

LABOR DAY COOKOUT



Celebrate Labor Day at Vernon Woods with your favorite barbecued foods served hot off the grill throughout the holiday afternoon.

Choice of
Garden Salad, Potato Salad
or Coleslaw
Soup of the Day

**BBQ Ribs or
Herb Baked Chicken**

Baked Beans
Stuffed Potatoes
Green Peas
Malibu Vegetables
Strawberry Shortcake or
Sugar-Free Cheesecake

**Monday,
September 6th**

Ten Year Service Award



Once again, Vernon Woods is pleased to recognize an associate for her commitment to our community. Congratulations to Lead Server, **Alicia Swint**, on 10 years of dedicated service to our Vernon Woods' family. Thank you, Alicia!

SEPTEMBER

VERNON WOODS
Retirement Community

2 0 2 1

The

VERNON Voice



National Assisted Living Week® provides a unique opportunity for residents, their loved ones, staff, volunteers and the surrounding communities to recognize the role of assisted living in caring for America's seniors and individuals with disabilities. The annual observance encourages assisted living communities such as Vernon Woods to celebrate the individuals they serve, as well as to help educate members of the public about this distinctive aspect of long-term care.

College Football Season Tailgate Party on Sept. 3rd



Vernon Woods Celebrates NATIONAL ASSISTED LIVING WEEK September 12th-18th

This year's theme is "Compassion, Community, Caring." Be sure to join us Monday through Friday, at 3:00 p.m., when we will be doing various activities that correlate to our theme. Highlights include the Shoebox Game, Disco Day, Won't You Be My Neighbor, Gift Baskets 2 Give, Music with Leonard and more! Be sure to wear purple on Friday, the 17th.

Take part in this unique opportunity for residents, their loved ones, staff and volunteers to celebrate the individuals who live and work in assisted living.

Our annual tailgate party to kick off college football season is one of the biggest events we enjoy all year. In the south, college football is a fifth season and we have so much fun sporting our favorite teams' attire. We will have a very special guest that will delight all SEC fans, particularly the Auburn Tigers! So come one and all and bring your team spirit on Friday, **September 3rd** at 2:30 p.m. in the Hospitality area. **GO TEAM!**

Vernon Woods Offers Free Assistance in Developing Advance Directives

Residents and their families now have access to Wellstar West Georgia's Advance Directives Advisor, **Dr. Theodore Turman**. An Advance Directive can help you make plans for your medical care if you cannot speak for yourself. Dr. Turman can explain the purpose and the process for completing an advance healthcare directive. An Advance Directive may include a Living Will, Do Not Resuscitate Order, or other legal documents in which a person specifies what actions should be taken for their health if they are no longer able to make decisions for themselves because of illness or incapacity.



This important service is available without charge. Appointments can be made by contacting Patricia Rogers, Sales Director at **706-812-2843** or by email at patricia.rogers@wellstar.org.

Muffins with Medics

Our coffee and donuts with cops last month was so successful, we could not exclude honoring local EMT's. We appreciate all they do for our community—always ready to answer emergency calls!



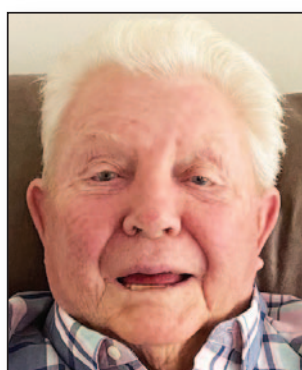
A Great Group of Smiling, New Faces at Vernon Woods WELCOME OUR NEWEST RESIDENTS



Beverly Kardoes
Vernon Terrace



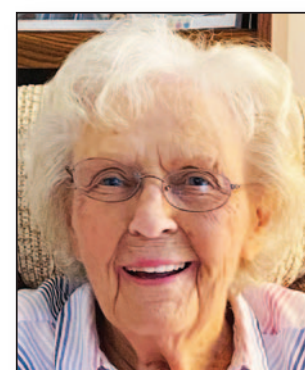
Mary Henderson
Vernon Crest



Eddie Hornsby
Vernon Terrace



Margie Albritton
Vernon Crest

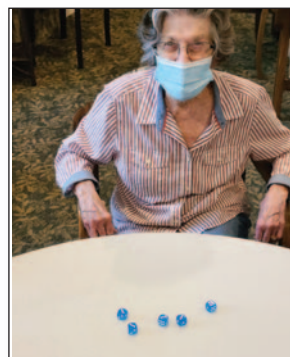
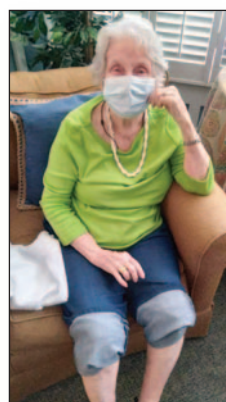
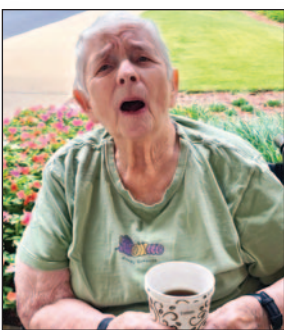


Marcie Sherrer
Vernon Terrace

A Marvelous Summer!



Some fond memories of another great season at Vernon Woods. We went lots of places, did many things and lived life to its fullest!



LOTS OF EXCITING HAPPENINGS IN SEPTEMBER!

Order Out/Dine In
We will pickup from Milano's and serve you in the Hospitality area. Sign up.
Thursday, Sept. 9th • 12:30 p.m.

Remember 911 Program
Important and potentially life-saving information!
Friday, Sept. 10th • 11:00 a.m.

Universal Yums South Korea
Great tastes from across the Pacific.
Friday, Sept. 10th • 2:00 p.m.

70's Style Breakfast Café
Sign-up by calling 706-298-5551 and come dressed in your 70's best!
Wednesday, Sept. 15th • 9:30 a.m.

A Great Day Out! Picnic at the Park
Enjoy a sub sandwich, chips, cookies and drink at the park. Sign up required.
Friday, Sept. 24th • 12:30 p.m.

Universal Yums Taiwan
Chinese delights coming to you.
Friday, Sept. 27th • 3:00 p.m.



101 Vernon Woods Drive
LaGrange, GA 30240
(706) 812-2899
www.vernonwoods.com

OUR STAFF...
"AT YOUR SERVICE"

Susan Burdick
EXECUTIVE DIRECTOR

Jeffery Tucker
DINING SERVICES DIRECTOR

Denise Stewart
LIFE ENRICHMENT DIRECTOR

Linsey Cason
BUSINESS OFFICE MANAGER

Patricia Rogers
SALES DIRECTOR

Cheryl Messer
WELLNESS DIRECTOR

Deana Irvin
MAINTENANCE DIRECTOR

Dayna Godinez
TRANSPORTATION

An Ounce of Prevention
Please remember to wear your mask while outside your apartment and continue to wash your hands regularly. We also wish to remind all visitors to always wear a mask in the community. There is a limit of two visitors per apartment at a time. Also, please advise us if you are feeling ill and avoid being around others during illness.

Dress Like a Farmer Day
Dress as if you are going outside to work on the farm!
Wednesday, September 1st

September Birthdays

RESIDENTS	ASSOCIATES
Bill Dyson1st	Joe Anne Crawl.....15th
Julius Brogdon2nd	Denise Lewis23rd
Judy Yarbrough7th	
Hildred Cammon18th	
Jane Stephens20th	
Linda Latzak29th	

Vernon Woods extends our best wishes for a wonderful birthday!