



**SHOREHAVEN**  
A GRACE MGMT COMMUNITY

# NOVEMBER 2021

Shorehaven November 2021

14560 Lakeside Circle  
Sterling Heights, Michigan 48313  
586-247-3220  
[www.shorehavenseniiorliving.com](http://www.shorehavenseniiorliving.com)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>CO</b> - Cognitive <b>CR</b> - Creative <b>E</b> - Emotional <b>I</b> - Intergenerational <b>PY</b> - Physical <b>PR</b> - Purposeful <b>SE</b> - Sensory <b>SO</b> - Social <b>SP</b> - Spiritual</p>	<p><b>1</b></p> <p><b>SO</b> 9:45 Monday Morning Mingle~(L) <b>PY</b> 10:30 20 Minute Cardio Workout~(L) <b>PY</b> 1:30 Roll It Bounce It Exercise-(GR) <b>CR</b> 1:30 <b>Create Greeting Cards w/Roxanne~(AR)</b> <b>SE</b> 2:30 <b>Scenic Tour: Mansions of Bloomfield-(L)</b> <b>CO</b> 6:30 7 Card Match-(GR)</p>	<p><b>2 Election Day</b></p> <p><b>PR</b> 10:00 <b>Voting at the Polls in Sterling Heights~(L)</b> <b>PY</b> 10:30 Steps in Stride~(L) <b>PY</b> 1:30 YMCA Exercise-(GR) <b>CO</b> 1:30 <b>Pinochle w/Connie-(DR)</b> <b>PY</b> 3:15 Dancercise~(GR) <b>SO</b> 4:00 Toasting Tuesday-(L) <b>CO</b> 6:30 Big Bingo Bash-(DR)</p>	<p><b>3</b></p> <p><b>PR</b> 9:30 <b>Bus to Kroger~(L)</b> <b>SP</b> 10:30 <b>Ladies Bible Study w/Carol-(GR)</b> <b>PY</b> 1:30 "Aut-To-Be-Fit" Fitness Program-(GR) <b>PR</b> 2:15 <b>Activity Meeting-(AR)</b> <b>CO</b> 2:45 Movie Matinee: Resident Choice~(RR) <b>PY</b> 6:30 <b>Slam'n Jam'n Chair Volleyball w/Bobbi-(L)</b></p>	<p><b>4</b></p> <p><b>SO</b> 9:45 Donuts &amp; Cider Jubilee~(L) <b>PY</b> 1:30 Engaging Rhythm Workout-(GR) <b>SP</b> 2:00 <b>Catholic Mass-(DR)</b> <b>CR</b> 3:15 <b>Radio Show Rehearsal~(GR)</b> <b>CO</b> 6:30 Big Bingo Bash-(DR)</p>	<p><b>5</b></p> <p><b>CO</b> 10:30 Hot Topics-(RR) <b>PY</b> 1:30 Sweat'n w/the Oldies Music-(GR) <b>SO</b> 2:30 Happy Hour w/Chet Penkala~(DR) <b>PY</b> 4:00 Cool Down-(GR) <b>CO</b> 6:30 Po-Ke-No-(GR) <b>E</b> 6:30 Shorehaven Choir w/Toni-(RR)</p>	<p><b>6</b></p> <p><b>SO</b> 12:30 Wii Bowling-(RR) <b>CR</b> 1:00 <b>Knitting &amp; Crocheting w/Lilly~(RR)</b> <b>PY</b> 1:30 Sit &amp; Stretch-(GR) <b>CO</b> 2:15 Movie Matinee: Five Feet Apart~(RR) <b>SP</b> 3:15 Pray the Rosary w/Mike B.-(GR) <b>CO</b> 6:30 Free Bingo for Household Essentials~(DR)</p>
<p><b>7 Daylight Saving Ends</b></p> <p><b>SP</b> 10:00 Nondenominational Church Service- (GR) <b>SO</b> 1:15 Wii Bowling-(RR) <b>PY</b> 1:30 Chair Yoga-(GR) <b>CO</b> 2:15 History Video: Bizarre Dinosaurs~(RR) <b>CO</b> 2:30 Chase the Ace-(GR) <b>PY</b> 3:30 Fitness Walk-(L) <b>E</b> 6:30 Shorehaven Choir w/Toni-(L)</p>	<p><b>8</b></p> <p><b>SO</b> 9:45 Monday Morning Mingle~(L) <b>PR</b> 10:00 <b>Baking for