

# NOVEMBER 2021

Independent Living

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 Tucson, Arizona 85742  
 520-797-8700  
[www.countrycluboflacholla.com](http://www.countrycluboflacholla.com)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>CO</b> - Cognitive <b>CR</b> - Creative <b>PY</b> - Physical <b>PR</b> - Purposeful <b>SE</b> - Sensory <b>SO</b> - Social <b>SP</b> - Spiritual</p> <p><b>1</b></p> <p><b>PR</b> 9:00 Walmart Shopping Trip <b>PR</b> 10:15 Tai Chi <b>CO</b> 1:00 Pinochle <b>SE</b> 1:30 Great American Music Series <b>CO</b> 3:00 Trivia <b>SO</b> 6:30 Poker</p>	<p><b>2 Election Day</b></p> <p><b>PY</b> 9:00 Muscle Strength with Carmen <b>SP</b> 10:00 Catholic Communion Service <b>CR</b> 10:00 Knitting &amp; Crocheting Group <b>PY</b> 10:00 Stretch and Flex with Carmen <b>PR</b> 12:30 Resident Town Hall <b>SO</b> 1:00 Mahjong <b>SE</b> 3:00 Farkel</p>	<p><b>3</b></p> <p><b>PR</b> 9:00 Fry's Shopping Trip <b>CR</b> 10:00 Quilting Group <b>CR</b> 1:00 Adventures in Art: "Feast for The Eyes - The Art of Food" <b>CO</b> 1:00 Mahjong <b>SO</b> 2:00 Wine Down Wednesdays <b>CO</b> 3:00 Trivia</p>	<p><b>4</b></p> <p><b>SO</b> 9:15 Coffee &amp; Conversation <b>PR</b> 10:00 Shopping Trip: Sprouts <b>PY</b> 10:15 Tai Chi <b>PY</b> 12:00 Bean Bag Competition <b>SE</b> 2:00 Bingo <b>SO</b> 6:00 Thursday Night Movie</p>	<p><b>5</b></p> <p><b>PY</b> 8:45 Stretch &amp; Flex (Video) <b>PR</b> 9:30 Alterations with Mary <b>SO</b> 10:00 Mexican Train <b>SO</b> 1:00 Sticks &amp; Cues <b>SO</b> 3:00 Happy Hour with Live Entertainment</p>	<p><b>6</b></p> <p><b>PY</b> 9:30 Strength Exercise <b>PY</b> 11:15 Move To The Music Exercise/Dance Class <b>CR</b> 1:30 Poetry Group <b>PY</b> 1:48 Shuffleboard <b>CR</b> 2:00 Arts &amp; Crafts with Kitt <b>SO</b> 7:00 Farkel</p>	
<p><b>7 Daylight Saving Ends</b></p> <p><b>SP</b> 9:30 CCLC Worship Services <b>PY</b> 10:00 Strength Exercise <b>CO</b> 1:00 Bridge Club <b>SE</b> 2:00 Bingo <b>SE</b> 6:00 Sunday Night Movie</p>	<p><b>8</b></p> <p><b>PY</b> 9:00 Shuffleboard Tournament <b>PR</b> 9:00 Walmart Shopping Trip <b>PR</b> 10:15 Tai Chi <b>SO</b> 1:00 National Nacho Day <b>CO</b> 1:00 Pinochle <b>SE</b> 1:30 Great American Music Series <b>CO</b> 3:00 Trivia <b>SO</b> 6:30 Poker</p>	<p><b>9</b></p> <p><b>PR</b> 8:30 Breakfast Outing: "Snooze" <b>PY</b> 9:00 Muscle Strength with Carmen <b>PY</b> 9:00 Shuffleboard Tournament <b>SP</b> 10:00 Catholic Communion Service <b>CR</b> 10:00 Knitting &amp; Crocheting Group <b>PY</b> 10:00 Stretch and Flex with Carmen <b>SO</b> 1:00 Mahjong <b>PR</b> 1:00 New Resident Orientation <b>PR</b> 6:30 Autumn Soiree</p>	<p><b>10</b></p> <p><b>PR</b> 9:00 Fry's Shopping Trip <b>PY</b> 9:00 Shuffleboard Tournament <b>CO</b> 11:00 You Be The Judge <b>PR</b> 1:00 Food Committee Meeting <b>CO</b> 1:00 Mahjong <b>SO</b> 2:00 Wine Down Wednesdays <b>CO</b> 3:00 Trivia</p>	<p><b>11 Veterans Day</b></p> <p><b>SO</b> 9:00 Shuffleboard Tournament <b>SO</b> 9:15 Coffee &amp; Conversation with Our Veterans <b>PR</b> 10:00 Shopping Trip: Albertsons <b>PY</b> 10:15 Tai Chi <b>PY</b> 12:00 Bean Bag Competition <b>SO</b> 2:00 Veteran's Day Celebration with Joe Bourne <b>SO</b> 6:00 Thursday Night Movie</p>	<p><b>12</b></p> <p><b>PY</b> 8:45 Stretch &amp; Flex (Video) <b>PY</b> 9:00 Shuffleboard Tournament <b>PR</b> 9:30 Alterations with Mary <b>SO</b> 10:00 Mexican Train <b>SO</b> 1:00 Sticks &amp; Cues <b>CR</b> 1:00 Writing Ourselves <b>SO</b> 3:00 Happy Hour with Live Entertainment</p>	<p><b>13</b></p> <p><b>PY</b> 9:00 Shuffleboard <b>PY</b> 9:30 Strength Exercise <b>PY</b> 11:15 Move To The Music Exercise/Dance Class <b>PR</b> 1:30 Men's Group with Mark Adams <b>SO</b> 7:00 Farkel</p>
<p><b>14</b></p> <p><b>SP</b> 9:30 CCLC Worship Services <b>PY</b> 10:00 Strength Exercise <b>CO</b> 1:00 Bridge Club <b>SE</b> 2:00 Bingo <b>SE</b> 6:00 Sunday Night Movie</p>	<p><b>15</b></p> <p><b>PR</b> 9:00 Walmart Shopping Trip <b>PR</b> 9:30 Trip: Tohono Chul Park <b>PR</b> 10:15 Tai Chi <b>CO</b> 1:00 Pinochle <b>SE</b> 1:30 Great American Music Series <b>CO</b> 3:00 Trivia <b>SO</b> 6:30 Poker</p>	<p><b>16</b></p> <p><b>PY</b> 9:00 Muscle Strength with Carmen <b>SP</b> 10:00 Catholic Communion Service <b>CR</b> 10:00 Knitting &amp; Crocheting Group <b>PY</b> 10:00 Stretch and Flex with Carmen <b>SO</b> 1:00 Mahjong <b>PR</b> 2:00 Walker and Wheelchair Repair <b>SE</b> 3:00 Farkel</p>	<p><b>17</b></p> <p><b>PR</b> 9:00 Fry's Shopping Trip <b>PR</b> 10:00 Holiday Bazar <b>CR</b> 10:00 Quilting Group <b>CO</b> 1:00 Mahjong <b>SO</b> 1:00 Trip: Casino Del Sol <b>SO</b> 2:00 Wine Down Wednesdays <b>CO</b> 3:00 Trivia</p>	<p><b>18</b></p> <p><b>SO</b> 9:15 Coffee &amp; Conversation <b>PR</b> 10:00 Shopping Trip: Trader Joes <b>PY</b> 10:15 Tai Chi <b>PY</b> 12:00 Bean Bag Competition <b>SE</b> 2:00 Bingo <b>SO</b> 2:30 S'mores' Party with Friends <b>SO</b> 6:00 Thursday Night Movie</p>	<p><b>19</b></p> <p><b>PY</b> 8:45 Stretch &amp; Flex (Video) <b>PR</b> 9:30 Alterations with Mary <b>SO</b> 10:00 Mexican Train <b>CR</b> 1:00 Book Club <b>SO</b> 1:00 Sticks &amp; Cues <b>SO</b> 3:00 Happy Hour with Live Entertainment</p>	<p><b>20</b></p> <p><b>PY</b> 9:00 Shuffleboard <b>PY</b> 9:30 Strength Exercise <b>PY</b> 11:15 Move To The Music Exercise/Dance Class <b>CR</b> 1:30 Poetry Group <b>CR</b> 2:00 Arts &amp; Crafts with Kitt <b>SO</b> 7:00 Farkel</p>
