



TWIN RIVERS
A GRACE MGMT COMMUNITY

OCTOBER 2021



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Richardson, Texas 75081
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www.twinriversassistedliving.com



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Chris Henger..Executive Director Sheila Ricketts....Sale/Marketing Helen Kassaye.....BOD Selam Demsew..AL Coordinator	Chef Nach.....Culinary Director Mario Luna.....Maintenance Diane Martinez.....LED Jason Myers.....Van Driver Syndi Sphabmixay.....VPC	Birthdays 10/21 - Harold Grass			1 PY 10:30 Chair Exercise SE 11:00 Hydration Time SO 3:00 Snack & Chat SO 3:30 Game Of Choice E 7:00 Classical Music	2 SO 10:30 Coffee & Donuts SE 11:00 Hydration Time PY 2:00 Afternoon Stretch SO 3:00 Snack & Chat CO 3:30 Puzzle & Coloring E 7:00 Classical Music
3 E 10:00 Hymns Sing Along SP 11:00 Christ United PY 2:00 Dominoes SO 3:00 Snack & Chat SO 4:00 Movie E 7:00 Classical Music	4 PY 10:30 Bean Bag Toss SE 11:00 Hydration Time SO 2:30 Trivia SO 3:00 Snack & Chat SP 3:30 Bible Study E 7:00 Classical Music	5 PY 10:30 DrumFit SE 11:00 Hydration Time PY 2:30 Parachute SO 3:00 Snack & Chat CO 3:30 Sing Along E 7:00 Classical Music	6 PY 10:30 Chair Exercise SE 11:00 Hydration Time CO 2:30 Bingo SO 3:00 Snack & Chat PY 3:30 Solve the Puzzle E 7:00 Classical Music	7 SO 10:30 Patio Bird Watching SE 11:00 Hydration Time SO 3:00 Snack & Chat I 3:30 Entertainment with Toni Macaroni E 7:00 Classical Music	8 PY 10:30 Chair Exercise SE 11:00 Hydration Time SO 3:00 Snack & Chat SO 3:30 Game Of Choice E 7:00 Classical Music	9 SO 10:30 Coffee & Donuts SE 11:00 Hydration Time PY 2:00 Afternoon Stretch SO 3:00 Snack & Chat CO 3:30 Puzzle & Coloring E 7:00 Classical Music
10 E 10:00 Hymns Sing Along SP 11:00 Christ United PY 2:00 Dominoes SO 3:00 Snack & Chat SO 4:00 Movie E 7:00 Classical Music	11 Columbus Day PY 10:30 Bean Bag Toss SE 11:00 Hydration Time SO 2:30 Trivia SO 3:00 Snack & Chat SP 3:30 Bible Study E 7:00 Classical Music	12 PY 10:30 DrumFit SE 11:00 Hydration Time PY 2:30 Parachute SO 3:00 Snack & Chat CO 3:30 Sing Along E 7:00 Classical Music	13 PY 10:30 Chair Exercise SE 11:00 Hydration Time CO 2:30 Bingo SO 3:00 Snack & Chat PY 3:30 Solve the Puzzle E 7:00 Classical Music	14 SO 10:30 Music Therapy Ivor SE 11:00 Hydration Time SO 2:30 Riddle Time SO 3:00 Snack & Chat I 3:30 Dominoes E 7:00 Classical Music	15 PY 10:30 Chair Exercise SE 11:00 Hydration Time SO 3:00 Snack & Chat SO 3:30 Game Of Choice E 7:00 Classical Music	16 SO 10:30 Coffee & Donuts SE 11:00 Hydration Time PY 2:00 Afternoon Stretch SO 3:00 Snack & Chat CO 3:30 Puzzle & Coloring E 7:00 Classical Music
17 E 10:00 Hymns Sing Along SP 11:00 Christ United PY 2:00 Dominoes SO 3:00 Snack & Chat SO 4:00 Movie E 7:00 Classical Music	18 PY 10:30 Bean Bag Toss SE 11:00 Hydration Time SO 2:30 Trivia SO 3:00 Snack & Chat SP 3:30 Bible Study E 7:00 Classical Music	19 PY 10:30 DrumFit SE 11:00 Hydration Time PY 2:30 Parachute SO 3:00 Snack & Chat CO 3:30 Sing Along E 7:00 Classical Music	20 PY 10:30 Chair Exercise SE 11:00 Hydration Time CO 2:30 Bingo SO 3:00 Snack & Chat PY 3:30 Solve the Puzzle E 7:00 Classical Music	21 SO 10:30 Patio Bird Watching SE 11:00 Hydration Time SO 2:30 Riddle Time SO 3:00 Snack & Chat I 3:30 Dominoes E 7:00 Classical Music	22 PY 10:30 Chair Exercise SE 11:00 Hydration Time SO 3:00 Snack & Chat SO 3:30 Game Of Choice E 7:00 Classical Music	23 SO 10:30 Coffee & Donuts SE 11:00 Hydration Time PY 2:00 Afternoon Stretch SO 3:00 Snack & Chat CO 3:30 Puzzle & Coloring E 7:00 Classical Music
24 E 10:00 Hymns Sing Along SP 11:00 Christ United PY 2:00 Dominoes SO 3:00 Snack & Chat SO 4:00 Movie E 7:00 Classical Music	25 PY 10:30 Bean Bag Toss SE 11:00 Hydration Time SO 2:30 Trivia SO 3:00 Snack & Chat SP 3:30 Bible Study E 7:00 Classical Music	26 PY 10:30 DrumFit SE 11:00 Hydration Time PY 2:30 Parachute SO 3:00 Snack & Chat CO 3:30 Sing Along E 7:00 Classical Music	27 PY 10:30 Chair Exercise SE 11:00 Hydration Time CO 2:30 Bingo SO 3:00 Snack & Chat PY 3:30 Solve the Puzzle E 7:00 Classical Music	28 SO 10:30 Patio Bird Watching SE 11:00 Hydration Time SO 2:30 Riddle Time SO 3:00 Snack & Chat I 3:30 Dominoes E 7:00 Classical Music	29 PY 10:30 Chair Exercise SE 11:00 Hydration Time SO 3:00 Snack & Chat SO 3:30 Game Of Choice E 7:00 Classical Music	30 SO 10:30 Coffee & Donuts SE 11:00 Hydration Time PY 2:00 Afternoon Stretch SO 3:00 Snack & Chat CO 3:30 Puzzle & Coloring E 7:00 Classical Music
31 Halloween E 10:00 Hymns Sing Along SP 11:00 Christ United PY 2:00 Dominoes SO 3:00 Snack & Chat SO 4:00 Movie E 7:00 Classical Music						

Events are Subject to Change.