



TOWN VILLAGE
AUDUBON PARK
A GRACE MGMT COMMUNITY

SEPTEMBER 2021

Town Village Audubon Park

950 Cherry Road, Memphis, TN
Memphis, Tennessee 38117
901-537-0002
www.townvillageaudubonpark.com



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

CO - Cognitive
CR - Creative
PY - Physical
PR - Purposeful
SE - Sensory
SO - Social
SP - Spiritual

Location Keys
Activity Room AR Dining Room
DR
Billiard Room BR Swimming Pool
SP
Bistro B Town Hall TH
Bus Trip BT

1
SE 9:00 Lunch Out at the Wilson
Cafe & Tour Wilson,
Ark. & Hampson
Archeological Museum
SO 10:00 Girls with Pearls
Meeting in Dining Room
SP 10:00 Wednesday Morning
Bible Class in Town
Hall
PY 10:00 Arthritis Aquatics
PR 11:00 Shopping at
Eastgate/Dillard's/Macy's
CO 1:30 Bingo in Dining Room
SO 3:00 XBOX Bowling in Town

2
PY 10:00 Weights Town Hall
PR 11:00 Welcome Ambassador
Meeting in Activity
Room
PY 2:00 Balance Exercise in
Town Hall
CR 2:00 Paint with Lindsey in
Activity Room (2 Hr.)
CO 2:30 XBOX Jeopardy in
Town Hall

3
PR 10:00 Target/Superlo
PR 12:00 Drop Off Donations
Outside Activity Office
1:00 Trip to PetSmart for Pet
Supplies
PR 2:00 New Residents Meet &
Greet in Bistro
CO 2:00 French Lesson with Pat
Bengert in the Pod
where dominoes game
is played
SO 3:30 Happy Hour with Tim
Stanek in Bistro

4
SO 9:30 XBOX Bowling in Town
Hall
PY 10:00 Arthritis Aquatics
CO 10:00 Sudoku 101 in Activity
Room
SE 10:15 Lunch Out at Sunrise
Memphis Restaurant
then Tour Center for
Southern Folklore
CO 1:30 Bingo in Dining Room

5
SO 3:00 Afternoon Movie in
Town Hall

6 Labor Day
PY 10:00 Arthritis Aquatics
CO 1:30 Bingo in Dining Room
SE 2:30 Alfred Hitchcock Movie
Monday Town Hall

7 Rosh Hashanah Begins
PR 9:20 Tim's Produce Front
Porch
PR 10:00 Smart Phones Help in
Act. Office
PY 10:00 Weights Town Hall
SP 10:30 Bible Study Activity
Room
PY 1:00 Jessica Fredrick Yoga
Town Hall
CO 3:00 Board Games Act. Rm.

8
PR 10:00 Southaven Walmart,
Dillard's & More
Shopping Trip (Lunch at
Steak & Shake)
SP 10:00 Wednesday Morning
Bible Class in Town
Hall
PY 10:00 Arthritis Aquatics
PR 11:00 Shopping at
Eastgate/Dillard's/Macy's
CO 1:30 Bingo in Dining Room
SO 3:00 XBOX Bowling in Town
Hall

9
PY 10:00 Weights Town Hall
PR 10:00 Town Village Veteran's
Club
PR 1:00 Menu/Food Committee
Meeting in Town Hall
PY 2:00 Balance Exercise in
Town Hall

10
PR 10:00 Target/Superlo
PR 12:00 Drop Off Donations
Outside Activity Office
CO 2:00 French Lesson with Pat
Bengert in the Pod
where dominoes game
is played
SO 3:30 Happy Hour with
Jeremy Shrader in
Bistro

11
SO 9:30 XBOX Bowling in Town
Hall
PY 10:00 Arthritis Aquatics
10:00 Line Dancing with Orvill
in Bistro
SE 10:10 Dalia Talk & Walk at the
Dixon Gallery &
Gardens
CO 1:30 Bingo in Dining Room

12 Grandparent's Day

SO 3:00 Afternoon Movie in
Town Hall

13
PY 10:00 Arthritis Aquatics
CO 10:00 Trip to Benjamin L.
Hooks Central Library
PY 10:00 Arthritis Aquatics
CO 1:30 Bingo in Dining Room
1:30 Resident Council
Meeting in Activity
Room
SE 2:30 Alfred Hitchcock Movie
Monday Town Hall

14
PR 9:20 Tim's Produce Front
Porch
PR 10:00 Smart Phones Help in
Act. Office
PY 10:00 Weights Town Hall
SP 10:30 Bible Study Activity
Room
PY 1:00 Jessica Fredrick Yoga
Town Hall
CO 2:15 "I Care A Lot" Movie
DVD in Town Hall with
Popcorn & Soda
CO 3:00 Board Games Act. Rm.

