

DECEMBER 2021

Belvedere Commons Fort Walton Beach

Merry Christmas!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	DR - Dining Room LR- Living Room CY- Court Yard SR- Sun Room	Nightly Evening Events Soothing Tunes OR Favorite TV program OR Snack and Social	1 SO 9:30 Local News (DR) PY 10:30 Wednesday Work out (DR) 11:30 Lets Play Cards Go Fish (DR) SE 2:00 Bounce Base Ball (SR) I 3:00 Corn Hole (DR)	2 SO 9:30 Howdy Neighbor! (DR) PY 10:30 Morning Stretch (DR) SE 11:30 Bounce Base Ball (SR) CO 2:00 Old maid Matching card game (DR) SO 3:00 Lets Paint (DR)	3 SO 9:30 Current Events (DR) PY 10:30 Friday Fitness (DR) CO 11:30 Bean Bag Toss (DR) CO 2:00 Seek It Cards - Just for fun (DR) CR 3:00 Lets paint (DR)	4 SO 9:30 Meet and Greet (DR) PY 10:30 Yoga Stretch (DR) PY 2:00 Thats Puzzling (DR) E 3:00 Sing Along Tunes (LR)
5 SP 9:00 Morning Prayer (DR) SP 10:30 Read to me from the Bible (LR) SO 11:30 Let Play a Game (LR) SE 2:00 Sensory Boards (DR) PY 3:00 kick Ball (Sun Room)	6 SO 9:30 News Update (DR) PY 10:30 Sit and Stretch (DR) SE 11:30 Bounce Base Ball (SR) SO 2:00 Sing A-long (DR) CO 3:00 Lets Play Card (DR)	7 SO 9:30 Morning News(DR) CO 10:00 Tuesday Tone Up (DR) I 11:30 What if (DR) SO 2:00 Catagories (DR) PY 3:00 Bean Bag Toss (DR)	8 SO 9:30 Coffee Social (DR) PY 10:30 Wednesday Work out (DR) PY 11:30 Bean Bag Toss (DR) I 2:00 Corn Hole (DR) E 3:00 Read Me a Chicken Soup Story (DR)	9 SO 9:30 Local News (DR) PY 10:30 Morning Stretch (DR) SO 11:30 Read to my from the Local Paper (DR) SO 2:00 Old maid((DR) SO 3:00 Color Pages (DR)	10 SO 9:30 Howdy Neighbor (DR) PY 10:30 Friday Fitness (DR) SE 11:30 Bounce Base Ball (SR) CO 2:00 Seek It Cards - Just for fun ((DR) CR 3:00 Lets paint (DR)	11 SO 9:30 Current Events (DR) PY 10:30 Yoga stretch (DR) SE 11:30 Bounce Base Ball (SR) PY 2:00 Thats Puzzling (DR) PR 3:00 Sing along tunes (DR)
12 SP 9:00 Morning Prayer (DR) SP 10:30 Read to me from the Bible (LR) SO 11:30 Lets Sing Christmas Songs (LR) SE 2:00 Bean Bag toss (DR) SE 3:00 Bounce Base Ball (SR)	13 SO 9:30 Meet and Greet (DR) PY 10:30 Sit and Stretch (DR) SE 11:30 Tennis (SR) SO 2:00 Name 3 (DR) CO 3:00 Go Fish Matching game (DR)	14 SO 9:30 News Update (DR) CO 10:00 Tuesday Tone Up (DR) I 11:30 What if (DR) PY 2:00 Color Pages (DR) PY 3:00 Name Three (DR)	15 SO 9:30 Morning News (DR) PY 10:30 Wednesday Work out (DR) CO 11:30 Bean Bag Toss (DR) SE 11:30 Bounce Base Ball (SR) I 2:00 Corn Hole (DR) SO 3:00 Color Pages (DR)	16 SO 9:30 Coffee Social (DR) PY 10:30 Morning Stretch (DR) SO 11:30 Color Pages (DR) 2:00 Old maid((DR) SO 3:00 Lets Paint (DR)	17 SO 9:30 Local News (DR) PY 10:30 Friday Fitness (DR) CO 11:30 Bean Bag Toss (DR) CO 2:00 Seek It Cards - Just for fun ((DR) CR 3:00 Lets paint (DR)	18 SO 9:30 Howdy Neighbor (DR) PY 10:30 Yoga Stretch (DR) PY 2:00 Thats Puzzling (DR) PR 3:00 Memory Game (DR)
