



SHOREHAVEN
A GRACE MGMT COMMUNITY

OCTOBER 2021

Shorehaven October 2021

14560 Lakeside Circle
Sterling Heights, Michigan 48313
586-247-3220
www.shorehavenseniorking.com



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>CO - Cognitive CR - Creative E - Emotional PY - Physical PR - Purposeful SE - Sensory SO - Social SP - Spiritual</p>	<p>LOCATION KEY: Activity Room = AR Dining Room = DR Great Room = GR Lobby = L Patio = P Recreation Room = RR</p>	<p>Happy Birthday</p> <p>Peter Bommarito 10/01 Kay Millies-Wright 10/10 Diana Halpin 10/23 Arlene Karas 10/24 Patricia Kleinow 10/28 Rhea Johnson 10/28 Paul Morabito 10/30 Vivian Moroski 10/31</p>			<p>1</p> <p>CO 10:30 Hot Topics-(RR) PY 1:30 Simon Says Exercise-(GR) SO 2:30 Happy Hour w/Chet Penkala~(DR) PY 4:00 Cool Down-(GR) CO 6:30 Po-Ke-No-(GR) E 6:30 Shorehaven Choir w/Toni-(RR)</p>	<p>2</p> <p>SO 12:30 Wii Bowling-(RR) CR 1:00 Knitting & Crocheting w/Lilly~(AR) PY 1:30 Sit & Stretch-(GR) CO 2:15 Movie Matinee: A Champion Heart~(RR) SP 3:15 Pray the Rosary w/Mike B.-(GR) CO 6:30 Free Bingo for Paper Essentials~(DR)</p>
<p>3</p> <p>SP 10:00 Nondenominational Church Service- (GR) SO 1:15 Wii Bowling-(RR) PY 1:30 Chair Yoga-(GR) CO 2:15 History Video: Steal A Pencil For Me-(RR) CO 2:30 LCR-(GR) PY 3:30 Fitness Walk-(L) E 6:30 Shorehaven Choir w/Toni-(L)</p>	<p>4</p> <p>SO 9:45 Monday Morning Mingle~(L) PY 10:30 Staying Alive by Staying Active~(TBD) PY 10:30 20 Minute Cardio Workout~(L) PY 1:30 Roll It Bounce It Exercise-(GR) CR 2:30 Stylish Nails~(AR) SE 2:30 Scenic Tour: Kensington Park Fall Leaf Tour-(L) CO 6:30 DN w/Mike: Derby Races~(DR)</p>	<p>5</p> <p>PR 9:00AM-12:30PM FLU CLINIC~(GR) PY 10:30 Staying Alive by Staying Active~(TBD) PY 10:30 Steps in Stride~(L) SO 11:00 German Themed Lunch~(DR) PY 1:30 YMCA Exercise-(GR) SO 2:30 Oktober Fest Celebration w/James Rand~(DR) CO 6:30 Big Bingo Bash-(DR)</p>	<p>6</p> <p>PR 9:30 Bus to Kroger~(L) PY 10:30 Staying Alive by Staying Active~(TBD) SP 10:30 Ladies Bible Study w/Carol-(GR) PR 1:00 Healthy Living w/Nurse Michelle Presentation~(GR) PY 1:30 "Aut-To-Be-Fit" Fitness Program-(GR) PR 2:15 Activity Meeting-(AR) CR 3:15 Let's Get Crafty~(AR) CO 6:30 DN w/Brenda:Black Jack~(RR)</p>	<p>7</p> <p>SO 9:45 Donuts & Cider Jubilee~(L) PY 10:30 Staying Alive by Staying Active~(TBD) PR 1:00 Healthy Eating w/Char from Dining Presentation~(GR) PY 1:30 Engaging Rhythm Workout-(GR) SP 2:00 Catholic Mass-(DR) CR 3:15 Radio Show Rehearsal~(GR) CO 6:30 Big Bingo Bash-(DR)</p>	<p>8</p> <p>PY 10:30 Staying Alive by Staying Active~(TBD) CO 10:30 Hot Topics-(RR) PR 12:00 Food Donation: "Sterling Heights Fire Dept." PY 1:30 Sweat'n w/the Oldies Music-(GR) SO 2:30 Happy Hour w/Bobby G.~(DR) PY 4:00 Cool Down-(GR) CO 6:30 Po-Ke-No-(GR) E 6:30 Shorehaven Choir w/Toni-(RR)</p>	<p>9</p> <p>PY 10:30 Staying Alive by Staying Active~(TBD) SO 12:30 Wii Bowling-(RR) PY 1:30 Sit & Stretch-(GR) CO 2:15 Movie Matinee: TallaDega Nights~(RR) SP 3:15 Pray the Rosary w/Mike B.-(GR) CO 6:30 Dice Bingo~(GR)</p>
<p>10</p> <p>SP 10:00 Nondenominational Church Service- (GR) PY 10:30 Staying Alive by Staying Active~(TBD) SO 1:15 Wii Bowling-(RR) PY 1:30 Chair Yoga-(GR) CO 2:15 Sports Video: Untold Breaking Point-(RR) CO 2:30 LCR-(GR) PY 3:30 Fitness Walk-(L) E 6:30 Shorehaven Choir w/Toni-(L)</p>	<p>11 Columbus Day</p> <p>SO 9:45 Monday Morning Mingle~(L) PY 10:30 20 Minute Cardio Workout~(L) PY 1:30 Roll It Bounce It Exercise-(GR) SO 2:15 Pumpkin Spice Ladies Tea-(DR) PR 3:00 Food For Thought-(DR) CO 6:30 7 Card Match-(GR)</p>	<p>12</p> <p>PY 10:30 Steps in Stride~(L) PY 1:30 Body in Motion Exercise-(GR) CO 1:30 Pinochle w/Connie-(DR) CR 2:30 Bling Beauty w/Jewelry by Tracy~(AR) PY 3:15 Dancercise~(GR) SO 4:00 Toasting Tuesday-(L) CO 6:30 Big Bingo Bash-(DR)</p>	<p>13</p> <p>PR 9:30 Bus to Meijer~(L) PY 1:30 Hokey Pokey Exercise-(GR) PR 2:15 Ambassador Meeting-(AR) PR 3:15 Baking for a Cause Planning Committee Meeting: Bring Your Recipe's~(AR) PY 6:30 Slam'n Jam'n Chair Volleyball w/Bobbi-(L)</p>	<p>14</p> <p>SO 9:45 Donuts & Cider Jubilee~(L) PY 1:30 Engaging Rhythm Workout-(GR) SP 2:00 Catholic Mass-(DR) CR 3:15 Radio Show Rehearsal~(GR) CO 6:30 Big Bingo Bash-(DR)</p>	<p>15</p> <p>CO 9:45 MGM Casino~(L) CO 10:30 Hot Topics-(RR) PY 1:30 Sweat'n w/the Oldies Music-(GR) SO 2:30 Happy Hour w/Little Big Band~(DR) PY 4:00 Cool Down-(GR) CO 6:30 Po-Ke-No-(GR) E 6:30 Shorehaven Choir w/Toni-(RR)</p>	<p>16</p> <p>SO 12:30 Wii Bowling-(RR) CR 1:00 Knitting & Crocheting w/Lilly~(AR) PY 1:30 Sit & Stretch-(GR) CO 2:15 Movie Matinee: I Am Sam~(RR) SP 3:15 Pray the Rosary w/Mike B.-(GR) CO 6:30 Free Bingo for Home Good Essentials~(DR)</p>

