



HERITAGE OAKS
A GRACE MGMT COMMUNITY

NOVEMBER 2021

1100 German School Road
Richmond, Virginia 23225
804-323-3800
www.heritageoaksseniorliving.com



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>CO - Cognitive CR - Creative PY - Physical PR - Purposeful SO - Social SP - Spiritual</p>	<p>1</p> <p>PY 10:00 Moving to the Beat (A) PY 10:30 Coffee Chat (C) SP 10:30 Worship Service w/ Dr. Harbuck [CH] PY 10:45 Wii Bowling (AR) CR 1:30 Art Class w/ Jackie (AR) PY 3:00 Boccee Ball (AR)</p>	<p>2 Election Day</p> <p>PY 10:00 Moving to the Beat (A) SO 10:30 Coffee Chat (C) PY 10:45 Wii Bowling (AR) PY 1:30 Corn Hole (A) CO 3:00 5 Cent Bingo (AR)</p>	<p>3</p> <p>SO 10:30 Coffee Chat (C) PY 10:30 Sit and Be Fit w/ Karen (A) PY 10:45 Wii Bowling (AR) PR 11:00 Bank/Post Office (O) SO 12:30 Ukrop's Market Hall (O) SP 2:30 Devotions [C] SO 3:30 Wine Wednesday [A]</p>	<p>4</p> <p>PY 10:00 Moving to the Beat (A) SO 10:30 Coffee Chat (C) PY 10:45 Wii Bowling (AR) CO 1:30 Pokeno (AR) SO 3:00 Health Talk (A)</p>	<p>5</p> <p>SO 12:30 Lunch at O'Tooles (O) SO 9:30 Walmart (O) SO 10:30 Coffee Chat (C) PY 10:45 Wii Bowling (AR) SO 3:00 Happy Hour [AR]</p>	<p>6</p> <p>SP 10:30 Communion [CH] SP 10:30 Worship Service w/ Dr. Harbuck [CH] SO 1:00 Easy Listening Music [A]</p>
<p>7 Daylight Saving Ends</p> <p>CR 1:00 Cards [L] CR 1:00 Easy Listening [A]</p>	<p>8</p> <p>PY 10:00 Moving to the Beat (A) SO 10:30 Coffee Chat (C) PY 10:45 Wii Bowling (AR) SO 1:00 Craig Anders performs (A) PY 3:00 Horse Shoe (A)</p>	<p>9</p> <p>PY 10:00 Moving to the Beat (A) SO 10:30 Coffee Chat (C) PY 10:45 Wii Bowling (AR) CO 1:30 Hangman (A) CO 3:00 Independent Card Games (AR)</p>	<p>10</p> <p>SO 10:30 Coffee Chat (C) PY 10:45 Wii Bowling (AR) PR 11:00 Bank/Post Office (O) PR 12:30 Pole Green (O) SP 2:30 Devotions [C] SO 3:30 Wine Wednesday [A]</p>	<p>11 Veterans Day</p> <p>PY 10:00 Moving to the Beat (A) SO 10:30 Coffee Chat (C) PY 10:45 Wii Bowling (AR) SO 1:30 Veteran's Day Music Program w Robbie Robinson</p>	<p>12</p> <p>SO 12:30 Lunch at Outback(O) SO 9:30 Walmart (O) SO 10:30 Coffee Chat (C) PY 10:45 Wii Bowling (AR) SO 3:00 Happy Hour [AR]</p>	<p>13</p> <p>SP 10:30 Worship Service w/ Dr. Harbuck [CH] SO 1:00 Easy Listening Music [A]</p>
