




**TOWN VILLAGE
STERLING HEIGHTS**
A GRACE MGMT COMMUNITY
It's not like home. It *is* home.™



The Leadership Team

Sheri Sepanak, Executive Director
Chantel Howard, Wellness Director
Trisha Ginn, Village Program Coordinator
Julie Nobles, Sales Director
Dale Main, Maintenance Director
Stacey Jeffries, Dietary Director
Gail Mooney, Business Office Director

October Special Events

10/19 Dementia Support Group
10/24 Boo Day at Town Village



The Gem Memory Care



Welcome to the Family

Florence W.

<div>  <div> TOWN VILLAGE STERLING HEIGHTS A GRACE MGMT COMMUNITY </div> </div> <div> <div>OCTOBER 2021</div> <div>October 2021 MC calendar</div> </div> <div> <div> 4500 Dobry Drive Sterling Heights, Michigan 48314 586-803-0900 www.townvillagesterlingheights.com </div> <div>   </div> </div>							
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<div> CO - Cognitive CR - Creative E - Emotional PY - Physical PR - Purposeful SE - Sensory SO - Social SP - Spiritual </div>	Birthdays				1	2	
<div> CO 9:00 Whats Happening Today PY 10:00 Chair Exercise SP 11:00 Catholic Church Service IN2L PY 2:00 Let's get Physical! SO 3:00 Snack & Chat PR 3:30 Travel around the World IN2L CO 6:00 Sunday Night Movie SP 7:00 Evening Prayers </div>	<div> CO 9:00 Whats Happening Today PY 10:30 Sit &Stretch CO 11:00 Family Feud In2L CR 2:20 Tender Hearts Therapeutics SO 3:00 Snack & Chat E 3:20 Pamper Yourself CO 6:00 How Much Was it? </div>	<div> CO 9:00 Whats Happening Today PY 10:30 Rise & Shine Fitness PR 11:00 Flower Arranging CO 2:00 Bingo SO 3:00 Snack & Chat SE 3:15 Hand Massages CO 6:00 The Matching Game </div>	<div> CO 9:00 Whats Happening Today PY 10:15 Arthritis Relief Exercise SP 11:00 Rosary with Dee SO 2:30 Jeff Cavatio Performs CO 3:00 Snack & Chat CO 3:30 Piggy Bankers CO 6:00 Casino Night </div>	<div> CO 9:00 Whats Happening Today PY 10:30 Sit & Be Fit CO 11:00 Floor Hockey SO 2:00 Westview Orchards Outing SO 3:00 Snack & Chat PY 3:15 Bowling CR 6:00 Adult Coloring </div>	<div> CO 9:00 Whats Happening Today PY 10:30 Chair Exercise CO 11:00 Brain Games PY 2:00 Table Top Balloon Tennis SO 3:00 Snack & Chat SO 3:30 Happy Hour E 6:00 Friday Night Musical </div>	<div> CO 9:00 Whats Happening Today PY 10:00 Chair Exercise PY 10:30 Margaret's Walking Club SP 11:00 Non-Denominational Church CR 2:00 Adult Coloring SO 3:00 Snack & Chat CO 3:00 Word Games SP 4:00 Catholic Church Service IN2L </div>	
3	4	5	6	7	8	9	
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10	11 Columbus Day	12	13	14	15	16	
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17	18	19	20	21	22	23	
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24	25	26	27	28	29	30	
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31 Halloween							
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Events are Subject to Change.

Terrifying Tilson St. Cruise

we will be taking a scenic drive to the famous terror on Tilson st. located in Romeo on 10/28. We can enjoy all the spooky decor and beautiful homes from the warmth and safety of our bus. Come enjoy the Halloween fun!



Creepy Crawly Costume Party

We will be getting spooky on 10/27 for our Halloween party. We will enjoy some creepy treats and enjoy the sounds of Steve Kovich performing. So grab your favorite costume and come do the Monster Mash!



Reminder for families:

With the seasons changing and cooler weather having arrived please go through your loved ones wardrobe and take home their summer clothes and please bring in warmer gear. Thank you!



Bob B.

Occupation: District Food Manager for Kmart

Favorite Food: Fried Chicken

Home Town: Pontiac, Mi.

Favorite Season: Spring

Favorite Animal: Squirrel

Favorite Old Pastime: My days as a Navy Swimmer!

Thank you for being part of our family Bob!