



DIRIGO PINES
A GRACE MGMT COMMUNITY

NOVEMBER 2021

Meadowbrook & Kenduskeag

We're Thankful for YOU!

9 Alumni Drive
Orono, Maine 04473
207-866-3400
www.dirigopines.com



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>CC - Cognitive CR - Creative E - Emotional I - Intergenerational PY - Physical PR - Purposeful SE - Sensory SO - Social SP - Spiritual</p>	<p>1</p> <p>PY 9:30 Exercise - PMR PY 10:00 Exercise - PMR CO 10:00 Rummikub - SR PY 10:00 Sittercise - KGP PY 10:30 Sittercise - MLR CR 2:30 Paint & Sip - GR E 7:00 Movie Night - KGP</p>	<p>2 Election Day</p> <p>PR 10:00 Shopping Assistance - LEO PY 10:00 Tai Chi - KGP CO 1:30 Scrabble - GR SO 2:00 Social - MDR SO 3:00 Bingo with Theoline - PMR E 7:00 Movie Night - KGP</p>	<p>3</p> <p>COVID-Booster Clinic Clinic in KGP, SR, PMR, and LIB - All regularly scheduled activities in these areas are cancelled for the day SE 4:00 Happy Hour - L & GR E 7:00 Movie Night - KGP</p>	<p>4</p> <p>CR 10:00 Art w/Agnes - PMR SE 1:00 Theatre Showing - KGP PR 3:00 Bereavement Group with Judy Tredwell - PMR</p>	<p>5</p> <p>PY 9:30 Exercise - PMR PY 10:00 Exercise - PMR PY 10:00 Sittercise - KGP PY 10:30 Sittercise - MLR CO 1:30 Cribbage - GR CO 2:00 Meadowbrook Bingo - MDR E 7:00 Movie Night - KGP</p>	<p>6</p> <p>I 1:00 TV Series Matinee - KGP CO 1:30 Card Games - SR CR 1:30 Crafting Group - LIB SO 3:00 Bingo with Theoline - PMR E 7:00 Movie Night - KGP</p>
<p>7 Daylight Saving Ends</p> <p>SP 10:00 Catholic Holy Communion - SR SP 10:00 Church of Universal Fellowship ZOOM Service - PMR PR 1:00 Library Work Session - LIB E 2:30 Movie Matinee - KGP CO 2:30 Rummikub - SR</p>	<p>8</p> <p>PY 9:30 Exercise - PMR PY 10:00 Exercise - PMR CO 10:00 Rummikub - SR PY 10:00 Sittercise - KGP PY 10:30 Sittercise - MLR CR 1:00 Arts & Crafts - MDR E 7:00 Movie Night - KGP</p>	<p>9</p> <p>PR 10:00 Shopping Assistance - LEO PY 10:00 Tai Chi Class - KGP PR 1:00 Meadowbrook Resident Council - MDR CO 1:30 Scrabble - GR SO 2:00 Social - MDR SO 3:00 Bingo with Theoline - PMR E 7:00 Movie Night - KGP</p>	<p>10</p> <p>PY 9:30 Exercise - PMR PY 10:00 Exercise - PMR PY 10:00 Sittercise - KGP PY 10:30 Sittercise - MLR CO 1:30 Mahjong - SR SE 4:00 Happy Hour - L & GR I 4:00 Opera Talk - PMR E 7:00 Movie Night - KGP</p>	<p>11 Veterans Day</p> <p>CR 10:00 Art w/Agnes - PMR SE 1:00 Theatre Showing - KGP</p>	<p>12</p> <p>PY 9:30 Exercise - PMR PY 10:00 Exercise - PMR PY 10:00 Sittercise - KGP PY 10:30 Sittercise - MLR CO 1:30 Cribbage - GR CO 2:00 Meadowbrook Bingo - MDR E 7:00 Movie Night - KGP</p>	<p>13</p> <p>I 1:00 TV Series Matinee - KGP CO 1:30 Card Games - SR CR 1:30 Crafting Group - LIB SO 3:00 Bingo with Theoline - PMR E 7:00 Movie Night - KGP</p>
<p>14</p> <p>SP 10:00 Catholic Holy Communion - SR SP 10:00 Church of Universal Fellowship ZOOM Service - PMR PR 1:00 Library Work Session - LIB E 2:30 Movie Matinee - KGP CO 2:30 Rummikub - SR</p>	<p>15</p> <p>PY 9:30 Exercise - PMR PY 10:00 Exercise - PMR CO 10:00 Rummikub - SR PY 10:00 Sittercise - KGP PY 10:30 Sittercise - MLR CR 2:30 Arts & Crafts - GR E 7:00 Movie Night - KGP</p>	<p>16</p> <p>PR 10:00 Shopping Assistance - LEO PY 10:00 Tai Chi Class - KGP PR 1:00 Kenduskeag Resident Council - KEN CO 1:30 Scrabble - GR SO 2:00 Social - MDR SO 3:00 Bingo with Theoline - PMR E 7:00 Movie Night - KGP</p>	<p>17</p> <p>PY 9:30 Exercise - PMR PY 10:00 Exercise - PMR PY 10:00 Sittercise - KGP PY 10:30 Sittercise - MLR CO 1:30 Mahjong - SR SE 4:00 Happy Hour - L & GR E 7:00 Movie Night - KGP</p>	<p>18</p> <p>CR 