



# HERITAGE OAKS OF ENGLEWOOD

A GRACE MGMT COMMUNITY

It's not like home. It *is* home.™

## Your Team

**Ronald Aylward** - Executive Director

**Dominic Marino** - Assoc. Executive Director

**Marty Aldridge** - Business Office Mgr

**Chris Snider** - Sales Director

**Sean Krasensky** - Wellness Director

**Twila Young** - Village Program Nurse Mgr.

**Carla Lanning** - Maintenance Director

**Rob Sanders** - Dining Director

**Lisa Young** - Life Enrichment Director

## Resident Birthdays

12/1 - Rita B

12/13 - John H

12/6 - Nick K

12/13 - Adele S

12/9 - Dianne M

12/13 - Gloria L

12/9 - Lee R

12/14 - Sandy D

12/12 - Kate G

12/24 - Rosalie K

12/30 - Gloria G

## Staff Birthdays

12/3 - Julie O

12/20 - Marisol D

12/5 - Xiaojun W

12/20 - Denise L

12/14 - Emmi T

12/24 - Deanna T

12/19 - Shawn A

## Welcome to the Family

Our story is yours. We grow older and wiser but are sure to never lose the spark that started it all. Grace Management Continues to evolve, and we're ever more dedicated to nurturing our company and our team to be healthy contributors to communities across the U.S. Delivering exceptional living experiences, we can focus on the big issues that concern the daily lives of our residents—from healthcare and finances to overall quality of life—while never losing sight of the details that matter most: the connections we make along the way.

