



## NORTHGATE PARK

A GRACE MGMT COMMUNITY

It's not like home. It *is* home.™

## October 2021

### Your Team

**Rosemarie Caldwell** -Executive Director  
**Diana Burton**- Interim Wellness Director  
**Martha Buckley** - Life Enrichment Director  
**Brian Farley** - Dining Service Director  
**Jim Goldberg**- Business Office Manager  
**Holly Lowry**- Senior Sales Director

**Front Desk Concierge**  
**513-923-3711**

### Resident Birthdays

Forster B.	October 6	Barb B.	October 16
Michael K.	October 6	Donna H.	October 18
Marlene S.	October 11	Brenda D.	October 20
Phil T.	October 12	Dorothy L.	October 23
Lena F.	October 13	David Y.	October 24
Jim H.	October 14	Barb R.	October 26



### Welcome Fall!

We welcome the cooler weather and cozy sweaters!  
This month would be a great time to transition your closet to warmer clothing options. With cooler weather here remember to layer up when you are out enjoying the fresh autumn air!

## Welcome to the Family

Our story is yours. We grow older and wiser but are sure to never lose the spark that started it all. Grace Management Continues to evolve, and we're ever more dedicated to nurturing our company and our team to be healthy contributors to communities across the U.S. Delivering exceptional living experiences, we can focus on the big issues that concern the daily lives of our residents-from health care and finances to overall quality of life-while never losing sight of the details that matter most: the connections we make along the way.

**Mattie F.**  
**David Y.**  
**Herman L.**





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# OCTOBER

Sunday	Monday	Tuesday	Wednesday
<b>3</b> SP 10:00 Rosary (CH) SO 1:30 Hot Fudge Sundae Social (5/6) PY 3:00 Creative Coloring Club (ACT) 6:00 Open Card Games (ACT) SO 6:15 Highway to Heaven Series (1/2)	<b>4</b> 9:00 Get Fit Exercises (ACT) SP 10:00 Rosary (CH) SO 1:30 Bingo (5/6) PY 3:00 Whack-It Volleyball (ACT) SO 6:15 Horse Racing Dice Game (ACT)	<b>5</b> PY 9:00 Get Fit Exercises (ACT) SP 10:00 Rosary (CH) SO 1:30 Bingo (5/6) CO 3:00 Trivia Tuesday (ACT) PY 5:30 Wii Bowling (ACT)	<b>6</b> PY 9:00 Get Fit Exercises (ACT) SP 10:00 Rosary (CH) 1:00 Chair Exercise (ACT) SO 1:30 Horse Racing Dice Game (ACT) SO 3:00 Happy Hour (ACT) SE 5:30 Creative Therapy (ACT)
<b>10</b> SP 10:00 Rosary (CH) SO 1:30 Turtle Sundae Social (5/6) PY 3:00 Creative Coloring Club (ACT) 6:00 Open Card Games (ACT) SO 6:15 Highway to Heaven Series (1/2)	<b>11</b> <b>Columbus Day</b> PY 9:00 Get Fit Exercises (ACT) SP 10:00 Rosary (CH) SO 1:30 Bingo (5/6) 2:45 Resident Meeting (1/2) PY 3:00 Whack-It Volleyball (ACT) SO 6:15 Horse Racing Dice Game (ACT)	<b>12</b> PY 9:00 Get Fit Exercises (ACT) SP 10:00 Rosary (CH) SO 1:30 Bingo (5/6) CO 3:00 Trivia Tuesday (ACT) PY 5:30 Wii Bowling (ACT)	<b>13</b> PY 9:00 Get Fit Exercises (ACT) SP 10:00 Rosary (CH) 1:00 Chair Exercise (ACT) SO 1:30 Horse Racing Dice Game (ACT) SO 3:00 Happy Hour (ACT) SE 5:30 Creative Therapy (ACT)
<b>17</b> SP 10:00 Rosary (CH) SO 1:30 Apple Pie Ice Cream Social (5/6) PY 3:00 Creative Coloring Club (ACT) 6:00 Open Card Games (ACT) SO 6:15 Highway to Heaven Series (1/2)	<b>18</b> PY 9:00 Get Fit Exercises (ACT) SP 10:00 Rosary (CH) SO 1:30 Bingo (5/6) PR 1:30 New Resident Orientation (ACT) PY 3:00 Whack-It Volleyball (ACT) SO 6:15 Horse Racing Game (ACT)	<b>19</b> PY 9:00 Get Fit Exercises (ACT) SP 10:00 Rosary (CH) SO 1:30 Bingo (5/6) CO 3:00 Trivia Tuesday (ACT) PY 5:30 Wii Bowling (ACT)	<b>20</b> PY 9:00 Get Fit Exercises (ACT) SP 10:00 Rosary (CH) 1:00 Chair Exercise (ACT) SO 1:30 Horse Racing Dice Game (ACT) SO 3:00 Happy Hour (ACT) SE 5:30 Creative Therapy (ACT)
<b>24</b> SP 10:00 Rosary (CH) SO 1:30 Orange Float Social (5/6) PY 3:00 Creative Coloring Club (ACT) 6:00 Open Card Games (ACT) SO 6:15 Highway to Heaven Series (1/2)	<b>25</b> PY 9:00 Get Fit Exercises (ACT) SP 10:00 Rosary (CH) SO 1:30 Bingo (5/6) PY 3:00 Whack-It Volleyball (ACT) SO 6:15 Horse Racing Dice Game (ACT)	<b>26</b> PY 9:00 Get Fit Exercises (ACT) SP 10:00 Rosary (CH) SO 1:30 Bingo (5/6) PR 2:45 Food For Thought Meeting (1/2) CO 3:00 Trivia Tuesday (ACT) PY 5:30 Wii Bowling (ACT)	<b>27</b> PY 9:00 Get Fit Exercises (ACT) SP 10:00 Rosary (CH) 1:00 Chair Exercise (ACT) SO 1:30 Horse Racing Dice Game (ACT) SO 3:00 Happy Hour (ACT) SE 5:30 Creative Therapy (ACT)
<b>31</b> <b>Halloween</b> SP 10:00 Rosary (CH) SO 1:30 Halloween Pumpkin Ice Cream Social (5/6) PY 3:00 Creative Coloring Club (ACT) 6:00 Open Card Games (ACT) SO 6:15 Highway to Heaven Series (1/2)	CO - Cognitive CR - Creative PY - Physical PR - Purposeful SE - Sensory SO - Social SP - Spiritual	LOCATION KEY: Activity Room (ACT) Chapel (CH) 1/200 Lounge (1/2) 3/400 Lounge (3/4) 5/600 Lounge (5/6)	COUNTRY STORE HOURS: Tuesdays: 12:30-1:30 Thursdays: 12:30-1:30

