



TOWN VILLAGE
STERLING HEIGHTS
A GRACE MGMT COMMUNITY

OCTOBER 2021

October 2021 MC calendar

4500 Dobry Drive
Sterling Heights, Michigan 48314
586-803-0900
www.townvillagesterlingheights.com



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>CO - Cognitive CR - Creative E - Emotional PY - Physical PR - Purposeful SE - Sensory SO - Social SP - Spiritual</p>	Birthdays				1	2
					<p>CO 9:00 Whats Happening Today PY 10:30 Chair Exercise CO 11:00 Brain Games PY 2:00 Table Top Balloon Tennis SO 3:00 Snack & Chat SO 3:30 Happy Hour E 6:00 Friday Night Musical</p>	<p>CO 9:00 Whats Happening Today PY 10:00 Chair Exercise PY 10:30 Margaret's Walking Club SP 11:00 Non-Denominational Church CR 2:00 Adult Coloring SO 3:00 Snack & Chat CO 3:00 Word Games SP 4:00 Catholic Church Service IN2L</p>
3	4	5	6	7	8	9
<p>CO 9:00 Whats Happening Today PY 10:00 Chair Exercise SP 11:00 Catholic Church Service IN2L PY 2:00 Let's get Physical! SO 3:00 Snack & Chat PR 3:30 Travel around the World IN2L CO 6:00 Sunday Night Movie SP 7:00 Evening Prayers</p>	<p>CO 9:00 Whats Happening Today PY 10:30 Sit &Stretch CO 11:00 Family Feud In2L CR 2:20 Tender Hearts Therapeutics SO 3:00 Snack & Chat E 3:20 Pamper Yourself CO 6:00 How Much Was it?</p>	<p>CO 9:00 Whats Happening Today PY 10:30 Rise & Shine Fitness PR 11:00 Flower Arranging CO 2:00 Bingo SO 3:00 Snack & Chat SE 3:15 Hand Massages CO 6:00 The Matching Game</p>	<p>CO 9:00 Whats Happening Today PY 10:15 Arthritis Relief Exercise SP 11:00 Rosary with Dee SO 2:30 Jeff Cavatio Performs SO 3:00 Snack & Chat CO 3:30 Piggy Bankers CO 6:00 Casino Night</p>	<p>CO 9:00 Whats Happening Today PY 10:30 Sit & Be Fit PY 11:00 Floor Hockey SO 2:00 Westview Orchards Outing SO 3:00 Snack & Chat PY 3:15 Bowling CR 6:00 Adult Coloring</p>	<p>CO 9:00 Whats Happening Today PY 10:30 Chair Exercise CO 11:15 Brain Games CR 2:00 Pumpkin Painting SO 3:00 Snack & Chat SO 3:30 Happy Hour E 6:00 Friday Night Musical</p>	<p>CO 9:00 Whats Happening Today PY 10:00 Chair Exercise PY 10:30 Margaret's Walking Club SP 11:00 Non-Denominational Church CR 2:00 Adult Coloring SO 3:00 Snack & Chat CO 3:00 Word Games SP 4:00 Catholic Church Service IN2L</p>
10	11 Columbus Day	12	13	14	15	16
<p>CO 9:00 Whats Happening Today PY 10:00 Chair Exercise SP 11:00 Catholic Church Service IN2L PY 2:00 Let's get Physical! SO 3:00 Snack & Chat PR 3:30 Travel around the World IN2L CO 6:00 Sunday Night Movie SP 7:00 Evening Prayers</p>	<p>CO 9:00 Whats Happening Today PY 10:30 Sit &Stretch CO 11:00 The Price is Right CR 2:20 Tender Hearts Therapeutics SO 3:00 Snack & Chat E 3:20 Pamper Yourself CO 6:00 How Much Was it?</p>	<p>CO 9:00 Whats Happening Today PY 10:30 Rise & Shine Fitness PR 11:00 Flower Arranging CO 2:00 Animal Bingo SO 3:00 Snack & Chat CO 3:15 Giant Jenga CO 6:00 The Matching Game</p>	<p>CO 9:00 Whats Happening Today PY 10:15 Arthritis Relief Exercise SP 11:00 Rosary with Dee SO 2:30 Suzi Marsh Performs SO 3:00 Snack & Chat CO 3:30 Can you build it? CO 6:00 Casino Night</p>	<p>CO 9:00 Whats Happening Today PY 10:30 Sit & Be Fit CO 11:00 1960's Music Trivia PY 11:30 Ring Toss SE 2:00 Fall Leaves Tour SO 3:00 Snack & Chat CO 3:30 Puzzle Fun! CR 6:00 Adult Coloring</p>	<p>CO 9:00 Whats Happening Today PY 10:30 Chair Exercise CO 11:00 Brain Games PY 11:30 Bean Bag Twister CR 12:46 Leaf Pressing Craft SO 3:00 Snack & Chat SO 3:30 Happy Hour E 6:00 Friday Night Musical</p>	<p>CO 9:00 Whats Happening Today PY 10:00 Chair Exercise PY 10:30 Margaret's Walking Club SP 11:00 Non-Denominational Church CR 2:00 Adult Coloring SO 3:00 Snack & Chat CO 3:00 Word Games SP 4:00 Catholic Church Service IN2L</p>