**Richard - Clairra**

**James - Skip**

**Bill and  
Catherine**



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# DECEMBER 2021

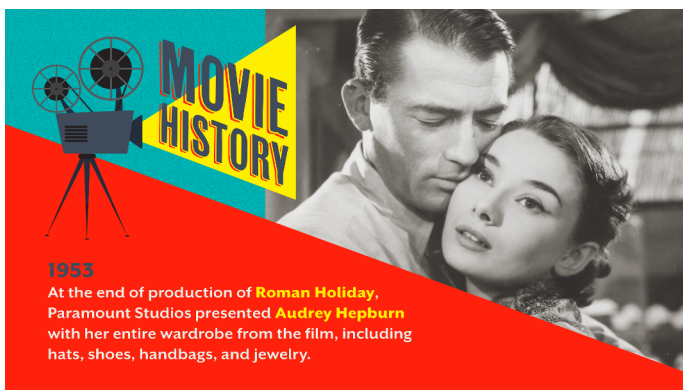
Heritage Oaks of Englewood

Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday
<p><b>CO</b> - Cognitive <b>CR</b> - Creative <b>E</b> - Emotional <b>I</b> - Intergenerational <b>PY</b> - Physical <b>PR</b> - Purposeful <b>SE</b> - Sensory <b>SO</b> - Social <b>SP</b> - Spiritual</p>	<p><b>Birthdays</b> 12/1 - Rita Bauer 12/6 - Nick Kaiser 12/9 - Dianne Maki 12/12 - Kate Gooding 12/13 - Gloria Lyons 12/13 - John Hooper 12/13 - Adele Stewart 12/14 - Sandra Dussault 12/30 - Gloria Gardner</p>	<p><b>Special Events</b> 12/7 - Outing - Venice Theatre 12/9 - Christmas Concert 12/10 - December Birthday Party 12/13 - Jazz Society Concert 12/16 - Christmas Pictures 12/18 - Christmas Lights Bus Ride 12/19 - Children's Christmas Choir 12/20 - Christmas Lights Bus Ride 12/25 - Christmas 12/31 - New Year's Eve Party</p>	<p><b>1</b></p> <p><b>PY</b> 8:50 Bus To San Casa Pool - OT <b>PY</b> 9:30 Legacy Exercises - FC <b>PR</b> 10:00 Men's Coffee - 2L <b>SE</b> 10:15 Fancy Nails - 2B <b>PR</b> 10:30 Independent Cards/Games <b>CO</b> 2:00 Flamingo Bingo - BH <b>PR</b> 3:15 Wine Down Wednesday <b>SE</b> 7:00 Movie Night - MR</p>	<p><b>2</b></p> <p><b>PY</b> 9:30 Be Fit Exercises - FC <b>SP</b> 10:15 Fellowship Gather - MR <b>CO</b> 10:30 Independent Games <b>CO</b> 1:30 Trivia Trivia w/ Trina - 2L <b>SE</b> 2:00 Music Appreciation - MR <b>SO</b> 3:00 Flamingo Bingo - BH <b>SE</b> 7:00 Movie Night - MR</p>
<p><b>5</b></p> <p><b>PY</b> 9:30 Walk with a Friend <b>CR</b> 10:00 Coloring with Jazz - 2B <b>SO</b> 10:00 Flamingo Bingo - BH <b>PR</b> 1:00 Football Game - MR <b>SO</b> 2:30 Sundaes on Sunday - 1B <b>SP</b> 3:15 Bible Study w/ Autumn - MR <b>CR</b> 3:30 Independent Games - BH <b>SO</b> 7:00 Movie Night - MR</p>	<p><b>6</b></p> <p><b>PY</b> 9:30 Be Fit Exercises - FC <b>CR</b> 10:15 Cookie Baking - 2B <b>PY</b> 1:30 Wii Bowling - 1LR <b>CO</b> 2:00 IN2L - Word Grid - MR <b>SO</b> 3:00 Flamingo Bingo - BH <b>SE</b> 7:00 Movie Night - MR</p>	<p><b>7</b></p> <p><b>PY</b> 9:30 Fun &amp; Fitness - FC <b>CR</b> 10:00 Coloring with Jazz - 2B <b>PR</b> 10:15 BP Clinic - 1B <b>SP</b> 10:15 Catholic Comm. - MR <b>PR</b> 2:30 Food Chat - Bistro <b>CO</b> 3:00 Flamingo Bingo - BH <b>SE</b> 6:00 OUTING - OT <b>SO</b> 7:00 Movie Night - MR</p>	<p><b>8</b></p> <p><b>PY</b> 8:50 Bus To San Casa Pool - OT <b>PY</b> 9:30 Legacy Exercises - FC <b>PR</b> 10:00 Men's Coffee - 2L <b>PR</b> 10:15 Legacy Health Talk - MR <b>SP</b> 10:15 Methodist Communion - LR <b>CO</b> 10:30 Independent Cards/Games <b>PR</b> 2:00 Flamingo Bingo - BH <b>CO</b> 3:15 Wine Down Wednesday <b>SE</b> 7:00 Movie Night - MR</p>	<p><b>9</b></p> <p><b>PY</b> 9:30 Be Fit Exercises - FC <b>SP</b> 10:15 Fellowship Gather - MR <b>CR</b> 10:15 Gingerbread Decorating - 1B <b>CO</b> 10:30 Independent Games <b>SE</b> 2:00 Music Appreciation - MR <b>SO</b> 3:00 Flamingo Bingo - BH <b>SE</b> 6:30 Christmas Music w/ Sheryl - 1B <b>SE</b> 7:45 Movie Night - MR</p>
<p><b>12</b></p> <p><b>PY</b> 9:30 Walk with a Friend <b>CR</b> 10:00 Coloring with Jazz - 2B <b>SO</b> 10:00 Flamingo Bingo - BH <b>PR</b> 1:00 Football Game - MR <b>PR</b> 2:00 Bealls Outlet Shopping - OT <b>SO</b> 2:30 Sundaes on Sunday - 1B <b>SP</b> 3:15 Bible Study w/ Autumn - MR <b>CR</b> 3:30 Independent Games - BH <b>SO</b> 7:00 Movie Night - MR</p>	<p><b>13</b></p> <p><b>PY</b> 9:30 Be Fit Exercises - FC <b>CR</b> 10:15 Cookie Baking - 2B <b>PY</b> 1:30 Wii Bowling - 1LR <b>CO</b> 2:00 IN2L - Word Grid - MR <b>SO</b> 3:00 Flamingo Bingo - BH <b>SE</b> 5:45 Jazz Society