a Cause~(AR)</b> <b>PR</b> 1:00 <b>Baking for a Cause~(AR)</b> <b>PY</b> 1:30 Roll It Bounce It Exercise-(GR) <b>SE</b> 2:30 <b>Scenic Tour: Stoney Creek-(L)</b> <b>CR</b> 3:00 Stylish Nails~(AR) <b>CO</b> 6:30 7 Card Match-(GR)</p>	<p><b>9</b></p> <p><b>PR</b> 10:00 <b>Baking for a Cause-(AR)</b> <b>PR</b> 1:00 <b>Baking for a Cause~(AR)</b> <b>PY</b> 1:30 Body in Motion Exercise-(GR) <b>CO</b> 1:30 <b>Pinochle w/Connie-(DR)</b> <b>CR</b> 2:30 <b>Bling Beauty w/Jewelry by Tracy~(AR)</b> <b>PY</b> 3:15 Dancercise~(GR) <b>SO</b> 4:00 Toasting Tuesday-(L) <b>CO</b> 6:30 Big Bingo Bash-(DR)</p>	<p><b>10</b></p> <p><b>PR</b> 9:30 <b>Bus to Meijer~(L)</b> <b>SP</b> 10:30 <b>Ladies Bible Study w/Carol-(GR)</b> <b>PY</b> 1:00 Hokey Pokey Exercise-(GR) <b>E</b> 2:00 <b>Veterans Celebration~(DR)</b> <b>SO</b> 2:45 <b>Cake &amp; Punch Served following Veteran Celebration~(L)</b> <b>CO</b> 6:15 <b>DN w/Brenda: Black Jack~(RR)</b></p>	<p><b>11 Veterans Day</b></p> <p><b>SO</b> 9:45 Donuts &amp; Cider Jubilee~(L) <b>PR</b> 10:00 <b>Baking for a Cause~(AR)</b> <b>PR</b> 1:00 <b>Baking for a Cause~(AR)</b> <b>PY</b> 1:30 Engaging Rhythm Workout-(GR) <b>SP</b> 2:00 <b>Catholic Mass-(DR)</b> <b>I</b> 3:00 <b>Chippewa High School Musical "Seussical"~(L)</b> <b>CO</b> 6:30 Big Bingo Bash-(DR)</p>	<p><b>12</b></p> <p><b>PR</b> 10:00 <b>Baking for a Cause-(AR)</b> <b>PR</b> 12:00 <b>Food Donation: "Sterling Heights Fire Dept."</b> <b>PR</b> 1:00 <b>Baking for a Cause~(AR)</b> <b>PY</b> 1:30 Sweat'n w/the Oldies Music-(GR) <b>SO</b> 2:30 <b>Happy Hour w/Gary Pillow~(DR)</b> <b>CO</b> 6:30 Po-Ke-No-(GR) <b>E</b> 6:30 Shorehaven Choir w/Toni-(RR)</p>	<p><b>13</b></p> <p><b>SO</b> 12:30 Wii Bowling-(RR) <b>PY</b> 1:30 Sit &amp; Stretch-(GR) <b>CR</b> 1:30 <b>Watercolors w/Barb~(AR)</b> <b>CO</b> 2:15 Movie Matinee: The Double~(RR) <b>SP</b> 3:15 Pray the Rosary w/Mike B.-(GR) <b>CO</b> 6:30 Free Dice Bingo~(GR)</p>
<p><b>14</b></p> <p><b>SP</b> 10:00 Nondenominational Church Service- (GR) <b>SO</b> 1:15 Wii Bowling-(RR) <b>PY</b> 1:30 Chair Yoga-(GR) <b>CO</b> 2:15 Travel Video: Pompeii~(RR) <b>CO</b> 2:30 Chase the Ace-(GR) <b>PY</b> 3:30 Fitness Walk-(L) <b>E</b> 6:30 Shorehaven Choir w/Toni-(L)</p>	<p><b>15</b></p> <p><b>SO</b> 9:45 Monday Morning Mingle~(L) <b>PY</b> 10:30 20 Minute Cardio Workout~(L) <b>PY</b> 1:30 Roll It Bounce It Exercise-(GR) <b>SO</b> 2:15 <b>Friendsgiving Ladies Tea~(DR)</b> <b>PR</b> 3:00 <b>Food for Thought~(DR)</b> <b>CO</b> 6:30 <b>DN w/Mike: Derby Races~(DR)</b></p>	<p><b>16</b></p> <p><b>PR</b> 10:30a-1:30p <b>Bake Sale Fundraiser to Support St. Jude~(L)</b> <b>PY</b> 1:30 Body in Motion