



## NORTHGATE PARK

A GRACE MGMT COMMUNITY

It's not like home. It *is* home.™

## November 2021

### Your Team

**Rosemarie Caldwell** -Executive Director  
**Diana Burton**- Interim Wellness Director  
**Martha Buckley** - Life Enrichment Director  
**Brian Farley** - Dining Service Director  
**Jim Goldberg**- Business Office Manager  
**Holly Lowry**- Senior Sales Director

**Front Desk Concierge**  
**513-923-3711**

### Resident Birthdays

Barbara H.	Nov. 6	Jean S.	Nov. 23
Jerry W.	Nov. 6	Dorie V.	Nov. 25
Barbara H.	Nov. 10	Virginia P.	Nov. 27
Joan P.	Nov. 13	Mary B.	Nov. 29



At this time of Thanksgiving, our thoughts turn gratefully to you with warm appreciation. Northgate Park is blessed to have you as part of our family.

May this holiday bring you good things in abundance, and be a reminder of all the wonderful things in life. Have a blessed Thanksgiving.

## Welcome to the Family

Our story is yours. We grow older and wiser but are sure to never lose the spark that started it all. Grace Management Continues to evolve, and we're ever more dedicated to nurturing our company and our team to be healthy contributors to communities across the U.S. Delivering exceptional living experiences, we can focus on the big issues that concern the daily lives of our residents-from health care and finances to overall quality of life-while never losing sight of the details that matter most: the connections we make along the way.

