



PARKROSE ESTATES
A GRACE MGMT COMMUNITY

NOVEMBER 2021

7251 Janus Park Drive
Liverpool, New York 13088
315-452-9500
www.parkroseestates.com



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>CC - Cognitive CR - Creative E - Emotional PY - Physical PR - Purposeful SE - Sensory SC - Social SP - Spiritual</p>	<p>1</p> <p>PY 9:30 Walking Club L PY 10:15 Wii Bowling T PR 1:15 Shopping Trip: Walmart - sign up \$ PY 1:30 What's in a Word A CO 3:00 Games Afternoon A CO 6:30 Hollywood Legends: Dolly Parton T</p>	<p>2 Election Day</p> <p>PY 9:30 Exercise A CO 10:05 Heads & Tails Game A SP 1:15 Ecumenical Service T SP 1:45 Rosary T CR 3:00 Drawing Class A SO 6:00 Pinochle C</p>	<p>3</p> <p>PR 9:30 Resident/Food/Act. Meeting A PR 10:30 WR Meeting (members only) A E 1:00 (1 & 6:30pm) Movie: Shilo T PR 1:15 Shopping: Wegmans *sign up CO 1:30 Read and Share C CO 3:00 Scattergories A SO 6:00 Pitch C</p>	<p>4</p> <p>PY 9:30 Walking Club L SP 10:00 Bible Study C SP 1:30 Protestant Church Service T CR 3:00 Sock Turkey Craft A SO 5:30 Inspire Care: LifePlan Presentation T</p>	<p>5</p> <p>PY 9:30 Exercise: Dance Class A CO 10:00 Brain Fitness C SP 11:05 Rosary T E 1:00 (1 & 6:30pm) Movie: The Express T PR 1:30 Wear Your Favorite Jersey Social A SO 3:00 Happy Hour w/ Larry Serafini A</p>	<p>6</p> <p>PY 9:30 Walking Club L CO 10:00 Parkrose Gazette Newspaper Meeting C PR 11:30 Lunch Trip: Brooklyn Pickle - sign up \$ E 1:00 (1 & 6:30pm) Movie: Sweet November T SO 2:00 Quarter Bingo- 10 quarters A SO 6:00 Dominoes C</p>
<p>7 Daylight Saving Ends</p> <p>SP 10:30 Church Devotional T E 1:00 (1 & 6:30pm) Movie: Our Souls At Night T SO 1:30 Quarter Bingo -10 quarters A CO 3:00 Guitar Music w/ Norm Caffrey: A</p>	<p>8</p> <p>PY 9:30 Walking Club L PY 10:15 Wii Bowling T PR 1:15 Shopping Trip: Christmas Tree Shops -sign up \$ PR 1:30 Veteran's Craft C SO 3:00 Parkrose Auction A E 6:30 TV Classics: The Best of Dean Martin T</p>	<p>9</p> <p>PY 9:30 Exercise A SO 10:05 Busy Hands Meeting C SP 1:15 Ecumenical Service T SP 1:45 Rosary T CO 3:00 Family Feud A SO 6:00 Pinochle C</p>	<p>10</p> <p>SO 10:15 Coffee & News C E 1:00 (1 & 6:30pm) Movie: The Shawshank Redemption T PR 1:15 Shopping: Wegmans *sign up CO 1:30 Mystery Solvers C CO 3:00 Smarter Than A 5th Grader A SO 6:00 Pitch C</p>	<p>11 Veterans Day</p> <p>PY 9:30 Walking Club L SP 10:00 Bible Study C E 1:30 Share Your Story A PR 4:30 Veteran's Appreciation Dinner A (by invitation only) SO 6:30 Games Night A</p>	<p>12</p> <p>PY 9:30 Exercise A CO 10:00 Brain Fitness C SP 11:05 Rosary T PR 11:30 Lunch Trip: Cracker Barrel - sign up \$ E 1:00 (1 & 6:30pm) Movie: Strategic Air Command T SO 3:00 WWII Music with Geoff Clough A</p>	<p>13</p> <p>PY 9:30 Walking Club L CO 10:00 Name That Croon A E 1:00 (1 & 6:30pm) Movie: Scent of a Woman T SO 1:30 Quarter Bingo -10 quarters A E 3:00 Kindness Social A SO 6:00 Dominoes C</p>
<p>14</p> <p>SP 10:30 Church Devotional T E 1:00 (1 & 6:30pm) Movie: Terms of Endearment T SO 1:30 Quarter Bingo -10 quarters A CO 3:00 Wheel of Fortune A</p>	<p>15</p> <p>PY 9:30 Walking Club L PY 10:15 Wii Bowling T PR 1:15 Point Place Casino Trip- sign up \$ SO 1:30 Pampered Nails C SO 3:00 Men's Snack and Chat A CR 6:30 Vincent Van Gogh: A Stroke Of Genius T</p>	<p>16</p> <p>PY 9:30 Exercise A SO 10:05 Penny Pokeno (10 Pennies) A SP 1:15 Ecumenical Service T SP 1:45 Rosary T SO 3:00 Ice Breakers A SO 6:00 Pinochle C</p>	<p>17</p> <p>PY 9:30 Chair