



THE SHORES  
AT CLEAR LAKE  
A GRACE MGMT COMMUNITY

# SEPTEMBER 2021

The Shores at Clear Lake

THE VILLAGE

19400 Space Center Boulevard  
Houston, TX 77058  
(281) 823-8088  
www.theshoresatclearlake.com



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>CC</b> - Cognitive <b>CF</b> - Creative <b>E</b> - Emotional <b>I</b> - Intergenerational <b>PY</b> - Physical <b>PF</b> - Purposeful <b>SE</b> - Sensory <b>SC</b> - Social</p>	<p><b>SP</b> - Spiritual</p>	<p>Village Program Coordinator: Mikayla G.</p> <p>NATIONAL ASSISTED LIVING WEEK 9/12-9/18</p>	<p><b>1</b></p> <p><b>PY 9:30</b> Exercise &amp; Hydration <b>CO 10:30</b> Games on IN2L <b>CR 1:00</b> Fall Decorating <b>SO 2:15</b> Snack &amp; Chat <b>SE 3:00</b> Football Target game <b>SE 6:00</b> Relaxation Soothing Music</p>	<p><b>2</b></p> <p><b>PY 9:30</b> Exercise &amp; Hydration <b>CO 10:30</b> Games on IN2L <b>PY 1:00</b> Balloon Volleyball <b>SO 2:15</b> Snack &amp; Chat <b>PR 2:30</b> Scenic Drive <b>SE 6:00</b> Relaxation Soothing Music</p>	<p><b>3</b></p> <p><b>PY 9:30</b> Exercise &amp; Hydration <b>SP 10:30</b> Prayer &amp; Catholic Communion <b>CO 10:30</b> Games on IN2L <b>E 1:15</b> Flashback Friday <b>I 2:00</b> Friday Flick <b>SO 2:15</b> Snack &amp; Chat <b>SE 6:00</b> Relaxation Soothing Music</p>	<p><b>4</b></p> <p><b>PY 9:30</b> Exercise &amp; Hydration <b>CO 10:30</b> Games on IN2L <b>I 1:00</b> Saturday Cinema <b>SO 2:15</b> Snack &amp; Chat <b>SE 6:00</b> Relaxation Soothing Music</p>
<p><b>5</b></p> <p><b>PY 9:30</b> Exercise &amp; Hydration <b>SP 10:00</b> Church Services <b>CO 11:00</b> Games on IN2L <b>I 1:00</b> Sunday Cinema: Resident's Choice <b>SO 2:15</b> Snack &amp; Chat <b>SE 6:00</b> Relaxation Soothing Music</p>	<p><b>6</b> Labor Day</p> <p><b>Labor Day BBQ</b> <b>PY 9:30</b> Exercise &amp; Hydration <b>CO 11:00</b> Games on IN2L <b>SE 1:15</b> Baking w/ Mikayla- Fall cookies <b>SO 2:15</b> Snack &amp; Chat <b>CR 3:00</b> Canvas Painting <b>SE 6:00</b> Relaxation Soothing Music</p>	<p><b>7</b> Rosh Hashanah Begins</p> <p><b>PY 9:30</b> Exercise &amp; Hydration <b>E 11:00</b> Reminisce on IN2L <b>CO 1:15</b> puzzles galore <b>SO 2:15</b> We all Scream For Ice Cream! <b>PY 3:30</b> Parachute <b>SE 6:00</b> Relaxation Soothing Music</p>	<p><b>8</b></p> <p><b>PY 9:30</b> Exercise &amp; Hydration <b>SO 10:30</b> IN2L-Travel the world <b>SO 1:15</b> Watermelon Daquiri <b>SO 2:00</b> Snack and Chat <b>PY 3:30</b> Glam Hour <b>SE 6:00</b> Relaxation Soothing Music</p>	