

DECEMBER 2021

December 2021 MC calendar

4500 Dobry Drive
Sterling Heights, Michigan 48314
586-803-0900
www.townvillagesterlingheights.com



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>CO - Cognitive CR - Creative E - Emotional PY - Physical PR - Purposeful SE - Sensory SO - Social SP - Spiritual</p>		<p>1</p> <p>CO 9:00 Whats Happening Today PY 10:15 Arthritis Relief Exercise SP 11:00 Rosary with Dee SO 2:30 Suzi Marsh Performs SO 3:00 Snack & Chat CO 3:30 Bannanagrams CO 6:00 Casino Night</p>	<p>2</p> <p>CO 9:00 Whats Happening Today PY 10:30 Sit & Be Fit PY 11:00 Floor Hockey SE 2:00 Scenic Drive around Town SO 3:00 Snack & Chat CO 3:30 Puzzle Fun CR 6:00 Adult Coloring</p>	<p>3</p> <p>CO 9:00 Whats Happening Today PY 10:30 Chair Exercise E 11:00 Therapy Dog Buddy Visits PR 2:00 Wrapping Christmas Presents SO 3:00 Snack & Chat SO 3:30 Happy Hour E 6:00 Friday Night Musical</p>	<p>4</p> <p>CO 9:00 Whats Happening Today PY 10:00 Chair Exercise PY 10:30 Margaret's Walking Club SP 11:00 Non-Denominational Church CR 2:00 Adult Coloring SO 3:00 Snack & Chat CO 3:00 Word Games SP 4:00 Catholic Church Service IN2L SE 6:00 Saturday Night Movie</p>
<p>5</p> <p>CO 9:00 Whats Happening Today PY 10:00 Chair Exercise SP 11:00 Catholic Church Service IN2L PY 2:00 Let's get Physical! SO 3:00 Snack & Chat PR 3:30 Travel around the World IN2L CO 6:00 Sunday Night Movie SP 7:00 Evening Prayers</p>	<p>6</p> <p>CO 9:00 Whats Happening Today PY 10:30 Sit &Stretch CO 11:00 The Price is Right CR 2:20 Tender Hearts Theraputics SO 3:00 Snack & Chat E 3:20 Pamper Yourself CO 6:00 How Much Was it?</p>	<p>7</p> <p>CO 9:00 Whats Happening Today PY 10:30 Rise & Shine Fitness PR 11:00 Flower Arranging CR 2:00 Salt dough Christmas Omaments SO 3:00 Snack & Chat SE 3:30 Aroma Therapy CO 6:00 The Matching Game</p>	<p>8</p> <p>CO 9:00 Whats Happening Today PY 10:15 Arthritis Relief Exercise SP 11:00 Rosary with Dee SO 2:30 Jeff Cavatio Performs SO 3:00 Snack & Chat CO 3:30 Travel to... CO 6:00 Casino Night</p>	<p>9</p> <p>CO 9:00 Whats Happening Today PY 10:30 Sit & Be Fit PY 11:00 Bean Bag Twister CO 11:30 Around the Town trivia SO 2:00 Drive around the Town SO 3:00 Snack & Chat CO 3:30 Can you Build it? CR 6:00 Adult Coloring</p>	<p>10</p> <p>CO 9:00 Whats Happening Today PY 10:30 Chair Exercise CO 11:15 Brain Games PR 2:00 Decorate Christmas Cookies SO 3:00 Snack & Chat SO 3:30 Hot Chocolate Happy Hour E 6:00 Friday Night Musical</p>	<p>11</p> <p>CO 9:00 Whats Happening Today PY 10:00 Chair Exercise PY 10:30 Margaret's Walking Club SP 11:00 Non-Denominational Church CR 2:00 Adult Coloring SO 3:00 Snack & Chat CO 3:00 Word Games SP 4:00 Catholic Church Service IN2L SE 6:00 Saturday Night Movie</p>
<p>12</p> <p>CO 9:00 Whats Happening Today PY 10:00 Chair Exercise SP 11:00 Catholic Church Service IN2L PY 2:00 Let's get Physical! SO 3:00 Snack & Chat PR 3:30 Travel around the World IN2L CO 6:00 Sunday Night Movie SP 7:00 Evening Prayers</p>	<p>13</p> <p>CO 9:00 Whats Happening Today PY 10:30 Sit &Stretch CO 11:00 Family Feud In2L CR 2:20 Tender Hearts Theraputics SO 3:00 Snack & Chat E 3:20 Pamper Yourself CO 6:00 How Much Was it?