Concert - OT <b>SE</b> 7:00 Movie Night - MR</p>	<p><b>14</b></p> <p><b>PY</b> 9:30 Fun &amp; Fitness - FC <b>CR</b> 10:00 Coloring with Jazz - 2B <b>PR</b> 10:15 BP Clinic - 1B <b>SP</b> 10:15 Catholic Comm. - MR <b>PR</b> 2:30 Resident Council - 2B <b>CO</b> 3:00 Flamingo Bingo - BH <b>SO</b> 7:00 Movie Night - MR</p>	<p><b>15</b></p> <p><b>PY</b> 8:50 Bus To San Casa Pool - OT <b>PY</b> 9:30 Legacy Exercises - FC <b>PR</b> 10:00 Men's Coffee - 2L <b>PR</b> 10:30 Independent Cards/Games <b>CO</b> 2:00 Flamingo Bingo - BH <b>PR</b> 3:15 Wine Down Wednesday <b>SE</b> 7:00 Movie Night - MR</p>	<p><b>16</b></p> <p><b>PY</b> 9:30 Be Fit Exercises - FC <b>SP</b> 10:15 Fellowship Gather - MR <b>CO</b> 10:30 Independent Games <b>PR</b> 1:30 Christmas Photos - 1B <b>SE</b> 2:00 Music Appreciation - MR <b>SO</b> 3:00 Flamingo Bingo - BH <b>SE</b> 7:00 Movie Night - MR</p>
<p><b>19</b></p> <p><b>PY</b> 9:30 Walk with a Friend <b>CR</b> 10:00 Coloring with Jazz - 2B <b>SO</b> 10:00 Flamingo Bingo - BH <b>PR</b> 1:00 Football Game - MR <b>PR</b> 2:30 Sundaes on Sunday - 1B <b>SP</b> 3:15 Bible Study w/ Autumn - MR <b>CR</b> 3:30 Independent Games - BH <b>I</b> 6:30 Children's Choir - Bistro <b>SO</b> 7:45 Movie Night - MR</p>	<p><b>20</b></p> <p><b>PY</b> 9:30 Be Fit Exercises - FC <b>CR</b> 10:15 Cookie Baking - 2B <b>PY</b> 1:30 Wii Bowling - 1LR <b>CO</b> 2:00 IN2L - Word Grid - MR <b>SO</b> 3:00 Flamingo Bingo - BH <b>SE</b> 6:30 Christmas Lights Bus Ride - OT <b>SE</b> 7:00 Movie Night - MR</p>	<p><b>21</b> <b>Winter Begins</b></p> <p><b>PY</b> 9:30 Fun &amp; Fitness - FC <b>CR</b> 10:00 Coloring with Jazz - 2B <b>PR</b> 10:15 BP Clinic - 1B <b>SP</b> 10:15 Catholic Comm. - MR <b>SE</b> 2:00 Sing-A-Long - 1B <b>PR</b> 2:30 Food Chat - Bistro <b>CO</b> 3:00 Flamingo Bingo - BH <b>SO</b> 7:00 Movie Night - MR</p>	<p><b>22</b></p> <p><b>PY</b> 8:50 Bus To San Casa Pool - OT <b>PY</b> 9:30 Legacy Exercises - FC <b>PR</b> 10:00 Men's Coffee - 2L <b>PR</b> 10:30 Independent Cards/Games <b>CO</b> 2:00 Flamingo Bingo - BH <b>PR</b> 3:15 Wine Down Wednesday <b>SE</b> 7:00 Movie Night - MR</p>	<p><b>23</b></p> <p><b>PY</b> 9:30 Be Fit Exercises - FC <b>SP</b> 10:15 Fellowship Gather - MR <b>CO</b> 10:30 Independent Games <b>SE</b> 2:00 Music Appreciation - MR <b>SO</b> 3:00 Flamingo Bingo - BH <b>SE</b> 7:00 Movie Night - MR</p>
<p><b>26</b> <b>Kwanzaa Begins</b></p> <p><b>PY</b> 9:30 Walk with a Friend <b>CR</b> 10:00 Coloring with Jazz - 2B <b>SO</b> 10:00 Flamingo Bingo - BH <b>PR</b> 1:00 Football Game - MR <b>SO</b> 2:30 Sundaes on Sunday - 1B <b>SP</b> 3:15 Bible Study w/ Autumn - MR <b>CR</b> 3:30 Independent Games - BH <b>SO</b> 7:00 Movie Night - MR</p>	<p><b>27</b></p> <p><b>PY</b> 9:30 Be Fit Exercises - FC <b>CR</b> 10:15 Cookie Baking - 2B <b>PY</b> 1:30 Wii Bowling - 1LR <b>CO</b> 2:00 IN2L - Word Grid - MR <b>SO</b> 3:00 Flamingo Bingo - BH <b>SE</b> 7:00 Movie Night - MR</p>	<p><b>28</b></p> <p><b>PY</b> 9:30 Fun &amp; Fitness - FC <b>CR</b> 10:00 Coloring with Jazz - 2B <b>PR</b> 10:15 BP Clinic - 1B <b>SP</b> 10:15 Catholic Comm. - MR <b>SE</b> 2:30 Food Chat - Bistro <b>CO</b> 3:00 Flamingo Bingo - BH <b>SO</b> 7:00 Movie Night - MR</p>	<p><b>29</b></p> <p><b>PY</b> 8:50 Bus To San Casa Pool - OT <b>PY</b> 9:30 Legacy Exercises - FC <b>PR</b> 10:00 Men's Coffee - 2L <b>PR</b> 10:30 Independent Cards/Games <b>CO</b> 2:00 Flamingo Bingo - BH <b>PR</b> 3:15 Wine Down Wednesday <b>SE</b> 7:00 Movie Night - MR</p>	<p><b>30</b></p> <p><b>PY</b> 9:30 Be Fit Exercises - FC <b>SP</b> 10:15 Fellowship Gather - MR <b>CO</b> 10:30 Independent Games <b>SE</b> 2:00 Music Appreciation - MR <b>SO</b> 3:00 Flamingo Bingo - BH <b>SE</b> 7:00 Movie Night - MR</p>

