



BELVEDERE COMMONS OF FRANKLIN

A GRACE MGMT COMMUNITY

It's not like home. It *is* home.

Your Team

John Pugh // Executive Director
Cynthia Brooks // Business Office Manager
Ashley Walker // Sales Director
Debbie Webb // Village Program Nurse Manager
Bethany Shively // Director of Nursing
Nikita Haynes // Activities Director MC
David Hutton // Activities Director AL
Faye Cartwright // Food Service Director
Brian Sansom // Maintenance Director

Resident Birthdays

Charlotte S. 10/6
Kathy H. 10/17
Mabel K. 10/27
Claudine C. 10/30

Staff Birthdays

Kennedy E. 10/2
Melissa M. 10/9
Margie W. 10/16

Welcome to the Family

Our story is yours. We grow older and wiser but are sure to never lose the spark that started it all. Grace Management Continues to evolve, and we're ever more dedicated to nurturing our company and our team to be healthy contributors to communities across the U.S. Delivering exceptional living experiences, we can focus on the big issues that concern the daily lives of our residents—from healthcare and finances to overall quality of life—while never losing sight of the details that matter most: the connections we make along the way.

Emma P.

Gerri P.

Jim M.

June B.

Marjorie C.

Mary S.

John D.

Harry P.

Jarvis S.

Steve R.

Natasha R.

Buzz L.

