



BELVEDERE COMMONS OF FRANKLIN

A GRACE MGMT COMMUNITY

It's not like home. It *is* home.™

Your Team

John Pugh. Executive Director
Cynthia Brooks// Business Office Manager
Christina Leone // Sales Director
Brian Sanson// Maintenance Director
Bethany Shivley// Director of Nursing
Nikita Haynes//Village Program Coordinator
Debbie Lyell// Village Program Manager
David Hutton// Life Enrichment Director
Faye Cartwright// Food Service Director

Resident Birthdays

HAPPY BIRTHDAY!!
Gail S. 1/24

Staff Birthdays

Happy Birthday!!
Jane B. 1/1
Jeana B. 1/9
Christina S. 1/12
Ashley F. 1/28

Welcome to the Family

Our story is yours. We grow older and wiser but are sure to never lose the spark that started it all. Grace Management Continues to evolve, and we're ever more dedicated to nurturing our company and our team to be healthy contributors to communities across the U.S. Delivering exceptional living experiences, we can focus on the big issues that concern the daily lives of our residents-from healthcare and finances to overall quality of life-while never losing sight of the details that matter most: the connections we make along the way.

Emma P.

Gerri P.

Jim M.

June B.

Marjorie C.

Mary S.

John D.

Harry P.

Jarvis S.

Steve R.

Natasha R.

Buzz L.

<div>  <div> BELVEDERE COMMONS OF FRANKLIN A GRACE MGMT COMMUNITY </div> </div> <div> <h1>JANUARY 2022</h1> <p>Belvedere Commons of Franklin- Village Program</p> </div> <div>  <div> 303 South Royal Oaks Boulevard Franklin, Tennessee 37064 615-794-6693 www.belvederecommonsfranklin.com </div> </div>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div> CO - Cognitive CR - Creative E - Emotional PY - Physical PR - Purposeful SE - Sensory SO - Social SP - Spiritual </div>						<div>1</div> <div>New Year's Day</div> <div> SP 10:15 Daily Devotional PY 10:45 Chair Yoga " Let it Snow" PY 1:30 Corn Hole Toss SO 3:00 Snack and Chat SO 3:30 Classic TV </div>
<div>2</div> <div> SP 10:00 Worship SO 11:00 Fellowship Hour PY 1:30 Balloon Volleyball CO 3:00 "Guess Who" PY 3:30 Ball Toss </div>	<div>3</div> <div> PY 10:15 Seniorsize SP 10:30 Sing-a-long w/ Nikita CO 11:00 Lets Clip Coupons CR 1:30 What's in the Bag? CO 3:30 Family Feud </div>	<div>4</div> <div> CO 10:30 Book Club SO 11:00 Treatastic Tuesday SO 1:30 Bingo PY 2:30 Ring Toss CO 3:30 Charades </div>	<div>5</div> <div> CO 9:30 Daily News SE 10:15 Bake Wednesday CO 10:30 Easy Does it Trivia CR 1:30 Felt Mittens Craft PY 3:30 Dart Board Challenge </div>	<div>6</div> <div> CO 9:30 On This Day SO 10:00 Cinema Time PR 11:00 Helping Hands PY 1:30 Connect 4 CO 3:30 Fact or Crap </div>	<div>7</div> <div> CO 9:30 Coffee and Chronicle SP 10:15 Devotions PY 10:45 Aerobics SO 1:30 Bingo SO 3:30 Bus Ride to Sonic </div>	<div>8</div> <div> PY 10:15 Workout Time PR 10:45 Hydrate Your Thirst CO 1:30 Get To Know Your Neighbor PY 3:00 Hand Massages PY 3:30 Blurt </div>
<div>9</div> <div> SP 10:00 Worship SO 11:00 Fellowship Hour SO 1:30 Bingo Match CO 3:00 Word Ladder CO 3:30 Charades </div>	<div>10</div> <div> PY 10:15 Yoga and Mimosa SP 10:30 Sing-a-long w/ Nikita E 11:00 Reminisce SO 1:30 Performance by Ken Cooper CO 3:30 Winter Word Search </div>	<div>11</div> <div> CO 10:30 Book Club SO 11:00 Who Am I? SO 1:30 Men's Club PY 2:30 Catch and Toss SO 3:30 Bingo </div>	<div>12</div> <div> CO 9:30 Daily News SP 10:15 Devotions PY 10:30 Aerobics CR 1:30 Popsicle Stick Snowman Craft PY 3:30 Sit-Down-Soccer </div>	<div>13</div> <div> SE 9:30 Sensory Room CO 10:30 Call Out the Answer CO 11:00 Hangman SO 1:30 Birthday Party CO 3:30 "Picture it" </div>	<div>14</div> <div> CO 9:30 Travel the Globe SP 10:15 Devotions PY 10:45 Aerobics SO 1:30 Bingo SO 3:30 Bus Ride to McDonald's </div>	<div>15</div> <div> SP 10:15 Daily Devotional CO 10:45 Trivia CR 1:30 Snow Globe Craft E 3:00 Remember When? CO 3:30 Winter Spelling Bee </div>
<div>16</div> <div> SP 10:00 Worship SO 11:00 Fellowship Hour PY 1:30 Ring Toss CO 3:00 What's The Missing Last Letter PY 3:30 Connect 4 </div>	<div>17</div> <div>Martin Luther King Day</div> <div> PY 10:15 Seniorsize SP 10:30 Sing-a-long w/ Nikita CO 11:00 MLK Facts CR 1:30 MLK Let Freedom Ring Craft CO 3:30 Tea and Cookies </div>	<div>18</div> <div> CO 10:30 Book Club CO 11:00 What Am I? SO 1:30 Bingo PY 2:30 Parachute The Ball E 3:30 Remember When? </div>	<div>19</div> <div> CO 9:30 Daily News SE 10:15 Bake Wednesday CO 10:30 Bible Trivia CR 1:30 Little Penguins No Sew Craft PY 3:30 Wheel of Fun </div>	<div>20</div> <div> CO 9:30 On This Day SO 10:00 Cinema Time PY 11:00 Helping Hands SO 1:30 Nutrition w/ Nikita PY 3:30 Bean Bag Toss </div>	<div>21</div> <div> CO 9:30 Coffee and Chronicle SP 10:15 Devotions PY 10:45 Aerobics SO 1:30 Bingo SO 3:30 Bus Ride to Krispy Kreme </div>	<div>22</div> <div> PY 10:15 Workout Time PY 10:45 Hydrate Your Thirst SO 1:30 Coke Floats CO 3:00 Fun Facts CO 3:30 Name that Tune </div>
<div>23</div> <div> SP 10:00 Worship SO 11:00 Fellowship Hour PY 1:30 Jenga/ Uno Stacko CO 3:00 Common Bonds CO 3:30 Would You Rather </div>	<div>24</div> <div> PY 10:15 Yoga and Mimosa SP 10:30 Sing-a-long w/ Nikita CO 11:00 Fill in the Blank PY 1:30 Baseball Challenge CO 3:00 Storytime </div>	<div>25</div> <div> CO 10:30 Book Club SO 11:00 Who Am I? SO 1:30 Bingo PY 2:30 Bounce and Pass PY 3:30 Hand Massages </div>	<div>26</div> <div> CO 9:30 Daily News SP 10:15 Devotions PY 10:30 Aerobics CR 1:30 Clothespin Snowflake Craft PY 3:30 Going for Gold </div>	<div>27</div> <div> SE 9:30 Sensory Room CO 10:30 Finish the Phrase CO 11:00 Star of the Month SO 1:30 Performance By Bill Sleeter </div>	<div>28</div> <div> CO 9:30 Travel the Globe SP 10:15 Devotions PY 10:45 Aerobics SE 11:00 Fresh Fruit Friday SO 1:30 Bingo SO 3:30 Bus Ride to Taco Bell </div>	<div>29</div> <div> SP 10:15 Daily Devotional PY 10:45 Walk Club PY 1:30 Noodle Volleyball CO 3:00 Current Events CO 3:30 Swinging to the Oldies </div>
<div>30</div> <div> SP 10:00 Worship SO 11:00 Fellowship Hour PY 1:30 Tic-Tac-Toe SO 3:00 Snack and Chat PY 3:30 Horseshoe Challenge </div>	<div>31</div> <div> PY 10:15 Seniorsize SP 10:30 Sing-a-long w/ Nikita CO 11:00 "I Spy" PY 1:30 Airhockey CO 3:30 Hangman </div>					

