



PARKROSE ESTATES  
A GRACE MGMT COMMUNITY

# SEPTEMBER 2021

7251 Janus Park Drive  
Liverpool, New York 13088  
315-452-9500  
[www.parkroseestates.com](http://www.parkroseestates.com)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>CC - Cognitive CR - Creative E - Emotional PY - Physical PR - Purposeful SE - Sensory SC - Social SP - Spiritual</p>	<p>Location Key: Activity Room A Back Patio B Coffee Cafe' C Front Patio F Library Li Lobby L Private Dining Room PD Theater T</p>	<p>Medical Appointments Monday -Thursday 8am-12pm See Concierge to sign up. Appointments must be made at least 48 hours in advance.</p>	<p>1 PR 9:30 Resident/Food/Act. Meeting A PR 1:15 <b>Shopping: Wegmans *sign up</b> PY 1:30 Bocce Ball F/A CO 3:00 Clever Endeavor A SO 6:00 Pitch C E 6:30 Movie: First Man A</p>	<p>2 PY 9:30 Walking Club L SP 10:00 Bible Study C SP 1:30 Protestant Church Service T CO 3:00 Password A SO 6:00 Games Night A</p>	<p>3 PY 9:30 Exercise A CO 10:00 Brain Fitness C SP 11:05 Rosary T PR 1:30 Parkrose Gazette Newspaper Meeting C SO 3:00 Happy Hour w/Bob Lyna A E 6:30 Movie: Now and Then A</p>	<p>4 PY 9:30 Walking Club L CO 10:00 Name that Croon A SO 1:30 Quarter Bingo -10 quarters A SO 3:00 Ice Cream Sandwiches on the Front Patio (Ice Cream Sandwich Month) SO 6:00 Dominoes C E 6:30 Movie: State Fair A</p>
<p>5 SP 10:30 Church Devotional T SO 1:30 Quarter Bingo -10 quarters A PR 3:00 <b>Trip: Cindy's Surprise Trip *sign up</b> E 6:30 Movie: Pinocchio A</p>	<p>6 <b>Labor Day</b> PY 9:30 Walking Club L PY 10:15 Wii Bowling T CO 1:30 Brain Fitness: - Labor Day C SO 3:00 Labor Day Celebration w/John Vona A E 6:30 Movie: Miracle A</p>	<p>7 <b>Rosh Hashanah Begins</b> PY 9:30 Exercise A CO 10:05 Last Letter Game A SP 1:15 Ecumenical Service T PR 1:15 <b>Shopping: Dollar Tree \$ *sign up</b> SP 1:45 Rosary T CR 3:00 Sing Along with Suzie: In the Mood A SO 6:00 Pinochle C</p>	<p>8 9:00 <b>Back to School Memories Day</b> PY 9:30 Chair Tai Chi w/Gwen A PR 1:15 <b>Shopping: Wegmans *sign up</b> CO 1:30 Parkrose Spelling Bee A SO 3:00 'Rithmetic Bingo A SO 6:00 Pitch C E 6:30 Movie: School of Rock A</p>	<p>9 PY 9:30 Walking Club L SP 10:00 Bible Study C PY 1:30 Putt Putt F/A SO 3:00 Parkrose Downs "Back to School" Races A SO 6:00 Campfire &amp; Smores on the Back Patio</p>	<p>10 PY 9:30 Exercise A CO 10:00 Brain Fitness C SP 11:05 Rosary T PR 11:30 <b>Trip: Picnic @ the Young's House</b> SO 3:00 Happy Hour w/Deb &amp; John Puma A E 6:30 Movie: Legends of the Fall A</p>	<p>11 PY 9:30 Walking Club L CO 10:00 Guess What? Game A SO 1:30 Quarter Bingo -10 quarters A SO 6:00 Dominoes C E 6:30 Movie: The Man from Snowy River A</p>