Tai Chi w/Gwen A SO 10:15 Coffee & News C E 1:00 (1 & 6:30pm) Movie: Sound of Music T PR 1:15 Shopping: Wegmans *sign up SO 1:30 Left, Center, Right (15 dimes) CO 3:00 Jeopardy A SO 6:00 Pitch C</p>	<p>18</p> <p>PY 9:30 Walking Club L SP 10:00 Bible Study C CO 1:30 Skipbo C SO 3:00 Parkrose Downs Turkey Trot Races A SO 4:30 Dinner Trip: Applebee's -sign up \$</p>	<p>19</p> <p>PY 9:30 Exercise A CO 10:00 Brain Fitness C SP 11:05 Rosary T E 1:00 (1 & 6:30pm) Movie: When Harry Met Sally T PY 1:30 Balloon Volleyball A SO 3:00 Happy Hour w/ Jimmy Flynn A SO 6:00 Old Time Radio with Rich</p>	<p>20</p> <p>PY 9:30 Walking Club L SE 10:00 Baking Bread A E 1:00 (1 & 6:30pm) Movie: The Good, The Bad, The Ugly T SO 1:30 Quarter Bingo -10 quarters A CO 3:00 Hearts A SO 6:00 Dominoes C</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>21</p> <p>SP 10:30 Church Devotional T</p> <p>E 1:00 (1 & 6:30pm) Movie: Hidden Figures T</p> <p>SO 1:30 Quarter Bingo -10 quarters A</p> <p>CO 3:00 Armchair Travelers: Costa Rica</p>	<p>22</p> <p>PY 9:30 Walking Club L</p> <p>PY 10:15 Wii Bowling T</p> <p>PR 1:15 Shopping Trip: Dollar Tree- sign up \$</p> <p>PR 1:30 Liverpool Library - Book Delivery Li</p> <p>SO 3:00 Ladies Thankful Tea A</p> <p>CO 6:30 The Mayflower Pilgrims T</p>	<p>23</p> <p>PY 9:30 Exercise A</p> <p>10:05 Turkey Talk Word Game C</p> <p>SP 1:15 Ecumenical Service T</p> <p>SP 1:45 Rosary T</p> <p>SE 3:00 Music Relaxation w/ Kristin MacDonald</p> <p>SO 6:00 Pinochle C</p>	<p>24</p> <p>PY 9:30 Chair Yoga w/Gwen A</p> <p>SO 10:15 Coffee & News C</p> <p>E 1:00 (1 & 6:30pm) Movie: Home for the Holidays T</p> <p>PR 1:15 Shopping: Wegmans *sign up</p> <p>SO 1:30 Welcome Social (by invitation only) C</p> <p>PY 3:00 Stuff The Turkey Game A</p> <p>SO 6:00 Pitch C</p>	<p>25 Thanksgiving</p> <p>SO 9:00 Macy's Day Parade T</p> <p>PY 9:30 Walking Club L</p> <p>E 1:00 (1:00 & 6:30) Movie: Planes, Trains, Automobiles T</p> <p>E 3:00 Afternoon Movie: Freebirds T</p>	<p>26 Black Friday</p> <p>PY 9:30 Exercise A</p> <p>CO 10:00 Brain Fitness C</p> <p>SP 11:05 Rosary T</p> <p>E 1:00 (1 & 6:30pm) Movie: Funny Girl T</p> <p>CR 1:30 Adult Coloring C</p> <p>SO 3:00 Monthly Birthday Party w/ Steve Banyas A</p>	<p>27</p> <p>PY 9:30 Walking Club L</p> <p>E 10:00 Humor w/ Cindy A</p> <p>E 1:00 (1 & 6:30pm) Movie: Joy T</p> <p>SO 1:30 Quarter Bingo -10 quarters A</p> <p>SO 3:00 Small Business Saturday Group Discussion C</p> <p>SO 6:00 Dominoes C</p>
<p>28 Hanukkah Begins</p> <p>SP 10:30 Church Devotional T</p> <p>E 1:00 (1 & 6:30pm) Movie: Ladies in Lavender T</p> <p>SO 1:30 Quarter Bingo -10 quarters A</p> <p>SO 3:00 Cindy's Surprise Trip A</p>	<p>29</p> <p>PY 9:30 Walking Club L</p> <p>PY 10:15 Wii Bowling T</p> <p>PR 1:15 Shopping Trip: Hobby Lobby- sign up \$</p> <p>CO 1:30 Memory Game C</p> <p>CR 3:00 Paint and Sip A</p> <p>SE 6:00 Susie Q Sing Along T</p>	<p>30</p> <p>PY 9:30 Exercise A</p> <p>SO 10:05 Left, Center, Right (15 nickels)</p> <p>SP 1:15 Ecumenical Service T</p> <p>SP 1:45 Rosary T</p> <p>CO 3:00 Parkrose Swinging Seniors Practice A</p> <p>SO 6:00 Pinochle C</p> <p>SO 7:00 SU BASKETBALL GAME T</p>	<p>Location Key: Activity Room A Back Patio B Coffee Cafe' C Front Patio F Library Li Lobby L Private Dining Room PD Theater T</p>	<p>Medical Appointments Monday -Thursday 8am-12pm See Concierge to sign up. Appointments must be made at least 48 hours in advance.</p>		

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