



**MAIN STREET**  
A GRACE MGMT COMMUNITY

# OCTOBER 2021

Assisted Living 2021

September Assisted Living 2021

674 East Main Street  
Hendersonville, Tennessee 37075  
615-824-4552  
[www.mainstreetassistedliving.com](http://www.mainstreetassistedliving.com)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>CC</b> - Cognitive <b>CF</b> - Creative <b>E</b> - Emotional <b>I</b> - Intergenerational <b>PY</b> - Physical <b>PF</b> - Purposeful <b>SE</b> - Sensory <b>SC</b> - Social</p>	<p><b>SP</b> - Spiritual</p>	<p>ASSISTED LIVING Locations: RA-Resident's Apt. AR-Activity Room DR-Dinning Room L-Lobby FP-Front Porch PR-Piano Room Village-Memory Care</p>	<p><b>Birthdays</b> 10/10 - Phillis M.</p>		<p><b>1</b> <b>PY</b> 10:30 Sit &amp; Be Fit-AR <b>I</b> 11:00 Daily Chronicles-AR <b>E</b> 11:15 IN2L Humor/Inspirational Time-AR <b>CO</b> 1:00 <b>Bingo-AR</b> <b>SE</b> 2:00 Music Mania-AR <b>SO</b> 2:30 <b>Happy Hour-DR</b></p>	<p><b>2</b> <b>I</b> 10:00 Daily Chronicles-AR <b>SO</b> 11:00 Cards-AR <b>SO</b> 2:00 Phase 10 Game-AR <b>CO</b> 3:00 Puzzle Page-AR <b>SE</b> 6:00 TV Time &amp; Conversation- AR</p>
<p><b>3</b> <b>I</b> 10:00 Daily Chronicles-AR <b>CR</b> 11:00 Adult Art Page-AR <b>SO</b> 1:30 <b>Movie- AR</b></p>	<p><b>4</b> <b>National Golf Lovers Day!</b> <b>PY</b> 10:30 Going Golfing-AR <b>I</b> 11:00 Golf Trivia- AR <b>CR</b> 11:15 <b>Advanced Hour-AR</b> <b>SO</b> 1:00 <b>Library-Lobby</b> 2:30 Golf Craft- AR</p>	<p><b>5</b> Do Something Nice Day! <b>PY</b> 10:30 Get Moving- AR <b>I</b> 11:00 Daily Chronicles-AR <b>CO</b> 11:00 Card Group-AR <b>SE</b> 12:45 Planting Kindness Plants-AR <b>SO</b> 2:00 <b>Joy Makers-AR</b></p>	<p><b>6</b> <b>PY</b> 10:30 Get Moving- AR <b>I</b> 10:45 Cooking Club <b>PR</b> 11:15 Coupon Clipping for the Veterans-PR <b>CR</b> 11:15 <b>Advanced Hour-AR</b> <b>PY</b> 1:00 Noodle Art-AR <b>SO</b> 2:30 <b>Happy Hour-DR</b></p>	<p><b>7</b> <b>PY</b> 10:15 Sit &amp; Be Fit-AR <b>PY</b> 10:30 Get Moving- AR <b>PR</b> 10:30 <b>Walmart Shopping-Lobby</b> <b>CO</b> 1:00 Family Feud-AR <b>CO</b> 1:30 Trivia-AR <b>SP</b> 2:00 Music/Sing Along-AR <b>SP</b> 2:30 Thoughts on High-AR</p>	<p><b>8</b> <b>PY</b> 10:30 Get Moving- AR <b>I</b> 11:00 Resident Council-AR <b>CO</b> 1:00 <b>Bingo-AR</b> <b>SO</b> 2:30 <b>Happy Hour-DR</b> 3:30 Cards-AR</p>	<p><b>9</b> <b>I</b> 10:00 Daily Chronicles-AR <b>CO</b> 1:00 Rummikub-AR <b>SO</b> 2:00 Uno Card Game-AR <b>CO</b> 3:00 Puzzle Page-AR <b>SE</b> 6:00 TV Time &amp; Conversation- AR</p>
<p><b>10</b> <b>I</b> 10:00 Daily Chronicles-AR <b>CR</b> 11:00 Adult Art Page-AR <b>SO</b> 1:30 <b>Movie- AR</b></p>	<p><b>11</b> <b>Columbus Day</b> <b>PY</b> 10:30 Get Moving- AR <b>I</b> 11:00 Daily Chronicles-AR <b>SO</b> 11:00 <b>Lunch Out / Olive Garden</b> <b>SE</b> 1:00 <b>Monday Movie Madness with Popcorn-AR</b> <b>PR</b> 3:00 Writing Activity-AR</p>	<p><b>12</b> <b>PY</b> 10:30 Get Moving- AR <b>I</b> 11:00 Daily Chronicles-AR <b>CO</b> 11:00 Card Group-AR <b>CR</b> 11:15 Let's Get Crafty-AR <b>PY</b> 1:30 Pumpkin Decorating-AR <b>SO</b> 2:00 <b>Joy Makers-AR</b></p>	<p><b>13</b> Train Your Brain Day <b>PY</b> 10:30 Get Moving- AR <b>CO</b> 10:30 <b>Scenic Drive-Lobby</b> <b>I</b> 11:00 Daily Chronicles-AR <b>CR</b> 1:00 <b>Advanced Hour-AR</b> <b>SO</b> 2:30 <b>Happy Hour-DR</b> 3:00 Scrabble-AR</p>	<p><b>14</b> <b>PY</b> 10:15 Sit &amp; Be Fit-AR <b>PY</b> 10:30 Get Moving- AR <b>PR</b> 