



THE ATRIUM
OF BELLEVILLE
A GRACE MGMT COMMUNITY

OCTOBER 2021

October 2021

201 S Belt W,
Belleville, IL 62220
618-235-9300
www.AtriumSeniorLiving.com



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|---|--|---|--|
| <p>CO - Cognitive CR - Creative I - Intergenerational PY - Physical PR - Purposeful SE - Sensory SO - Social SP - Spiritual</p> | | | | | <p>1</p> <p>PY 9:30 EMPOWERED EXERCISES SP 10:00 Catholic Mass with Fr. Neff PY 10:30 Wii Bowling CO 2:00 BINGO SO 4:00 Happy Hour/Birthday Party</p> | <p>2</p> <p>CO 10:30 Resident led Games CO 2:00 Bingo CO 6:30 Resident Led Card Games</p> |
| <p>3</p> <p>SP 10:30 Nondenominational Bible Study Apt. 313 PR 2:00 Resident led Movies CO 6:30 Resident Led Card Games</p> | <p>4</p> <p>Cinnamon Roll Day PY 9:30 EMPOWERED EXERCISES PY 10:30 Wii Bowling CO 11:30 Puzzles CO 2:00 BINGO SE 4:00 Crossword Puzzles</p> | <p>5</p> <p>PY 9:30 EMPOWERED EXERCISES SE 10:00 Word Search Puzzles PR 10:30 Nails by Kim from Hospice of Southern Illinois I 1:30 At The Movies</p> | <p>6</p> <p>PY 9:30 EMPOWERED EXERCISES PR 10:00 Shopping Trip - Dollar Tree SO 10:30 Resident led Games CO 2:00 Bingo SO 3:00 Wine Wednesday (Served with a meal) SO 6:30 Resident Led Card Games</p> | <p>7</p> <p>PY 9:30 EMPOWERED EXERCISES PR 10:00 Blood Pressure Checks PR 2:00 Town Hall Meeting PR 6:30 Resident Led Cards</p> | <p>8</p> <p>PY 9:30 EMPOWERED EXERCISES PY 10:30 Wii Bowling CO 2:00 BINGO SO 4:00 Happy Hour</p> | <p>9</p> <p>CO 10:30 Resident led Games CO 2:00 Bingo CO 6:30 Resident Led Card Games</p> |
| <p>10</p> <p>SP 10:30 Nondenominational Bible Study Apt. 313 PR 2:00 Resident led Movies CO 6:30 Resident Led Card Games</p> | <p>11 Columbus Day</p> <p>I Sausage Pizza Day PY 9:30 EMPOWERED EXERCISES PY 10:30 Wii Bowling CO 11:30 Puzzles CO 2:00 BINGO SE 4:00 Crossword Puzzles</p> | <p>12</p> <p>PY 9:30 EMPOWERED EXERCISES SE 10:00 Word Search Puzzles I 1:00 Flu Shot Clinic SO 4:30 Supper Trip to Mungo's</p> | <p>13</p> <p>PY 9:30 EMPOWERED EXERCISES PR 10:00 Shopping Trip - Walmart SO 10:30 Resident led Games CO 2:00 Bingo SO 3:00 Wine Wednesday (Served with a meal) SO 6:30 Resident Led Card Games</p> | <p>14</p> <p>PY 9:30 EMPOWERED EXERCISES PR 10:00 Blood Pressure Checks CR 1:30 Art in the Atrium with Don Fizer I 6:00 Live in the Atrium - Miles Wadlington SO 6:30 Resident Led Cards</p> | <p>15</p> <p>PY 9:30 EMPOWERED EXERCISES PY 10:30 Wii Bowling CO 2:00 BINGO SO 4:00 Happy Hour</p> | <p>16</p> <p>CO 10:30 Resident led Games CO 2:00 Bingo CO 6:30 Resident Led Card Games</p> |
| <p>17</p> <p>SP 10:30 Nondenominational Bible Study Apt. 313 PR 2:00 Resident led Movies CO 6:30 Resident Led Card Games</p> | <p>18</p> <p>PY 9:30 EMPOWERED EXERCISES PY 10:30 Wii Bowling CO 11:30 Puzzles CO 2:00 BINGO SE 4:00 Crossword Puzzles</p> | <p>19</p> <p>PY 9:30 EMPOWERED EXERCISES SE 10:00 Word Search Puzzles SP 10:00 Westview Baptist Church Service Apt. #341 I 1:30 At The Movies</p> | <p>20</p> <p>National Chicken and Waffles Day PY 9:30 EMPOWERED EXERCISES PR 10:00 Shopping Trip - Target SO 10:30 Resident led Games CO 2:00 Bingo SO 3:00 Wine Wednesday (Served with a meal)</p> | <p>21</p> <p>PY 9:30 EMPOWERED EXERCISES PR 10:00 Blood Pressure Checks PR 6:30 Resident Led Cards</p> | <p>22</p> <p>PY 9:30 EMPOWERED EXERCISES PY 10:30 Wii Bowling CO 2:00 BINGO SO 4:00 Happy Hour</p> | <p>23</p> <p>CO 10:30 Resident led Games CO 2:00 Bingo CO 6:30 Resident Led Card Games</p> |
| <p>24</p> <p>SP 10:30 Nondenominational Bible Study Apt. 313 PR 2:00 Resident led Movies CO 6:30 Resident Led Card Games</p> | <p>25</p> <p>PY 9:30 EMPOWERED EXERCISES PY 10:30 Wii Bowling CO 11:30 Puzzles CO 2:00 BINGO SE 4:00 Crossword Puzzles</p> | <p>26</p> <p>PY 9:30 EMPOWERED EXERCISES SE 10:00 Word Search Puzzles I 1:30 At The Movies</p> | <p>27</p> <p>PY 9:30 EMPOWERED EXERCISES PR 10:00 Shopping Trip - Dierberg's SO 10:30 Resident led Games CO 2:00 Bingo SO 3:00 Wine Wednesday (Served with a meal) SO 6:30 Resident Led Card Games</p> | <p>28</p> <p>PY 9:30 EMPOWERED EXERCISES PR 10:00 Blood Pressure Checks PR 6:30 Resident Led Cards</p> | <p>29</p> <p>PY 9:30 EMPOWERED EXERCISES PY 10:30 Wii Bowling CO 2:00 BINGO SE 3:30 Humane Society Pet Visits SO 6:00 Halloween Party - "Halloween is a DRAG"</p> | <p>30</p> <p>CO 10:30 Resident led Games CO 2:00 Bingo CO 6:30 Resident Led Card Games</p> |
| <p>31 Halloween</p> <p>I Carmel Apple Day SP 10:30 Nondenominational Bible Study Apt. 313 PR 2:00 Resident led Movies CO 6:30 Resident Led Card Games</p> | | | | | | |

Events are Subject to Change.