**Ingrid T.**





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# NOVEMBER

Sunday	Monday	Tuesday	Wednesday
	<b>1</b> PY 9:00 Morning Stretch (ACT) SP 10:00 Rosary (CH) PY 1:00 Chair Fitness with Care Connections (ACT) SO 1:30 Bingo (5/6) PY 3:00 Whack-It Volleyball (ACT) SO 6:15 Horse Racing Dice Game (ACT)	<b>2 Election Day</b> PY 9:00 Morning Stretch (ACT) 9:30 Shop Out: Kroger (ACT) SP 10:30 Catholic Mass (CH) 12:30 Country Store Open SO 1:30 Bingo (5/6) CO 3:00 Trivia Tuesday (ACT) PY 5:30 Wii Bowling (ACT)	<b>3</b> PY 9:00 Morning Stretch (ACT) SP 10:00 Rosary (CH) 1:00 Chair Exercise (ACT) SO 1:30 Horse Racing Dice Game (ACT) SO 3:00 Happy Hour (ACT) PR 6:15 Lecture with People of Faith
<b>7 Daylight Saving Ends</b> Daylight Savings Time SP 10:00 Liturgy of the Word and Communion Services (CH) SO 1:30 Brownie Sundae Social (5/6) CR 3:00 Creative Coloring Club: Therapy for the Mind (ACT) 6:00 Open Card Games (ACT) SO 6:15 Highway to Heaven Series (1/2)	<b>8</b> PY 9:00 Morning Stretch (ACT) SP 10:00 Rosary (CH) SO 1:30 Bingo (5/6) 2:45 Resident Meeting (1/2) PY 3:00 Whack-It Volleyball (ACT) SO 6:15 Horse Racing Dice Game (ACT)	<b>9</b> PY 9:00 Morning Stretch (ACT) 9:30 Shop Out: Kroger (ACT) SP 10:30 Catholic Mass (CH) 12:30 Country Store Open PY 1:00 Chair Fitness with Care Connections (ACT) SO 1:30 Bingo (5/6) CO 3:00 Trivia Tuesday (ACT) PY 5:30 Wii Bowling (ACT)	<b>10</b> Carry In with Vicki PY 9:00 Morning Stretch (ACT) SP 10:00 Rosary (CH) 1:00 Chair Exercise (ACT) SO 1:30 Horse Racing Dice Game (ACT) SO 3:00 Happy Hour (ACT) SE 5:30 Creative Coloring Club: Therapy for the Mind (ACT)
<b>14</b> SP 10:00 Liturgy of the Word and Communion Services (CH) SO 1:30 Peanut Butter Ice Cream Social (5/6) SE 2:45 Scenic Drive (BUS) 6:00 Open Card Games (ACT) SO 6:15 Highway to Heaven Series (1/2)	<b>15</b> SP 10:00 Rosary (CH) PY 1:00 Chair Fitness with Care Connections SO 1:30 Bingo (5/6) PY 3:00 Whack-It Volleyball (ACT) SO 6:15 Horse Racing Dice Game (ACT)	<b>16</b> PY 9:00 Morning Stretch (ACT) 9:30 Shop Out: Kroger (ACT) SP 10:30 Catholic Mass (CH) 12:30 Country Store Open SO 1:30 Bingo (5/6) CO 3:00 Trivia Tuesday (ACT) PY 5:30 Wii Bowling (ACT)	<b>17</b> PY 9:00 Morning Stretch (ACT) SP 10:00 Rosary (CH) 1:00 Chair Exercise (ACT) SO 1:30 Horse Racing Dice Game (ACT) SO 3:00 Happy Hour (ACT) SE 5:30 Creative Coloring Club: Therapy for the Mind (ACT)
<b>21</b> SP 10:00 Liturgy of the Word and Communion Services (CH) SO 1:30 Caramel Praline Sundae Social (5/6) CR 3:00 Creative Coloring Club: Therapy for the Mind (ACT) 6:00 Open Card Games (ACT) SO 6:15 Highway to Heaven Series (1/2)	<b>22</b> PY 9:00 Morning Stretch (ACT) SP 10:00 Rosary (CH) PY 1:00 Chair Fitness with Care Connections (ACT) SO 1:30 Bingo (5/6) PY 3:00 Whack-It Volleyball (ACT) SO 6:15 Horse Racing Dice Game (ACT)	<b>23</b> PY 9:00 Morning Stretch (ACT) 9:30 Shop Out: Kroger (ACT) SP 10:30 Catholic Mass (CH) 12:30 Country Store Open SO 1:30 Bingo (5/6) CO 3:00 Trivia Tuesday (ACT) PY 5:30 Wii Bowling (ACT)	<b>24</b> Carry In with Vicki PY 9:00 Morning Stretch (ACT) SP 10:00 Rosary (CH) 1:00 Chair Exercise (ACT) SO 1:30 Horse Racing Dice Game (ACT) SO 3:00 National Day of Prayer (ACT) SE 5:30 Creative Coloring Club: Therapy for the Mind (ACT)
<b>28 Hanukkah Begins</b> SP 10:00 Liturgy of the Word and Communion Services (CH) SO 1:30 Ice Cream Cone Social (5/6) SE 2:45 Scenic Drive (BUS) 6:00 Open Card Games (ACT) SO 6:15 Highway to Heaven Series (1/2)	<b>29</b> PY 9:00 Morning Stretch (ACT) SP 10:00 Rosary (CH) PY 1:00 Chair Fitness with Care Connections SO 1:30 Bingo (5/6) PY 3:00 Whack-It Volleyball (ACT) SO 6:15 Horse Racing Dice Game (ACT)	<b>30</b> PY 9:00 Morning Stretch (ACT) 9:30 Shop Out: Kroger (ACT) SP 10:30 Catholic Mass (CH) 12:30 Country Store Open SO 1:30 Bingo (5/6) PR 2:45 Food For Thought (1/2) CO 3:00 Trivia Tuesday (ACT) PY 5:30 Wii Bowling (ACT)	

Events are Subject to Change.

