Life Enrichment as an opportunity for residents to meet, share, and discuss their ideas for our community.</p>	<p>BSO DIGITAL CONCERTS ARE BACK! The Bangor Symphony Orchestra has generously gifted Dirigo Pines a digital subscription for the remainder of the 21-22 season. Check your Movie & Theatre supplement for show dates & times!</p>	<p>1 New Year's Day I 1:00 Movie Matinee - MLR CO 1:30 Card Games - SR CR 1:30 Crafting Group - LIB SO 3:00 Bingo with Theoline - PMR SO 3:00 CANCELLED: Bingo with Theoline - PMR</p>
<p>2 SP 10:00 Catholic Holy Communion - SR SP 10:00 Church of Universal Fellowship ZOOM Service - PMR PR 1:00 Library Work Session - LIB E 2:30 Movie Matinee - KGP CO 2:30 Rummikub - SR</p>	<p>3 PY 9:30 Exercise - PMR PY 10:00 Exercise - PMR CO 10:00 Rummikub - SR PY 10:00 Sittercise - KGP PY 10:30 Sittercise - MLR CR 1:00 Arts & Crafts - MDR E 7:00 Movie Night - KGP</p>	<p>4 PY 10:00 Tai Chi Class - KGP CO 1:30 Scrabble - GR SO 2:00 Social - MDR SO 3:00 Bingo with Theoline - PMR E 6:30 Movie Night - MLR</p>	<p>5 PY 9:30 Exercise - PMR PY 10:00 Exercise - PMR PY 10:00 Sittercise - KGP PY 10:30 Sittercise - MLR CO 1:30 Mahjong - SR SE 4:00 Happy Hour - L & GR E 7:00 Movie Night - KGP</p>	<p>6 CR 10:00 Art w/Agnes - PMR SE 1:00 Theatre Showing - KGP PR 3:00 Bereavement Group with Judy Tredwell - PMR E 6:30 Movie Night - MLR</p>	<p>7 PY 9:30 Exercise - PMR PY 10:00 Exercise - PMR PY 10:00 Sittercise - KGP PY 10:30 Sittercise - MLR CO 1:00 Meadowbrook Bingo - MDR CO 1:30 Cribbage - GR E 7:00 Movie Night - KGP</p>	<p>8 I 1:00 Movie Matinee - MLR CO 1:30 Card Games - SR CR 1:30 Crafting Group - LIB SO 3:00 Bingo with Theoline - PMR SO 3:00 CANCELLED: Bingo with Theoline - PMR</p>
<p>9 SP 10:00 Catholic Holy Communion - SR SP 10:00 Church of Universal Fellowship ZOOM Service - PMR PR 1:00 Library Work Session - LIB E 2:30 Movie Matinee - KGP CO 2:30 Rummikub - SR</p>	<p>10 PY 9:30 Exercise - PMR PY 10:00 Exercise - PMR CO 10:00 Rummikub - SR PY 10:00 Sittercise - KGP PY 10:30 Sittercise - MLR CR 2:30 Arts & Crafts - GR E 7:00 Movie Night - KGP</p>	<p>11 PY 10:00 Tai Chi Class - KGP PR 1:00 Meadowbrook Resident Council - MDR CO 1:30 Scrabble - GR SO 2:00 Social - MDR SO 3:00 Bingo with Theoline - PMR E 6:30 Movie Night - MLR</p>	<p>12 PY 9:30 Exercise - PMR PY 10:00 Exercise - PMR PY 10:00 Sittercise - KGP PY 10:30 Sittercise - MLR CO 1:30 Mahjong - SR SE 4:00 Happy Hour - L & GR E 7:00 Movie Night - KGP</p>	<p>13 CR 10:00 Art w/Agnes - PMR SE 1:00 Theatre Showing - KGP E 6:30 Movie Night - MLR</p>	<p>14 PY 9:30 Exercise - PMR PY 10:00 Exercise - PMR PY 10:00 Sittercise - KGP PY 10:30 Sittercise - MLR CO 1:00 Meadowbrook Bingo - MDR CO 1:30 Cribbage - GR E 7:00 Movie Night - KGP</p>	<p>15 I 1:00 Movie Matinee - MLR CO 1:30 Card Games - SR CR 1:30 Crafting Group - LIB SO 3:00 Bingo with Theoline - PMR SO 3:00 CANCELLED: Bingo with Theoline - PMR</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>16</p> <p>SP 10:00 Catholic Holy Communion - SR</p> <p>SP 10:00 Church of Universal Fellowship ZOOM Service - PMR</p> <p>PR 1:00 Library Work Session - LIB</p> <p>E 2:30 Movie Matinee - KGP</p> <p>CO 2:30 Rummikub - SR</p>	<p>17 Martin Luther King Day</p> <p>PY 9:30 Exercise - PMR</p> <p>PY 10:00 Exercise - PMR</p> <p>CO 10:00 Rummikub - SR</p> <p>PY 10:00 Sittercise - KGP</p> <p>PY 10:30 Sittercise - MLR</p> <p>CR 1:00 Arts & Crafts - MDR</p> <p>E 7:00 Movie Night - KGP</p>	<p>18</p> <p>PY 10:00 Tai Chi Class - KGP</p> <p>PR 1:00 Kenduskeag Resident Council - KEN</p> <p>CO 1:30 Scrabble - GR</p> <p>SO 2:00 Social - MDR</p> <p>SO 3:00 Bingo with Theoline - PMR</p> <p>E 6:30 Movie Night - MLR</p>	<p>19</p> <p>PY 9:30 Exercise - PMR</p> <p>PY 10:00 Exercise - PMR</p> <p>PY 10:00 Sittercise - KGP</p> <p>PY 10:30 Sittercise - MLR</p> <p>CO 1:30 Mahjong - SR</p> <p>SE 4:00 CANCELLED: Happy Hour - L & GR</p> <p>E 7:00 Movie Night - KGP</p>	<p>20</p> <p>Cheese Lovers Day</p> <p>CR 10:00 Art w/Agnes - PMR</p> <p>SE 1:00 Theatre Showing - KGP</p> <p>SE 3:30 Wine & Cheese Tasting - Lobby</p> <p>E 6:30 Movie Night - MLR</p>	<p>21</p> <p>PY 9:30 Exercise - PMR</p> <p>PY 10:00 Exercise - PMR</p> <p>PY 10:00 Sittercise - KGP</p> <p>PY 10:30 Sittercise - MLR</p> <p>CO 1:00 Meadowbrook Bingo - MDR</p> <p>CO 1:30 Cribbage - GR</p> <p>E 7:00 Movie Night - KGP</p>	<p>22</p> <p>I 1:00 Movie Matinee - MLR</p> <p>CO 1:30 Card Games - SR</p> <p>CR 1:30 Crafting Group - LIB</p> <p>SO 3:00 Bingo with Theoline - PMR</p> <p>SO 3:00 CANCELLED: Bingo with Theoline - PMR</p>
<p>23</p> <p>SP 10:00 Catholic Holy Communion - SR</p> <p>SP 10:00 Church of Universal Fellowship ZOOM Service - PMR</p> <p>PR 1:00 Library Work Session - LIB</p> <p>E 2:30 Movie Matinee - KGP</p> <p>CO 2:30 Rummikub - SR</p>	<p>24</p> <p>PY 9:30 Exercise - PMR</p> <p>PY 10:00 Exercise - PMR</p> <p>CO 10:00 Rummikub - SR</p> <p>PY 10:00 Sittercise - KGP</p> <p>PY 10:30 Sittercise - MLR</p> <p>CR 2:30 Arts & Crafts - GR</p> <p>E 7:00 Movie Night - KGP</p>	<p>25</p> <p>PY 10:00 Tai Chi Class - KGP</p> <p>CO 1:30 Scrabble - GR</p> <p>SO 2:00 Social - MDR</p> <p>SO 3:00 Bingo with Theoline - PMR</p> <p>E 6:30 Movie Night - MLR</p>	<p>26</p> <p>PY 9:30 Exercise - PMR</p> <p>PY 10:00 Exercise - PMR</p> <p>PY 10:00 Sittercise - KGP</p> <p>PY 10:30 Sittercise - MLR</p> <p>CO 1:30 Mahjong - SR</p> <p>SE 4:00 Happy Hour - L & GR</p> <p>E 7:00 Movie Night - KGP</p>	<p>27</p> <p>CR 10:00 Art w/Agnes - PMR</p> <p>SE 1:00 Theatre Showing - KGP</p> <p>PR 2:00 Learn to Play: Rummikub - SR</p> <p>E 6:30 Movie Night - MLR</p>	<p>28</p> <p>Fun at Work Day</p> <p>PY 9:30 Exercise - PMR</p> <p>PY 10:00 Exercise - PMR</p> <p>PY 10:00 Sittercise - KGP</p> <p>PY 10:30 Sittercise - MLR</p> <p>CO 1:00 Meadowbrook Bingo - MDR</p> <p>CO 1:30 Cribbage - GR</p> <p>E 7:00 Movie Night - KGP</p>	<p>29</p> <p>I 1:00 Movie Matinee - MLR</p> <p>CO 1:30 Card Games - SR</p> <p>CR 1:30 Crafting Group - LIB</p> <p>SO 3:00 Bingo with Theoline - PMR</p> <p>SO 3:00 CANCELLED: Bingo with Theoline - PMR</p>
<p>30</p> <p>SP 10:00 Catholic Holy Communion - SR</p> <p>SP 10:00 Church of Universal Fellowship ZOOM Service - PMR</p> <p>PR 1:00 Library Work Session - LIB</p> <p>E 2:30 Movie Matinee - KGP</p> <p>CO 2:30 Rummikub - SR</p>	<p>31</p> <p>PY 9:30 Exercise - PMR</p> <p>PY 10:00 Exercise - PMR</p> <p>CO 10:00 Rummikub - SR</p> <p>PY 10:00 Sittercise - KGP</p> <p>PY 10:30 Sittercise - MLR</p> <p>CR 1:00 Arts & Crafts - MDR</p> <p>E 7:00 Movie Night - KGP</p>		<p>HAPPY NEW YEAR!</p> <p>From all of us in the Life Enrichment Department, we wish you a very Happy New Year. May your 2022 be filled with new joys, new friends and well seasoned ones, and plenty of laughter!</p> <p>~ Jennifer, Nancy, and Kelly</p>	<p>SUGGESTIONS WANTED</p> <p>Please! Stop in or drop a note in the suggestion box if you have event, program, or other ideas and suggestions for activities! The best activities are the ones YOU like!</p>	<p>NEED GROCERIES?</p> <p>Stop by the Life Enrichment Office 10-11 AM on Tuesdays and we'll help you place an order to be delivered from Walmart. There is no delivery fee on orders over \$35.</p>	<p>LEARN TO PLAY!</p> <p>Is there a game you'd like to learn to play so that you feel more confident joining a game group? Let Jennifer, Nancy, or Kelly know; or drop a note in the lobby suggestion box! We'd love to set up "learn to" game days to get you comfortable!</p>

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