



HERITAGE OAKS
A GRACE MGMT COMMUNITY

OCTOBER 2021

1100 German School Road
Richmond, Virginia 23225
804-323-3800
www.heritageoaksseniorliving.com



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Location Keys Atrium -A Jefferson Room [O] Activity Room -AR Cafe-C Chapel -CH Library -L Theater Room - TR Outside -O</p>	<p>CO - Cognitive CR - Creative PY - Physical PR - Purposeful SO - Social SP - Spiritual</p>	<p>Residents' Birthday Grace Mallory 10/1 Richard Cunningham 10/1 Joan Cronin 10/3 Rosalind Love 10/7</p>	<p>Duane Buehler 10/8 Bobbie Walters 10/12 Jacqueline Lomax 10/19 Vicki Eacho 10/19</p>	<p>Judy Capollupo 10/23 Thomas Mitchell 10/31</p>	<p>1 SO 9:30 Walmart (O) PY 10:45 Wii Bowling (AR) SO 12:30 Bone Fish Grill (O) SO 3:00 Happy Hour [AR]</p>	<p>2 SP 10:30 Communion [CH] SP 10:30 Worship Service w/ Dr. Harbuck [CH] SO 1:00 Easy Listening Music [A]</p>
<p>3 CR 1:00 Cards [L] CR 1:00 Easy Listening [A]</p>	<p>4 PY 10:00 Moving to the Beat (A) PY 10:45 Wii Bowling (AR) CR 1:30 Art Class w/ Jackie (AR) CO 3:00 Pokeno (AR)</p>	<p>5 PY 10:45 Wii Bowling (AR) PR 11:00 Flu Clinic(A) PY 3:00 Corn Hole (A)</p>	<p>6 PY 10:45 Wii Bowling (AR) SO 12:30 Trip to Chesterfield Towne Center (O) SP 2:30 Devotions [C] SO 3:30 Wine Wednesday [A]</p>	<p>7 PY 10:00 Moving to the Beat (A) PY 10:45 Wii Bowling (AR) PY 1:30 Boccee Ball (A) SO 3:00 Health Talk (A)</p>	<p>8 SO 9:30 Walmart PY 10:45 Wii Bowling (AR) SO 12:30 Kickback Jack"s (O) SO 3:00 Happy Hour [AR]</p>	<p>9 SP 10:30 Worship Service w/ Dr. Harbuck [CH] SO 1:00 Easy Listening Music [A]</p>
<p>10 CR 1:00 Cards [L] CR 1:00 Easy Listening [A]</p>	<p>11 Columbus Day PY 10:00 Moving to the Beat (A) PY 10:45 Wii Bowling (AR) SO 1:30 Music Performance by Craig Anders (A) CO 3:00 5 Cent Bingo (AR)</p>	<p>12 PY 10:00 Moving to the Beat (A) PY 10:45 Wii Bowling (AR) CO 1:30 Hangman (A) SO 3:00 Violin Performance by Christopher Price (A)</p>	<p>13 PY 10:00 Sit and Be Fit w/ Karen (A) SO 12:30 Shopping at Goodwill (O) SP 2:30 Devotions [C] SO 3:00 Bowling Tournament (AR)</p>	<p>14 PY 10:00 Moving to the Beat (A) PY 10:45 Wii Bowling (AR) PY 1:30 Corn Hole (A) CO 3:00 Spades Tournament (AR)</p>	<p>15 SO 9:30 Walmart (O) SO 10:30 Coffee Chat (C) PY 10:45 Wii Bowling (AR) SO 12:30 Lunch at Longhorn (O) SO 3:00 Happy Hour/ James Curry performs [A]</p>	<p>16 SP 10:30 Worship Service w/ Dr. Harbuck [CH] SO 1:00 Easy Listening Music [A]</p>
<p>17 CR 1:00 Cards [L] CR 1:00 Easy Listening [A]</p>	<p>18 PY 10:00 Moving to the Beat (A) SO 10:30 Coffee Chat (C) PY 10:45 Wii Bowling (AR) SO 1:30 Fall Fashion Show Meeting (AR) SO 3:00 National Chocolate Cupcake Day Social</p>	<p>19 PY 10:00 Moving to the Beat (A) PY 10:45 Wii Bowling (AR) SO 1:30 Dan and Jen performs (A) SO 3:00 Ring Toss (A)</p>	<p>20 PY 10:45 Wii Bowling (AR) SO 12:30 Shopping Trip to Thrift Store (O) SP 2:30 Devotions [C] SO 3:30 Wine Wednesday [A]</p>	<p>21 PY 10:00 Moving to the Beat (A) SO 10:30 Coffee Chat (C) PY 10:45 Wii Bowling (AR) SO 2:00 Fall Fashion Show (A)</p>	<p>22 SO 9:30 Walmart (O) PY 10:45 Wii Bowling (AR) SO 12:30 Lunch at River City Diner (O) SO 3:00 Happy Hour [AR]</p>	<p>23 SP 10:30 Worship Service w/ Dr. Harbuck [CH] SO 1:00 Easy Listening Music [A]</p>
<p>24 CR 1:00 Cards [L] CR 1:00 Easy Listening [A]</p>	<p>25 PY 10:00 Moving to the Beat (A) PY 10:45 Wii Bowling (AR) SO 1:30 Resident Meeting (A) SO 3:00 Birthday Celebration and Joe Loschiavo performs</p>	<p>26 PY 10:00 Moving to the Beat (A) SO 10:30 Coffee Chat (C) PY 10:45 Wii Bowling (AR) CO 1:30 National Pumpkin Day social CO 3:00 Hangman (A)</p>	<p>27 PY 10:00 Sit and Be Fit w/ Karen (A) PY 10:45 Wii Bowling (AR) SO 12:30 Rosie Casino (O) SP 2:30 Devotions [C] SO 3:30 Wine Wednesday [A]</p>	<p>28 PY 10:00 Moving to the Beat (A) PY 10:45 Wii Bowling (AR) PY 1:30 Grab bag Bingo (A) CO 3:00 Pokeno (AR)</p>	<p>29 SO 9:30 Walmart (O) PY 10:45 Wii Bowling (AR) SO 12:30 Lunch at King Crab (O) SO 3:00 Happy Hour [AR]</p>	<p>30 SP 10:30 Worship Service w/ Dr. Harbuck [CH] SO 1:00 Easy Listening Music [A]</p>
<p>31 Halloween CR 1:00 Cards [L] CR 1:00 Easy Listening [A]</p>						

Events are Subject to Change.