# R 2021

9191 Round Top Road  
Cincinnati, Ohio 45251

513-268-6305

[www.northgateparkseniorliving.com](http://www.northgateparkseniorliving.com)



Wednesday

Thursday

Friday

Saturday

<p>Stretch (ACT) (CH)</p> <p>Exercises (AC)</p> <p>Quia Game (ACT)</p> <p>Lunch (5/6)</p> <p>With Amber: Famous Cincinnati (1/2)</p>	<p>4</p> <p>PY 9:00 Morning Stretch (ACT)</p> <p>9:30 Shop Out: Walmart (BUS)</p> <p>SP 10:00 Rosary (CH)</p> <p>12:30 Country Store/ Bank Open</p> <p>PY 1:00 Chair Exercises (ACT)</p> <p>SO 1:30 Bingo (5/6)</p> <p>3:00 Baker's Delight: Thanksgiving Trifle Dessert</p> <p>SO 6:15 Movie Night with Andrew (1/2)</p>	<p>5</p> <p>SP 10:00 Rosary (CH)</p> <p>SO 1:30 Bingo (5/6)</p> <p>SO 3:00 Signature Cocktail Social (5/6)</p> <p>6:00 Open Card Games (ACT)</p> <p>SO 6:15 Highway to Heaven Series (1/2)</p>	<p>6</p> <p>SP 10:00 Rosary (CH)</p> <p>SO 1:30 Bingo (5/6)</p> <p>SO 3:00 Collaborative Art Veterans Day Project: "Old Glory"</p> <p>SO 6:15 Movie Night: "National Treasure 2" (1/2)</p>
<p>Graeter's Stretch (ACT) (CH)</p> <p>Exercises (AC)</p> <p>Quia Game (ACT)</p> <p>Lunch (5/6)</p> <p>Coloring Club: For the Mind (ACT)</p>	<p>11</p> <p><b>Veterans Day</b></p> <p>No Bingo Today</p> <p>PY 9:00 Morning Stretch (ACT)</p> <p>9:30 Shop Out: Walmart (BUS)</p> <p>SP 10:00 Rosary (CH)</p> <p>12:30 Country Store/ Bank Open</p> <p>PY 1:00 Chair Exercises (ACT)</p> <p>SO 1:45 Veteran's Day Tribute with Happy Hour Duo (5/6)</p> <p>SO 6:15 Movie Night with Andrew (1/2)</p>	<p>12</p> <p>SP 10:00 Rosary (CH)</p> <p>SO 1:30 Bingo (5/6)</p> <p>SO 3:00 Signature Cocktail Social (5/6)</p> <p>SO 6:00 Open Card Games (ACT)</p> <p>SO 6:15 Highway to Heaven Series (1/2)</p>	<p>13</p> <p>SP 10:00 Rosary (CH)</p> <p>SO 1:30 Bingo (5/6)</p> <p>SE 2:45 Scenic Drive (BUS)</p> <p>SO 6:15 Movie Night: "Monster-In- Law" (1/2)</p>
<p>Stretch (ACT) (CH)</p> <p>Exercises (AC)</p> <p>Quia Game (ACT)</p> <p>Lunch (5/6)</p> <p>Coloring Club: For the Mind (ACT)</p>	<p>18</p> <p>PY 9:00 Morning Stretch (ACT)</p> <p>9:30 Shop Out: Walmart (BUS)</p> <p>SP 10:00 Rosary (CH)</p> <p>12:30 Country Store/ Bank Open</p> <p>PY 1:00 Chair Exercises (ACT)</p> <p>SO 1:30 Bingo (5/6)</p> <p>CR 2:45 Craft Club: Holiday Door Decoration (ACT)</p> <p>SO 6:15 Movie Night with Andrew (1/2)</p>	<p>19</p> <p>SP 10:00 Rosary (CH)</p> <p>SO 1:30 Bingo (5/6)</p> <p>SO 3:00 Signature Cocktail Social (5/6)</p> <p>SO 6:00 Open Card Games (ACT)</p> <p>SO 6:15 Highway to Heaven Series (1/2)</p>	<p>20</p> <p>SP 10:00 Rosary (CH)</p> <p>SO 1:30 Bingo (5/6)</p> <p>CR 3:00 Count Your Blessings Art (ACT)</p> <p>SO 6:15 Movie Night: "Angels and Demons" (1/2)</p>
<p>Skyline Stretch (ACT) (CH)</p> <p>Exercises (AC)</p> <p>Quia Game (ACT)</p> <p>Happy Drinksgiving Lunch (5/6)</p> <p>Coloring Club: For the Mind (ACT)</p>	<p>25</p> <p><b>Thanksgiving</b></p> <p>SP 10:00 Rosary (CH)</p> <p>12:30 Country Store</p> <p>PY 1:00 Chair Exercises (ACT)</p> <p>SO 1:30 Thanksgiving Prize Bingo (5/6)</p> <p>SO 3:00 Thanksgiving Treats: Cupcake Decorating (ACT)</p> <p>SO 6:15 Movie Night: "A Christmas Story" (1/2)</p>	<p>26</p> <p><b>Black Friday</b></p> <p>SP 10:00 Rosary (CH)</p> <p>SO 1:30 Bingo (5/6)</p> <p>SO 3:00 Signature Cocktail Social (5/6)</p> <p>SO 6:00 Open Card Games (ACT)</p> <p>SO 6:15 Highway to Heaven Series (1/2)</p>	<p>27</p> <p>SP 10:00 Rosary (CH)</p> <p>SO 1:30 Bingo (5/6)</p> <p>SE 2:45 Scenic Drive (BUS)</p> <p>SO 6:15 Movie Night: "27 Dresses" (1/2)</p>
	<p>CO - Cognitive</p> <p>CR - Creative</p> <p>PY - Physical</p> <p>PR - Purposeful</p> <p>SE - Sensory</p> <p>SO - Social</p> <p>SP - Spiritual</p>	<p>LOCATION KEY:</p> <p>(ACT): Activity Room</p> <p>(CH): Chapel</p> <p>(1/2): 1/200 Lounge</p> <p>(3/4): 3/400 Lounge</p> <p>(5/6): 5/600 Lounge</p>	<p>Carry-In with Vicki: Graeter's- Wednesday, Nov. 10</p> <p>Skyline- Wednesday, Nov. 24</p> <p>Please see Vicki at the front desk for details.</p>