<p>14</p> <p>CR 1:00 Cards [L] CR 1:00 Easy Listening [A]</p>	<p>15</p> <p>PY 10:00 Moving to the Beat (A) SO 10:30 Coffee Chat (C) SO 10:30 Heartstrings Band performs (A) PY 10:45 Wii Bowling (AR) SO 3:00 Beer, Buds and Bites Men's Social (C)</p>	<p>16</p> <p>PY 10:00 Moving to the Beat (A) SO 10:30 Coffee Chat (C) PY 10:45 Wii Bowling (AR) SO 1:30 Dan and Jen performs (A) SO 3:00 Ladies Tea Party (A)</p>	<p>17</p> <p>SO 10:30 Coffee Chat (C) PY 10:45 Wii Bowling (AR) PR 11:00 Bank/Post Office (O) PR 12:00 Dollar Tree (O) PY 2:00 Bowling Tournament at the Virginian SP 2:30 Devotions [C]</p>	<p>18</p> <p>PY 10:00 Moving to the Beat (A) SO 10:30 Coffee Chat (C) PY 10:45 Wii Bowling (AR) SO 1:30 Activity Store Shopping (JR) SO 3:00 Blood Pressure Clinic (A)</p>	<p>19</p> <p>SO 9:30 Walmart (O) SO 10:30 Coffee Chat (C) PY 10:45 Wii Bowling (AR) SO 12:30 Lunch at Applebee's SO 3:00 Happy Hour [AR]</p>	<p>20</p> <p>SP 10:30 Worship Service w/ Dr. Harbuck [CH] SO 1:00 Easy Listening Music [A]</p>
<p>21</p> <p>CR 1:00 Cards [L] CR 1:00 Easy Listening [A]</p>	<p>22</p> <p>PY 10:00 Moving to the Beat (A) SO 10:30 Coffee Chat (C) PY 10:45 Wii Bowling (AR) SO 1:30 Residents Monthly Meeting (A) SO 3:00 Birthday Celebration (A)</p>	<p>23</p> <p>PY 10:00 Moving to the Beat (A) SO 10:30 Coffee Chat (C) PY 10:45 Wii Bowling (AR) PR 11:00 Bank/Post Office (O) PY 1:30 Volleyball (A) CR 3:00 Pokeno (AR)</p>	<p>24</p> <p>SO 10:30 Coffee Chat (C) PY 10:45 Wii Bowling (AR) SO 12:30 Lee's Chicken (O) SP 2:30 Devotions [C] SO 3:00 Thanksgiving Social</p>	<p>25 Thanksgiving</p> <p>SO 10:30 Coffee Chat (C) PY 10:45 Wii Bowling (AR) SO 1:00 Midday Movie</p>	<p>26 Black Friday</p> <p>PY 10:45 Wii Bowling (AR) CR 1:30 Grab bag Craft (Ar) SO 3:00 Independent Card Games [AR]</p>	<p>27</p> <p>SP 10:30 Worship Service w/ Dr. Harbuck [CH] SO 1:00 Easy Listening Music [A]</p>
<p>28 Hanukkah Begins</p> <p>CR 1:00 Cards [L] CR 1:00 Easy Listening [A]</p>	<p>29</p> <p>PY 10:00 Moving to the Beat (A) SO 10:30 Coffee Chat (C) PY 10:45 Wii Bowling (AR) CO 1:30 5 Cent Bingo (A) CO 3:00 Create a Tree of Thanks Craft (AR)</p>	<p>30</p> <p>PY 10:00 Moving to the Beat (A) SO 10:30 Coffee Chat (C) PY 10:45 Wii Bowling (AR) CO 1:30 Hangman (A) CO 3:00 Boccee Ball (A)</p>	<p>Location Keys Activity Room-R Jefferson Room-JR Chapel-C Outside -O Atrium-A Library-L Cafe-C</p>	<p>Residents' Birthdays Rebecca Kearney 11/06 Barbara Darden 11/11 Bobbie Avery 11/12 Joanne Williams 11/12</p>	<p>Merrilda Riveria 11/21 Charlotte Donavon 11/23 Paul McGinnis 11/26 Gifford Barlett 11/26</p>	

Events are Subject to Change.