Events are Subject to Change.

# 2021

9191 Round Top Road  
Cincinnati, Ohio 45251

513-268-6305

[www.northgateparkseniorliving.com](http://www.northgateparkseniorliving.com)



Wednesday	Thursday	Friday	Saturday
		<b>1</b> <b>SP</b> 10:00 Rosary (CH) <b>SO</b> 1:30 Bingo (5/6) <b>SO</b> 3:00 Signature Cocktail Social (5/6) <b>SO</b> 6:00 Open Card Games (ACT) <b>SO</b> 6:15 Highway to Heaven Series (1/2)	<b>2</b> <b>SP</b> 10:00 Rosary (CH) <b>SO</b> 1:30 Bingo (5/6) <b>SE</b> 2:00 Fallapalooza!: Fall Photo Shoot (ACT) <b>SO</b> 6:15 Movie Night: "The Devil Wears Prada" (1/2)
Exercises (ACT) CH) Exercises (ACT) acing Game (ACT) our (5/6) Coloring Club: for the Mind (ACT)	<b>7</b> <b>PY</b> 9:00 Sit and Get Fit (ACT) <b>SP</b> 10:00 Rosary (CH) <b>PY</b> 1:00 Chair Exercises (ACT) <b>SO</b> 1:30 Bingo (5/6) <b>SE</b> 3:00 Baker's Delight:Pumpkin Puff Pastry <b>SO</b> 6:15 Movie Night with Andrew (1/2)	<b>8</b> <b>SP</b> 10:00 Rosary (CH) <b>SO</b> 1:30 Bingo (5/6) <b>SO</b> 3:00 Signature Cocktail Social (5/6) <b>SO</b> 6:00 Open Card Games (ACT) <b>SO</b> 6:15 Highway to Heaven Series (1/2)	<b>9</b> <b>SP</b> 10:00 Rosary (CH) <b>SO</b> 1:30 Bingo (5/6) <b>SO</b> 3:00 Fallapalooza!: Pumpkin Roll and Apple Cider Social (5/6) <b>SO</b> 6:15 Movie Night: "The Iron Lady" (1/2)
Exercises (ACT) CH) Exercises (AC) acing Game (ACT) our (5/6) Coloring Club: for the Mind (ACT)	<b>14</b> <b>PY</b> 9:00 Get Fit Exercises (ACT) <b>SP</b> 10:00 Rosary (CH) <b>PY</b> 1:00 Chair Exercises (ACT) <b>SO</b> 1:30 Bingo (5/6) <b>CR</b> 3:00 Craft Club: Pumpkin Decorating (ACT) <b>SO</b> 6:15 Movie Night with Andrew (1/2)	<b>15</b> <b>SP</b> 10:00 Rosary (CH) <b>SO</b> 1:30 Bingo (5/6) <b>SO</b> 3:00 Signature Cocktail Social (5/6) <b>SO</b> 6:00 Open Card Games (ACT) <b>SO</b> 6:15 Highway to Heaven Series (1/2)	<b>16</b> <b>SP</b> 10:00 Rosary (CH) <b>SO</b> 1:30 Bingo (5/6) <b>SO</b> 3:00 Fallapalooza!: Halloween Treat Bags for the Grand Kids (ACT) <b>SO</b> 6:15 Movie Night: "Joyful Noise" (1/2)
Exercises (ACT) CH) Exercises (AC) acing Game (ACT) our (5/6) Coloring Club: for the Mind (ACT)	<b>21</b> <b>PY</b> 9:00 Get Fit Exercises (ACT) <b>SP</b> 10:00 Rosary (CH) <b>PY</b> 1:00 Chair Exercises (ACT) <b>SO</b> 1:30 Bingo (5/6) <b>CR</b> 2:45 Painter's Pallet: A Step-by-Step Painting Class (ACT) <b>SO</b> 6:15 Movie Night with Andrew (1/2)	<b>22</b> <b>SP</b> 10:00 Rosary (CH) <b>SO</b> 1:30 Bingo (5/6) <b>SO</b> 3:00 Signature Cocktail Social (5/6) <b>SO</b> 6:00 Open Card Games (ACT) <b>SO</b> 6:15 Highway to Heaven Series (1/2)	<b>23</b> <b>SP</b> 10:00 Rosary (CH) <b>SO</b> 1:30 Bingo (5/6) <b>SO</b> 3:00 Fallapalooza!: Stuff a Scarecrow with Katie (5/6) <b>SO</b> 6:15 Movie Night: "Book Club" (1/2)
Exercises (ACT) CH) Exercises (AC) acing Game (ACT) our (5/6) Coloring Club: for the Mind (ACT)	<b>28</b> <b>PY</b> 9:00 Get Fit Exercises (ACT) <b>SP</b> 10:00 Rosary (CH) <b>PY</b> 1:00 Chair Exercises (ACT) <b>SO</b> 1:30 Bingo (5/6) <b>SO</b> 2:45 Halloween Social (5/6) <b>SO</b> 6:15 Movie Night with Andrew (1/2)	<b>29</b> <b>SP</b> 10:00 Rosary (CH) <b>SO</b> 1:30 Bingo (5/6) <b>SO</b> 3:00 Signature Cocktail Social (5/6) <b>SO</b> 6:00 Open Card Games (ACT) <b>SO</b> 6:15 Highway to Heaven Series (1/2)	<b>30</b> <b>SP</b> 10:00 Rosary (CH) <b>SO</b> 1:30 Bingo (5/6) <b>SO</b> 3:00 Fallapalooza!: Make Caramel Apples with Amber (ACT) <b>SO</b> 6:15 Movie Night: "42" (1/2)
HOURS: 0 00	CARRY-IN WITH VICKI: Brotherton's- Wednesday, October 6 Longhorn's - Wednesday, October 20  Please see Vicki at the front desk for details.		