Events are Subject to Change.

## Village Program Living





7374 San Casa Drive  
Englewood, Florida 34224  
941-244-4698 | License: 13053  
www.HeritageOaksLiving.com

## Friday

## Saturday

3	<p>9:30 Walmart Shopping - OT 9:30 Be Fit Exercises - FC 10:00 Coloring with Jazz - 2B 10:15 Hangman - 2L 2:00 Dollar Tree Shopping - OT 3:00 Flamingo Bingo - BH 7:00 Movie Night - MR</p>	4	<p>9:30 Walk with a Friend 10:00 Corn Hole - FC 12:00 College Football - MR 2:00 Wii Bowling - LR 6:00 Indep. Games - BH/2L 7:00 Movie Night - MR</p>
10	<p>9:30 Walmart Shopping - OT 9:30 Be Fit Exercises - FC 10:00 Coloring with Jazz - 2B 2:15 Birthday Party - 1B 3:00 Flamingo Bingo - BH 7:00 Movie Night - MR</p>	11	<p>9:30 Walk with a Friend 10:00 Corn Hole - FC 12:00 College Football - MR 2:00 Wii Bowling - LR 6:00 Indep. Games - BH/2L 7:00 Movie Night - MR</p>
17	<p>9:30 Walmart Shopping - OT 9:30 Be Fit Exercises - FC 10:00 Coloring with Jazz - 2B 10:00 Parkinson's Group - MR 10:15 Hangman - 2L 3:00 Flamingo Bingo - BH 7:00 Movie Night - MR</p>	18	<p>9:30 Walk with a Friend 10:00 Corn Hole - FC 12:00 College Football - MR 2:00 Wii Bowling - LR 6:00 Indep. Games - BH/2L 6:30 Christmas Lights Bus Ride - OT 7:00 Movie Night - MR</p>
24	Christmas Eve	25	Christmas Day
31	New Year's Eve	<p>Location Legend FC = Fitness Center 1B = 1st Floor Bistro 2B = 2nd Floor Bistro BH = Bingo Hall 2L = 2nd Floor Library MR = Media Room PDR = Private Dining Room OT = Bus Outing CY = Bistro Courtyard</p>	

# Did You Know?

## HEALTH *Tips*

### Eat dark chocolate for circulation.

Cocoa packs plant phenols, which can help prevent blood clotting and improve blood flow in the arteries.



## HEALTH *Tips*

### Be Grateful

Research shows a healthy positive attitude helps build a healthier immune system and boosts overall health.



# Assisted Living

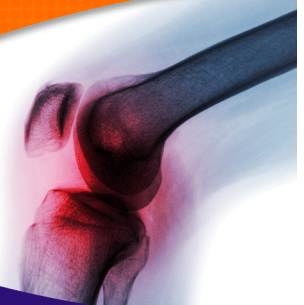


US scientists calculated that Santa would have to visit **822 homes a second** to deliver all presents on Christmas Eve!



**Did You Know?**

People are born without knee caps! Our knee caps form between 2 and 6 years of age.





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