



# THE HIGHLANDS

A GRACE MGMT COMMUNITY

## Week of October 10, 2021

### Good to Go Dinner Menu \$15 (includes soup or salad, entrée, 2 sides and a dessert)

	Sunday Brunch	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Soups	Mushroom Barley	Potato Pork Stew	Creamy Potato & Beef	Ham and Bean	Corn Chowder	Vegetable Rice	Minestrone
Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
Entrees	Pot Roast	Mediterr. Chix	Beef Burgundy	Pork Roast	Salisbury Steak	Rainbow Trout	Veg. Lo Mein
	Roast Turkey	Grilled Tilapia	Apricot Chicken	Salmon En Crout	Chicken Marsala	Veal Parmesan	Braised Tips
Starch	Mashed Pot.	Lemon Rice	Brown Rice	Baked Potato	Polenta	Spag./Marinara	Stuffing
	Stuffing	Mashed Pot.	Mashed Pot	Spanish Rice	Sour Cream Pots.	Spanish Rice	Cheesy Mashed
Vegetables	Rutabagas	Corn	GB/Cauliflower	Zucchini	Cauliflower	Cabbage/Apples	Carrots
	Carrots	Asparagus	Squash	Corn	Mushrooms	Spinach	Harvard Beets
Desserts	Apple Crisp	Berry Cheeseck	Lem. Mer. Pie	Peach Cobbler	Fudge Cake	Strawberry Dessert	Banana Cake
	Blueberry Pie	Pump. Mousse	Brownie	Bread Pudding	Peach Pie	Blackberry Parfait	French Silk Pie

\*Gluten Free Entrée V Vegetarian

Home Delivery: Sunday 12:30-1:00, Mon-Sat 6:00-6:30 (207) 725-4407 Ext. 136  
 24 Hr notice is suggested. Highland Green Residents: \$1 delivery fee per address