



DIRIGO PINES

A GRACE MGMT COMMUNITY

It's not like home. It *is* home.™

October 2021

Your Leadership Team

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Inn Birthdays

10/1	Bob H.	10/8	Terry P.	10/13	Keith S.	10/25	Genevieve D.
10/2	Douglas E.	10/11	Jane D.	10/14	Albert K.	10/28	Carol B.
10/4	Michel B.	10/12	Bill C.	10/16	Sophie M.	10/30	Paul H.
10/7	Frances H.	10/12	Dorothy C.	10/20	John W.		

Welcome to the Family

Our story is yours. We grow older and wiser but are sure to never lose the spark that started it all. Grace Management Continues to evolve, and we're ever more dedicated to nurturing our company and our team to be healthy contributors to communities across the U.S. Delivering exceptional living experiences, we can focus on the big issues that concern the daily lives of our residents—from healthcare and finances to overall quality of life—while never losing sight of the details that matter most: the connections we make along the way.

As our resident family grew over the summer, the hum of life has cheerily and steadily increased at the Inn! Stop in to meet your new neighbors, invite them to join you at a meal or happy hour, and don't forget to let them know when your favorite groups meet!



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OCTOBER 2021

Meadowbrook & Kenduskeag


Autumn's Splendor

Sunday	Monday	Tuesday	Wednesday	Thursday
<p>CO - Cognitive CR - Creative E - Emotional I - Intergenerational PY - Physical PR - Purposeful SE - Sensory SO - Social SP - Spiritual</p>	<p>LOCATION LEGEND KEN - Kenduskeag KGP - KEN Gathering Place KLR - KEN Living Room PMR - Penobscot Media Room SR - Social Room GR - Garden Room LIB - Dirigo Pines Library MED - Meadowbrook</p>	<p>Birthdays 10/4 - Michel B 10/12 - Dorothy P 10/20 - Bill C</p>	<p>WE LOVE YOUR FEEDBACK If you note any errors on this calendar, your group has changed meeting times, or you have an idea for an event you'd like to see featured, please let the Life Enrichment Team know so we can provide you with accurate and engaging events!</p>	<p>SUGGESTION BOXES are located in the Main Lobby and at the Meadowbrook Mailboxes. Your suggestions have a direct impact on activities and programming at Dirigo Pines!</p>
<p>3</p> <p>SP 10:00 Catholic Holy Communion - SR SP 10:00 Church of Universal Fellowship ZOOM Service - PMR PR 1:00 Library Work Session - LIB E 2:30 Matinee A Rainy Day in New York - KGP</p>	<p>4</p> <p>PY 9:30 Exercise - PMR PY 10:00 Exercise - PMR CO 10:00 Rummikub - SR PY 10:00 Sittercise - KGP PY 10:30 Sittercise - MLR CR 1:00 Arts & Crafts - GR CO 3:00 Social - KLR E 7:00 Movie My Girl 2 - KGP</p>	<p>5</p> <p>PR 10:00 Shopping Assistance - LEO PY 10:00 Tai Chi Class - KGP CO 1:30 Scrabble - GR SO 2:00 Social - MDR SO 3:00 Bingo with Theoline - PMR SE 3:00 Bingo with Theoline - PMR SE 7:00 Movie Hole in the Wall - KGP</p>	<p>6</p> <p>PY 9:30 Exercise - PMR PY 10:00 Exercise - PMR PY 10:00 Sittercise - KGP PY 10:30 Sittercise - MLR CO 1:30 Mahjong - SR SE 2:00 Radio Hour - KLR SE 4:00 Happy Hour - L & GR E 7:00 Movie The Zookeeper's Wife</p>	<p>7</p> <p>PY 9:00 Grounds Walk - Meet in L CR 10:00 Art w/Agnes - PMR PR 11:00 Book Club Info Meeting - LIB SE 1:00 Ballet Alice's Adventures in Wonderland - KGP PR 3:00 Bereavement Group with Judy Trudwell - PMR</p>