<p>12 <b>Grandparent's Day</b> 9:00 <b>National Assisted Living Week "We Are Family" Day</b> SP 10:30 Church Devotional T CO 1:30 Brain Fitness: - Grandparent's Day C SO 3:00 Grandparent's Day Celebration w/Andy Rudy A E 6:30 Movie: The Family Man A</p>	<p>13 9:00 <b>"We Are Compassion" Day</b> PY 9:30 Walking Club L PY 10:00 Wii Bowling T PR 11:00 <b>Trip: Erie Canal Boat Trip \$25 *sign up</b> PY 1:30 Corn Hole F/A SO 3:00 Quarter Bingo -10 quarters A E 6:30 TV Classics: The Beverly Hillbillies T</p>	<p>14 9:00 <b>"We Are Caring" Day</b> PY 9:30 Exercise A SO 10:05 Penny Pokeno (10 pennies) A SP 1:15 Ecumenical Service T SP 1:45 Rosary T SE 3:00 Self Care-Music Assisted Relaxation w/Kristin A SO 6:00 Pinochle C</p>	<p>15 <b>Yom Kippur Begins</b> 9:00 <b>"We Are Community" Day (Food Drive -see flyer)</b> PY 9:30 Bodies in Motion - Exercise Stations A SO 10:15 Coffee &amp; News C E 1:00 (1 &amp; 6:30pm) Movie: Together Again T PR 1:15 <b>Shopping: Wegmans</b> CO 3:00 Smarter than a 5th Grader? A SO 6:00 Pitch C</p>	<p>16 9:00 <b>"We Are Good Neighbors" Day</b> PY 9:30 Walking Club L SP 10:00 Bible Study C PY 1:30 Balloon Volleyball A CR 3:00 Craft to pass on to a "Good Neighbor": Burlap Wreath A SO 6:00 Retro Games Night A</p>	<p>17 9:00 <b>"We Are Home" Day</b> PY 9:30 Exercise A CO 10:00 Brain Fitness C SP 11:05 Rosary T E 1:00 (1 &amp; 6:30pm) Movie: The Wizard of Oz T E 1:30 Reminiscing with Cindy C SO 3:00 Happy Hour w/Jerry Cali A</p>	<p>18 9:00 <b>"We Are Living Gracefully" Day *Wear Purple</b> PY 9:30 Walking Club L PR 10:00 Pampered Nails C E 1:00 (1 &amp; 6:30pm) Movie: Saving Grace T SO 1:30 Quarter Bingo -10 quarters A SO 3:00 Happy Cat Month Social A SO 6:00 Dominoes C</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>19</b></p> <p><b>SP 10:30</b> Church Devotional T</p> <p><b>E 1:00</b> (1 &amp; 6:30pm) Movie: Autumn Hearts: A New Beginning T</p> <p><b>SO 1:30</b> Quarter Bingo -10 quarters A</p> <p><b>CO 3:00</b> Wheel of Fortune A</p>	<p><b>20</b></p> <p><b>PY 9:30</b> Walking Club L</p> <p><b>PY 10:15</b> Wii Bowling T</p> <p><b>PR 11:30</b> (11:30-1pm) Battery Replacement &amp; Jewelry Cleaning L</p> <p><b>PR 1:15</b> <b>Shopping: Walmart *sign up</b></p> <p><b>CO 1:30</b> Armchair Travelers: Savannah Georgia A</p> <p><b>CO 3:00</b> Scattergories A</p> <p><b>E 6:30</b> Just for Laughs: The Honeymooners T</p>	<p><b>21</b></p> <p><b>PY 9:30</b> Exercise A</p> <p><b>CO 10:05</b> Person, Vegetable, or Bird Game A</p> <p><b>SP 1:15</b> Ecumenical Service T</p> <p><b>SP 1:45</b> Rosary T</p> <p><b>CO 3:00</b> Family Feud A</p> <p><b>SO 6:00</b> Pinochle C</p>	<p><b>22</b> <b>Fall Begins</b></p> <p><b>PY 9:30</b> Chair Yoga w/Gwen A</p> <p><b>SO 10:15</b> Coffee &amp; News C</p> <p><b>E 