HERITAGE OAKS OF ENGLEWOOD A GRACE MGMT COMMUNITY It's not like home. It *is* home.TM

Your Team

Kathy Bruns - Executive Director Dominic Marino - Assoc. Executive Director Marty Aldridge - Business Office Mgr Chris Snider - Sales Director Sean Krasensky - Wellness Director Twila Young - Village Program Nurse Mgr. Carla Lanning - Maintenance Director Lisa Young - Life Enrichment Director

Resident Birthdays

10/2 - Roger L
10/23 - Bill C.
10/8 - Lauraine D. 10/23 - Mary D.
10/9 - Marion R.
10/29 - Linda R.
10/17 - Bill B.

Staff Birthdays

10/10 - Maggie	10/21 - Debbie
10/19 - Gary	10/21 - Dakota
10/29 - Carla	10/31 - Sherry
10/31 - Angel	

Welcome to the Family

Our story is yours. We grow older and wiser but are sure to never lose the spark that started it all. Grace Management Continues to evolve, and we're ever more dedicated to nurturing our company and our team to be healthy contributors to communities across the U.S. Delivering exceptional living experiences, we can focus on the big issues that concern the daily lives of our residents-from healthcare and finances to overall quality of life-while never losing sight of the details that matter most: the connections we make along the way. Earl Pat Shirley