<p><b>21</b></p> <p><b>SP</b> 9:30 CCLC Worship Services <b>PY</b> 10:00 Strength Exercise <b>CO</b> 1:00 Bridge Club <b>SE</b> 2:00 Bingo <b>SE</b> 6:00 Sunday Night Movie</p>	<p><b>22</b></p> <p><b>PR</b> 9:00 Walmart Shopping Trip <b>PR</b> 10:15 Tai Chi <b>CO</b> 1:00 Pinochle <b>SE</b> 1:30 Great American Music Series <b>CO</b> 3:00 Trivia <b>SO</b> 6:30 Poker</p>	<p><b>23</b></p> <p><b>PY</b> 9:00 Muscle Strength with Carmen <b>SP</b> 10:00 Catholic Communion Service <b>CR</b> 10:00 Knitting &amp; Crocheting Group <b>PY</b> 10:00 Stretch and Flex with Carmen <b>SO</b> 1:00 Mahjong <b>SE</b> 3:00 Farkel</p>	<p><b>24</b></p> <p><b>PR</b> 9:00 Fry's Shopping Trip <b>CO</b> 11:00 You Be The Judge <b>CO</b> 1:00 Mahjong <b>SO</b> 2:00 Wine Down Wednesdays <b>CO</b> 3:00 Trivia</p>	<p><b>25 Thanksgiving</b></p> <p><b>SO</b> 8:00 Happy Thanksgiving <b>SO</b> 9:15 Coffee &amp; Conversation <b>PY</b> 10:15 Tai Chi <b>PY</b> 12:00 Bean Bag Competition <b>SO</b> 6:00 Thursday Night Movie</p>	<p><b>26 Black Friday</b></p> <p><b>PY</b> 8:45 Stretch &amp; Flex (Video) <b>PR</b> 9:30 Alterations with Mary <b>SO</b> 10:00 Mexican Train <b>SO</b> 1:00 Sticks &amp; Cues <b>SO</b> 3:00 Happy Hour with Live Entertainment</p>	<p><b>27</b></p> <p><b>PY</b> 9:00 Shuffleboard <b>PY</b> 9:30 Strength Exercise <b>PY</b> 11:15 Move To The Music Exercise/Dance Class <b>SO</b> 1:30 Men's Group with Mark Adams <b>SO</b> 7:00 Farkel</p>
<p><b>28 Hanukkah Begins</b></p> <p><b>SP</b> 9:30 CCLC Worship Services <b>PY</b> 10:00 Strength Exercise <b>CO</b> 1:00 Bridge Club <b>SE</b> 2:00 Bingo <b>SE</b> 6:00 Sunday Night Movie</p>	<p><b>29</b></p> <p><b>PR</b> 9:00 Walmart Shopping Trip <b>PR</b> 10:15 Tai Chi <b>CO</b> 1:00 Pinochle <b>SE</b> 1:30 Great American Music Series <b>CO</b> 3:00 Trivia <b>SO</b> 6:30 Poker</p>	<p><b>30</b></p> <p><b>PY</b> 9:00 Muscle Strength with Carmen <b>SP</b> 10:00 Catholic Communion Service <b>CR</b> 10:00 Knitting &amp; Crocheting Group <b>PY</b> 10:00 Stretch and Flex with Carmen <b>SO</b> 1:00 Mahjong <b>SO</b> 2:00 November Birthday Celebration <b>SE</b> 3:00 Farkel</p>	<p>Autumn Soiree with Live Music Date: Tuesday, November 9th Time: 6:30pm - 7:30pm Location: Courtyard</p>	<p>Special November Days</p> <p>11/2 Election Day 11/8 National Nacho Day 11/11 Veterans Day 11/13 National Kindness Day 11/25 Thanksgiving Day 11/26 Black Friday 11/28 Hanukkah Begins</p>		

Events are Subject to Change.