10:30 <b>Walmart Shopping-Lobby</b> <b>CO</b> 1:00 Family Feud-AR 2:00 <b>Monthly Birthday Party</b></p>	<p><b>15</b> <b>PY</b> 10:30 Get Moving- AR <b>I</b> 11:00 Daily Chronicles-AR <b>E</b> 11:15 IN2L Humor/Inspirational Time-AR <b>CO</b> 1:00 <b>Bingo-AR</b> <b>SO</b> 2:30 <b>Happy Hour-DR</b></p>	<p><b>16</b> <b>I</b> 10:00 Daily Chronicles-AR <b>SO</b> 11:00 Cards-AR <b>SO</b> 2:00 Phase 10 Game-AR <b>CO</b> 3:00 Puzzle Page-AR <b>SE</b> 6:00 TV Time &amp; Conversation- AR</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>17</p> <p>I 10:00 Daily Chronicles-AR</p> <p>CR 11:00 Adult Art Page-AR</p> <p>SO 1:30 <b>Movie- AR</b></p>	<p>18</p> <p>Titans Tailgate AR</p> <p>PY 10:30 Get Moving- AR</p> <p>I 11:00 Daily Chronicles-AR</p> <p>CR 11:15 <b>Advanced Hour-AR</b></p> <p>SO 1:00 <b>Library-Lobby</b></p> <p>2:00 Cornhole</p> <p>3:00 Titans Trivia and Snacks</p>	<p>19</p> <p>PY 10:30 Get Moving- AR</p> <p>I 11:00 Daily Chronicles-AR</p> <p>CO 11:00 Card Group-AR</p> <p>CR 11:15 Let's Get Crafty-AR</p> <p>SO 2:00 <b>Joy Makers-AR</b></p>	<p>20</p> <p>National Chicken and Waffle Day!</p> <p>PY 10:30 Get Moving- AR</p> <p>I 11:00 Daily Chronicles-AR</p> <p>PR 11:15 Coupon Clipping for the Veterans-PR</p> <p>12:00 Chicken and Waffle Lunch-DR</p> <p>SE 1:30 Puzzles-AR</p> <p>SO 2:30 <b>Happy Hour-DR</b></p>	<p>21</p> <p>PY 10:30 Get Moving- AR</p> <p>PR 10:30 <b>Walmart Shopping-Lobby</b></p> <p>CO 1:00 Family Feud-AR</p> <p>SP 2:30 Advanced Hour-AR</p> <p>3:00 Cards-AR</p>	<p>22</p> <p>PY 10:30 Get Moving- AR</p> <p>I 11:00 Daily Chronicles-AR</p> <p>CO 11:30 What did it Cost?-AR</p> <p>CO 1:00 <b>Bingo-AR</b></p> <p>SO 2:30 <b>Happy Hour-DR</b></p>	<p>23</p> <p>I 10:00 Daily Chronicles-AR</p> <p>CO 1:00 Rummikub-AR</p> <p>SO 2:00 Uno Card Game-AR</p> <p>CO 3:00 Puzzle Page-AR</p> <p>SE 6:00 TV Time &amp; Conversation- AR</p>
<p>24</p> <p>I 10:00 Daily Chronicles-AR</p> <p>CR 11:00 Adult Art Page-AR</p> <p>SO 1:30 <b>Movie- AR</b></p>	<p>25</p> <p>PY 10:30 Get Moving- AR</p> <p>I 11:00 Daily Chronicles-AR</p> <p>SO 11:00 <b>Lunch Out / Chop House</b></p> <p>CR 1:00 <b>Advanced Hour-AR</b></p> <p>SE 1:00 <b>Monday Movie Madness with Popcorn-AR</b></p> <p>PR 3:00 Writing Activity-AR</p>	<p>26</p> <p>Lets Go On Vacation</p> <p>PY 10:30 Get Moving- AR</p> <p>I 11:00 Trip Trivia</p> <p>CO 11:00 Card Group-AR</p> <p>CR 1:15 Let's Get Crafty-AR</p> <p>PY 1:30 Virtual Trip-AR</p> <p>SO 2:00 <b>Joy Makers-AR</b></p>	<p>27</p> <p>PY 10:30 Get Moving- AR</p> <p>I 11:00 Daily Chronicles-AR</p> <p>CR 1:00 <b>Advanced Hour-AR</b></p> <p>SO 2:30 <b>Happy Hour-DR</b></p> <p>SO 4:00 <b>Fall Festival</b></p>	<p>28</p> <p>PY 10:30 Get Moving- AR</p> <p>PR 10:30 <b>Walmart Shopping-Lobby</b></p> <p>PR 11:15 <b>Food Form-DR</b></p> <p>CO 1:00 Family Feud-AR</p> <p>CO 1:00 Card Group-AR</p>	<p>29</p> <p>PY 10:30 Get Moving- AR</p> <p>I 11:00 Daily Chronicles-AR</p> <p>E 11:15 IN2L Humor/Inspirational Time-AR</p> <p>CO 1:00 <b>Bingo-AR</b></p> <p>SE 2:00 Music Mania-AR</p> <p>SO 2:30 <b>Happy Hour-DR</b></p>	<p>30</p> <p>I 10:00 Daily Chronicles-AR</p> <p>SO 11:00 Cards-AR</p> <p>SO 2:00 Phase 10 Game-AR</p> <p>CO 3:00 Puzzle Page-AR</p> <p>SE 6:00 TV Time &amp; Conversation- AR</p>
<p>31 <b>Halloween</b></p> <p>I 10:00 Daily Chronicles-AR</p> <p>CR 11:00 Adult Art Page-AR</p> <p>SO 1:30 <b>Movie- AR</b></p>						

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