



DIRIGO PINES

A GRACE MGMT COMMUNITY

# NOVEMBER 2021

Penobscot & Cottages

We're Thankful for YOU!

9 Alumni Drive  
Orono, Maine 04473  
207-866-3400  
www.dirigopines.com



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul style="list-style-type: none"> <li><b>CC</b> - Cognitive</li> <li><b>CR</b> - Creative</li> <li><b>E</b> - Emotional</li> <li><b>I</b> - Intergenerational</li> <li><b>PY</b> - Physical</li> <li><b>PR</b> - Purposeful</li> <li><b>SE</b> - Sensory</li> <li><b>SC</b> - Social</li> <li><b>SP</b> - Spiritual</li> </ul>	<p><b>1</b></p> <p><b>PY 9:30</b> Exercise - PMR  <b>PY 10:00</b> Exercise - PMR  <b>CO 10:00</b> Rummikub - SR  <b>PY 10:00</b> Sittercise - KGP  <b>CR 2:30</b> <b>Paint &amp; Sip - GR</b>  <b>E 7:00</b> Movie Night - KGP</p>	<p><b>2 Election Day</b></p> <p><b>PR 10:00</b> Shopping Assistance - LEO  <b>PY 10:00</b> Tai Chi - KGP  <b>CO 1:30</b> Scrabble - GR  <b>SO 3:00</b> Bingo with Theoline - PMR  <b>E 7:00</b> Movie Night - KGP</p>	<p><b>3</b></p> <p><b>COVID-Booster Clinic</b>  Clinic in KGP, SR, PMR, and LIB - All regularly scheduled activities in these areas are cancelled for the day  <b>SE 4:00</b> Happy Hour - L &amp; GR  <b>E 7:00</b> Movie Night - KGP</p>	<p><b>4</b></p> <p><b>CR 10:00</b> Art w/Agnes - PMR  <b>SE 1:00</b> Theatre Showing - KGP  <b>PR 3:00</b> <b>Bereavement Group with Judy Tredwell - PMR</b></p>	<p><b>5</b></p> <p><b>PY 9:30</b> Exercise - PMR  <b>PY 10:00</b> Exercise - PMR  <b>PY 10:00</b> Sittercise - KGP  <b>CO 1:30</b> Cribbage - GR  <b>E 7:00</b> Movie Night - KGP</p>	<p><b>6</b></p> <p><b>I 1:00</b> TV Series Matinee - KGP  <b>CO 1:30</b> Card Games - SR  <b>CR 1:30</b> Crafting Group - LIB  <b>SO 3:00</b> Bingo with Theoline - PMR  <b>E 7:00</b> Movie Night - KGP</p>
<p><b>7 Daylight Saving Ends</b></p> <p><b>SP 10:00</b> Catholic Holy Communion - SR  <b>SP 10:00</b> Church of Universal Fellowship ZOOM Service - PMR  <b>PR 1:00</b> Library Work Session - LIB  <b>E 2:30</b> Movie Matinee - KGP  <b>CO 2:30</b> Rummikub - SR</p>	<p><b>8</b></p> <p><b>PY 9:30</b> Exercise - PMR  <b>PY 10:00</b> Exercise - PMR  <b>CO 10:00</b> Rummikub - SR  <b>PY 10:00</b> Sittercise - KGP  <b>E 7:00</b> Movie Night - KGP</p>	<p><b>9</b></p> <p><b>PR 10:00</b> Shopping Assistance - LEO  <b>PY 10:00</b> Tai Chi Class - KGP  <b>CO 1:30</b> Scrabble - GR  <b>SO 3:00</b> Bingo with Theoline - PMR  <b>E 7:00</b> Movie Night - KGP</p>	<p><b>10</b></p> <p><b>PY 9:30</b> Exercise - PMR  <b>PY 10:00</b> Exercise - PMR  <b>PY 10:00</b> Sittercise - KGP  <b>CO 1:30</b> Mahjong - SR  <b>SE 4:00</b> Happy Hour - L &amp; GR  <b>I 4:00</b> <b>Opera Talk - PMR</b>  <b>E 7:00</b> Movie Night - KGP</p>	<p><b>11 Veterans Day</b></p> <p><b>CR 10:00</b> Art w/Agnes - PMR  <b>SE 1:00</b> Theatre Showing - KGP</p>	<p><b>12</b></p> <p><b>PY 9:30</b> Exercise - PMR  <b>PY 10:00</b> Exercise - PMR  <b>PY 10:00</b> Sittercise - KGP  <b>CO 1:30</b> Cribbage - GR  <b>E 7:00</b> Movie Night - KGP</p>	<p><b>13</b></p> <p><b>I 1:00</b> TV Series Matinee - KGP  <b>CO 1:30</b> Card Games - SR  <b>CR 1:30</b> Crafting Group - LIB  <b>SO 3:00</b> Bingo with Theoline - PMR  <b>E 7:00</b> Movie Night - KGP</p>
<p><b>14</b></p> <p><b>SP 10:00</b> Catholic Holy Communion - SR  <b>SP 10:00</b> Church of Universal Fellowship ZOOM Service - PMR  <b>PR 1:00</b> Library Work Session - LIB  <b>E 2:30</b> Movie Matinee - KGP  <b>CO 2:30</b> Rummikub - SR</p>	<p><b>15</b></p> <p><b>PY 9:30</b> Exercise - PMR  <b>PY 10:00</b> Exercise - PMR  <b>CO 10:00</b> Rummikub - SR  <b>PY 10:00</b> Sittercise - KGP  <b>CR 2:30</b> <b>Arts &amp; Crafts - GR</b>  <b>E 7:00</b> Movie Night - KGP</p>	<p><b>16</b></p> <p><b>PR 10:00</b> Shopping Assistance - LEO  <b>PY 10:00</b> Tai Chi Class - KGP  <b>CO 1:30</b> Scrabble - GR  <b>SO 3:00</b> Bingo with Theoline - PMR  <b>E 7:00</b> Movie Night - KGP</p>	<p><b>17</b></p> <p><b>PY 9:30</b> Exercise - PMR  <b>PY 10:00</b> Exercise - PMR  <b>PY 10:00</b> Sittercise - KGP  <b>CO 1:30</b> Mahjong - SR  <b>SE 4:00</b> Happy Hour - L &amp; GR  <b>E 7:00</b> Movie Night - KGP</p>	<p><b>18</b></p> <p><b>CR 10:00</b> Art w/Agnes - PMR  <b>SE 1:00</b> Theatre Showing - KGP</p>	<p><b>19</b></p> <p><b>PY 9:30</b> Exercise - PMR  <b>PY 10:00</b> Exercise - PMR  <b>PY 10:00</b> Sittercise - KGP  <b>CO 1:30</b> Cribbage - GR  <b>E 7:00</b> Movie Night - KGP</p>	<p><b>20</b></p> <p><b>I 1:00</b> TV Series Matinee - KGP  <b>CO 1:30</b> Card Games - SR  <b>CR 1:30</b> Crafting Group - LIB  <b>SO 3:00</b> Bingo with Theoline - PMR  <b>E 7:00</b> Movie Night - KGP</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>21</b></p> <p><b>SP 10:00</b> Catholic Holy Communion - SR</p> <p><b>SP 10:00</b> Church of Universal Fellowship ZOOM Service - PMR</p> <p><b>PR 1:00</b> Library Work Session - LIB</p> <p><b>E 2:30</b> Movie Matinee - KGP</p> <p><b>CO 2:30</b> Rummikub - SR</p>	<p><b>22</b></p> <p><b>PY 9:30</b> Exercise - PMR</p> <p><b>PY 10:00</b> Exercise - PMR</p> <p><b>CO 10:00</b> Rummikub - SR</p> <p><b>PY 10:00</b> Sittercise - KGP</p> <p><b>E 7:00</b> Movie Night - KGP</p>	<p><b>23</b></p> <p><b>PR 10:00</b> Shopping Assistance - LEO</p> <p><b>PY 10:00</b> Tai Chi Class - KGP</p> <p><b>PR 1:00</b> <b>Penobscot Resident Council - KGP</b></p> <p><b>CO 1:30</b> Scrabble - GR</p> <p><b>SO 3:00</b> Bingo with Theoline - PMR</p> <p><b>E 7:00</b> Movie Night - KGP</p>	<p><b>24</b></p> <p><b>PY 9:30</b> Exercise - PMR</p> <p><b>PY 10:00</b> Exercise - PMR</p> <p><b>PY 10:00</b> Sittercise - KGP</p> <p><b>CO 1:30</b> Mahjong - SR</p> <p><b>SE 4:00</b> Happy Hour - L &amp; GR</p> <p><b>E 7:00</b> Movie Night - KGP</p>	<p><b>25</b> <b>Thanksgiving</b></p> <p><b>Happy Thanksgiving!</b></p> <p><b>CR 10:00</b> Art w/Agnes - PMR</p>	<p><b>26</b> <b>Black Friday</b></p> <p><b>PY 9:30</b> Exercise - PMR</p> <p><b>PY 10:00</b> Exercise - PMR</p> <p><b>PY 10:00</b> Sittercise - KGP</p> <p><b>CO 1:30</b> Cribbage - GR</p> <p><b>E 7:00</b> Movie Night - KGP</p>	<p><b>27</b></p> <p><b>I 1:00</b> TV Series Matinee - KGP</p> <p><b>CO 1:30</b> Card Games - SR</p> <p><b>CR 1:30</b> Crafting Group - LIB</p> <p><b>SO 3:00</b> Bingo with Theoline - PMR</p> <p><b>E 7:00</b> Movie Night - KGP</p>
<p><b>28</b> <b>Hanukkah Begins</b></p> <p><b>SP 10:00</b> Catholic Holy Communion - SR</p> <p><b>SP 10:00</b> Church of Universal Fellowship ZOOM Service - PMR</p> <p><b>PR 1:00</b> Library Work Session - LIB</p> <p><b>E 2:30</b> Movie Matinee - KGP</p> <p><b>CO 2:30</b> Rummikub - SR</p>	<p><b>29</b></p> <p><b>PY 9:30</b> Exercise - PMR</p> <p><b>PY 10:00</b> Exercise - PMR</p> <p><b>CO 10:00</b> Rummikub - SR</p> <p><b>PY 10:00</b> Sittercise - KGP</p> <p><b>CR 2:30</b> <b>Arts &amp; Crafts - GR</b></p> <p><b>E 7:00</b> Movie Night - KGP</p>	<p><b>30</b></p> <p><b>PR 10:00</b> Shopping Assistance - LEO</p> <p><b>PY 10:00</b> Tai Chi Class - KGP</p> <p><b>CO 1:30</b> Scrabble - GR</p> <p><b>SO 3:00</b> Bingo with Theoline - PMR</p> <p><b>E 7:00</b> Movie Night - KGP</p>	<p><b>LOCATION LEGEND</b></p> <p>KEN - Kenduskeag</p> <p>KGP - KEN Gathering Place</p> <p>KLR - KEN Living Room</p> <p>PMR - Penobscot Media Room</p> <p>SR - Social Room</p> <p>GR - Garden Room</p> <p>LIB - Dirigo Pines Library</p> <p>MED - Meadowbrook</p> <p>MLR - MED Living Room</p> <p>MDR - MED Dining Room</p> <p>LEO - Life Enrichment Office</p>	<p><b>Birthdays</b></p> <p>11/15 - Ted W</p> <p>11/24 - Cora P</p>	<p><b>PENOBSCOT RESIDENT COUNCIL</b></p> <p>All Penobscot neighborhood residents are invited to attend and participate in the Penobscot Resident Council. These meetings will be hosted once monthly by Life Enrichment as an opportunity for residents to meet, share, and discuss their ideas for our community.</p>	<p><b>SUGGESTION BOXES</b> are located in the Main Lobby and at the Meadowbrook Mailboxes. Your suggestions have a direct impact on activities and programming at Dirigo Pines!</p>

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