



**HERITAGE OAKS**  
A GRACE MGMT COMMUNITY

# JANUARY 2022

1100 German School Road  
Richmond, Virginia 23225  
804-323-3800  
[www.heritageoaksseniorliving.com](http://www.heritageoaksseniorliving.com)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>CO</b> - Cognitive <b>CR</b> - Creative <b>PY</b> - Physical <b>PR</b> - Purposeful <b>SO</b> - Social <b>SP</b> - Spiritual</p>	<p>Location Keys Activity Room-R Jefferson Room-JR Chapel-C Outside -O Atrium-A Library-L Cafe-C</p>	<p>Residents Birthdays Parthenia Pollard 1/1 Jean Shackelford 1/1 Geraldine Bannister 1/3 Sheree Towle 1/6 Rick Madron 1/7</p>	<p>Joan Hausman 1/9 Irene Pittman 1/11 Stephen Holbrook 1/15 Dorothy Zawacki 1/15 Nell Carper 1/16</p>	<p>Joann Armillotti 1/16 Norman Blankenship 1/18 Anne Schring 1/21 Barbara Proffitt 1/21</p>	<p>Rainy Anderson 1/24 Gaynell Hendrick 1/29 Susan Hinkle 1/30 Stan Kidwell 1/30</p>	<p><b>1</b> <b>New Year's Day</b> <b>SP</b> 10:30 Communion [CH] <b>SP</b> 10:30 Worship Service w/ Dr. Harbuck [CH] <b>SO</b> 1:00 Easy Listening Music [A]</p>
<p><b>2</b> <b>CR</b> 1:00 Cards [L] <b>CR</b> 1:00 Easy Listening [A]</p>	<p><b>3</b> <b>PY</b> 10:00 Moving to the Beat (A) <b>SO</b> 10:30 Coffee Chat (C) <b>PY</b> 10:45 Wii Bowling (AR) <b>CR</b> 1:30 Art Class w/ Jackie (A) <b>PY</b> 3:00 Corn Hole (A)</p>	<p><b>4</b> <b>PY</b> 10:00 Moving to the Beat (A) <b>SO</b> 10:30 Coffee Chat (C) <b>PY</b> 10:45 Wii Bowling (AR) <b>CO</b> 1:30 Hangman (A) <b>SO</b> 3:00 Wine Tuesday (A)</p>	<p><b>5</b> <b>PY</b> 10:45 Wii Bowling (AR) <b>PR</b> 11:00 Bank/Post Office (O) <b>PR</b> 1:00 Shopping Trip to Marshall (O) <b>SP</b> 2:30 Devotions [C]</p>	<p><b>6</b> <b>PY</b> 10:00 Moving to the Beat (A) <b>SO</b> 10:30 Coffee Chat (C) <b>PY</b> 10:45 Wii Bowling (AR) <b>SO</b> 1:30 Music Performance by Ann Petty (O) <b>PY</b> 3:00 Ring Toss (O)</p>	<p><b>7</b> <b>SO</b> 9:00 Walmart (O) <b>SO</b> 10:30 Coffee Chat (C) <b>PY</b> 10:45 Wii Bowling (AR) <b>SO</b> 12:00 Lunch to The Grill at Waterford (O) <b>SO</b> 3:00 Happy Hour [AR]</p>	<p><b>8</b> <b>SP</b> 10:30 Worship Service w/ Dr. Harbuck [CH] <b>SO</b> 1:00 Easy Listening Music [A]</p>
<p><b>9</b> <b>CR</b> 1:00 Cards [L] <b>CR</b> 1:00 Easy Listening [A]</p>	<p><b>10</b> <b>PY</b> 10:00 Moving to the Beat (A) <b>SO</b> 10:30 Coffee Chat (C) <b>PY</b> 10:45 Wii Bowling (AR) <b>SO</b> 1:00 Music Performance w/ Craig Anders (A) <b>CO</b> 3:00 Pokeno (AR)</p>	<p><b>11</b> <b>PY</b> 10:45 Wii Bowling (AR) <b>SO</b> 1:30 Valentine Museum Presents: Leading Women of Richmond Part 1 (A) <b>CO</b> 3:00 Family Feud (A)</p>	<p><b>12</b> <b>PY</b> 10:45 Wii Bowling (AR) <b>SO</b> 12:00 Fast Food Run to Arby's (O) <b>SP</b> 2:30 Devotions [C] <b>SO</b> 3:30 Wine Wednesday w/ Debra and Patrick [A]</p>	<p><b>13</b> <b>PY</b> 10:00 Moving to the Beat (A) <b>SO</b> 10:30 Coffee Chat (C) <b>PY</b> 10:45 Wii Bowling (AR) <b>PY</b> 1:30 Boccee Ball (A) <b>CO</b> 3:00 5 Cent Bingo (AR)</p>	<p><b>14</b> <b>SO</b> 9:00 Walmart (O) <b>SO</b> 10:30 Coffee Chat (C) <b>PY</b> 10:45 Wii Bowling (AR) <b>SO</b> 12:00 Lunch at Cheesecake Factory (O) <b>SO</b> 3:00 Happy Hour [AR]</p>	<p><b>15</b> <b>SP</b> 10:30 Worship Service w/ Dr. Harbuck [CH] <b>SO</b> 1:00 Easy Listening Music [A]</p>
