



DIRIGO PINES

A GRACE MGMT COMMUNITY

It's not like home. It *is* home.™

October 2021

Your Leadership Team

Paul Arbour // Executive Director

parbour@dirigopines.com

Jenna Biehn // Sales Counselor

jbiehn@dirigopines.com

William Burke // Maintenance Director

wburke@dirigopines.com

Deanna Chesson // Business Office Manager

dchesson@dirigopines.com

Kelly Cox // Village Program Coordinator

kcox@dirigopines.com

Erin Finch // Wellness Director

efinch@dirigopines.com

Kate Hills // Marketing Director

khills@dirigopines.com

Elizabeth Pelkey // Life Enrichment Director

epelkey@dirigopines.com

Lewis Stubbs // Executive Chef

lstubbs@dirigopines.com

Inn Birthdays

10/1	Bob H.	10/8	Terry P.	10/13	Keith S.	10/25	Genevieve D.
10/2	Douglas E.	10/11	Jane D.	10/14	Albert K.	10/28	Carol B.
10/4	Michel B.	10/12	Bill C.	10/16	Sophie M.	10/30	Paul H.
10/7	Frances H.	10/12	Dorothy C.	10/20	John W.		

Welcome to the Family

Our story is yours. We grow older and wiser but are sure to never lose the spark that started it all. Grace Management Continues to evolve, and we're ever more dedicated to nurturing our company and our team to be healthy contributors to communities across the U.S. Delivering exceptional living experiences, we can focus on the big issues that concern the daily lives of our residents—from healthcare and finances to overall quality of life—while never losing sight of the details that matter most: the connections we make along the way.

As our resident family grew over the summer, the hum of life has cheerily and steadily increased at the Inn! Stop in to meet your new neighbors, invite them to join you at a meal or happy hour, and don't forget to let them know when your favorite groups meet!