<p><b>9</b></p> <p><b>PY 9:30</b> Exercise &amp; Hydration <b>SP 10:30</b> Gospel w/ The Arnhart's <b>CO 1:00</b> Reel EM In <b>SO 2:00</b> Snack and Chat <b>SO 3:00</b> Happy Hour <b>SE 6:00</b> Relaxation Soothing Music</p>	<p><b>10</b></p> <p><b>PY 9:30</b> Exercise &amp; Hydration <b>SP 10:30</b> Prayer &amp; Catholic Communion <b>E 1:15</b> Flashback Friday <b>CO 2:30</b> Friday Night Movie Flick <b>SE 6:00</b> Relaxation Soothing Music</p>	<p><b>11</b></p> <p><b>PY 9:30</b> Exercise &amp; Hydration <b>CO 10:30</b> IN2L-Game of the day <b>I 1:00</b> Saturday Cinema <b>SO 2:00</b> Snack and Chat <b>SE 6:00</b> Relaxation Soothing Music</p>
<p><b>12</b> Grandparent's Day</p> <p><b>We are family</b> <b>PY 9:30</b> Exercise &amp; Hydration <b>SP 10:00</b> Church Services <b>I 1:00</b> Sunday Cinema: Resident's Choice <b>CR 2:15</b> Waffle Bowl Sudays <b>SO 3:00</b> Snack and Chat <b>SE 6:00</b> Relaxation Soothing Music</p>	<p><b>13</b></p> <p><b>We are compassion</b> <b>PY 9:30</b> Exercise &amp; Hydration <b>CO 10:30</b> IN2L-Game of the day <b>SE 1:15</b> Baking w/ Mikayla- Cinnamon Rolls <b>SO 2:00</b> Snack and Chat <b>CR 3:00</b> Garden Stones <b>SE 6:00</b> Relaxation Soothing Music</p>	<p><b>14</b></p> <p><b>We are caring</b> <b>PY 9:30</b> Exercise &amp; Hydration <b>CO 10:30</b> IN2L-Game of the day <b>1:15</b> Circle kickball <b>SO 2:15</b> We all Scream For Ice Cream! <b>CR 3:30</b> Build a Puppet <b>SE 6:00</b> Relaxation Soothing Music</p>	<p><b>15</b> Yom Kippur Begins</p> <p><b>We are community</b> <b>PY 9:30</b> Exercise &amp; Hydration <b>CO 10:30</b> IN2L-Game of the day <b>CR 1:15</b> Painting with a Twist <b>E 2:30</b> 70's Party <b>PY 3:30</b> Glam Hour <b>SE 6:00</b> Relaxation Soothing Music</p>	<p><b>16</b></p> <p><b>We are good neighbors</b> <b>PY 9:30</b> Exercise &amp; Hydration <b>CO 10:30</b> IN2L-Game of the day <b>SO 1:00</b> Pina Coladas <b>PR 2:30</b> Scenic Drive <b>PY 3:00</b> Group Stretching <b>SE 6:00</b> Relaxation Soothing Music</p>	<p><b>17</b></p> <p><b>We are home</b> <b>PY 9:30</b> Exercise &amp; Hydration <b>SP 10:30</b> Prayer &amp; Catholic Communion <b>CO 10:30</b> IN2L-Game of the day <b>E 1:15</b> Flashback Friday <b>I 2:00</b> Friday Flick <b>SE 6:00</b> Relaxation Soothing Music</p>	<p><b>18</b></p> <p><b>We are living gracefully</b> <b>PY 9:30</b> Exercise &amp; Hydration <b>CO 10:30</b> IN2L-Game of the day <b>I 1:00</b> Saturday Cinema <b>SO 2:15</b> Snack and chat <b>SE 6:00</b> Relaxation Soothing Music</p>

