



THE COUNTRY CLUB
OF LA CHOLLA
A GRACE MGMT COMMUNITY

OCTOBER 2021

Independent Living

8700 North La Cholla Blvd
Tucson, Arizona 85742
520-797-8700
www.countrycluboflacholla.com



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>CO - Cognitive CR - Creative PY - Physical PR - Purposeful SE - Sensory SO - Social SP - Spiritual</p>	<p>10:00am Unique Fashions (October 4th) 10:00am Mai Jewelry (October 11th)</p>	<p>You Be the Judge will be held Tuesday October 12th at 12:00pm</p> <p>1:00pm Mahjong 2:00pm Rummicube 3:00pm Farkel</p>	<p>3:00pm Trivia</p>	<p>Fall Door Decorating Contest Begins Friday, October 1st Winners Will Be Announced Friday, October 29th</p> <p>9:00am Muscle Strength with Carmen 6:00pm Thursday Night Movies</p>	<p>1</p> <p>PY 8:45 Stretch & Flex (Video) PR 9:30 Alterations with Mary SO 10:00 Mexican Train SO 1:00 Sticks & Cues SO 3:00 Happy Hour with Gabriel Romo (Guitarist)</p>	<p>2</p> <p>PY 9:30 Strength Exercise PY 11:15 Move To The Music Exercise/Dance Class CR 1:30 Poetry Group CR 2:00 Arts & Crafts with Kitt SO 7:00 Farkel</p>
<p>3</p> <p>SP 9:30 CCLC Worship Services PY 10:00 Strength Exercise CO 1:00 Bridge Club SE 2:00 Bingo SE 6:00 Sunday Night Movie</p>	<p>4</p> <p>PR 9:00 Walmart Shopping Trip PR 10:00 Unique Fashions PR 10:15 Tai Chi CO 1:00 Pinochle SE 1:30 Great American Music Series CO 3:00 Trivia SO 6:30 Poker</p>	<p>5</p> <p>PY 9:00 Muscle Strength with Carmen SP 10:00 Catholic Communion Service CR 10:00 Knitting & Crocheting Group PY 10:00 Stretch and Flex with Carmen PR 12:30 Resident Town Hall SO 6:30 Oktoberfest Celebration with "The Bouncing Czechs "</p>	<p>6</p> <p>PR 9:00 Coffee with a Cop PR 9:00 Fry's Shopping Trip CR 10:00 Quilting Group CR 1:00 Adventures in Art:" Who Done It?" CO 1:00 Mahjong SO 2:00 Wine Down Wednesdays</p>	<p>7</p> <p>SO 9:15 Coffee & Conversation PR 10:00 Shopping Trip: Bashas PY 10:15 Tai Chi PY 12:00 Bean Bag Competition SE 2:00 Bingo SO 6:00 Thursday Night Movie</p>	<p>8</p> <p>PY 8:45 Stretch & Flex (Video) PR 9:30 Alterations with Mary SO 10:00 Mexican Train SO 1:00 Sticks & Cues CR 1:00 Writing Ourselves SO 3:00 Happy Hour with Sheryl /Rob (Vocals/Piano)</p>	<p>9</p> <p>PY 9:30 Strength Exercise PY 11:15 Move To The Music Exercise/Dance Class CR 2:00 Arts & Crafts with Kitt SO 7:00 Farkel</p>
<p>10</p> <p>SP 9:30 CCLC Worship Services PY 10:00 Strength Exercise CO 1:00 Bridge Club SE 2:00 Bingo SE 6:00 Sunday Night Movie</p>	<p>11 Columbus Day</p> <p>PR 9:00 Walmart Shopping Trip PR 10:00 Mai Jewelry PR 10:15 Tai Chi CO 1:00 Pinochle SE 1:30 Great American Music Series CO 3:00 Trivia SO 6:30 Poker</p>	<p>12</p> <p>PR 8:30 Breakfast: The Teaspoon PY 9:00 Muscle Strength with Carmen SP 10:00 Catholic Mass & Anointing Service CR 10:00 Knitting & Crocheting Group PY 10:00 Stretch and Flex with Carmen PR 1:00 New Resident Orientation</p>	<p>13</p> <p>PR 9:00 Fry's Shopping Trip PR 1:00 Food Committee Meeting CO 1:00 Mahjong SO 2:00 Wine Down Wednesdays CO 3:00 Trivia</p>	<p>14</p> <p>SO 9:15 Coffee & Conversation PR 10:00 Shopping Trip: Albertsons PY 10:15 Tai Chi PY 12:00 National Sports Game Day SE 2:00 Bingo SO 6:00 Thursday Night Movie</p>	<p>15</p> <p>PY 8:45 Stretch & Flex (Video) PR 9:30 Alterations with Mary SO 10:00 Mexican Train CR 1:00 Book Club SO 1:00 Sticks & Cues SO 3:00 Happy Hour with Sly Slipetsky (Piano)</p>	<p>16</p> <p>PY 9:30 Strength Exercise PY 11:15 Move To The Music Exercise/Dance Class CR 1:30 Poetry Group CR 2:00 Arts & Crafts with Kitt SO 7:00 Farkel</p>