10:00 Art w/Agnes - PMR SE 1:00 Theatre Showing - KGP</p>	<p>19</p> <p>PY 9:30 Exercise - PMR PY 10:00 Exercise - PMR PY 10:00 Sittercise - KGP PY 10:30 Sittercise - MLR CO 1:30 Cribbage - GR CO 2:00 Meadowbrook Bingo - MDR E 7:00 Movie Night - KGP</p>	<p>20</p> <p>I 1:00 TV Series Matinee - KGP CO 1:30 Card Games - SR CR 1:30 Crafting Group - LIB SO 3:00 Bingo with Theoline - PMR E 7:00 Movie Night - KGP</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>21</p> <p>SP 10:00 Catholic Holy Communion - SR</p> <p>SP 10:00 Church of Universal Fellowship ZOOM Service - PMR</p> <p>PR 1:00 Library Work Session - LIB</p> <p>E 2:30 Movie Matinee - KGP</p> <p>CO 2:30 Rummikub - SR</p>	<p>22</p> <p>PY 9:30 Exercise - PMR</p> <p>PY 10:00 Exercise - PMR</p> <p>CO 10:00 Rummikub - SR</p> <p>PY 10:00 Sittercise - KGP</p> <p>PY 10:30 Sittercise - MLR</p> <p>CR 1:00 Arts & Crafts - MDR</p> <p>E 7:00 Movie Night - KGP</p>	<p>23</p> <p>PR 10:00 Shopping Assistance - LEO</p> <p>PY 10:00 Tai Chi Class - KGP</p> <p>CO 1:30 Scrabble - GR</p> <p>SO 2:00 Social - MDR</p> <p>SO 3:00 Bingo with Theoline - PMR</p> <p>E 7:00 Movie Night - KGP</p>	<p>24</p> <p>PY 9:30 Exercise - PMR</p> <p>PY 10:00 Exercise - PMR</p> <p>PY 10:00 Sittercise - KGP</p> <p>PY 10:30 Sittercise - MLR</p> <p>CO 1:30 Mahjong - SR</p> <p>SE 4:00 Happy Hour - L & GR</p> <p>E 7:00 Movie Night - KGP</p>	<p>25 Thanksgiving</p> <p>Happy Thanksgiving!</p> <p>CR 10:00 Art w/Agnes - PMR</p>	<p>26 Black Friday</p> <p>PY 9:30 Exercise - PMR</p> <p>PY 10:00 Exercise - PMR</p> <p>PY 10:00 Sittercise - KGP</p> <p>PY 10:30 Sittercise - MLR</p> <p>CO 1:30 Cribbage - GR</p> <p>CO 2:00 Meadowbrook Bingo - MDR</p> <p>E 7:00 Movie Night - KGP</p>	<p>27</p> <p>I 1:00 TV Series Matinee - KGP</p> <p>CO 1:30 Card Games - SR</p> <p>CR 1:30 Crafting Group - LIB</p> <p>SO 3:00 Bingo with Theoline - PMR</p> <p>E 7:00 Movie Night - KGP</p>
<p>28 Hanukkah Begins</p> <p>SP 10:00 Catholic Holy Communion - SR</p> <p>SP 10:00 Church of Universal Fellowship ZOOM Service - PMR</p> <p>PR 1:00 Library Work Session - LIB</p> <p>E 2:30 Movie Matinee - KGP</p> <p>CO 2:30 Rummikub - SR</p>	<p>29</p> <p>PY 9:30 Exercise - PMR</p> <p>PY 10:00 Exercise - PMR</p> <p>CO 10:00 Rummikub - SR</p> <p>PY 10:00 Sittercise - KGP</p> <p>PY 10:30 Sittercise - MLR</p> <p>CR 2:30 Arts & Crafts - GR</p> <p>E 7:00 Movie Night - KGP</p>	<p>30</p> <p>PR 10:00 Shopping Assistance - LEO</p> <p>PY 10:00 Tai Chi Class - KGP</p> <p>CO 1:30 Scrabble - GR</p> <p>SO 2:00 Social - MDR</p> <p>SO 3:00 Bingo with Theoline - PMR</p> <p>E 7:00 Movie Night - KGP</p>	<p>LOCATION LEGEND</p> <p>KEN - Kenduskeag</p> <p>KGP - KEN Gathering Place</p> <p>KLR - KEN Living Room</p> <p>PMR - Penobscot Media Room</p> <p>SR - Social Room</p> <p>GR - Garden Room</p> <p>LIB - Dirigo Pines Library</p> <p>MED - Meadowbrook</p> <p>MLR - MED Living Room</p> <p>MDR - MED Dining Room</p> <p>LEO - Life Enrichment Office</p>	<p>Birthdays</p> <p>11/15 - Andrea B</p> <p>11/30 - Henry "Hank" R</p>	<p>RESIDENT COUNCIL MEETINGS</p> <p>Each neighborhood's residents are invited to attend and participate in their respective Resident Council. Council meetings are hosted once monthly by Life Enrichment as an opportunity for residents to meet, share, and discuss their ideas for our community.</p>	<p>SUGGESTION BOXES are located in the Main Lobby and at the Meadowbrook Mailboxes. Your suggestions have a direct impact on activities and programming at Dirigo Pines!</p>

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