



THE AVALON
OF NEW ALBANY
A GRACE MGMT COMMUNITY

OCTOBER 2021

245 East Main Street
New Albany, OH 43054
(740) 957-9408
www.TheAvalonOfNewAlbany.com



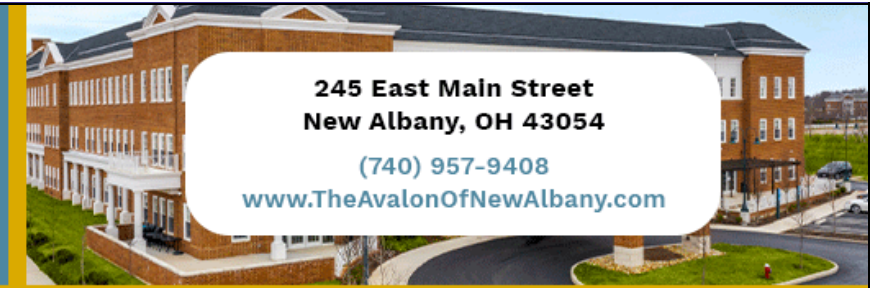
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<p>1 PY 10:30 Chair Dancing CO 11:00 Cranium Crunches SO 1:30 Monthly Birthday Celebration CO 2:30 Crossword Puzzle Challenge SE 6:30 Friday Night at The Movies</p>	<p>2 PY 10:30 Drumming Circle PY 10:30 Group Exercise CO 11:00 Trivia & More SO 2:00 BINGO SO 3:00 Saturday Social CO 6:00 Table Games</p>
<p>3 SP 10:30 Catholic Communion Services SP 11:00 Church Service w/ Bob & Margo SE 1:30 Pet Therapy w/ Scout CO 2:00 Card Club SE 6:00 Sunday Evening Movie</p>	<p>4 PY 10:30 Morning Exercise CO 11:00 Four Food Groups Trivia SO 2:00 BINGO PY 3:00 Chair Volleyball SE 6:00 Comedy Club SE 6:00 Comedy Club</p>	<p>5 Active Aging Week - Emotional E 10:30 Coffee Talk - I am Thankful For E 1:30 Ted Talks - The Importance of Healthy Emotion SO 3:00 Happy Hour - Let's Karaoke! SE 6:00 Timeless Tuesdays - Theater</p>	<p>6 Active Aging Week - Environment CO 10:30 Book Club - Chicken Soup SP 1:30 Bible Study w/ Bob SO 2:30 Garden Party CO 3:30 Euchre Club CO 6:00 Movie Night - Comedy</p>	<p>7 Active Aging Week - Intellectual CO 10:30 Word Scramble Scramble SE 1:30 Entertainment w/ Scott Steelman SP 2:00 Gospel Choir w/ Mary SO 3:00 Meet Your Neighbor Happy Hour CO 4:00 Card Club SE 6:00 Throwback Thursday</p>	<p>8 Active Aging Week - Physical PY 10:30 Total Body Strength & Stretch CO 1:30 Discovering Denmark PY 3:00 Cornhole SE 6:30 Friday Night at The Movies</p>	<p>9 Active Aging Week - Professional PY 10:30 Group Exercise CO 11:00 Trivia & More SO 2:00 BINGO SO 3:00 Seniors on Purpose Craft Sale Prep CO 6:00 Table Games</p>
<p>10 Active Aging Week - Spirituality SP 10:30 Catholic Communion Services SP 11:00 Church Service w/ Bob & Margo SE 1:30 Pet Therapy w/ Scout CO 2:00 Card Club SE 6:00 Sunday Evening Movie</p>	<p>11 Columbus Day PY 10:30 Morning Exercise CO 11:00 Columbus Day Trivia SO 2:00 BINGO PY 3:00 Wii Bowling SE 6:00 Comedy Club</p>	<p>12 PY 10:30 Chair Yoga CO 11:00 Four Seasons Trivia SE 2:00 Virtual Sky Diving SO 3:00 Happy Hour - Trivia Challenge SE 6:00 Timeless Tuesdays - Theater</p>	<p>13 SP 10:30 Gospel Choir w/ Mary SP 1:30 Bible Study w/ Bob CR 2:30 Crafting w/ Melody CO 3:30 Euchre Club SE 6:00 Movie Night - Comedy</p>	<p>14 SE 11:00 Entertainment w/ Scott Steelman CR 2:00 Name that Disney Tune SO 3:00 Meet Your Neighbor Happy Hour CO 4:00 Card Club SE 6:00 Throwback Thursday</p>	<p>15 PR 9:30 Shopping Trip to Meijer PY 10:30 Drumming SO 2:00 Pizza Party CO 3:00 21 Blackjack SE 6:30 Friday Night at The Movies</p>	<p>16 PY 10:30 Group Exercise CO 11:00 Trivia & More SO 2:00 BINGO SO 3:00 Saturday Social CO 6:00 