15 Yom Kippur Begins
CR 10:00 "Swingtime Explosion"
Theatre Mem. \$5.00
PR 10:00 Bo's Coffee Talk Dining
Room
SP 10:00 Wednesday Bible Class
Town Hall
PY 10:00 Arthritis Aquatics
PR 11:00 Shop Eastgate/Dillard's
CO 1:30 Bingo in Dining Room
SO 3:00 XBOX Bowling in Town
Hall
CR 6:30 Short Humorous Skits
by Res. in Dining Room

16
PY 10:00 Weights Town Hall
PY 2:00 Balance Exercise in
Town Hall
PR 2:00 Germantown Library
Bookstore Trip
CO 2:30 XBOX Jeopardy Town
Hall

17
PR 10:00 Target/Superlo
PR 12:00 Drop Off Donations
Outside Activity Office
SP 1:30 Welcome Shabbat in
Activity Room
CO 2:00 French Lesson with Pat
Bengert in the Pod
where dominoes game
is played
SO 3:30 Happy Hour with
Driving Sideways in
Bistro

18
SO 9:30 XBOX Bowling in Town
Hall
PY 10:00 Arthritis Aquatics
CO 10:00 Sudoku 101 in Activity
Room
CO 1:30 Bingo in Dining Room
PR 2:00 Visit Crosstown
Concourse Building &
Eat Ice Cream at Area
51
PR 2:54 Resident's Indoor Yard
Sale in the Lobby (from
2:45 - 3:45 pm)

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Saturday

19 SO 3:00 Afternoon Movie in Town Hall	20 PY 10:00 Arthritis Aquatics PY 10:00 Arthritis Aquatics CO 1:30 Bingo in Dining Room SE 2:30 Alfred Hitchcock Movie Monday Town Hall	21 PR 9:20 Tim's Produce Front Porch PR 10:00 Smart Phones Help in Act. Office PY 10:00 Weights Town Hall SP 10:30 Bible Study Activity Room PY 1:00 Jessica Fredrick Yoga Town Hall CO 3:00 Board Games Act. Rm.	22 Fall Begins PR 9:30 Trip to Tunica Casino SP 10:00 Wednesday Morning Bible Class in Town Hall PY 10:00 Arthritis Aquatics PR 11:00 Shopping at Eastgate/Dillard's/Macy's CO 1:30 Bingo in Dining Room SO 3:00 XBOX Bowling in Town Hall	23 PY 10:00 Weights Town Hall PY 2:00 Balance Exercise in Town Hall CR 2:00 Paint with Lindsey in the Activity Room (One Hour Class)	24 PR 10:00 Target/Superlo PR 12:00 Drop Off Donations Outside Activity Office CO 2:00 French Lesson with Pat Bengert in the Pod where dominoes game is played SO 3:30 Happy Hour with Adam Levin in Bistro	25 SO 9:30 XBOX Bowling in Town Hall PY 10:00 Arthritis Aquatics PY 10:00 Line Dancing with Orvill in Bistro SO 10:15 Lunch Out to The Liquor Store Diner on Broad Ave. CO 1:30 Big Prize Bingo in Dining Room
26 SO 3:00 Afternoon Movie in Town Hall	27 PY 10:00 Arthritis Aquatics PY 10:00 Arthritis Aquatics CO 1:30 Bingo in Dining Room SE 2:30 Alfred Hitchcock Movie Monday Town Hall	28 PR 9:20 Tim's Produce Front Porch PR 10:00 Smart Phones Help in Act. Office PY 10:00 Weights Town Hall SP 10:30 Bible Study Activity Room PY 1:00 Jessica Fredrick Yoga Town Hall CO 3:00 Short Story Society in Town Hall CO 3:00 Board Games Act. Rm.	29 CO 9:15 Tour SLAVE HAVEN UNDERGROUND RAILROAD MUSEUM (Must Pay Shawn \$11.00 for Ticket by 9/1) SP 10:00 Wednesday Morning Bible Class in Town Hall PY 10:00 Arthritis Aquatics PR 11:00 Shopping at Eastgate/Dillard's/Macy's CO 1:30 Bingo in Dining Room SO 3:00 XBOX Bowling in Town Hall	30 PY 10:00 Weights Town Hall PY 2:00 Balance Exercise in Town Hall PR 2:00 Trip to Germantown Library Bookstore		

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