1:00</b> (1 &amp; 6:30pm) Movie: One Lucky Elephant T</p> <p><b>PR 1:15</b> <b>Shopping: Wegmans *sign up</b></p> <p><b>PY 1:30</b> WR Meeting (members only) C</p> <p><b>SO 3:00</b> Elephant Social (Elephant Appreciation Day) A</p> <p><b>SO 6:00</b> Pitch C</p>	<p><b>23</b></p> <p><b>PY 9:30</b> Walking Club L</p> <p><b>SP 10:00</b> Bible Study C</p> <p><b>CO 1:30</b> Hollywood Review: Joanne Woodward A</p> <p><b>CR 3:00</b> Crafts: Peachy Keen Decoration A</p> <p><b>SO 6:00</b> Games Night A</p>	<p><b>24</b></p> <p><b>PY 9:30</b> Exercise A</p> <p><b>CO 10:00</b> Brain Fitness C</p> <p><b>SP 11:05</b> Rosary T</p> <p><b>PR 11:30</b> <b>Lunch Trip: Nifty Fifties *sign up</b></p> <p><b>SO 3:00</b> Traveling Monthly Birthday Party (floor to floor)</p> <p><b>E 6:00</b> Old Time Radio with Rich A</p>	<p><b>25</b></p> <p><b>PY 9:30</b> Walking Club L</p> <p><b>CO 10:00</b> Brain Fitness: - Oktoberfest A</p> <p><b>CO 1:00</b> (1 &amp; 6:30pm) Travel Series: Germany T</p> <p><b>SO 1:30</b> Quarter Bingo -10 quarters A</p> <p><b>SO 3:00</b> Men Only German Chat &amp; Snack C</p> <p><b>SO 6:00</b> Dominoes C</p>
<p><b>26</b></p> <p><b>9:00</b> <b>Johnny Appleseed's Birthday</b></p> <p><b>SP 10:30</b> Church Devotional T</p> <p><b>E 1:00</b> (1 &amp; 6:30pm) Movie: Apple of My Eye T</p> <p><b>SO 1:30</b> Quarter Bingo -10 quarters A</p> <p><b>SO 3:00</b> Apples to Apples Game A</p>	<p><b>27</b></p> <p><b>PY 9:30</b> Walking Club L</p> <p><b>PY 10:15</b> Wii Bowling T</p> <p><b>PR 1:15</b> <b>Trip: Abbott's Apple Farm *sign up</b></p> <p><b>PR 1:30</b> Liverpool Library - Book Delivery Li</p> <p><b>PY 1:30</b> Horseshoes F/A</p> <p><b>CO 3:00</b> Play It By Ear Game A</p> <p><b>CO 6:30</b> Hollywood Legends: Rock Hudson T</p>	<p><b>28</b></p> <p><b>PY 9:30</b> Exercise A</p> <p><b>CO 10:05</b> Buzzword A</p> <p><b>SP 1:15</b> Ecumenical Service T</p> <p><b>SP 1:45</b> Rosary T</p> <p><b>CR 3:00</b> Parkrose Chorus Practice A</p> <p><b>SO 6:00</b> Pinochle C</p>	<p><b>29</b></p> <p><b>PY 9:30</b> Bodies In Motion: - Exercise Stations A</p> <p><b>SO 10:15</b> Coffee &amp; News C</p> <p><b>E 1:00</b> (1 &amp; 6:30pm) Movie: Return to Snowy River T</p> <p><b>PR 1:15</b> <b>Shopping: Wegmans *sign up</b></p> <p><b>SO 1:30</b> Welcome Social (by invitation only) C</p> <p><b>CO 3:00</b> Jeopardy A</p> <p><b>SO 6:00</b> Pitch C</p>	<p><b>30</b></p> <p><b>PY 9:30</b> Walking Club L</p> <p><b>SP 10:00</b> Bible Study C</p> <p><b>CR 10:00</b> Baking: Apple Crisp A</p> <p><b>CR 1:30</b> Adult Coloring C</p> <p><b>SO 3:00</b> Ladies "Apple" Tea A</p> <p><b>PR 4:30</b> <b>Dinner Club Trip: Ruby Tuesdays \$ *sign up</b></p>		

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