19 SP 9:00 Morning Prayer (DR) SP 10:30 Read to me from the Bible (LR) SO 11:30 Snack and Chat (LR) SE 2:00 Sensory Boards (DR) 3:00 Shuffle Board Toss	20 SO 9:00 Good Morning Neighbor (DR) PY 10:30 Sit and Stretch (DR) SE 11:30 Bean Bag Toss (SR) SO 2:00 Puzzle Race (DR) CO 3:00 Categories (DR)	21 Winter Begins SO 9:00 Current Events (DR) CO 10:00 Tuesday Tone Up (DR) I 11:30 What if (DR) PY 2:00 Corn Hole (DR) PY 3:00 Treasure Hunt (DR)	22 SO 9:00 Meet and Greet r(DR) PY 10:30 Wednesday Work out (DR) PY 11:30 Balloon Tennis (DR) I 2:00 Lets play a Game (DR) SO 3:00 Seek and find just for fun cards (DR)	23 SO 9:00 News Update (DR) PY 10:30 Morning Stretch (DR) SO 11:30 Read to my from the Local Paper (DR) 2:00 I Spy((DR) CO 3:00 Lets Play Cards (DR)	24 Christmas Eve SO 9:00 Morning News (DR) PY 10:30 Friday Fitness (DR) CO 11:30 Bean Bag Toss (DR) CO 2:00 Seek It Cards - Just for fun ((DR) CO 3:00 Color Pages	25 Christmas Day SO 9:00 Merry Christmas ! (DR) PY 10:30 Yoga Stretch (DR) PY 2:00 Thats Puzzling (DR) PR 3:00 Thats Puzzling (DR) SO 6:00 Favorite TV program - The Waltonbs (LR)
26 Kwanzaa Begins SP 9:00 Morning Prayer (DR) SP 10:30 Read to me from the Bible (LR) SO 11:30 Corn Hole (LR) SE 2:00 Sensory Boards (DR) SO 3:00 Lets Paint (DR)	27 SO 9:30 Coffee Social (DR) PY 10:30 Sit and Stretch (DR) SE 11:30 Balloon Tennis (SR) SO 2:00 lets play a game (DR) CO 3:00 Shuffle Board toss (DR)	28 SO 9:30 Meet and Greet (DR) CO 10:00 Tuesday Tone Up (DR) I 11:30 What if (DR) PY 2:00 Balloon Tennis (DR) PY 3:00 kick Ball (Sun Room)	29 SO 9:30 Local News (DR) PY 10:30 Wednesday Work out (DR) SE 11:30 Bounce Base Ball (SR) I 2:00 Corn Hole (DR) PY 3:00 Bean Bag Toss (DR)	30 SO 9:30 News Update (DR) PY 10:30 Morning Stretch (DR) SO 11:30 Read to my from the Local Paper (DR) CO 2:00 Old maid((DR) PY 3:00 Corn Hole (DR)	31 New Year's Eve SO 9:30 Howdy Neighbor (DR) PY 10:30 Friday Fitness (DR) CO 2:00 Seek It Cards - Just for fun ((DR) PY 3:00 Corn Hole (DR) CR 3:00 Lets paint (DR)	CO - Cognitive CR - Creative E - Emotional I - Intergenerational PY - Physical PR - Purposeful SE - Sensory SO - Social

Events are Subject to Change.