



THE HIGHLANDS
A GRACE MGMT COMMUNITY
Week of January 9, 2022

Good to Go Dinner Menu \$15 (includes soup or salad, entrée, 2 sides and a dessert)

	Sunday Brunch	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Soups	Mexican Corn	Cream of Chicken	Fish Chowder	Chili	Pork Stew	Ham & Bean	Beef Vegetable
Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
Entrees	Chix Parmesan	Meatloaf/Gravy	Chix Marbella	Grilled Trout	Burgundy Pork	Mushroom Chix	Frank and Beans
	Brats n Kraut	Baked Haddock	Salmon Pie	Leg of Lamb	Stuffed Pepper	Stuffed Sole	Shepherd's Pie
Starch	Baked Potato	Mashed Potato	Rice	Brown Rice	Mashed Potato	Mashed Potato	Baked Beans
	Pasta	Rice Pilaf	Baked Potato	Roasted Pots.	Pasta/Marinara	O'Brien Potatoes	Baked Potato
Vegetables	Parm. Caul.	Green Beans	Yellow Squash	Zucchini	Chef's Choice	Brussel Sprouts	Corn on Cob
	Carrots	Squash	Asparagus	Broccoli	Braised Cabbage	Peas & Onions	Coleslaw
Desserts	Boston Cr. Pie	Peach Crisp	Blue. Cobbler	Bread Pudding	Pina Colada Pie	Key Lime Pie	Oreo Cake
	Brownie	Éclair	Cookie	Cherry Pie	Strawberry Crepe	Pineapple Cake	Rice Krispy

*Gluten Free Entrée V Vegetarian

Home Delivery: Sunday 12:30-1:00, Mon-Sat 6:00-6:30 (207) 725-4407 Ext. 136
24 Hr notice is suggested. Highland Green Residents: \$1 delivery fee per address