



THE COUNTRY CLUB
OF LA CHOLLA
A GRACE MGMT COMMUNITY

JANUARY 2022

Independent Living

8700 North La Cholla Blvd
Tucson, Arizona 85742
520-367-3845
www.countrycluboflacholla.com



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>CO - Cognitive CR - Creative PY - Physical PR - Purposeful SE - Sensory SO - Social SP - Spiritual</p>		1:00pm Mahjong - Every Tuesday	National Trivia Day - January 5th National Hot Buttered Rum Day - January 12th National Popcorn Day - January 19th 2:00pm Wine Down - Every Wednesday 3:00pm Trivia - Every Wednesday			<p>1 New Year's Day</p> <p>SO 8:00 Happy New Year! PY 9:30 Strength Exercise (Video) SO 11:00 New Year's Day Fireplace Station SO 7:00 Farkel</p>
<p>2</p> <p>SP 9:30 CCLC Worship Services PY 10:00 Strength Exercise CO 1:00 Bridge Club SE 2:00 Bingo SE 6:30 Sunday Night Movie</p>	<p>3</p> <p>PR 9:00 Walmart Shopping Trip PY 9:15 Strength Exercise Video CO 1:00 Pinochle SE 1:30 Great American Music Series CO 3:00 Trivia SO 6:30 Poker</p>	<p>4</p> <p>PY 9:00 Muscle Strength with Carmen SP 10:00 Catholic Communion Service CR 10:00 Knitting & Crocheting Group PY 10:00 Stretch and Flex with Carmen CR 12:30 Resident Town Hall SO 1:00 Mahjong</p>	<p>5</p> <p>PR 8:00 National Trivia Day PR 9:00 Fry's Shopping Trip PY 9:15 Strength Exercise (Video) CR 10:00 Quilting Group CR 1:00 Adventures in Art: The Adventures of The Muse CO 1:00 Mahjong</p>	<p>6</p> <p>PY 9:00 Muscle Strength with Carmen SO 9:15 Coffee & Conversation PR 10:00 Shopping Trip: Sprouts PY 12:00 Bean Bag Competition SE 2:00 Bingo SO 6:30 Thursday Night Movie</p>	<p>7</p> <p>PY 9:00 Stretch & Flex (Video) SO 10:00 Mexican Train SO 1:00 Sticks & Cues SO 3:00 Happy Hour with Ocotillo Rain (Blue Grass)</p>	<p>8</p> <p>PY 9:00 Shuffleboard PY 9:30 Strength Exercise PY 11:15 Move To The Music Exercise/Dance Class CR 1:30 Poetry Group SO 7:00 Farkel</p>
<p>9</p> <p>SP 9:30 CCLC Worship Services PY 10:00 Strength Exercise CO 1:00 Bridge Club SE 2:00 Bingo SE 6:30 Sunday Night Movie</p>	<p>10</p> <p>PR 9:00 Walmart Shopping Trip PY 9:15 Strength Exercise Video CO 1:00 Pinochle SE 1:30 Great American National Parks Series CO 3:00 Trivia SO 6:30 Poker</p>	<p>11</p> <p>PY 9:00 Muscle Strength with Carmen SP 10:00 Catholic Communion Service CR 10:00 Knitting & Crocheting Group PY 10:00 Stretch and Flex with Carmen SO 11:00 Lunch Outing: Cheesecake Factory PR 1:00 New Resident Orientation</p>	<p>12</p> <p>PR 9:00 Fry's Shopping Trip PY 9:15 Strength Exercise (Video) PR 11:00 "New Year, New You" with Marianne from Bayada PR 1:00 Food Committee Meeting CO 1:00 Mahjong SO 2:00 National Hot Buttered Day</p>	<p>13</p> <p>PY 9:00 Muscle Strength with Carmen SO 9:15 Coffee & Conversation PR 12:00 Shopping Trip : Albertsons PY 12:00 Bean Bag Competition SE 2:00 Bingo SO 6:30 Thursday Night Movie</p>	<p>14</p> <p>PY 9:00 Stretch & Flex (Video) SO 10:00 Mexican Train SO 1:00 Sticks & Cues CR 1:00 Writing Ourselves SO 3:00 Happy Hour with Bob Bauer (Guitarist)</p>	<p>15</p> <p>PY 9:00 Shuffleboard PY 9:30 Strength Exercise PY 11:15 Move To The Music Exercise/Dance Class PR 1:30 Men's Group CR 2:00 Arts & Crafts with Kitt SO 7:00 Farkel</p>
