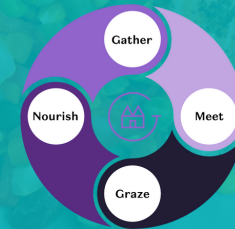




PARKROSE ESTATES
A GRACE MGMT COMMUNITY
It's not like home.
It *is* home.™

SAMPLE MENU

Assorted beverages and snacks always available.



Graceful Dining
GRACE MGMT INC

BREAKFAST

SUNDAY

- Bacon Cheese Omelet, Egg of Choice
- Hash Browns
- Fresh Fruit
- Toast of Choice

MONDAY

- Cinnamon Belgian Waffles
- Hash Browns
- Bacon
- Fresh Fruit
- Toast of Choice

TUESDAY

- Bacon Egg and Avocado Toast
- Sausage Links
- Hash Browns
- Fresh Fruit
- Toast of Choice

WEDNESDAY

- Sausage Biscuit with Sausage Link
- Hash Browns
- Fresh Fruit
- Toast of Choice

THURSDAY

- Bagel and Cream Cheese
- Hash Browns
- Fresh Fruit
- Toast of Choice

FRIDAY

- Egg Veggie Muffins
- Bacon or Sausage
- Hash Browns
- Fresh Fruit
- Toast of Choice

SATURDAY

- German Pancakes
- Hash Browns
- Bacon
- Fresh Fruit
- Toast of Choice

LUNCH

SUNDAY

- Roasted Chicken and Potatoes
- Homestyle Beef Soup
- Carrot Apple Celery Salad
- Harvest Beets
- Baked Roll
- Apple Pie Ala Mode

MONDAY

- Grilled Cheese Bacon Pear Sandwich
- Cream of Tomato Soup
- Cucumber Tomato Salad
- Lemon Meringue Pie

TUESDAY

- Ranch Burger
- Broccoli Cheese Soup
- Pickle Relish Plate
- Sweet Potato Fries
- Ice Cream Sandwich

WEDNESDAY

- Alaskan Fish and Chips
- Taco Soup
- Green Beans
- BBQ Baked Beans
- Double Chocolate Chip Cookie

THURSDAY

- Avocado Mango Scallop Salad
- Basil Chicken Soup
- Carrots and Leeks
- Baked Sweet Potato Wedges
- Apple Brownies

FRIDAY

- Classic Taco Salad
- Matzo Ball Soup
- Vinaigrette Tomatoes
- Parmesan Breadsticks
- Carmel Chocolate Sundae

SATURDAY

- Margherita Flatbread Pizza
- Garden Vegetable Soup
- Fresh Asparagus
- Baked Roll
- Zucchini Bar

DINNER

SUNDAY

- Herbed Roast with Vegetables
- Ambrosia Jello Salad
- Bacon Sauteed Lima Beans
- Baked Roll
- Fruit Cocktail Bars

MONDAY

- Grilled T-Bone Steak with Demi Glaze
- Caesar Salad
- Loaded Baked Potato
- Baked Roll
- Chocolate Sour Cream Cake

TUESDAY

- Buttermilk Baked Chicken
- Romaine Salad with Avocado Dressing
- Confetti Rice Pilaf
- Crusty Garlic Bread
- Banana Split Dessert

WEDNESDAY

- Seared Ahi Tuna
- Artichoke Pasta Salad
- Scalloped Potatoes
- Parsley Carrots
- Baked Roll
- Banana Chocolate Cream Pie

THURSDAY

- Turkey Roast with Stuffing
- Peach Lemon Salad
- Candied Yams
- Chef's Sauteed Vegetables
- Baked Roll
- Maple Bread Pudding

FRIDAY

- Chicken Piccata
- Picnic Salad Bowl
- Lemon Rice
- Lemon Pepper Green Beans
- Baked Roll
- Berry Banana Trifle

SATURDAY

- Roasted Rosemary Pork
- Strawberry Cranberry Jello Salad
- Baked Potato
- Sauteed Swiss Chard
- Baked Roll
- Peach Crisp