DIRIGO PINES
A GRACE MGMT COMMUNITY

OCTOBER 2021

Penobscot & Cottages


Autumn's Splendor

Sunday	Monday	Tuesday	Wednesday	Thursday
<p>Legend: CO - Cognitive CR - Creative E - Emotional I - Intergenerational PY - Physical PR - Purposeful SE - Sensory SO - Social SP - Spiritual</p>	<p>LOCATION LEGEND KEN - Kenduskeag KGP - KEN Gathering Place KLR - KEN Living Room PMR - Penobscot Media Room SR - Social Room GR - Garden Room LIB - Dirigo Pines Library MED - Meadowbrook</p>	<p>BIRTHDAYS 10/1 - Robert H 10/2 - Douglas E 10/7 - Frances H 10/8 - Terry P 10/11 - Jane D 10/13 - Keith S 10/25 - Genevieve D 10/28 - Carol B 10/30 - Paul H</p>	<p>WE LOVE YOUR FEEDBACK If you note any errors on this calendar, your group has changed meeting times, or you have an idea for an event you'd like to see featured, please let the Life Enrichment Team know so we can provide you with accurate and engaging events!</p>	<p>SUGGESTION BOXES are located in the Main Lobby and at the Meadowbrook Mailboxes. Your suggestions have a direct impact on activities and programming at Dirigo Pines!</p>
<p>3</p> <p>SP 10:00 Catholic Holy Communion - SR SP 10:00 Church of Universal Fellowship ZOOM Service - PMR PR 1:00 Library Work Session - LIB E 2:30 Matinee A Rainy Day in New York - KGP</p>	<p>4</p> <p>PY 9:30 Exercise - PMR PY 10:00 Exercise - PMR CO 10:00 Rummikub - SR PY 10:00 Sittercise - KGP CR 1:00 Arts & Crafts - GR E 7:00 Movie My Girl 2 - KGP</p>	<p>5</p> <p>PR 10:00 Shopping Assistance - LEO PY 10:00 Tai Chi Class - KGP CO 1:30 Scrabble - GR SO 3:00 Bingo with Theoline - PMR SO 3:00 Bingo with Theoline - PMR SE 7:00 Movie Hole in the Wall - KGP</p>	<p>6</p> <p>PY 9:30 Exercise - PMR PY 10:00 Exercise - PMR PY 10:00 Sittercise - KGP CO 1:30 Mahjong - SR SE 2:00 Radio Hour - KLR E 4:00 Happy Hour - L & GR E 7:00 Movie The Zookeeper's Wife - KGP</p>	<p>7</p> <p>PY 9:00 Grounds Walk - Meet in L CR 10:00 Art w/Agnes - PMR PR 11:00 Book Club Info Meeting - LIB SE 1:00 Ballet Alice's Adventures in Wonderland - KGP PR 3:00 Bereavement Group with Judy Trudwell - PMR</p>
<p>10</p> <p>SP 10:00 Catholic Holy Communion - SR SP 10:00 Church of Universal Fellowship ZOOM Service - PMR PR 1:00 Library Work Session - LIB E 2:30 Matinee Judy - KGP CO 2:30 Rummikub - SR</p>	<p>11 Columbus Day</p> <p>PY 9:30 Exercise - PMR PY 10:00 Exercise - PMR CO 10:00 Rummikub - SR PY 10:00 Sittercise - KGP E 7:00 Movie An Unfinished Life - KGP</p>	<p>12</p> <p>PR 10:00 Shopping Assistance - LEO PY 10:00 Tai Chi Class - KGP CO 1:30 Scrabble - GR SO 3:00 Bingo with Theoline - PMR SE 7:00 Movie Bennett's War - KGP</p>	<p>13</p> <p>PY 9:30 Exercise - PMR PY 10:00 Exercise - PMR PY 10:00 Sittercise - KGP CO 1:30 Mahjong - SR SE 2:00 Radio Hour - KLR E 4:00 Happy Hour - L & GR E 7:00 Movie The Courier - KGP</p>	<p>14</p> <p>PY 9:00 Grounds Walk - Meet in L CR 10:00 Art w/Agnes - PMR SO 1:00 Oktoberfest - Patio CO 3:00 CANCELLED: Poker Games - GR SE 7:00 Musical Nunsense - KGP</p>
<p>17</p> <p>SP 10:00 Catholic Holy Communion - SR SP 10:00 Church of Universal Fellowship ZOOM Service - PMR PR 1:00 Library Work Session - LIB E 2:30 Matinee Sankofa - KGP CO 2:30 Rummikub - SR</p>	<p>18</p> <p>PY 9:30 Exercise - PMR PY 10:00 Exercise - PMR CO 10:00 Rummikub - SR PY 10:00 Sittercise - KGP CR 1:00 Arts & Crafts - GR E 7:00 Movie Letters to Juliet - KGP</p>	<p>19</p> <p>PR 10:00 Shopping Assistance - LEO PY 10:00 Tai Chi Class - KGP CO 1:30 Scrabble - GR SO 3:00 Bingo with Theoline - PMR SE 7:00 Movie The Impossible - KGP</p>	<p>20</p> <p>PY 9:30 Exercise - PMR PY 10:00 Exercise - PMR PY 10:00 Sittercise - KGP CO 1:30 Mahjong - SR SE 2:00 Radio Hour - KLR E 4:00 Happy Hour - L & GR E 7:00 Opera Talk - PMR E 7:00 Movie The Double - KGP</p>	<p>21</p> <p>PY 9:00 Grounds Walk - Meet in L CR 10:00 Art w/Agnes - PMR I 1:00 RAIN DATE: Oktoberfest - Patio SE 1:00 Theatre Blue/Orange - KGP CO 3:00 Poker Games - GR SE 7:00 Musical Nunsense - KGP</p>
<p>24</p> <p>SP 10:00 Catholic Holy Communion - SR SP 10:00 Church of Universal Fellowship ZOOM Service - PMR PR 1:00 Library Work Session - LIB E 2:30 Matinee Children of a Lesser God - KGP</p>	<p>25</p> <p>PY 9:30 Exercise - PMR PY 10:00 Exercise - PMR CO 10:00 Rummikub - SR PY 10:00 Sittercise - KGP E 7:00 Movie Hubie Halloween - KGP</p>	<p>26</p> <p>PR 10:00 Shopping Assistance - LEO PY 10:00 Tai Chi Class - KGP CO 1:00 Inn Resident Council CO 1:30 Scrabble - GR SO 3:00 Bingo with Theoline - PMR SE 7:00 Movie Clear & Present Danger - KGP</p>	<p>27</p> <p>PY 9:30 Exercise - PMR PY 10:00 Exercise - PMR PY 10:00 Sittercise - KGP CO 1:30 Mahjong - SR SE 2:00 Radio Hour - KLR E 4:00 Happy Hour - L & GR E 7:00 Movie Nightbooks - KGP</p>	<p>28</p> <p>PY 9:00 Grounds Walk - Meet in L CR 10:00 Art w/Agnes - PMR SE 1:00 Theatre Night of the Living Dead Live - KGP CO 3:00 Poker Games - GR</p>
<p>31 Halloween</p> <p>SP 10:00 Catholic Holy Communion - SR SP 10:00 Church of Universal Fellowship ZOOM Service - PMR PR 1:00 Library Work Session - LIB E 2:30 Matinee Young Frankenstein - KGP</p>		<p>ARTS & CRAFTS with Jennifer kicks off on Monday October 4! This creative time will rotate between the Garden Room and Meadowbrook Dining Room. Projects will cover a range of abilities so come, create!</p>	<p>Join us for OLD TIME RADIO HOUR at 2:00 PM on Wednesdays in the Kenduskeag Living Room. All broadcasts will have subtitles and if there's interest, be followed by a brief discussion of the broadcast.</p>	<p>BOOK CLUB is back! Be a part of the relaunch by attending one of the Informational & Planning Meetings on October 7th or 8th. Orono Public Library is working with us to bring back this favorite group!</p>