<p>10</p> <p>SP 10:00 Catholic Holy Communion - SR SP 10:00 Church of Universal Fellowship ZOOM Service - PMR PR 1:00 Library Work Session - LIB E 2:30 Matinee Judy - KGP CO 2:30 Rummikub - SR</p>	<p>11 Columbus Day</p> <p>PY 9:30 Exercise - PMR PY 10:00 Exercise - PMR CO 10:00 Rummikub - SR PY 10:00 Sittercise - KGP PY 10:30 Sittercise - MLR CR 1:00 Arts & Crafts - MDR CO 3:00 Social - KLR E 7:00 Movie An Unfinished Life</p>	<p>12</p> <p>PR 10:00 Shopping Assistance - LEO PY 10:00 Tai Chi Class - KGP PR 1:00 Meadowbrook Resident Council - MDR CO 1:30 Scrabble - GR SO 2:00 Social - MDR SO 3:00 Bingo with Theoline - PMR E 7:00 Movie Bennett's War - KGP</p>	<p>13</p> <p>PY 9:30 Exercise - PMR PY 10:00 Exercise - PMR PY 10:00 Sittercise - KGP PY 10:30 Sittercise - MLR CO 1:30 Mahjong - SR SE 2:00 Radio Hour - KLR SE 4:00 Happy Hour - L & GR E 7:00 Movie The Courier - KGP</p>	<p>14</p> <p>PY 9:00 Grounds Walk - Meet in L CR 10:00 Art w/Agnes - PMR SO 1:00 Oktoberfest - Patio CO 3:00 CANCELLED: Poker Games - GR SE 7:00 Musical Nunsense - KGP</p>
<p>17</p> <p>SP 10:00 Catholic Holy Communion - SR SP 10:00 Church of Universal Fellowship ZOOM Service - PMR PR 1:00 Library Work Session - LIB E 2:30 Matinee Sankofa - KGP CO 2:30 Rummikub - SR</p>	<p>18</p> <p>PY 9:30 Exercise - PMR PY 10:00 Exercise - PMR CO 10:00 Rummikub - SR PY 10:00 Sittercise - KGP PY 10:30 Sittercise - MLR CR 1:00 Arts & Crafts - GR CO 3:00 Social - KLR E 7:00 Movie Letters to Juliet</p>	<p>19</p> <p>PR 10:00 Shopping Assistance - LEO PY 10:00 Tai Chi Class - KGP PR 1:00 Kenduskeag Resident Council - KEN CO 1:30 Scrabble - GR SO 2:00 Social - MDR SO 3:00 Bingo with Theoline - PMR E 7:00 Movie The Impossible</p>	<p>20</p> <p>PY 9:30 Exercise - PMR PY 10:00 Exercise - PMR PY 10:00 Sittercise - KGP PY 10:30 Sittercise - MLR CO 1:30 Mahjong - SR SE 2:00 Radio Hour - KLR SE 4:00 Happy Hour - L & GR E 7:00 Movie The Double - KGP</p>	<p>21</p> <p>PY 9:00 Grounds Walk - Meet in L CR 10:00 Art w/Agnes - PMR I 1:00 RAIN DATE: Oktoberfest - Patio SE 1:00 Theatre Blue/Orange - KGP CO 3:00 Poker Games - GR SE 7:00 Musical Nunsense - KGP</p>
<p>24</p> <p>SP 10:00 Catholic Holy Communion - SR SP 10:00 Church of Universal Fellowship ZOOM Service - PMR PR 1:00 Library Work Session - LIB E 2:30 Matinee Children of a Lesser God - KGP</p>	<p>25</p> <p>PY 9:30 Exercise - PMR PY 10:00 Exercise - PMR CO 10:00 Rummikub - SR PY 10:00 Sittercise - KGP PY 10:30 Sittercise - MLR CR 1:00 Arts & Crafts - MDR CO 3:00 Social - KLR E 7:00 Movie Hallowe'en</p>	<p>26</p> <p>PR 10:00 Shopping Assistance - LEO PY 10:00 Tai Chi Class - KGP CO 1:30 Scrabble - GR SO 2:00 Social - MDR SO 3:00 Bingo with Theoline - PMR SE 7:00 Movie Clear & Present Danger - KGP</p>	<p>27</p> <p>PY 9:30 Exercise - PMR PY 10:00 Exercise - PMR PY 10:00 Sittercise - KGP PY 10:30 Sittercise - MLR CO 1:30 Mahjong - SR SE 2:00 Radio Hour - KLR SE 4:00 Happy Hour - L & GR E 7:00 Movie Nightbooks - KGP</p>	<p>28</p> <p>PY 9:00 Grounds Walk - Meet in L CR 10:00 Art w/Agnes - PMR SE 1:00 Theatre Night of the Living Dead Live - KGP CO 3:00 Poker Games - GR</p>
<p>31 Halloween</p> <p>SP 10:00 Catholic Holy Communion - SR SP 10:00 Church of Universal Fellowship ZOOM Service - PMR PR 1:00 Library Work Session - LIB E 2:30 Matinee Young Frankenstein - KGP</p>	<p>ARTS & CRAFTS with Jennifer kicks off on Monday October 4! This creative time will rotate between the Garden Room and Meadowbrook Dining Room. Projects will cover a range of abilities so come, create!</p>	<p>KENDUSKEAG SOCIALS are now on Mondays at 3:00 PM! Come, visit with your neighbors and meet new friends! Light refreshments are provided</p>	<p>Join us for OLD TIME RADIO HOUR at 2:00 PM on Wednesdays in the Kenduskeag Living Room. All broadcasts will have subtitles and if there's interest, be followed by a brief discussion of the broadcast.</p>	<p>BOOK CLUB is back! Be a part of the relaunch by attending one of the Informational & Planning Meetings on October 7th or 8th. Orono Public Library is working with us to bring back this favorite group!</p>

Events are Subject to Change.

