



THE ATRIUM
OF BELLEVILLE
A GRACE MGMT COMMUNITY

NOVEMBER 2021

November 2021

201 S Belt W,
Belleville, IL 62220
618-235-9300
www.AtriumSeniorLiving.com



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 9:30 EMPOWERED EXERCISE 10:30 Wii Bowling 11:30 Puzzles 2:00 BINGO 4:00 Crossword Puzzles PY CO CO SE	2 Election Day 9:30 EMPOWERED EXERCISE 10:00 Word Search Puzzles 1:30 At The Movies SE I	3 9:30 EMPOWERED EXERCISE 10:00 Shopping Trip - Dollar Tree 10:30 Resident led Games 2:00 Bingo 3:00 Wine Wednesday (Served with a meal) 6:30 Resident Led Card Games PR SO CO SO SO	4 Blood Pressure Checks 9:30 EMPOWERED EXERCISE 2:00 Town Hall Meeting 6:30 Resident Led Cards PR PR	5 National Doughnut Day 10:00 Catholic Mass with Fr. Neff 10:30 Wii Bowling 2:00 BINGO 4:00 Happy Hour/Birthday Party 7:30 Shriner's Parade - Leaving Early for line up SP PY CO SO SO	6 10:30 Resident led Games 2:00 Bingo 6:30 Resident Led Card Games CO CO CO
7 Daylight Saving Ends 10:30 Nondenominational Bible Study in game room 2:00 Resident led Movies 6:30 Resident Led Card Games SP PR CO	8 9:30 EMPOWERED EXERCISE 10:30 Wii Bowling 11:30 Puzzles 2:00 BINGO 4:00 Crossword Puzzles PY CO CO SE	9 9:30 EMPOWERED EXERCISE 10:00 Word Search Puzzles 10:00 Nellies Closet 1:30 At The Movies SE PR I	10 National Vanilla Cupcake Day 9:30 EMPOWERED EXERCISE 10:00 Shopping Trip - Walmart 10:30 Resident led Games 2:00 Bingo 3:00 Wine Wednesday (Served with a meal) 6:30 Resident Led Card Games PR SO CO SO SO	11 Veterans Day Blood Pressure Checks 9:30 EMPOWERED EXERCISE 2:00 Veteran's Day Presentation Entertainment by Tom Myrda 6:30 Resident Led Cards PR E	12 10:30 Wii Bowling 11:00 Casa Maria Lunch Trip 2:00 BINGO 4:00 Happy Hour PY SO CO SO	13 10:30 Resident led Games 2:00 Bingo 6:30 Resident Led Card Games CO CO CO
14 10:30 Nondenominational Bible Study in game room 2:00 Resident led Movies 6:30 Resident Led Card Games SP PR CO	15 9:30 EMPOWERED EXERCISE 10:30 Wii Bowling 11:30 Puzzles 2:00 BINGO 4:00 Crossword Puzzles PY CO CO SE	16 9:30 EMPOWERED EXERCISE 10:00 Word Search Puzzles 10:00 Westview Baptist Church Service in the TV room 1:30 At The Movies SE SP I	17 9:30 EMPOWERED EXERCISE 10:00 Shopping Trip - Target 10:30 Resident led Games 2:00 Bingo 3:00 Wine Wednesday (Served with a meal) 6:30 Resident Led Card Games PR SO CO SO SO	18 Blood Pressure Checks National Apple Cider Day 9:30 EMPOWERED EXERCISE 1:30 Art in the Atrium with Don Fizer 6:30 Resident Led Cards PR CR	19 10:30 Wii Bowling 2:00 BINGO 4:00 Happy Hour PY CO SO	20 10:30 Resident led Games 2:00 Bingo 6:30 Resident Led Card Games CO CO CO
21 10:30 Nondenominational Bible Study in game room 2:00 Resident led Movies 6:30 Resident Led Card Games SP PR CO	22 9:30 EMPOWERED EXERCISE 10:30 Wii Bowling 11:30 Puzzles 2:00 BINGO 4:00 Crossword Puzzles PY CO CO SE	23 9:30 EMPOWERED EXERCISE 10:00 Word Search Puzzles 1:30 At The Movies 4:30 HOP HOUSE Dinner Trip SE I SO	24 9:30 EMPOWERED EXERCISE 10:00 Shopping Trip - Walgreens 10:30 Resident led Games 2:00 Bingo 3:00 Wine Wednesday (Served with a meal) 6:30 Resident Led Card Games PR SO CO SO SO	25 Thanksgiving HAPPY THANKSGIVING SP	26 Black Friday National Cake Day 10:30 Wii Bowling 2:00 BINGO 3:30 Humane Society Pet Visits 4:00 Happy Hour PY CO E SO	27 10:30 Resident led Games 2:00 Bingo 6:30 Resident Led Card Games CO CO CO
28 10:30 Nondenominational Bible Study in game room 2:00 Resident led Movies 6:30 Resident Led Card Games SP PR CO	29 Hanukkah Begins National Chocolate Day 9:30 EMPOWERED EXERCISE 10:30 Wii Bowling 11:30 Puzzles 2:00 BINGO 4:00 Crossword Puzzles PY CO CO SE	30 9:30 EMPOWERED EXERCISE 10:00 Word Search Puzzles 1:30 At The Movies SE I				

CO - Cognitive
 CR - Creative
 E - Emotional
 I - Intergenerational
 PY - Physical
 PR - Purposeful
 SE - Sensory
 SO - Social
 SP - Spiritual

Events are Subject to Change.