Exercise-(GR) <b>CO</b> 1:30 <b>Pinochle w/Connie-(DR)</b> <b>PY</b> 3:15 Dancercise~(GR) <b>SO</b> 4:00 Toasting Tuesday-(L) <b>CO</b> 6:30 Big Bingo Bash-(DR)</p>	<p><b>17</b></p> <p><b>PR</b> 9:30 <b>Bus to Target~(L)</b> <b>SP</b> 10:30 <b>Ladies Bible Study w/Carol-(GR)</b> <b>PY</b> 1:30 "Aut-To-Be-Fit" Fitness Program-(GR) <b>PR</b> 2:15 <b>Ambassador Meeting~(AR)</b> <b>CR</b> 3:00 Let's Get Crafty~(AR) <b>PY</b> 6:30 <b>Slam'n Jam'n Chair Volleyball w/Bobbi-(L)</b></p>	<p><b>18</b></p> <p><b>SO</b> 9:45 Donuts &amp; Cider Jubilee~(L) <b>SO</b> 11:00 <b>Red Hat Luncheon~(DR)</b> <b>PY</b> 1:30 New York, New York Exercise-(GR) <b>SP</b> 2:00 <b>Prayer Service-(DR)</b> <b>CR</b> 3:15 <b>Radio Show Rehearsal~(GR)</b> <b>SO</b> 6:45 <b>Shorehaven's Take of: "Who Wants to be a Millionaire"-(DR)</b></p>	<p><b>19</b></p> <p><b>CO</b> 9:45 <b>MGM Casino~(L)</b> <b>CO</b> 10:30 Hot Topics-(RR) <b>PY</b> 1:30 Sweat'n w/the Oldies Music-(GR) <b>SO</b> 2:30 Happy Hour w/Little Big Band~(DR) <b>PY</b> 4:00 Cool Down-(GR) <b>CO</b> 6:30 Po-Ke-No-(GR) <b>E</b> 6:30 Shorehaven Choir w/Toni-(RR)</p>	<p><b>20</b></p> <p><b>SO</b> 12:30 Wii Bowling-(RR) <b>CR</b> 1:00 <b>Knitting &amp; Crocheting w/Lilly~(RR)</b> <b>PY</b> 1:30 Sit &amp; Stretch-(GR) <b>CO</b> 2:15 Movie Matinee: Nutty Professor~(RR) <b>SP</b> 3:15 Pray the Rosary w/Mike B.-(GR) <b>CO</b> 6:30 Free Bingo for Household Essentials~(GR)</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>21</b></p> <p><b>SP 10:00</b> Nondenominational Church Service- (GR)</p> <p><b>SO 1:15</b> Wii Bowling-(RR)</p> <p><b>PY 1:30</b> Chair Yoga-(GR)</p> <p><b>CO 2:15</b> Biography Video: Method to the Madness of Jerry Lewis-(RR)</p> <p><b>CO 2:30</b> Chase the Ace-(GR)</p> <p><b>PY 3:30</b> Fitness Walk-(L)</p> <p><b>E 6:30</b> Shorehaven Choir w/Toni-(L)</p>	<p><b>22</b></p> <p><b>SO 9:30</b> Bronner's in Frankenmuth &amp; Lunch at Bavarian Restaurant~(L)</p> <p><b>SO 9:45</b> Monday Morning Mingle~(L)</p> <p><b>PY 1:30</b> Roll It Bounce It Exercise-(GR)</p> <p><b>CR 1:30</b> Create Greeting Cards w/Roxanne~(AR)</p> <p><b>SP 1:30</b> Trinity Lutheran Service~(RR)</p> <p><b>CR 3:00</b> Stylish Nails~(AR)</p> <p><b>CO 6:30</b> 7 Card Match-(GR)</p>	<p><b>23</b></p> <p><b>PY 10:30</b> Steps in Stride~(L)</p> <p><b>PY 1:30</b> Body in Motion Exercise-(GR)</p> <p><b>CO 1:30</b> Pinochle w/Connie-(DR)</p> <p><b>CR 2:30</b> Bling Beauty w/Jewelry by Tracy~(AR)</p> <p><b>PY 3:15</b> Dancercise~(GR)</p> <p><b>SO 4:00</b> Toasting Tuesday-(L)</p> <p><b>CO 6:30</b> DN w/Brian: Trivia &amp; Beer Tasting-(DR)</p>	<p><b>24</b></p> <p><b>PR 9:30</b> Bus to Meijer~(L)</p> <p><b>SP 10:30</b> Ladies