<p><b>16</b> <b>CR</b> 1:00 Cards [L] <b>CR</b> 1:00 Easy Listening [A]</p>	<p><b>17</b> <b>Martin Luther King Day</b> <b>PY</b> 10:00 Moving to the Beat (A) <b>SO</b> 10:30 Coffee Chat (C) <b>PY</b> 10:45 Wii Bowling (AR) <b>SO</b> 1:30 Music Performance w/ Dan and Janelle (A) <b>SO</b> 3:00 Midday Movie (A)</p>	<p><b>18</b> <b>PY</b> 10:00 Moving to the Beat (A) <b>SO</b> 10:30 Coffee Chat (C) <b>PY</b> 10:45 Wii Bowling (AR) <b>CR</b> 1:30 Art Performance w/ Phil Mckenny (A) <b>SO</b> 3:00 Wine Tuesday (A)</p>	<p><b>19</b> <b>SO</b> 10:30 Coffee Chat (C) <b>PY</b> 10:45 Wii Bowling (AR) <b>SO</b> 12:00 Shopping to Ross (O) <b>SP</b> 2:30 Devotions [C] <b>SO</b> 3:30 Activity Store Shopping (JR)</p>	<p><b>20</b> <b>PY</b> 10:00 Moving to the Beat (A) <b>SO</b> 10:30 Coffee Chat (C) <b>PY</b> 10:45 Wii Bowling (AR) <b>PY</b> 1:30 Corn Hole (AR) <b>CO</b> 3:00 Wheel of Fortune (AR)</p>	<p><b>21</b> <b>SO</b> 9:00 Walmart (O) <b>SO</b> 10:30 Coffee Chat (C) <b>PY</b> 10:45 Wii Bowling (AR) <b>SO</b> 12:00 Lunch at Kreggers (O) <b>SO</b> 3:00 Happy Hour w/ Sam Singleton [AR]</p>	<p><b>22</b> <b>SP</b> 10:30 Worship Service w/ Dr. Harbuck [CH] <b>SO</b> 1:00 Easy Listening Music [A]</p>
<p><b>23</b> <b>CR</b> 1:00 Cards [L] <b>CR</b> 1:00 Easy Listening [A]</p>	<p><b>24</b> <b>PY</b> 10:00 Moving to the Beat (A) <b>SO</b> 10:30 Coffee Chat (C) <b>PY</b> 10:45 Wii Bowling (AR) <b>SO</b> 1:30 Meet and Greet New Resident Social <b>CO</b> 3:00 Grab Bag Bingo (A)</p>	<p><b>25</b> <b>PY</b> 10:00 Moving to the Beat (A) <b>SO</b> 10:30 Coffee Chat (C) <b>PY</b> 10:45 Wii Bowling (AR) <b>PY</b> 1:30 Pokeno (AR) <b>SO</b> 3:00 Wine Tuesday (A)</p>	<p><b>26</b> <b>SO</b> 10:30 Coffee Chat (C) <b>PY</b> 10:45 Wii Bowling (AR) <b>SO</b> 12:00 Shopping to Gabe's (O) <b>SP</b> 2:30 Devotions [C]</p>	<p><b>27</b> <b>PY</b> 10:00 Moving to the Beat (A) <b>SO</b> 10:30 Coffee Chat (C) <b>PY</b> 10:45 Wii Bowling (AR) <b>CO</b> 1:30 Hangman (A) <b>SO</b> 3:00 National Chocolate Cake Day Social (A)</p>	<p><b>28</b> <b>SO</b> 9:00 Walmart (O) <b>SO</b> 10:30 Coffee Chat (C) <b>PY</b> 10:45 Wii Bowling (AR) <b>SO</b> 12:00 Lunch Outing to PF Chang (O) <b>SO</b> 3:00 Happy Hour [AR]</p>	<p><b>29</b> <b>SP</b> 10:30 Worship Service w/ Dr. Harbuck [CH] <b>SO</b> 1:00 Easy Listening Music [A]</p>
<p><b>30</b> <b>CR</b> 1:00 Cards [L] <b>CR</b> 1:00 Easy Listening [A]</p>	<p><b>31</b> <b>PY</b> 10:00 Moving to the Beat (A) <b>SO</b> 10:30 Coffee Chat (C) <b>PY</b> 10:45 Wii Bowling (AR) <b>CO</b> 1:30 5 Cent Bingo (A) <b>SO</b> 3:00 Residents' Birthday Celebration (A)</p>					

Events are Subject to Change.