</p>	<p>14</p> <p>CO 9:00 Whats Happening Today PY 10:30 Rise & Shine Fitness PR 11:00 Flower Arranging E 2:00 Santa is coming to the Gem! CR 2:30 Paint Ornaments SO 3:00 Snack & Chat SE 3:15 Hand Massages CO 6:00 The Matching Game</p>	<p>15</p> <p>CO 9:00 Whats Happening Today PY 10:15 Arthritis Relief Exercise SP 11:00 Rosary with Dee E 2:30 Kenny Lang Performs SO 3:00 Snack & Chat CO 3:30 Piggy Bankers CO 6:00 Casino Night</p>	<p>16</p> <p>CO 9:00 Whats Happening Today PY 10:30 Sit & Be Fit PY 11:00 Floor Hockey E 2:00 Yahtzee Dice Game CO 3:00 Christmas Carol Sing-a-Long SO 3:00 Snack & Chat CR 6:00 Adult Coloring SE 6:00 Christmas Lights Tour</p>	<p>17</p> <p>CO 9:00 Whats Happening Today PY 10:30 Chair Exercise E 11:00 Therapy Dog Lucy visits CO 11:30 Crossword Puzzle PY 2:00 Table Top Balloon Tennis SO 3:00 Snack & Chat SO 3:30 Happy Hour E 6:00 Friday Night Musical</p>	<p>18</p> <p>CO 9:00 Whats Happening Today PY 10:00 Chair Exercise PY 10:30 Margaret's Walking Club SP 11:00 Non-Denominational Church CR 2:00 Adult Coloring SO 3:00 Snack & Chat CO 3:00 Word Games SP 4:00 Catholic Church Service IN2L SE 6:00 Saturday Night Movie</p>
<p>19</p> <p>CO 9:00 Whats Happening Today PY 10:00 Chair Exercise SP 11:00 Catholic Church Service IN2L PY 2:00 Let's get Physical! SO 3:00 Snack & Chat PR 3:30 Travel around the World IN2L CO 6:00 Sunday Night Movie SP 7:00 Evening Prayers</p>	<p>20</p> <p>CO 9:00 Whats Happening Today PY 10:30 Sit &Stretch CO 11:00 The Price is Right CR 2:20 Tender Hearts Theraputics SO 3:00 Snack & Chat E 3:20 Pamper Yourself CO 6:00 How Much Was it?</p>	<p>21</p> <p>Winter Begins</p> <p>CO 9:00 Whats Happening Today PY 10:30 Rise & Shine Fitness PR 11:00 Flower Arranging CO 2:00 Holiday Bingo SO 3:00 Snack & Chat E 3:30 Christmas Sing-a-Long CO 6:00 The Matching Game</p>	<p>22</p> <p>CO 9:00 Whats Happening Today PY 10:15 Arthritis Relief Exercise SP 11:00 Rosary with Dee SO 2:30 Christmas Concert with Gary Richards SO 3:00 Snack & Chat CR 3:30 Can you build it? CO 6:00 Casino Night</p>	<p>23</p> <p>CO 9:00 Whats Happening Today PY 10:30 Sit & Be Fit CO 11:00 Christmas Trivia PY 11:30 Ring toss SO 2:00 Drive around the Town Outing SO 3:00 Snack & Chat CO 3:30 Puzzle Fun CR 6:00 Adult Coloring</p>	<p>24</p> <p>Christmas Eve</p> <p>CO 9:00 Whats Happening Today PY 10:30 Chair Exercise CR 11:00 Christmas Coloring E 2:00 Christmas Movie SO 3:00 Snack & Chat SO 3:30 Happy Hour E 6:00 Friday Night Musical</p>	<p>25</p> <p>Christmas Day</p> <p>CO 9:00 Whats Happening Today PY 10:00 Chair Exercise PY 10:30 Margaret's Walking Club SP 11:00 Non-Denominational Church CR 2:00 Adult Coloring SO 3:00 Snack & Chat CO 3:00 Word Games SP 4:00 Catholic Church Service IN2L SE 6:00 Saturday Night Movie</p>
<p>26</p> <p>Kwanzaa Begins</p> <p>CO 9:00 Whats Happening Today PY 10:00 Chair Exercise SP 11:00 Catholic Church Service IN2L PY 2:00 Let's get Physical! SO 3:00 Snack & Chat PR 3:30 Travel around the World IN2L CO 6:00 Sunday Night Movie SP 7:00 Evening Prayers</p>	<p>27</p> <p>CO 9:00 Whats Happening Today PY 10:30 Sit &Stretch CO 11:00 Family Feud In2L CR 2:20 Tender Hearts Theraputics SO 3:00 Snack & Chat E 3:20 Pamper Yourself CO 6:00 How Much Was it?</p>	<p>28</p> <p>CO 9:00 Whats Happening Today PY 10:30 Rise & Shine Fitness PR 11:00 Flower Arranging CO 2:00 Bingo SO 3:00 Snack & Chat SE 3:15 Hand Massages CO 6:00 The Matching Game</p>	<p>29</p> <p>CO 9:00 Whats Happening Today PY 10:15 Arthritis Relief Exercise SP 11:00 Rosary with Dee SO 2:30 Lukas Starchuski Performs SO 3:00 Snack & Chat CO 3:30 The Matching Game CO 6:00 Casino Night</p>	<p>30</p> <p>CO 9:00 Whats Happening Today PY 10:30 Sit & Be Fit PY 11:00 Floor Hockey CO 11:30 New Years Trivia SE 2:00 Drive to the Country Outing SO 3:00 Snack & Chat PY 3:30 Giant Jenga CR 6:00 Adult Coloring</p>	<p>31</p> <p>New Year's Eve</p> <p>CO 9:00 Whats Happening Today PY 10:30 Chair Exercise CO 11:15 Brain Games SO 12:00 Noon Years Eve Lunch Celebration w/ Suzi CR 2:00 Aqua Painting SO 3:00 Snack & Chat SO 3:30 Happy Hour E 6:00 Friday Night Musical</p>	

Events are Subject to Change.