<div>  <div> BELVEDERE COMMONS OF FRANKLIN A GRACE MGMT COMMUNITY </div> </div> <div> <h1>OCTOBER 2021</h1> <p>Belvedere Commons of Franklin- Village Program</p> </div> <div>  <div> 303 South Royal Oaks Boulevard Franklin, Tennessee 37064 615-794-6693 www.belvederecommonsfranklin.com </div> </div>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
AR-Activity Room		CO - Cognitive CR - Creative E - Emotional PY - Physical PR - Purposeful SE - Sensory SO - Social SP - Spiritual			1 SP 10:15 Devotions PY 10:45 Aerobics SO 1:30 Bingo SO 3:30 Bus Ride to Krispy Kreme	2 SP 10:15 Daily Devotional PY 10:45 Sit and Stretch SO 1:30 Family Feud SP 3:00 Bible Trivia PY 3:30 Parachute The Ball
3 SP 10:00 Worship SO 11:00 Fellowship Hour PY 1:30 Let's Take a Stroll CO 3:00 Current Events CO 3:30 This and That	4 PY 10:15 Yoga and Mimosa SP 10:30 Sing-a-long w/ Nikita CO 11:00 Missing First Letter? PY 1:30 Witch Pitch Game PY 3:30 Going For Gold	5 CO 10:30 Book Club SO 11:00 Treatastic Tuesday SO 1:30 Bingo CO 2:30 "Picture It" PY 3:30 Balloon Volleyball	6 CR 10:15 Bake Wednesday CO 10:30 Call Out the Answer CR 1:30 Mummy Paper Plate Lacing Craft PY 3:30 Horse Shoe Challenge	7 SE 10:30 Sensory Room CO 11:00 Finish the Phrase CR 1:30 Witch Brooms SO 3:30 Coke Floats	8 SP 10:15 Devotions PR 10:45 Aerobics SO 1:30 Bingo SO 3:30 Bus Ride to Panera	9 PY 10:15 "Thriller" Dance Off PY 10:45 Hydrate Your Thirst PY 1:30 Ring Toss SO 3:00 Snack and Chat CO 3:30 Guess what It Is?
10 SP 10:00 Worship SO 11:00 Fellowship Hour CR 1:30 Edible Band-Aids PY 3:00 Uno-Stacko CO 3:30 Storytime	11 Columbus Day PY 10:15 Pump it Up! SP 10:30 Sing-a-long w/ Nikita CO 11:00 Who Am I? PY 1:30 Bounce and Pass PY 3:30 Jenga	12 CO 10:30 Book Club E 11:00 Reminisce SO 1:30 Bingo SO 2:30 Lady Manicures PY 3:30 Corn Hole Toss	13 SP 10:15 Devotions PY 10:30 Aerobics CR 1:30 Coffee Filter Candy Corn Craft PY 3:30 Tic-Tac-Toe	14 PY 9:30 Yoga w/ Joseph B SO 10:30 Cinema Time PY 11:00 Helping Hands CO 1:30 Hangman CO 3:30 Coffee and Chronicles	15 SP 10:15 Devotions PY 10:45 Aerobics SO 1:30 Birthday Party SO 3:30 Bingo	16 PY 10:15 Chair Yoga PY 10:45 Hydrate Your Thirst PY 1:30 Bean Bag Toss PY 3:00 Walk Club SO 3:30 Tea Time
17 SP 10:00 Worship SO 11:00 Fellowship Hour SO 1:30 Bingo Battle SO 3:00 Remember When? SO 3:30 Movie Matinee	18 PY 10:15 Yoga and Mimosa SP 10:30 Sing-a-long w/ Nikita CO 11:00 Monster Spelling Bee PY 1:30 Ring Toss SO 3:30 Cookies and Hot Chocolate	19 CO 10:30 Book Club CO 11:00 Everyday Trivia CR 1:30 Decorate Your Pumpkin PY 2:30 The Last Halloween Story PY 3:30 Pumpkin Golf	20 CR 10:15 Bake Wednesday CO 10:30 Halloween Scramble CR 1:30 Puzzle Pumpkin Craft PY 3:30 Wheel of Fun	21 CO 9:30 On This Day SE 10:30 Sensory Room PY 11:00 Dart Board Challenge SO 1:30 Ice Cream Social PY 3:30 Eyeball Pong Game	22 SP 10:15 Devotions PY 10:45 Aerobics SO 11:00 Fresh Fruit Friday SO 1:30 Bingo SO 3:30 Bus Ride to Tiff Treats	23 SP 10:15 Daily Devotional SP 10:45 Bible Trivia PY 1:30 Ball Toss CO 3:00 Wacky Wordies SO 3:30 Soothing Music
24 SP 10:00 Worship SO 11:00 Fellowship Hour CO 1:30 Easy Does it Trivia CO 3:00 Current Events CO 3:30 Match the Bows	25 PY 10:15 Pump It Up SP 10:30 Sing-a-long w/ Nikita CO 11:00 Whats the Missing Last Letter? CR 1:30 Flying Ghost Ctaft CO 3:30 Would You Rather	26 CO 10:30 Book Club CO 11:00 Star of the Month SO 1:30 Bingo CO 2:30 Halloween Word Search PY 3:30 Poke a Pumpkin Game	27 SP 10:15 Devotions PY 10:30 Aerobics CR 1:30 Lolly Pop Spiders Craft PY 3:30 Football Toss	28 SO 9:30 Sensory Room SO 10:30 Cinema Time CO 11:00 Name That Tune PY 1:30 Sit-down-Soccer PY 3:30 Ghost Buster Game SE 9:30 Sensory Room	29 SP 10:15 Devotion PY 10:45 Aerobics SO 1:30 Bingo SO 3:30 Bus Ride to Sonic	30 PY 10:15 Noodle Volleyball PY 10:45 Hydrate Your Thirst PY 1:30 Connect 4 CO 3:00 Name that Job CO 3:30 Word Ladder
31 Halloween SP 10:00 Worship SO 11:00 Fellowship Hour SO 1:30 Spooky Movies and Popcorn SO 3:00 Halloween Treats CO 3:30 Trick or Treat Game						

Events are Subject to Change.

Did You Know?

HEALTH Tips

Wash Your Hands!

Viruses can live on surfaces for up to 24 hours. Wash your hands with warm soapy water often, and for at least 20 seconds.



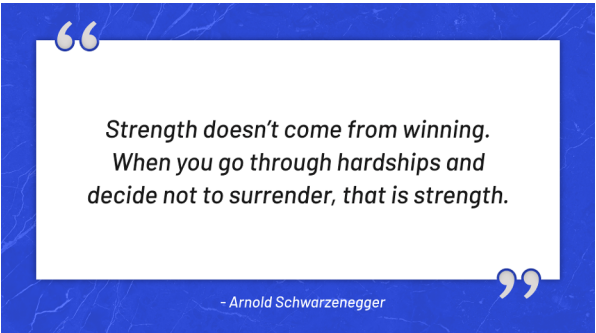
HEALTH Tips

To cool down, drink something hot.

A hot drink will cause you to sweat more, causing the body to cool itself quicker.



Don't miss out on these Special Events!





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