OCTOBER 2021

Heritage Oaks of Englewood

Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday
CO - Cognitive (CR - Creative E - Emotional PY - Physical PR - Purposeful SE - Sensory SO - Social SP - Spiritual	Jazz Society Outings Return! Tickets are \$50.00 for the Season OCT-APR One concert per month \$20.00 at the door. MASKS MUST BE WORN AT ALL TIMES	"Flamingo Bingo" New Name - Same Game Watch for different times this month.	Special Events 8th - October Birthday Party 11th - Jazz Society Outing 15th - Picnic Outing 21st - Popcorn Poppin' Day 31st - 70's Halloween Retro Party	
3 PY 9:30 Walk with a Friend R 10:00 Coloring with Jazz - 2B PY 10:00 Corn Hole - FC 10:30 Flamingo Bingo - BH PR 1:00 Football Game - MR SO 2:30 Sundaes on Sunday - 1B SP 3:15 Bible Study w/ Autumn - MR SO 2:30 Indexequent Games - BH	4 PY 9:30 Legacy Exercises - FC R 10:30 Cookie Baking - 2B PY 1:30 Wii Bowling - 1LR CO 2:00 IN2L - Word Grid - MR SO 3:00 Flamingo Bingo - BH SE 7:00 Movie Night - MR	5 PY 9:30 Fun & Fitness - FC CR 10:00 Coloring with Jazz - 2B SO 10:00 Men's Coffee - 1B PR 10:15 BP Clinic - 1B SP 10:15 Catholic Comm MR CO 2:00 Flamingo Bingo - BH SO 7:00 Movie Night - MR	6 PY 8:50 Bus To San Casa Pool - OT PY 9:30 Legacy Exercises - FC 10:30 Fancy Nails - 2B PR 10:30 Independent Cards/Games CO 2:00 Flamingo Bingo - BH PR 3:15 Wine Down Wednesday SE 7:00 Movie Night - MR	7 PY 9:30 Be Fit Exercises - FC 10:15 Fellowship Gather - MR 10:30 Independent Games S0 2:00 Flamingo Bingo - BH S1 7:00 Movie Night - MR
10 PY 9:30 Walk with a Friend CR 10:00 Coloring with Jazz - 2B PY 10:00 Corn Hole - FC SO 10:30 Flamingo Bingo - BH PR 1:00 Football Game - MR SO 2:30 Sundaes on Sunday - 1B SP 3:15 Bible Study w/ Autumn - MR	11 Columbus Day PY 9:30 Legacy Exercises - FC CR 10:30 Cookie Baking - 2B PY 1:30 Wii Bowing - 1LR CO IN2L - Word Grid - MR SO 3:00 Flamingo Bingo - BH SE 5:45 Jazz Society Outing - OT SE 7:00 Movie Night - MR	12 PY 9:30 Fun & Fitness - FC CR 10:00 Coloring with Jazz - 2B 50 10:00 Men's Coffee - 1B PR 10:15 CBP Clinic - 1B 59 10:15 Catholic Comm MR CO 10:30 Flamingo Bingo - BH PR 2:30 Food Council - 2B OB 000 Besident Council - 2B	13 PY 8:50 Bus To San Casa Pool - OT PY 9:30 Legacy Exercises - FC 10:30 Fancy Nails - 2B PR 10:30 Independent Cards/Games CO 2:00 Flamingo Bingo - BH PR 3:15 Wine Down Wednesday SE 7:00 Movie Night - MR	14 PY 9:30 Be Fit Exercises - FC SP 10:15 Fellowship Gather - MR 10:30 Independent Games CR 1:30 Trilogy Trivia w/ Trina - 2L SO 2:00 Flamingo Bingo - BH SE 7:00 Movie Night - MR
17 PY 9:30 Walk with a Friend Coloring with Jazz - 2B PY 10:00 Coorn Hole - FC SO 10:30 Flarningo Bingo - BH PR 1:00 Football Game - MR SO 2:30 Sundaes on Sunday - 1B SP 3:15 Bible Study w/ Autumn - MR	18 PY 9:30 Legacy Exercises - FC 10:30 Cookie Baking - 2B PY 1:30 Wii Bowling - 1LR CO 2:00 IN2L - Word Grid - MR SO 3:00 Flamingo Bingo - BH SE 7:00 Movie Night - MR	19 PY 9:30 Fun & Fitness - FC CR 10:00 Coloring with Jazz - 2B 50 10:00 Men's Coffee - 1B PR 10:15 BP Clinic - 1B 59 10:15 Catholic Comm MR CO 10:30 Flamingo Bingo - BH 51 2:00 Sing-A-Long - 1B 50 2:02 Town Hall 1B	20 PY 8:50 Bus To San Casa Pool - OT PY 9:30 Legacy Exercises - FC PR 10:30 Independent Cards/Games SE 10:30 Elegacy Health Talk - MR CO 2:00 Flamingo Bingo - BH PR 3:15 Wine Down Wednesday SE 7:00 Movie Night - MR	21 CR Popcom Popin' Day PY 9:30 Be Fit Exercises - FC SP 10:15 Fellowship Gather - MR 10:30 Independent Games 50 2:00 Flamingo Bingo - BH SE 7:00 Movie Night - MR
24 PY 9:30 Walk with a Friend R 10:00 Coloring with Jazz - 2B PY 10:00 Corn Hole - FC SO 10:30 Flamingo Bingo - BH PR 1:00 Football Game - MR SO 2:30 Sundaes on Sunday - 1B SP 3:15 Bible Study w/ Autumn - MR 3:30 Independent Games - BH	25 PY 9:30 Legacy Exercises - FC 10:30 Cookie Baking - 2B PY 1:30 Wii Bowling - 1LR CO 2:00 Wii Bowling - 1LR 2:00 IN2L - Word Grid - MR SO 3:00 Flamingo Bingo - BH 5:1 7:00 Movie Night - MR	26 PY 9:30 Fun & Fitness - FC CR 10:00 Coloring with Jazz - 2B 50 10:00 Men's Coffee - 1B PR 10:15 BP Clinic - 1B 59 10:15 Catholic Comm MR 52 2:00 Trivia - MR 50 7:00 Moving Dingo - BH	27 PY 8:50 Bus To San Casa Pool - OT PY 9:30 Legacy Exercises - FC 55 10:30 Fancy Nails - 28 PR 10:30 Independent Cards/Games CO 2:00 Flamingo Bingo - BH PR 3:15 Wine Down Wednesday SE 7:00 Movie Night - MR	28 PY 9:30 Be Fit Exercises - FC 10:15 Fellowship Gather - MR 10:30 Independent Games CR 1:30 Trilogy Trivia w/ Trina - 2L SE 2:00 Music Appreciation - MR 3:00 Flamingo Bingo - BH SE 7:00 Movie Night - MR
31 Halloween PY 9:30 Walk with a Friend Coloring with Jazz - 2B PY 10:00 Coloring with Jazz - 2B PY 10:00 Corn Hole - FC SO 10:30 Flarningo Bingo - BH PR 1:00 Forstall Game - MR SO 2:00 70's Retro Halloween Party SP 3:15 Bible Study w/ Autumn - MR CO 2:00 Indexnoduch Game - BH Events are Subject to Change. E	Halloween 70's Retro Party Dress Up in your 1970's attire! Games Food and Fun			October Birthdays 10/2- Roger L. 10/8 - Lauraine D. 10/9 - Marion R. 10/17 - Bill B. 10/23 - Bill C. 10/23 - Mary D. 10/29 - Linda R.

