

JANUARY 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p> CO - Cognitive CR - Creative PY - Physical PR - Purposeful SE - Sensory SO - Social SP - Spiritual </p>	<p> FC-Fitness Center B-Bistro CH-City Hall TH-Theater FR-Family Room 2DR- 2nd Floor Dining Room FE-Front Entrance FD-Front Desk C-Chapel </p>	<p>Happy January Birthdays! Victor R. Jan. 12th</p>				<p> 1 New Year's Day PY 11:00 Exercise- Dealers Choice FC CO 1:00 Daily Chronical & Word Games FD SO 1:30 Snack Bingo 2DR CR 4:00 Coloring & Crafts FR SO 6:30 Movies with Friends TH </p>
<p> 2 PY 11:00 Exercise- Dealers Choice FC CO 1:00 Daily Chronical & Word Games FD SE 1:30 Sing-Along Sundays! TH CR 4:00 Coloring & Crafts FR SE 6:30 Movies with Friends TH </p>	<p> 3 SP 9:45 Uplifting & Positive News Reading B PY 11:00 Chair Exercise-Stretching FC 2:00 Entertainment w/ Steve Kovich CH CO 4:00 Tea & Trivia (Try a new tea every week!) CH SO 6:30 Movies with Friends TH </p>	<p> 4 PY 11:00 Chair Exercise- Full Body FC CO 1:00 Daily Chronicle & Chat B SO 2:00 Prize Bingo 2DR SO 4:00 Fancy Flower Arranging CH SO 6:30 Movies with Friends TH </p>	<p> 5 SP 10:15 Communion w/ St. Hugo's Church C PY 11:00 Chair Exercise- Arms FC CO 1:00 Daily Chronical & Chat B SO 1:30 Out to the Movies FE SO 4:00 Humor & Hot Chocolate CH SO 6:30 Movies with Friends TH </p>	<p> 6 PY 11:00 Chair Exercise- Balloon Volleyball FC CO 1:00 Daily Chronical & Chat B SO 2:00 Prize Bingo 2DR SO 3:30 Pretty Nails 2DR SO 6:30 Movies with Friends TH </p>	<p> 7 PY 11:00 Chair Exercise-Legs FC CO 1:00 Daily Chronical & Word Games FD SE 2:00 Candy Dice Game 2DR CO 4:00 Happy Hour & Trivia CH SO 6:30 Movies with Friends TH </p>	<p> 8 PY 11:00 Exercise- Dealers Choice FC CO 1:00 Daily Chronical & Word Games FD SO 1:30 Snack Bingo 2DR CR 4:00 Coloring & Crafts CH SO 6:30 Movies with Friends TH </p>
<p> 9 PY 11:00 Exercise- Dealers Choice FC CO 1:00 Daily Chronical & Word Games FD SE 1:30 Quarter Jackpot CH CR 4:00 Coloring & Crafts CH SE 6:30 Movies with Friends TH </p>	<p> 10 SP 9:45 Uplifting & Positive News Reading B PY 11:00 Chair Exercise-Stretching FC SE 2:00 Beats with Ben CH CO 4:00 Tea & Trivia (Try a new tea every week!) CH SO 6:30 Movies with Friends TH </p>	<p> 11 PY 11:00 Chair Exercise- Full Body FC CO 1:00 Daily Chronicle & Chat B SO 2:00 Prize Bingo 2DR SO 4:00 Fancy Flower Arranging CH SO 6:30 Movies with Friends TH </p>	<p> 12 SP 10:15 Communion w/ St. Hugo's Church C PY 11:00 Chair Exercise- Arms FC CO 1:00 Daily Chronical & Chat B SE 2:00 Joy Ride FE SO 4:00 Humor & Hot Chocolate CH SO 6:30 Movies with Friends TH </p>	<p> 13 PY 11:00 Chair Exercise- Balloon Volleyball FC CO 1:00 Daily Chronical & Chat B SO 2:00 Prize Bingo 2DR SO 3:30 Pretty Nails 2DR SO 4:00 Smiles & Smores SO 6:30 Movies with Friends TH </p>	<p> 14 PY 11:00 Chair Exercise-Legs FC CO 1:00 Daily Chronical & Word Games FD SE 2:00 Crafting Together (Fleece Tie Pillows) 2DR CO 4:00 Happy Hour & Trivia CH SO 6:30 Movies with Friends TH </p>	<p> 15 PY 11:00 Exercise- Dealers Choice FC CO 1:00 Daily Chronical & Word Games FD SO 1:30 Snack Bingo 2DR CR 4:00 Coloring & Crafts CH SO 6:30 Movies with Friends TH </p>