# UPCOMING EVENTS AND NEWS

## LECTURE WITH AMBER: FAMOUS PEOPLE OF CINCINNATI

Wednesday, November 3  
6:15 pm-1/200 Lounge

Join Amber for an evening lecture of  
Famous People of Cincinnati.

An evening, to relax and learn about  
the historical people of the  
Queen City.

## Daylight Savings Time Ends

Sunday, November 7

Turn your clocks back one hour to  
standard time before you go to bed on  
Saturday, November 6.

Daylight savings  
time ends at 2 am  
on Sunday, Nov. 7.

All cell phones should  
automatically adjust.



## VETERANS DAY TRIBUTE

*Live Entertainment by Happy Hour Duo*

*Thursday, Nov. 11/ 1:45pm/ 5/600 Lounge*

All residents are invited to join us for an  
afternoon tribute to recognize and honor the  
veterans of our Northgate Park Community.

We Thank You for your Service.



## Thanksgiving Prize Bingo!

Thanksgiving Day Thursday, Nov. 25

1:30 pm/ 5/600 Lounge

### Free Bingo Day!

Join us for an afternoon of  
free bingo! No money  
needed for this day only!

Shout out the words  
"BINGO YA TURKEY" and  
win a prize!

Hosted by some feathered  
friends!



## Thanksgiving Food Drive

Now thru November 19

November is a time to give thanks for all our  
blessings.

Show thankfulness by feeding those in need.

Non-perishable and unopened food items  
can be donated by dropping items off to  
Martha's office. All donations will be donated  
to the Mt. Healthy Alliance Food Pantry.

*Thank you for your generosity!*