Events are Subject to Change.



SHOREHAVEN
A GRACE MGMT COMMUNITY

OCTOBER 2021

Shorehaven October 2021

14560 Lakeside Circle
Sterling Heights, Michigan 48313
586-247-3220
www.shorehavenseniorliving.com



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>17</p> <p>SP 10:00 Nondenominational Church Service- (GR)</p> <p>SO 1:15 Wii Bowling-(RR)</p> <p>PY 1:30 Chair Yoga-(GR)</p> <p>CO 2:15 Biography Video: My Heroes Were Cowboys-(RR)</p> <p>CO 2:30 LCR-(GR)</p> <p>PY 3:30 Fitness Walk-(L)</p> <p>E 6:30 Shorehaven Choir w/Toni-(L)</p>	<p>18</p> <p>SO 9:45 Monday Morning Mingle~(L)</p> <p>PR 10:30 Hart Hearing Center~(L)</p> <p>PY 1:30 Roll It Bounce It Exercise-(GR)</p> <p>CR 1:30 Create Greeting Cards w/Roxanne~(AR)</p> <p>CR 2:30 Stylish Nails~(AR)</p> <p>SE 2:30 Scenic Tour: Halloween on Tilson St-(L)</p> <p>CO 6:30 7 Card Match~(GR)</p>	<p>19</p> <p>PY 10:30 Steps in Stride~(L)</p> <p>PY 1:30 Body in Motion Exercise-(GR)</p> <p>CO 1:30 Pinochle w/Connie-(DR)</p> <p>CR 2:30 Bling Beauty w/Jewelry by Tracy~(AR)</p> <p>PY 3:15 Dancercise~(GR)</p> <p>SO 4:00 Toasting Tuesday-(L)</p> <p>CO 6:30 Big Bingo Bash-(DR)</p>	<p>20</p> <p>CR Cast Your Vote~ Department Pumpkin Decorating Contest</p> <p>PR 9:30 Bus to Target~(L)</p> <p>SP 10:30 Ladies Bible Study w/Carol-(GR)</p> <p>PY 1:30 "Aut-To-Be-Fit" Fitness Program-(GR)</p> <p>PR 2:15 Fall Prevention w/American Choice~(RR)</p> <p>CR 3:15 Let's Get Creative~(AR)</p> <p>PY 6:30 Slam'n Jam'n Chair Volleyball w/Bobbi-(L)</p>	<p>21</p> <p>SO 9:45 Donuts & Cider Jubilee~(L)</p> <p>SO 11:00 Red Hat Luncheon~(DR)</p> <p>PY 1:30 New York, New York Exercise-(GR)</p> <p>SP 2:00 Prayer Service~(DR)</p> <p>CR 3:15 Radio Show Rehearsal~(GR)</p> <p>CO 6:30 Director's Night w/Brian: Trivia & Wine Tasting~(DR)</p>	<p>22</p> <p>CO 10:30 Hot Topics-(RR)</p> <p>PY 1:30 Sweat'n w/the Oldies Music-(GR)</p> <p>SO 2:30 Happy Hour w/Gary Pillow~(DR)</p> <p>PY 4:00 Cool Down-(GR)</p> <p>CO 6:30 Po-Ke-No-(GR)</p> <p>E 6:30 Shorehaven Choir w/Toni-(RR)</p>	<p>23</p> <p>SO 12:30 Wii Bowling-(RR)</p> <p>PY 1:30 Sit & Stretch-(GR)</p> <p>CO 2:15 Movie Matinee: An Unfinished Life~(RR)</p> <p>SP 3:15 Pray the Rosary w/Mike B.-(GR)</p> <p>CO 6:30 Dice Bingo~(GR)</p>