Village Program Living

If an egg is broken by an outside force, life ends. If broken by an inside force, life begins. Great things always begin from the inside.

- Jim Kwik





Friday

Saturday

	2			
 9:30 Walmart Shopping - (9:30 Be Fit Exercises - FC 10:00 Coloring with Jazz - 2 10:30 Hangman - 2L 2:00 Bealls Outlet Shopping 	C PY 2B E PY	10:00 12:00 2:00	Walk with a Friend Corn Hole - FC College Football - MR Wii Bowling - LR Memorial Service - Phil	
2:00 Men's Movie - MR 3:00 Flamingo Bingo - BH 7:00 Movie Night - MB	CO		Stiness - CY Indep. Games - BH/2L Movie Night - MB	
	9			
 9:30 Walmart Shopping - (9:30 Be Fit Exercises - FC 10:30 Coloring with Jazz - 2 10:30 Hangman - 2L 2:00 Men's Movie - MR 2:30 Birthday Party - 1B 3:00 Flamingo Bingo - BH 7:00 Movis Nibht - MB 		10:00 12:00 2:00 3:00 6:00	Walk with a Friend Corn Hole - FC College Football - MR Wii Bowling - LR Kitchen Helpers - PDR Indep. Games - BH/2L Movie Night - MR	
 9:30 Walmart Shopping - (9:30 Be Fit Exercises - F(10:00 Coloring with Jazz - 2 10:30 Hangman - 2L 11:45 Picnic Outing - OT 2:00 Men's Movie - MR 3:00 Flamingo Bingo - BH 7:00 Movis Nicht - MB 		10:00 12:00 2:00 3:00 6:00	Walk with a Friend Corn Hole - FC College Football - MR Wii Bowling - LR Kitchen Helpers - PDR Indep. Games - BH/2L Movie Night - MR	
 9:30 Walmart Shopping - (9:30 Be Fit Exercises - F(10:00 Coloring with Jazz - 2 10:30 Hangman - 2L 2:00 Dollar Tree Shopping 3:00 Flamingo Bingo - BH 7:00 Movie Night - MR 		10:00 12:00 2:00 3:00 6:00	Walk with a Friend Corn Hole - FC College Football - MR Wii Bowling - LR Kitchen Helpers - PDR Indep. Games - BH/2L Movie Night - MR	
 9:30 Walmart Shopping - (9:30 Be Fit Exercises - F(10:00 Coloring with Jazz - 2 10:30 Hangman - 2L 2:00 Men's Movie - MR 3:00 Flamingo Bingo - BH 7:00 Movie Night - MR 		10:00 12:00 2:00 3:00 6:00	Walk with a Friend Corn Hole - FC College Football - MR Wii Bowling - LR Kitchen Helpers - PDR Indep. Games - BH/2L Movie Night - MR	
	FC 1B 2B BF 2L	Location Legend FC = Fitness Center 1B = 1st Floor Bistro 2B = 2nd Floor Bistro BH = Bingo Hall 2L = 2nd Floor Library MR = Media Room		

Did You Know?

Beat the Heat!

HEALTH 1005

Early morning is a great time for a nice walk. Your body, mind, and spirit will thank you!



Get Up!

Avoid sitting for long periods in front of a TV or computer. Stand up and move around.

Assisted Living



PDR = Private Dining Room OT = Bus Outing