Table Games</p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>17</p> <p>SP 10:30 Catholic Communion Services</p> <p>SP 11:00 Church Service w/ Bob & Margo</p> <p>SE 1:30 Pet Therapy w/ Scout</p> <p>CO 2:00 Card Club</p> <p>SE 6:00 Sunday Evening Movie</p>	<p>18</p> <p>PY 10:30 Morning Exercise</p> <p>CR 11:00 1970's Music Trivia</p> <p>SO 2:00 BINGO</p> <p>PY 3:00 Chair Volleyball</p> <p>SE 6:00 Comedy Club</p>	<p>19</p> <p>SO 10:30 Coffee Talk - Halloween</p> <p>PR 10:30 Grab & Go Shop</p> <p>CR 1:30 Chopped Competition</p> <p>SO 3:00 Happy Hour - Karaoke</p> <p>SE 6:00 Timeless Tuesdays - Theater</p>	<p>20</p> <p>SE 10:30 Drumming Circle</p> <p>SP 1:30 Bible Study w/ Bob</p> <p>CR 2:30 Crafting w/ Melody</p> <p>CO 3:30 Euchre Club</p> <p>CR 4:45 Dinner Theater</p> <p>SE 6:00 Movie Night - Comedy</p>	<p>21</p> <p>PR 10:30 Cooking Club - Homemade Spaghetti Sauce</p> <p>PY 2:00 Cornhole</p> <p>SO 3:00 Meet Your Neighbor Happy Hour</p> <p>CO 4:00 Card Club</p> <p>SE 6:00 Throwback Thursday</p>	<p>22</p> <p>PY 10:30 Chair Dancing</p> <p>CO 11:00 It's in a Name</p> <p>SO 2:00 Mambo Italiano Party</p> <p>CO 3:00 Card Club</p> <p>SE 6:30 Friday Night at The Movies</p>	<p>23</p> <p>PY 10:30 Group Exercise</p> <p>CO 11:00 Trivia & More</p> <p>SO 2:00 BINGO</p> <p>SO 3:00 Saturday Social</p> <p>CO 6:00 Table Games</p>
<p>24</p> <p>SP 10:30 Catholic Communion Services</p> <p>SP 11:00 Church Service w/ Bob & Margo</p> <p>SE 1:30 Pet Therapy w/ Scout</p> <p>CO 2:00 Card Club</p> <p>SE 6:00 Sunday Evening Movie</p>	<p>25</p> <p>PY 10:30 Morning Exercise</p> <p>CO 11:00 Brain Aerobics</p> <p>SO 2:00 BINGO</p> <p>PY 3:00 Wii Bowling</p> <p>SE 6:00 Comedy Club</p>	<p>26</p> <p>SO 10:30 Coffee Talk - Do You Believe in Ghosts?</p> <p>PR 10:30 The Grab & Go Shop</p> <p>CR 1:30 Drama Club - Halloween Hijinks</p> <p>SO 3:00 Happy Hour - Who, What, When?</p> <p>SE 6:00 Timeless Tuesdays - Theater</p>	<p>27</p> <p>CR 10:30 Baking Club</p> <p>SP 1:30 Bible Study w/ Bob</p> <p>CR 2:30 Crafting w/ Melody</p> <p>CO 3:30 Euchre Club</p> <p>SE 6:00 Movie Night - Comedy</p>	<p>28</p> <p>CR 10:30 How Chocolate is Made</p> <p>SP 2:00 Chocolate Celebration</p> <p>SO 3:00 Meet Your Neighbor Happy Hour</p> <p>CO 4:00 Card Club</p> <p>SE 6:00 Throwback Thursday</p>	<p>29</p> <p>PR 9:30 Target Shopping Trip</p> <p>PY 10:30 Drumming Circle</p> <p>CR 1:30 Talent Show</p> <p>SO 2:30 Costume Party</p> <p>SE 6:30 Friday Night at The Movies</p>	<p>30</p> <p>PY 10:30 Group Exercise</p> <p>CO 11:00 Trivia & More</p> <p>SO 2:00 BINGO</p> <p>SO 3:00 Saturday Social</p> <p>CO 6:00 Table Games</p>
<p>31 Halloween</p> <p>SP 10:30 Catholic Communion Services</p> <p>SP 11:00 Church Service w/ Bob & Margo</p> <p>SE 1:30 Pet Therapy w/ Scout</p> <p>CO 2:00 Card Club</p> <p>SE 6:00 Sunday Evening Movie</p>						