



SEDGWICK PLAZA

A GRACE MGMT COMMUNITY

It's not like home. It *is* home.™



HALLOWEEN

Find the words in the grid. When you are done, the unused letters in the a grid will spell out a hidden message. Pick them out from left to right, top line to bottom line. Words can go horizontally, vertically or diagonally in all eight directions.

A W I T C H C R A F T T G R A
G E N O T S B M O T H N M D M
O H T H E R E P R G E I N T E
N D O S T R H C I A D B A T D
T S H S I E A R D N O Y M E I
M S N P T C F O I T K R Y N A
O I M W K W H G O B Y I E G R
O A D L U N H A R E E A G O F
V O E N Y T I N H A A F O R A
L L O W I P E L E S N K B Y G
D C Z N N G E R B T R N H G V
R K V F P W H E W O E L R M K
C T E K S A C T R I G E N I E
G H O U L I S H L C K Z R H C
Y Y E R A C S A K B J M W B N

- | | | |
|----------|----------|------------|
| Afraid | Creepy | Gory |
| Alien | Fairy | Midnight |
| Bat | Fright | Midnight |
| Beast | Genie | Scare |
| Bogeyman | Ghost | Tombstone |
| Cackle | Ghoulish | Vampire |
| Casket | Goblin | Witchcraft |

Your Team

Executive Director // Danielle Jefferies

Sedgwick Plaza Administration

Lawonder Markham // Life Enrichment

Sedgwick Plaza Administration

Eric Blassingane // Maintenance Director

Sedgwick Plaza Administration

Meshell Boydson // BOM

Sedgwick Plaza Administration

Crystal Johnson // Housekeeping Supervisor

Michelle Edwards// Dining Director

Samantha Simmons/ Wellness Director

Colene Marshall // Sales Counselor

Resident Birthdays

Audrey Lawless 10/8/30

Dee Dee Ryan 10/13/26

Sadie Bayouth 10/12/25

Chris Reece 10/14/29

James Lininger 10/23/30

Ruth George 10/5/34

Sue K 10/19/44

Staff Birthdays

Linda Edwards 10/2

Shatasha Allen 10/3

Welcome to the Family

Our story is yours. We grow older and wiser but are sure to never lose the spark that started it all. Grace Management Continues to evolve, and we're ever more dedicated to nurturing our company and our team to be healthy contributors to communities across the U.S. Delivering exceptional living experiences, we can focus on the big issues that concern the daily lives of our residents-from healthcare and finances to overall quality of life-while never losing sight of the details that matter most: the connections we make along the way.