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<p>19</p> <p><b>PY 9:30</b> Exercise &amp; Hydration</p> <p><b>SP 10:00</b> Church Services</p> <p><b>CO 10:30</b> IN2L-Game of the day</p> <p><b>I 1:00</b> Sunday Cinema: Resident's Choice</p> <p><b>SO 2:00</b> Snack and Chat</p> <p><b>SE 6:00</b> Relaxation Soothing Music</p>	<p>20</p> <p><b>PY 9:30</b> Exercise &amp; Hydration</p> <p><b>CO 10:30</b> IN2L-Game of the day</p> <p><b>CR 1:15</b> <b>Baking w/ Mikayla-Brownies</b></p> <p><b>SO 2:00</b> Snack And Chat</p> <p><b>SO 3:00</b> Happy Hour</p> <p><b>SE 6:00</b> Relaxation Soothing Music</p>	<p>21</p> <p><b>PY 9:30</b> Exercise &amp; Hydration</p> <p><b>CO 10:30</b> IN2L-Game of the day</p> <p><b>SO 1:30</b> We all Scream For Ice Cream! Snack and Chat</p> <p><b>CR 2:00</b> Build a Puppet</p> <p><b>SE 3:30</b> Relaxation Soothing Music</p>	<p>22</p> <p><b>Fall Begins</b></p> <p><b>PY 9:30</b> Exercise &amp; Hydration</p> <p><b>CO 10:30</b> IN2L-Game of the day</p> <p><b>SO 1:30</b> Glam Hour</p> <p><b>SO 2:15</b> <b>Birthday Party with Maurice</b></p> <p><b>PY 3:30</b> Glam Hour</p> <p><b>SE 6:00</b> Relaxation Soothing Music</p>	<p>23</p> <p><b>PY 9:30</b> Exercise &amp; Hydration</p> <p><b>CO 10:30</b> IN2L-Game of the day</p> <p><b>CO 1:15</b> Balloon Volleyball</p> <p><b>SO 3:00</b> Happy Hour</p> <p><b>SO 3:30</b> <b>Happy Hour/ Sing Along w/ Angela</b></p> <p><b>SE 6:00</b> Relaxation Soothing Music</p>	<p>24</p> <p><b>PY 9:30</b> Exercise &amp; Hydration</p> <p><b>SP 10:30</b> <b>Prayer &amp; Catholic Communion</b></p> <p><b>CO 10:30</b> IN2L-Game of the day</p> <p><b>E 1:00</b> Singalong 1950's</p> <p><b>SO 3:30</b> Movie and Popcorn</p> <p><b>SE 6:00</b> Relaxation Soothing Music</p>	<p>25</p> <p><b>PY 9:30</b> Exercise &amp; Hydration</p> <p><b>CO 10:30</b> IN2L-Game of the day</p> <p><b>I 1:00</b> Saturday Cinema</p> <p><b>SO 2:00</b> Snack and Chat</p> <p><b>SE 6:00</b> Relaxation Soothing Music</p>
<p>26</p> <p><b>PY 9:30</b> Exercise &amp; Hydration</p> <p><b>SP 10:00</b> Church Services</p> <p><b>CO 10:30</b> IN2L-Game of the day</p> <p><b>I 1:00</b> Sunday Cinema: Resident's Choice</p> <p><b>SO 2:00</b> Snack and Chat</p> <p><b>SE 6:00</b> Relaxation Soothing Music</p>	<p>27</p> <p><b>PY 9:30</b> Exercise &amp; Hydration</p> <p><b>CO 10:30</b> IN2L-Game of the day</p> <p><b>CR 1:15</b> <b>Baking w/ Mikayla-Brownies</b></p> <p><b>SO 2:00</b> Snack and Chat</p> <p><b>SO 4:00</b> Group Sretching</p> <p><b>SE 6:00</b> Relaxation Soothing Music</p>	<p>28</p> <p><b>PY 9:30</b> Exercise &amp; Hydration</p> <p><b>CO 10:30</b> IN2L-Game of the day</p> <p><b>CR 1:15</b> Build a Puppet</p> <p><b>SO 2:00</b> Snack and Chat</p> <p><b>SE 6:00</b> Relaxation Soothing Music</p>	<p>29</p> <p><b>PY 9:30</b> Exercise &amp; Hydration</p> <p><b>CO 10:30</b> IN2L-Game of the day</p> <p><b>E 1:15</b> Memory Care Appreciation day</p> <p><b>SO 2:00</b> Snack and Chat</p> <p><b>PY 3:00</b> Glam Hour</p> <p><b>SO 3:30</b> <b>Resident social w/ Steve B</b></p> <p><b>SE 6:00</b> Relaxation Soothing Music</p>	<p>30</p> <p><b>PY 9:30</b> Exercise &amp; Hydration</p> <p><b>CO 10:30</b> IN2L-Game of the day</p> <p><b>PY 1:00</b> <b>Balloon Volleyball</b></p> <p><b>SO 2:00</b> Snack and Chat</p> <p><b>CR 2:30</b> <b>Decorate for Halloween</b></p> <p><b>SO 3:00</b> Happy Hour</p> <p><b>SE 6:00</b> Relaxation Soothing Music</p>		

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