<p>24</p> <p>SP 10:00 Nondenominational Church Service- (GR)</p> <p>SO 1:15 Wii Bowling-(RR)</p> <p>PY 1:30 Chair Yoga-(GR)</p> <p>CO 2:15 Nature Video: Dolphin Reef Disney Nature-(RR)</p> <p>CO 2:30 LCR-(GR)</p> <p>PY 3:30 Fitness Walk-(L)</p> <p>E 6:30 Shorehaven Choir w/Toni-(L)</p>	<p>25</p> <p>SO 9:45 Monday Morning Mingle~(L)</p> <p>SE 11:00 Northville Halloween Tour & Lunch @ Deadwood Grill~(L)</p> <p>PY 1:30 Roll It Bounce It Exercise-(GR)</p> <p>SP 1:30 Trinity Lutheran Service~(RR)</p> <p>CR 1:30 Create Greeting Cards w/Roxanne~(AR)</p> <p>CR 2:30 Stylish Nails~(AR)</p> <p>CO 6:30 DN w/Heather: Derby Races-(DR)</p>	<p>26</p> <p>PY 1:30 Body in Motion Exercise-(GR)</p> <p>CO 1:30 Pinochle w/Connie-(DR)</p> <p>CR 2:30 Bling Beauty w/Jewelry by Tracy~(AR)</p> <p>PY 3:15 Dancercise~(GR)</p> <p>SO 4:00 Toasting Tuesday-(L)</p> <p>CO 6:30 Fright Night Bingo Bash-(DR)</p> <p>PR 8:00 Bottle/Can Return~(Bagged Up & Placed Outside Your Room)</p>	<p>27</p> <p>PR 9:30 Bus to Meijer~(L)</p> <p>SP 10:30 Ladies Bible Study w/Carol-(GR)</p> <p>PY 1:30 "Aut-To-Be-Fit" Fitness Program-(GR)</p> <p>PR 2:15 Resident Council Meeting~(DR)</p> <p>PY 6:30 Slam'n Jam'n Chair Volleyball w/Bobbi-(L)</p>	<p>28</p> <p>SO 9:45 Donuts & Cider Jubilee~(L)</p> <p>PY 1:30 Engaging Rhythm Workout-(GR)</p> <p>SP 2:00 Catholic Mass-(DR)</p> <p>CR 3:15 Radio Show Rehearsal~(GR)</p> <p>CO 6:30 Fright Night Bingo Bash-(DR)</p>	<p>29</p> <p>CO 10:30 Hot Topics-(RR)</p> <p>PY 1:30 Chair Zumba Exercise-(GR)</p> <p>SO 2:30 Happy Hour w/Dorothy Martin~(DR)</p> <p>PY 4:00 Cool Down-(GR)</p> <p>CO 6:30 Po-Ke-No-(GR)</p> <p>E 6:30 Shorehaven Choir w/Toni-(RR)</p>	<p>30</p> <p>SO 12:30 Wii Bowling-(RR)</p> <p>PY 1:30 Sit & Stretch-(GR)</p> <p>CO 2:15 Movie Matinee: HalloweenTown~(RR)</p> <p>SP 3:15 Pray the Rosary w/Mike B.-(GR)</p> <p>CO 6:30 Halloween Bingo~(DR)</p>
<p>31 Halloween</p> <p>SP 10:00 Nondenominational Church Service- (GR)</p> <p>SE 11:00 Freaky, Frightfully Tasting Lunch~(DR)</p> <p>CR 1:15 Halloween Costume Photo Shoot~(L)</p> <p>PY 1:45 Chair Yoga~(GR)</p> <p>CO 2:15 Video: Paranormal Pastries-(RR)</p> <p>CO 2:30 LCR-(GR)</p> <p>PY 3:30 Fitness Walk~(L)</p> <p>E 6:30 Great Great Grandkids Trick-or-Treat-(L)</p>						

Events are Subject to Change.