17	18	19	20	21	22	23
<p>CO 9:00 Whats Happening Today PY 10:00 Chair Exercise SP 11:00 Catholic Church Service IN2L PY 2:00 Let's get Physical! SO 3:00 Snack & Chat PR 3:30 Travel around the World IN2L CO 6:00 Sunday Night Movie SP 7:00 Evening Prayers</p>	<p>CO 9:00 Whats Happening Today PY 10:30 Sit &Stretch CO 11:00 Family Feud In2L CR 2:20 Tender Hearts Therapeutics SO 3:00 Snack & Chat E 3:20 Pamper Yourself CO 6:00 How Much Was it?</p>	<p>CO 9:00 Whats Happening Today PY 10:30 Rise & Shine Fitness PR 11:00 Flower Arranging CO 2:00 Bingo SO 3:00 Snack & Chat SE 3:15 Hand Massages E 6:00 Dementia Support Group CO 6:00 The Matching Game</p>	<p>CO 9:00 Whats Happening Today PY 10:15 Arthritis Relief Exercise SP 11:00 Rosary with Dee SO 2:30 Kenny Lang Performs SO 3:00 Snack & Chat CO 3:30 Giant Jenga CO 6:00 Casino Night</p>	<p>CO 9:00 Whats Happening Today PY 10:30 Sit & Be Fit CO 11:00 Fall Trivia PY 11:00 Floor Hockey SO 2:00 Just Love Coffee Cafe Outing SO 3:00 Snack & Chat CO 3:30 Can you build It? CR 6:00 Adult Coloring</p>	<p>CO 9:00 Whats Happening Today PY 10:30 Chair Exercise CO 11:15 Brain Games PY 2:00 Table top Balloon Tennis SO 3:00 Snack & Chat SO 3:30 Cider & Donuts Happy Hour E 6:00 Friday Night Musical</p>	<p>CO 9:00 Whats Happening Today PY 10:00 Chair Exercise PY 10:30 Margaret's Walking Club SP 11:00 Non-Denominational Church CR 2:00 Adult Coloring SO 3:00 Snack & Chat CO 3:00 Word Games SP 4:00 Catholic Church Service IN2L</p>
24	25	26	27	28	29	30
<p>CO 9:00 Whats Happening Today PY 10:00 Chair Exercise SP 11:00 Catholic Church Service IN2L PY 2:00 Let's get Physical! SO 3:00 Snack & Chat PR 3:30 Travel around the World IN2L SO 4:00 Boo Day @ Town Village CO 6:00 Sunday Night Movie</p>	<p>CO 9:00 Whats Happening Today PY 10:30 Sit &Stretch CO 11:00 The Price is Right CR 2:20 Tender Hearts Therapeutics SO 3:00 Snack & Chat E 3:20 Pamper Yourself CO 6:00 How Much Was it?</p>	<p>CO 9:00 Whats Happening Today PY 10:30 Rise & Shine Fitness PR 11:00 Flower Arranging CO 2:00 Music Bingo SO 3:00 Snack & Chat SE 3:30 Hand Massages CO 6:00 The Matching Game</p>	<p>CO 9:00 Whats Happening Today PY 10:15 Arthritis Relief Exercise SP 11:00 Rosary with Dee SO 2:30 Halloween Party with Steve Kovich SO 3:00 Snack & Chat CO 3:30 Whats in the Halloween Bag? CO 6:00 Casino Night</p>	<p>CO 9:00 Whats Happening Today PY 10:30 Sit & Be Fit CO 11:00 Halloween Trivia PY 11:30 Pumpkin Toss SO 2:30 Tilson St. Outing SO 3:00 Snack & Chat CO 3:30 Puzzle Fun CR 6:00 Adult Coloring</p>	<p>CO 9:00 Whats Happening Today PY 10:30 Chair Exercise CO 11:30 Halloween Crossword Puzzle CR 2:00 Halloween Aqua Painting SO 3:00 Snack & Chat SO 3:30 Happy Hour E 6:00 Friday Night Musical</p>	<p>CO 9:00 Whats Happening Today PY 10:00 Chair Exercise PY 10:30 Margaret's Walking Club SP 11:00 Non-Denominational Church CR 2:00 Adult Coloring SO 3:00 Snack & Chat CO 3:00 Word Games SP 4:00 Catholic Church Service IN2L</p>
31 Halloween						
<p>CO 9:00 Whats Happening Today PY 10:00 Chair Exercise SP 11:00 Catholic Church Service IN2L PY 2:00 Let's get Physical! SO 3:00 Snack & Chat PR 3:30 Travel around the World IN2L CO 6:00 Sunday Night Movie SP 7:00 Evening Prayers</p>						

Events are Subject to Change.