<p>16</p> <p>SP 9:30 CCLC Worship Services PY 10:00 Strength Exercise CO 1:00 Bridge Club SE 2:00 Bingo SE 6:30 Sunday Night Movie</p>	<p>17 Martin Luther King Day</p> <p>PR 9:00 Walmart Shopping Trip PY 9:15 Strength Exercise Video CO 1:00 Pinochle SE 1:30 Martin Luther King - "I Have a Dream" Documentary CO 3:00 Trivia SO 6:30 Poker</p>	<p>18</p> <p>PY 9:00 Muscle Strength with Carmen SP 10:00 Catholic Communion Service CR 10:00 Knitting & Crocheting Group PY 10:00 Stretch and Flex with Carmen SO 1:00 Mahjong PR 2:00 Wheelchair & Walker Repair SE 3:00 Farkel</p>	<p>19</p> <p>PR 9:00 Fry's Shopping Trip PY 9:15 Strength Exercise (Video) CR 10:00 Quilting Group CO 11:00 You Be The Judge CO 1:00 Mahjong SO 1:00 National Popcorn Day SO 1:00 Trip: Casino Del Sol</p>	<p>20</p> <p>PY 9:00 Muscle Strength with Carmen SO 9:15 Coffee & Conversation PR 9:15 Trip: Rooster Cogburn Ostrich Ranch PY 12:00 Bean Bag Competition SE 2:00 Bingo</p>	<p>21</p> <p>PY 9:00 Stretch & Flex (Video) SO 10:00 Mexican Train SO 1:00 Great Decisions - Speaker Via Zoom CR 1:00 Book Club SO 3:00 Happy Hour with Wendy Sweet</p>	<p>22</p> <p>PY 9:00 Shuffleboard PY 9:30 Strength Exercise PY 11:15 Move To The Music Exercise/Dance Class CR 1:30 Poetry Group CR 2:00 Arts & Crafts with Kitt SO 7:00 Farkel</p>
<p>23</p> <p>SP 9:30 CCLC Worship Services PY 10:00 Strength Exercise CO 1:00 Bridge Club SE 2:00 Bingo SE 6:30 Sunday Night Movie</p>	<p>24</p> <p>PR 9:00 Walmart Shopping Trip PY 9:15 Strength Exercise Video CO 1:00 Pinochle SE 1:30 Great American National Park Series CO 3:00 Trivia SO 6:30 Poker</p>	<p>25</p> <p>PY 9:00 Muscle Strength with Carmen SP 10:00 Catholic Communion Service CR 10:00 Knitting & Crocheting Group PY 10:00 Stretch and Flex with Carmen SO 1:00 Mahjong SO 2:00 January Birthday Celebration SE 3:00 Farkel</p>	<p>26</p> <p>PR 9:00 Fry's Shopping Trip PY 9:15 Strength Exercise (Video) PR 11:00 Loteria - (Mexican Bingo) CO 1:00 Mahjong SO 2:00 Wine Down Wednesdays CO 3:00 Trivia</p>	<p>27</p> <p>PY 8:00 National Blueberry Pancake PY 9:00 Muscle Strength with Carmen SO 9:15 Coffee & Conversation PR 10:00 Errand Day PY 12:00 Bean Bag Competition SE 2:00 Bingo SE 4:00 Dinner Outing: Red Lobster</p>	<p>28</p> <p>PY 9:00 Stretch & Flex (Video) SO 10:00 Mexican Train SO 1:00 Sticks & Cues SO 3:00 Happy Hour with Chuck Moses (Vocals & Tracks)</p>	<p>29</p> <p>PY 9:00 Shuffleboard PY 9:30 Strength Exercise PY 11:15 Move To The Music Exercise/Dance Class PR 1:30 Men's Group SO 7:00 Farkel</p>
<p>30</p> <p>SP 9:30 CCLC Worship Services PY 10:00 Strength Exercise CO 1:00 Bridge Club SE 2:00 Bingo SE 6:30 Sunday Night Movie</p>	<p>31</p> <p>PR 9:00 Walmart Shopping Trip PY 9:15 Strength Exercise Video CO 1:00 Pinochle SE 1:30 Great Decisions Series CO 3:00 Trivia SO 6:30 Poker</p>					

Events are Subject to Change.