SEDGWICK PLAZA
A GRACE MGMT COMMUNITY

OCTOBER 2021

Welcome to October 2021

2455 North Woodlawn Blvd
Wichita, Kansas 67220
316-395-2795
www.sedgwickplaza.com



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><div>CO - Cognitive CR - Creative I - Intergenerational PY - Physical PR - Purposeful SE - Sensory SO - Social SP - Spiritual</div></div>	Piano Music with Eddie every Tuesday @ 10 am In The Living Room	MR - Meadowlark Room GL- Garden Level BPC - Blood Pressure Clinic PR - Pioneer Room MDR - Main Dining Room / CD - Circle Drive	First Thursday each month - Interim Home Health & Hospice Second Thursday each month - Encompass Home Health & Hospice Third Thursday each month - Home Health & Hospice of Kansas Fourth Thursday each month-Mobile Medical	"When we focus on our gratitude, the tide of disappointment goes out and the tide of love rushes in."	<div>1</div> <div><div>PY</div><div>CO</div><div>PR</div><div>CO</div><div>CO</div><div>SE</div></div> <div>10:00 Jump Start and Devotional 10:00 The Traveler with Jerry 12:00 The Little Store 1:00 Autumn Word Search 2:00 Big Money Bingo with Jerry 3:15 October Trivia and Popcorn 6:00 Evening Movie "Comedy Friday"</div>	<div>2</div> <div><div>SP</div><div>CO</div><div>CO</div><div>SE</div></div> <div>9:00 Communion with St Thomas Church - MR 1:00 Canasta Card Game 2:00 Big Money Bingo 6:00 Evening Movie "Pick a DVD Day"</div>
<div>3</div> <div><div>SP</div><div>SE</div></div> <div>11:00 United Methodist Church Service Ch.10 @ 11am 6:00 Evening Movie Of Choice</div>	<div>4</div> <div><div>PY</div><div>PR</div><div>SE</div><div>CO</div><div>SE</div><div>SE</div></div> <div>10:00 Jump Start and Devotional 12:00 The Little Store 1:00 Mary Freeman to play Piano 2:00 Big Money Bingo 3:15 Manicure Monday 6:00 Evening Movie "Romance Monday"</div>	<div>5</div> <div><div>SE</div><div>PY</div><div>SE</div><div>SO</div><div>SE</div><div>SE</div></div> <div>12:00 POPCORN TUESDAY! 9:00 Jump Start and Devotional 10:00 Music with Eddie 1:00 Men's Coffee Social 2:00 Afternoon Movie Matinee and Popcorn 3:30 Com Art 6:00 Evening Movie "Action Tuesday"</div>	<div>6</div> <div><div>PY</div><div>CR</div><div>CO</div><div>CO</div><div>SE</div></div> <div>10:00 Jump Start and Devotional 1:00 National Noodle Day (Noodle Art) 2:00 Big Money Bingo 3:15 Coffee and Education with a Cop Day 6:00 Evening Movie "Western Wednesday"</div>	<div>7</div> <div><div>SP</div><div>PY</div><div>I</div><div>SO</div><div>CO</div><div>SE</div></div> <div>9:00 Bible Study (PR) 10:00 Jump Start and Devotional 12:30 BPC /Med Checks 1:00 Bridge Game 2:00 Autumn Word Scramble 3:15 Thirsty Thursday 6:00 Evening Movie " Drama Thursday"</div>	<div>8</div> <div><div>PY</div><div>SE</div><div>PR</div><div>SO</div><div>CO</div><div>CO</div><div>SE</div></div> <div>10:00 Jump Start and Devotional 11:00 Lunch Brunch at Cracker Barrel 12:00 The Little Store 1:00 AL Resident Council Meeting 2:00 Big Money Bingo with Jerry 3:15 Halloween Vampire Craft 6:00 Evening Movie "Comedy Friday"</div>	<div>9</div> <div><div>SP</div><div>CO</div><div>CO</div><div>SE</div></div> <div>9:00 Communion with St Thomas Church - MR 1:00 Canasta Card Game 2:00 Big Money Bingo 6:00 Evening Movie "Pick a DVD Day"</div>