Events are Subject to Change.

Did You Know?

Trivia QUIZ

Question:

Which planet is the hottest in the solar system?

Answer:

Venus

Trivia QUIZ

Question:

Which country consumes the most chocolate per capita?

Answer:

Switzerland

“

Strength doesn't come from winning.
When you go through hardships and
decide not to surrender, that is strength.

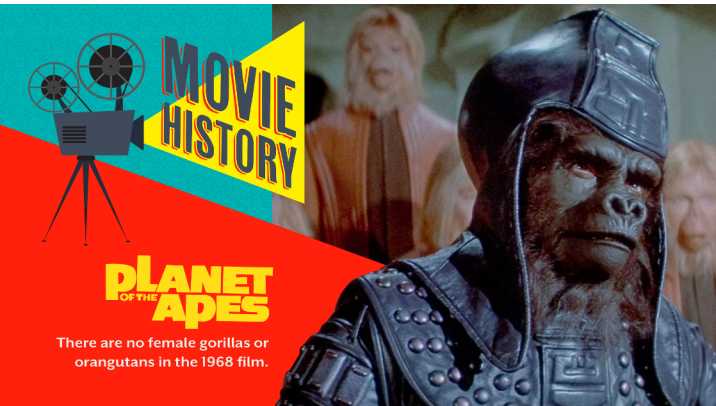
- Arnold Schwarzenegger

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POP CULTURE



By 1955, over three-quarters of a million US households—about half of all homes—had television.





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