



THE HIGHLANDS  
A GRACE MGMT COMMUNITY

# Friday Dinner Menu

## SOUP

**Vegetable Rice**

## ENTREES

**Fresh Rainbow Trout**

**Veal Parmesan**

*Served over Spaghetti with Marinara*

## SIDES

**Spaghetti with Marinara**  
**Braised Cabbage and Apples**

**Spanish Rice**  
**Sauteed Spinach**

## DESSERTS

**Strawberry Angel Dessert**  
**Blackberry Vanilla Parfait**

ICE CREAM

PLEASE ASK YOUR SERVER FOR A FLAVOR SELECTION