<div>10</div> <div><div>SP</div><div>PR</div><div>SE</div></div> <div>11:00 United Methodist Church Service Ch.10 @ 11am 2:00 Please support and comfort your neighbors in the Dementia support group located in Pioneer Room. 6:00 Evening Movie Of Choice</div>	<div>11</div> <div><div>PY</div><div>PR</div><div>SE</div><div>CO</div><div>CR</div><div>SE</div></div> <div>Columbus Day 10:00 Jump Start and Devotional 12:00 The Little Store 1:00 Mary Freeman to play Piano 2:00 Big Money Bingo 3:15 Columbus Day Cocktail 6:00 Evening Movie "Romance Monday"</div>	<div>12</div> <div><div>SE</div><div>PY</div><div>SE</div><div>PR</div><div>CR</div><div>SE</div></div> <div>12:00 POPCORN TUESDAY! 9:00 Jump Start and Devotional 10:00 Music with Eddie 2:00 Resident Council 3:15 Creative Autumn Leaf Art 6:00 Evening Movie "Action Tuesday"</div>	<div>13</div> <div><div>PY</div><div>SO</div><div>CR</div><div>CO</div><div>SE</div><div>SE</div></div> <div>9:00 Jump Start and Devotional 10:00 Mass / St Thomas Church 10:30 Women's coffee and Chit Chat 1:00 October Door Decor 2:00 Big Money Bingo 3:15 Wine Wednesday 6:00 Evening Movie "Western Wednesday"</div>	<div>14</div> <div><div>SP</div><div>PY</div><div>I</div><div>SO</div><div>SE</div><div>CR</div><div>CO</div></div> <div>9:00 Bible Study (PR) 10:00 Jump Start and Devotional 10:30 Prayer Warriors 12:30 BPC /Med Checks 1:00 Bridge Game 1:30 Applejack Pumpkin Patch 3:30 Haunted Hangman 6:00 Evening Movie " Drama Thursday"</div>	<div>15</div> <div><div>PY</div><div>SE</div><div>PR</div><div>CO</div><div>CO</div><div>SE</div></div> <div>10:00 Jump Start and Devotional 12:00 The Little Store 1:00 Scary Bat Craft 2:00 Big Money Bingo with Jerry 3:15 Resident Education with Encompass 6:00 Evening Movie "Comedy Friday"</div>	<div>16</div> <div><div>SP</div><div>CO</div><div>CO</div><div>SE</div></div> <div>9:00 Communion with St Thomas Church - MR 1:00 Canasta Card Game 2:00 Big Money Bingo 6:00 Evening Movie "Pick a DVD Day"</div>
<div>17</div> <div><div>SP</div><div>SE</div></div> <div>11:00 United Methodist Church Service Ch.10 @ 11am 6:00 Evening Movie Of Choice</div>	<div>18</div> <div><div>PY</div><div>PR</div><div>SE</div><div>CO</div><div>SE</div><div>SE</div></div> <div>10:00 Jump Start and Devotional 12:00 The Little Store 1:00 Mary Freeman to play Piano 2:00 Big Money Bingo 3:15 Manicure Monday 6:00 Piano Music with Greg Spring 7:00 Evening Movie "Romance Monday"</div>	<div>19</div> <div><div>SE</div><div>PY</div><div>SE</div><div>SE</div><div>CR</div><div>SE</div></div> <div>12:00 POPCORN TUESDAY! 9:00 Jump Start and Devotional 10:00 Music with Eddie 2:00 Afternoon Movie Matinee and Popcorn 3:30 Scarecrow Craft 6:00 Evening Movie "Action Tuesday"</div>	<div>20</div> <div><div>PY</div><div>CO</div><div>CO</div><div>CR</div><div>SE</div></div> <div>10:00 Jump Start and Devotional 1:00 October Word Search 2:00 Big Money Bingo 3:15 Cut and Paste Pumpkin Face 6:00 Evening Movie "Western Wednesday"</div>	<div>21</div> <div><div>SO</div><div>SP</div><div>PY</div><div>I</div><div>SO</div><div>SE</div><div>CO</div></div> <div>8:30 Ladies Brunch with Home Health of Kansas 9:00 Bible Study (PR) 10:00 Jump Start and Devotional 12:30 BPC /Med Checks 1:00 Bridge Game 1:00 ZooVisit (Tell Me a Story) 2:15 Jeopardy</div>	<div>22</div> <div><div>PY</div><div>SE</div><div>PR</div><div>CO</div><div>CO</div><div>SE</div></div> <div>10:00 Jump Start and Devotional 11:00 Lunch Brunch Carlos O'Kelly's Mexican Cafe 12:00 The Little Store 2:00 Big Money Bingo with Jerry 3:15 Scategories 6:00 Evening Movie "Comedy Friday"</div>	<div>23</div> <div><div>SP</div><div>CO</div><div>CO</div><div>SE</div></div> <div>9:00 Communion with St Thomas Church - MR 1:00 Canasta Card Game 2:00 Big Money Bingo 6:00 Evening Movie "Pick a DVD Day"</div>