# Upcoming Events and News

## Fallapalooza

Celebrate Fall Every Saturday!

### *Fall Photo Shoot*

October 2nd/ 2-4pm/ Activity Room

Put your fall sweater on and come to our photo shoot! You will receive a free 4x6 photo!

### *Pumpkin Roll and Apple Cider Social*

October 9th/ 3 pm/ 5/600 Lounge

### *Make Halloween Treat Bags for the Grand Kids*

October 16th/ 3 pm/ Activity Room

### *Stuff a Scarecrow with Katie*

October 23rd/ 3 pm/ Activity Room

### *Make Caramel Apples with Amber*

October 30th/ 3 pm/ Activity Room

**Come join the fun!**

## HALLOWEEN SOCIAL

Thursday, October 28th  
3 pm- 5/600 Lounge

Join us for a spooktacular  
Halloween Social!

Cocktails, treats, and games!



## There's so much more to do.... Come join us!

Baker's Delight- Pumpkin Puff Pastry: Thurs. Oct. 7

Craft Club- Pumpkin Decorating: Thurs. Oct. 14

Painter's Pallet: A Step-by-Step Painting Class: Thurs. Oct. 21

Ice Cream Socials every Sunday at 1:30 pm

Happy Hour every Wednesday at 3:00 pm

Signature Cocktail Social every Friday at 3:00 pm

*Check your calendar for more information!*



## OCTOBER RESIDENT SPOTLIGHT

Many of you are familiar with this friendly face, Pat H. Pat has been a resident of Northgate Park for several years and is very active in our community. She attends almost every activity and enjoys the crafts and painting classes.

Pat just celebrated her 90th birthday earlier this year in January. She was born in Riverside, California on January 14, 1931. She started her college career at Whittier College in California but finished and

graduated from Miami University in Ohio. She earned her Education Degree but did not teach right away. Instead, Pat joined the Navy. She served in the office doing clerical work. Pat's passion for serving our country started with her parents. Her father served and her mother was a Rosie the Riveter. Her brother also served in the Navy.

After her time in the military, she began her teaching career. She married and had 5 children. Pat taught for many years and retired as a school teacher from Crosby Elementary in Harrison. Pat's passion for children and their well being went beyond teaching. She advocated for children who needed more help and attention. Pat continues to be a "helper" and enjoys meeting new people. Her patriotism for our country is shown everyday. She is a proud veteran and loves our country.

Pat enjoys her life here at Northgate Park, "I love the community, I love the people, and love participating in crafts and painting classes". Thank you Pat for being a wonderful part of our Northgate Park Family.