Bible Study w/Carol-(GR)</p> <p><b>PY 1:30</b> "Aut-To-Be-Fit" Fitness Program-(GR)</p> <p><b>PR 2:15</b> Resident Council~(DR)</p> <p><b>CR 3:00</b> Let's Get Crafty~(AR)</p> <p><b>PY 6:30</b> Slam'n Jam'n Chair Volleyball w/Bobbi-(L)</p>	<p><b>25 Thanksgiving</b></p> <p><b>SE 9:00</b> Macy's Thanksgiving Day Parade~NBC (L)</p> <p><b>SO 9:45</b> Donuts &amp; Cider Jubilee~(L)</p> <p><b>PY 1:30</b> Engaging Rhythm Workout-(GR)</p> <p><b>CO 2:30</b> Gobble Gobble Bingo~(GR)</p> <p><b>E 4:00</b> Traditional Thanksgiving Dinner~(DR)</p> <p><b>CO 6:30</b> Thanksgiving Movie: One Special Night-(RR)</p>	<p><b>26 Black Friday</b></p> <p><b>CO 10:30</b> Hot Topics-(RR)</p> <p><b>PY 1:30</b> Chair Zumba Exercise-(GR)</p> <p><b>SO 2:30</b> Happy Hour w/Greg Jagua~(DR)</p> <p><b>PY 4:00</b> Cool Down-(GR)</p> <p><b>CO 6:30</b> Po-Ke-No-(GR)</p> <p><b>E 6:30</b> Shorehaven Choir w/Toni-(RR)</p>	<p><b>27</b></p> <p><b>SO 12:30</b> Wii Bowling-(RR)</p> <p><b>PY 1:30</b> Sit &amp; Stretch-(GR)</p> <p><b>CR 1:30</b> Watercolors w/Barb~(AR)</p> <p><b>CO 2:15</b> Movie Matinee: Hair Spray~(RR)</p> <p><b>SP 3:15</b> Prayer Service-(GR)</p> <p><b>CO 6:30</b> Free Dice Bingo~(GR)</p>
<p><b>28 Hanukkah Begins</b></p> <p><b>SP 10:00</b> Nondenominational Church Service- (GR)</p> <p><b>SO 1:15</b> Wii Bowling-(RR)</p> <p><b>PY 1:30</b> Chair Yoga-(GR)</p> <p><b>CO 2:15</b> Nature Video: Secrets of The Zoo~(RR)</p> <p><b>CO 2:30</b> Chase the Ace-(GR)</p> <p><b>PY 3:30</b> Fitness Walk-(L)</p> <p><b>E 6:30</b> Shorehaven Choir w/Toni-(L)</p>	<p><b>29</b></p> <p><b>SO 9:45</b> Monday Morning Mingle~(L)</p> <p><b>PY 10:30</b> 20 Minute Cardio Workout~(L)</p> <p><b>PY 1:30</b> Roll It Bounce It Exercise-(GR)</p> <p><b>SO 2:30</b> Tree Trimming for the Holidays &amp; Social~(L)</p> <p><b>SE 2:30</b> Scenic Tour: Wabash Park~(L)</p> <p><b>CR 3:00</b> Stylish Nails~(AR)</p> <p><b>CO 6:30</b> DN w/Heather: Derby Races~(DR)</p>	<p><b>30</b></p> <p><b>PY 10:30</b> Steps in Stride~(L)</p> <p><b>PY 1:30</b> Body in Motion Exercise-(GR)</p> <p><b>CO 1:30</b> Pinochle w/Connie-(DR)</p> <p><b>E 2:30</b> Tunes from the Past~Singing w/Sarah~(L)</p> <p><b>PY 3:15</b> Dancercise~(GR)</p> <p><b>SO 4:00</b> Toasting Tuesday-(L)</p> <p><b>CO 6:30</b> Big Bingo Bash-(DR)</p>	<p>LOCATION KEY:</p> <p>Activity Room = AR Dining Room = DR Great Room = GR Lobby = L Patio = P Recreation Room = RR</p>	<p>Happy Birthday .....</p> <p>John Dumoulin 11/01 Gregory Schmittler 11/03 Margaret Motta 11/12 Anthony Di Santo 11/17 Constance Zulczyk 11/18 Barbara Seiler 11/19 Eva England 11/20 Lorraine Majka 11/24</p>		

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