Assisted Living





Book Club Info & Planning Meetings

Want to join or lead a book club this fall?

Join us at either 11:00 AM Thursday, October 7 OR 1:00 PM Friday, October 8!

9 Alumni Drive
Orono, Maine 04473
207-866-3400
www.dirigopines.com

Friday

Saturday

1	<p>9:30 Exercise - PMR 10:00 Exercise - PMR 10:00 Sittercise - KGP 11:00 Sittercise - MLR 1:30 Cribbage - GR 2:00 Meadowbrook Bingo - MDR 7:00 Documentary Wildest Places: Outback Deserts - KGP</p>	2	<p>1:00 TV Series LulaRich: Start Up - KGP 1:30 Card Games - SR 1:30 Crafting Group - LIB 3:00 Bingo with Theoline - PMR 7:00 Movie The Father Who Moves Mountains - KGP</p>
8	<p>9:30 Exercise - PMR 10:00 Exercise - PMR 10:00 Sittercise - KGP 10:30 Sittercise - MLR 1:00 Book Club Info Meeting - LIB 1:30 Cribbage - GR 2:00 Meadowbrook Bingo - MDR</p>	9	<p>1:00 TV Series LulaRich: Show Up - KGP 1:30 Card Games - SR 1:30 Crafting Group - LIB 3:00 Bingo with Theoline - PMR 7:00 Movie Ordinary - KGP</p>
15	<p>9:30 Exercise - PMR 10:00 Exercise - PMR 10:00 Sittercise - KGP 10:30 Sittercise - MLR 1:30 Cribbage - GR 2:00 Meadowbrook Bingo - MDR 7:00 Documentary Wildest Places: The Bush - KGP</p>	16	<p>1:00 TV Series LulaRich: Blow Up - KGP 1:30 Card Games - SR 1:30 Crafting Group - LIB 3:00 Bingo with Theoline - PMR 7:00 Movie Knives Out - KGP</p>
22	<p>9:30 Exercise - PMR 10:00 Exercise - PMR 10:00 Sittercise - KGP 10:30 Sittercise - MLR 1:30 Cribbage - GR 2:00 Meadowbrook Bingo - MDR 7:00 Documentary Wildest Places: Wild Coasts - KGP</p>	23	<p>1:00 TV Series LulaRich: Toe Up - KGP 1:30 Card Games - SR 1:30 Crafting Group - LIB 3:00 Bingo with Theoline - PMR 7:00 Movie Labyrinth - KGP</p>
29	<p>9:30 Exercise - PMR 10:00 Exercise - PMR 10:00 Sittercise - KGP 10:30 Sittercise - MLR 1:00 Halloween Costume Party - KGP 1:30 Cribbage - GR 2:00 Meadowbrook Bingo - MDR</p> <p>OKTOBERFEST at Dirigo Pines is 1:00 - 3:00 PM on Thursday, October 14. Join us on the back Patio for this celebration! Rain Date: October 21.</p>	30	<p>1:00 TV BBC Born Equal - KGP 1:30 Card Games - SR 1:30 Crafting Group - LIB 3:00 Bingo with Theoline - PMR 7:00 Movie ParaNorman - KGP</p> <p>HALLOWEEN COSTUME PARTY will take place at 1:00 PM on Friday, October 29! Dress up and come on up to the KGP for a costume contest, light refreshments, prizes, and a spooktacular time!</p>

Did You Know?



Bereavement Support Group

3:00 PM on the first Thursday

Facilitated by Judy Treadwell in the Penobscot Media Room



Life Enrichment Updates

Resident Council Meetings

Meadowbrook RCM
1:00 PM Tuesday, October 12 in the Meadowbrook Living Room

Future meetings will be on the 2nd Tuesday each month; all Meadowbrook residents are welcome!

Kenduskeag RCM
1:00 PM Tuesday, October 12 in the Kenduskeag Living Room

Future meetings will be on the 3rd Tuesday each month; all Kenduskeag residents are welcome!

Arts & Crafts with Jennifer

1:00 PM Mondays

October 4th and 18th in the Garden Room
October 11th and 25th in Meadowbrook Dining Room





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