<p> 16 PY 11:00 Exercise- Dealers Choice FC CO 1:00 Daily Chronical & Word Games FD SE 1:30 Sing-Along Sundays! TH CR 4:00 Coloring & Crafts CH SE 6:30 Movies with Friends TH </p>	<p> 17 Martin Luther King Day SP 9:45 Uplifting & Positive News Reading B PY 11:00 Chair Exercise-Stretching FC SE 2:00 Entertainment w/ Michael K. CH CO 4:00 Tea & Trivia (Try a new tea every week!) CH SO 6:30 Movies with Friends TH </p>	<p> 18 PY 11:00 Chair Exercise- Full Body FC CO 1:00 Daily Chronicle & Chat B SO 2:00 Prize Bingo 2DR SO 4:00 Fancy Flower Arranging CH SO 6:30 Movies with Friends TH </p>	<p> 19 SP 10:15 Communion w/ St. Hugo's Church C PY 11:00 Chair Exercise- Arms FC CO 1:00 Daily Chronical & Chat B PR 2:00 Spa Day 2DR SO 4:00 Humor & Hot Chocolate CH SO 6:30 Movies with Friends TH </p>	<p> 20 PY 11:00 Chair Exercise- Balloon Volleyball FC CO 1:00 Daily Chronical & Chat B SO 2:00 Wine & Cheese Tasting (National Cheese Lovers Day!) 2DR SO 3:30 Pretty Nails 2DR SO 6:30 Movies with Friends TH </p>	<p> 21 PY 11:00 Chair Exercise-Legs FC CO 1:00 Daily Chronical & Word Games FD SE 2:00 Prize Bingo 2DR CO 4:00 Happy Hour & Trivia CH SO 6:30 Movies with Friends TH </p>	<p> 22 PY 11:00 Exercise- Dealers Choice FC CO 1:00 Daily Chronical & Word Games FD SO 1:30 Snack Bingo 2DR CR 4:00 Coloring & Crafts CH SO 6:30 Movies with Friends TH </p>
<p> 23 PY 11:00 Exercise- Dealers Choice FC CO 1:00 Daily Chronical & Word Games FD SE 1:30 Quarter Jackpot CH CR 4:00 Coloring & Crafts CH SE 6:30 Movies with Friends TH </p>	<p> 24 SP 9:45 Uplifting & Positive News Reading B PY 11:00 Chair Exercise-Stretching FC CO 2:00 Taste & Try 2DR CO 4:00 Tea & Trivia (Try a new tea every week!) CH SO 6:30 Movies with Friends TH </p>	<p> 25 PY 11:00 Chair Exercise- Full Body FC SO 1:00 Food Committee Meeting CH SO 2:00 Prize Bingo 2DR SO 4:00 Fancy Flower Arranging CH SO 6:30 Movies with Friends TH </p>	<p> 26 SP 10:15 Catholic Mass w/ St. Hugo's Church C PY 11:00 Chair Exercise- Arms FC CO 1:00 Daily Chronical & Chat B CO 2:00 Group Painting Class 2DR SO 4:00 Humor & Hot Chocolate CH SO 6:30 Movies with Friends TH </p>	<p> 27 PY 11:00 Chair Exercise- Balloon Volleyball FC CO 1:00 Daily Chronical & Chat B SO 2:00 Prize Bingo 2DR SO 3:30 Pretty Nails 2DR SO 6:30 Movies with Friends TH </p>	<p> 28 PY 11:00 Chair Exercise-Legs FC CO 1:00 Daily Chronical & Word Games FD SE 2:00 Violin performance w/ Isabell & Wesley CH CO 4:00 Happy Hour & Trivia CH SO 6:30 Movies with Friends TH </p>	<p> 29 PY 11:00 Exercise- Dealers Choice FC CO 1:00 Daily Chronical & Word Games FD SO 2:00 Entertainment w/ Kevin Wills CH CR 4:00 Coloring & Crafts CH SO 6:30 Movies with Friends TH </p>
<p> 30 PY 11:00 Exercise- Dealers Choice FC CO 1:00 Daily Chronical & Word Games FD SE 1:30 Sing-Along Sundays! TH CR 4:00 Coloring & Crafts CH SE 6:30 Movies with Friends TH </p>	<p> 31 SP 9:45 Uplifting & Positive News Reading B PY 11:00 Chair Exercise-Stretching FC CO 2:00 Don't Burst my Bubble 2DR CO 4:00 Tea & Trivia (Try a new tea every week!) CH SO 6:30 Movies with Friends TH </p>					