<p>17</p> <p>SP 9:30 CCLC Worship Services PY 10:00 Strength Exercise CO 1:00 Bridge Club SE 2:00 Bingo SE 6:00 Sunday Night Movie</p>	<p>18</p> <p>PR 9:00 Walmart Shopping Trip PR 10:15 Tai Chi CO 1:00 Pinochle SE 1:30 Great American Music Series CO 3:00 Trivia SO 6:30 Poker</p>	<p>19</p> <p>PY 9:00 Muscle Strength with Carmen SP 10:00 Catholic Communion Service CR 10:00 Knitting & Crocheting Group PY 10:00 Stretch and Flex with Carmen SO 1:00 Mahjong</p>	<p>20</p> <p>PR 9:00 Fry's Shopping Trip CR 10:00 Quilting Group CO 1:00 Mahjong SO 1:00 Trip: Desert Diamond Casino SO 2:00 Wine Down Wednesdays CO 3:00 Trivia</p>	<p>21</p> <p>SO 9:15 Coffee & Conversation PR 10:00 Shopping Trip: Safeway PY 10:15 Tai Chi PY 12:00 Bean Bag Competition SE 2:00 Bingo SO 6:00 Thursday Night Movie</p>	<p>22</p> <p>PY 8:45 Stretch & Flex (Video) PR 9:30 Alterations with Mary SO 10:00 Mexican Train SO 1:00 Sticks & Cues CR 1:00 Writing Ourselves SO 3:00 Happy Hour with Matt Mitchell (Guitar)</p>	<p>23</p> <p>PY 9:30 Strength Exercise PY 11:15 Move To The Music Exercise/Dance Class CR 2:00 Arts & Crafts with Kitt SO 7:00 Farkel</p>
<p>24</p> <p>SP 9:30 CCLC Worship Services PY 10:00 Strength Exercise CO 1:00 Bridge Club SE 2:00 Bingo SE 6:00 Sunday Night Movie</p>	<p>25</p> <p>8:00 Wear Black and Orange Day PR 9:00 Walmart Shopping Trip PR 10:15 Tai Chi CO 1:00 Pinochle SE 1:30 Great American Music Series CO 3:00 Trivia SO 6:30 Poker</p>	<p>26</p> <p>PY 9:00 Muscle Strength with Carmen SP 10:00 Catholic Communion Service CR 10:00 Knitting & Crocheting Group PY 10:00 Stretch and Flex with Carmen SO 1:00 Mahjong SO 1:00 Spooktacular Halloween Scavenger Hunt</p>	<p>27</p> <p>SO 8:00 Witchy Hat Wednesday PR 9:00 Fry's Shopping Trip CO 1:00 Mahjong SO 2:00 Wine Down Wednesdays CO 3:00 Trivia SO 6:30 Halloween Party with DJ Ryan</p>	<p>28</p> <p>SO 9:15 Coffee & Conversation PR 10:00 Shopping Trip: Trader Joes PY 10:15 Tai Chi PY 12:00 Bean Bag Competition SE 2:00 Bingo SO 4:00 Dinner: La Parilla Suiza SO 6:00 Spooktacular Night Movie</p>	<p>29</p> <p>PY 8:45 Stretch & Flex (Video) PR 9:30 Alterations with Mary SO 10:00 Mexican Train SO 1:00 Sticks & Cues SO 3:00 Halloween Happy Hour with McCann Sisters (Violins)</p>	<p>30</p> <p>PY 9:30 Strength Exercise PY 11:15 Move To The Music Exercise/Dance Class CR 2:00 Arts & Crafts with Kitt SO 7:00 Farkel</p>
<p>31 Halloween</p> <p>SP 9:30 CCLC Worship Services PY 10:00 Strength Exercise SO 11:00 Spooktacular Halloween Station CO 1:00 Bridge Club SE 2:00 Bingo SE 6:00 Sunday Night Movie</p>	<p>Spooktacular Week October 25 - October 31st Look for Halloween Activities and Events to participate in !</p>					

Events are Subject to Change.