<div>24</div> <div><div>SP</div><div>PR</div><div>SE</div></div> <div>11:00 United Methodist Church Service Ch.10 @ 11am 2:00 Please support and comfort your neighbors in the Grievance support group located in Pioneer Room. 6:00 Evening Movie Of Choice</div>	<div>25</div> <div><div>PY</div><div>PR</div><div>SE</div><div>CO</div><div>SE</div><div>SE</div></div> <div>10:00 Jump Start and Devotional 12:00 The Little Store 1:00 Mary Freeman to play Piano 2:00 Big Money Bingo 3:15 Music with LV Smith 6:00 Evening Movie "Romance Monday"</div>	<div>26</div> <div><div>SE</div><div>PY</div><div>SE</div><div>CO</div><div>SE</div></div> <div>12:00 POPCORN TUESDAY! 9:00 Jump Start and Devotional 10:00 Music with Eddie 1:00 Who wants to be a millionaire 2:00 Afternoon Movie Matinee and Popcorn 6:00 Evening Movie "Action Tuesday"</div>	<div>27</div> <div><div>PY</div><div>SO</div><div>SE</div><div>CO</div><div>SE</div></div> <div>10:00 Jump Start and Devotional 10:30 Women's Coffee and Chit Chat 11:00 Lunch Brunch to Fat Ernie's 2:00 Big Money Bingo 3:15 Wine Wednesday 6:00 Evening Movie "Western Wednesday"</div>	<div>28</div> <div><div>SP</div><div>PY</div><div>SP</div><div>I</div><div>SO</div><div>PY</div><div>CR</div><div>CO</div></div> <div>9:00 Bible Study (PR) 10:00 Jump Start and Devotional 10:30 Prayer Warriors 12:30 BPC /Med Checks 1:00 Bridge Game 2:00 Balloon Volleyball 3:15 Door Decorating Contest Winner Gets a Prize</div>	<div>29</div> <div><div>PY</div><div>PR</div><div>CO</div><div>CO</div><div>SE</div><div>SE</div></div> <div>10:00 Jump Start and Devotional 12:00 The Little Store 2:00 Big Money Bingo with Jerry 3:15 Halloween Puzzle 6:30 Magic Show with Shawn Reida and Halloween Costume Party 7:30 Evening Movie "Comedy Friday"</div>	<div>30</div> <div><div>SP</div><div>CO</div><div>CO</div><div>SE</div></div> <div>9:00 Communion with St Thomas Church - MR 1:00 Canasta Card Game 2:00 Big Money Bingo 6:00 Halloween Movie Night</div>
<div>31</div> <div><div>SP</div><div>SE</div></div> <div>Halloween 11:00 United Methodist Church Service Ch.10 @ 11am 6:00 Evening Movie Of Choice</div>	"Praise the Lord. Give thanks to the Lord, for he is good; his love endures forever."	For everything God created is good, and nothing is to be rejected if it is received with thanksgiving, because it is consecrated by the word of God and prayer."	Audrey Lawless 10/8/30 Dee Dee Ryan 10/13/26 Sadie Bayouth 10/12/25 Chris Reece 10/14/29 James Lininger 10/23/30 Ruth George 10/5/34 Sue K 10/19/44	Welcome to your new home. May you create good and happy times as time moves forward.	Happy Anniversary to: Gib and Wilma Schwemmer May God bless you both!	Welcome to October 2021

Events are Subject to Change.

Did You Know?

HEALTH Tips

Eat dark chocolate for circulation.

Cocoa packs plant phenols, which can help prevent blood clotting and improve blood flow in the arteries.






September 1977:
NBC Television aired the final episode of **"Sanford and Son."**



Independent Living



JOKE OF THE DAY

What happens when you pinch a grape?

It gives a little wine!

“

Only those who dare to fail greatly can ever achieve greatly.

”

- John F. Kennedy

Assisted Living



MUSIC History

During a career spanning more than half a century **Perry Como** recorded exclusively for RCA Victor for 44 years, after signing with the label in 1943.

HAPPY BIRTHDAY

OCTOBER

You are a peacemaker and strive to maintain harmony.

Birthstone: **OPAL**