Events are Subject to Change.

Independent Living





Book Club Info & Planning Meetings

Want to join or lead a book club this fall?

Join us at either 11:00 AM Thursday, October 7 OR 1:00 PM Friday, October 8!

9 Alumni Drive
Orono, Maine 04473
207-866-3400
www.dirigopines.com

Friday

Saturday

1	<p>9:30 Exercise - PMR 10:00 Exercise - PMR 10:00 Sittercise - KGP 1:30 Cribbage - GR 7:00 Documentary Wildest Places: Outback Deserts - KGP</p>	2	<p>1:00 TV Series LulaRich: Start Up - KGP 1:30 Card Games - SR 1:30 Crafting Group - LIB 3:00 Bingo with Theoline - PMR 7:00 Movie The Father Who Moves Mountains - KGP</p>
8	<p>9:30 Exercise - PMR 10:00 Exercise - PMR 10:00 Sittercise - KGP 1:00 Book Club Info Meeting - LIB 1:30 Cribbage - GR 7:00 Documentary Wildest Places: Rainforests - KGP</p>	9	<p>1:00 TV Series LulaRich: Show Up - KGP 1:30 Card Games - SR 1:30 Crafting Group - LIB 3:00 Bingo with Theoline - PMR 7:00 Movie Ordinary - KGP</p>
15	<p>9:30 Exercise - PMR 10:00 Exercise - PMR 10:00 Sittercise - KGP 1:30 Cribbage - GR 7:00 Documentary Wildest Places: The Bush - KGP</p>	16	<p>1:00 TV Series LulaRich: Blow Up - KGP 1:30 Card Games - SR 1:30 Crafting Group - LIB 3:00 Bingo with Theoline - PMR 7:00 Movie Knives Out - KGP</p>
22	<p>9:30 Exercise - PMR 10:00 Exercise - PMR 10:00 Sittercise - KGP 1:30 Cribbage - GR 7:00 Documentary Wildest Places: Wild Coasts - KGP</p>	23	<p>1:00 TV Series LulaRich: Toe Up - KGP 1:30 Card Games - SR 1:30 Crafting Group - LIB 3:00 Bingo with Theoline - PMR 7:00 Movie Labyrinth - KGP</p>
29	<p>9:30 Exercise - PMR 10:00 Exercise - PMR 10:00 Sittercise - KGP 1:00 Halloween Costume Party - KGP 1:30 Cribbage - GR 7:00 Documentary Devil at the Crossroads - KGP</p>	30	<p>1:00 TV BBC Born Equal - KGP 1:30 Card Games - SR 1:30 Crafting Group - LIB 3:00 Bingo with Theoline - PMR 7:00 Movie ParaNorman - KGP</p>

OKTOBERFEST at Dirigo Pines is 1:00 - 3:00 PM on Thursday, October 14. Join us on the back Patio for this celebration! Rain Date: October 21.

Our HALLOWEEN COSTUME PARTY is at 1:00 PM on Friday, October 29! Dress up and come for a costume contest, prizes, and a spooktacular time!

Did You Know?



Bereavement Support Group

3:00 PM on the first Thursday

Facilitated by Judy Treadwell in the Penobscot Media Room



Life Enrichment Updates

Penobscot Resident Council Meeting

1:00 PM Tuesday, October 26
Kenduskeag Gathering Place

Future meetings will be on the 4th Tuesday each month.
All Penobscot residents are welcome!



Arts & Crafts with Jennifer

1:00 PM Monday October 4th and 18th in the Garden Room



DIRIGO PINES

A GRACE MGMT COMMUNITY
