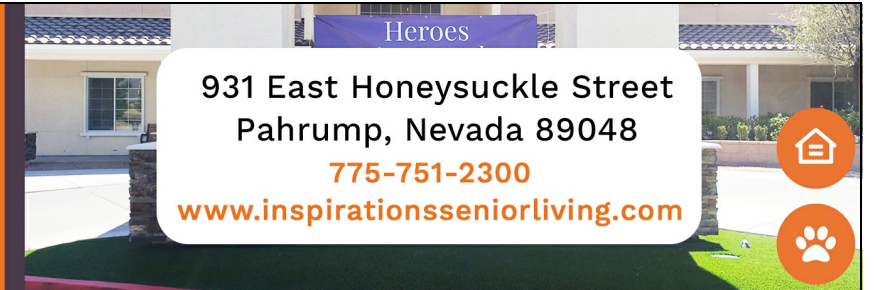




INSPIRATIONS
SENIOR LIVING
A GRACE MGMT COMMUNITY

SEPTEMBER 2021

INSPIRATIONS Senior Living-MC



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>CO - Cognitive CR - Creative PY - Physical PR - Purposeful SO - Social SP - Spiritual</p>		<p>Happy Birthday!! Larry A. 9/12 Adele J. 9/16</p>	<p>1</p> <p>SP 7:30 Music Time! SO 9:00 Coffee and the News PY 10:00 Sittercise PR 11:00 Hydration Restoration CO 1:30 Game Time! PY 3:30 Bean Bag Toss SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>	<p>2</p> <p>PY 7:30 Exercise IN2L SO 10:00 Music Time! PR 11:00 Hydration Restoration PY 1:30 Bean Bag Toss CO 2:30 News and Views SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>	<p>3</p> <p>SP 7:30 Music Time PY 10:00 Volley Ball Toss PR 11:00 Hydration Restoration CO 1:00 Bingo PY 3:00 Sittercise SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>	<p>4</p> <p>PY 7:00 Chair Exercise (IN2L) SP 10:00 Music Time! PR 11:00 Hydration Restoration PY 1:30 Bean Bag Toss PR 3:30 Reminiscing SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>
<p>5</p> <p>PY 7:00 Exercise (IN2L) SO 10:00 Music Time! PR 11:00 Hydration Restoration SO 2:15 Ice Cream Social CO 3:00 Bingo SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>	<p>6 Labor Day</p> <p>PY 7:00 Exercise (IN2L) SO 10:00 News PR 11:00 Hydration Restoration CO 2:00 Game Time! CR 3:00 Crafts and Creations SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>	<p>7 Rosh Hashanah Begins</p> <p>PY 7:30 Exercise IN2L SO 10:00 Music Time! PR 11:00 Hydration Restoration CO 1:30 Bingo PY 3:00 activity packets SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>	<p>8</p> <p>SP 7:30 Music Time! SO 9:00 Coffee and the News PY 10:00 Sittercise PR 11:00 Hydration Restoration CO 1:30 Game Time! PY 3:30 Bean Bag Toss SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>	<p>9</p> <p>PY 7:30 Exercise IN2L SO 10:00 Music Time! PR 11:00 Hydration Restoration PY 1:30 Bean Bag Toss CO 2:30 News and Views SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>	<p>10</p> <p>SP 7:30 Music Time PY 10:00 Volley Ball Toss PR 11:00 Hydration Restoration CO 1:00 Bingo PY 3:00 Sittercise SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>	<p>11</p> <p>PY 7:00 Chair Exercise (IN2L) SP 10:00 Music Time! PR 11:00 Hydration Restoration PY 1:30 Bean Bag Toss PR 3:30 Reminiscing SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>
<p>12 Grandparent's Day</p> <p>PY 7:00 Exercise (IN2L) SO 10:00 Music Time! PR 11:00 Hydration Restoration SO 2:15 Ice Cream Social CO 3:00 Bingo SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>	<p>13</p> <p>PY 7:00 Exercise (IN2L) SO 10:00 News PR 11:00 Hydration Restoration CO 2:00 Game Time! CR 3:00 Crafts and Creations SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>	<p>14</p> <p>PY 7:30 Exercise IN2L SO 10:00 Music Time! PR 11:00 Hydration Restoration CO 1:30 Bingo PY 3:00 activity packets SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>	<p>15 Yom Kippur Begins</p> <p>SP 7:30 Music Time! SO 9:00 Coffee and the News PY 10:00 Sittercise PR 11:00 Hydration Restoration CO 1:30 Game Time! PY 3:30 Bean Bag Toss SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>	<p>16</p> <p>PY 7:30 Exercise IN2L SO 10:00 Music Time! PR 11:00 Hydration Restoration PY 1:30 Bean Bag Toss CO 2:30 News and Views SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>	<p>17</p> <p>SP 7:30 Music Time PY 10:00 Volley Ball Toss PR 11:00 Hydration Restoration CO 1:00 Bingo PY 3:00 Sittercise SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>	<p>18</p> <p>PY 7:00 Chair Exercise (IN2L) SP 10:00 Music Time! PR 11:00 Hydration Restoration PY 1:30 Bean Bag Toss PR 3:30 Reminiscing SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>
<p>19</p> <p>PY 7:00 Exercise (IN2L) SO 10:00 Music Time! PR 11:00 Hydration Restoration SO 2:15 Ice Cream Social CO 3:00 Bingo SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>	<p>20</p> <p>PY 7:00 Exercise (IN2L) SO 10:00 News PR 11:00 Hydration Restoration CO 2:00 Game Time! CR 3:00 Crafts and Creations SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>	<p>21</p> <p>PY 7:30 Exercise IN2L SO 10:00 Music Time! PR 11:00 Hydration Restoration CO 1:30 Bingo PY 3:00 activity packets SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>	<p>22 Fall Begins</p> <p>SP 7:30 Music Time! SO 9:00 Coffee and the News PY 10:00 Sittercise PR 11:00 Hydration Restoration CO 1:30 Game Time! PY 3:30 Bean Bag Toss SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>	<p>23</p> <p>PY 7:30 Exercise IN2L SO 10:00 Music Time! PR 11:00 Hydration Restoration PY 1:30 Bean Bag Toss CO 2:30 News and Views SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>	<p>24</p> <p>SP 7:30 Music Time PY 10:00 Volley Ball Toss PR 11:00 Hydration Restoration CO 1:00 Bingo PY 3:00 Sittercise SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>	<p>25</p> <p>PY 7:00 Chair Exercise (IN2L) SP 10:00 Music Time! PR 11:00 Hydration Restoration PY 1:30 Bean Bag Toss PR 3:30 Reminiscing SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>
<p>26</p> <p>PY 7:00 Exercise (IN2L) SO 10:00 Music Time! PR 11:00 Hydration Restoration SO 2:15 Ice Cream Social CO 3:00 Bingo SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>	<p>27</p> <p>PY 7:00 Exercise (IN2L) SO 10:00 News PR 11:00 Hydration Restoration CO 2:00 Game Time! CR 3:00 Crafts and Creations SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>	<p>28</p> <p>PY 7:30 Exercise IN2L SO 10:00 Music Time! PR 11:00 Hydration Restoration CO 1:30 Bingo PY 3:00 activity packets SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>	<p>29</p> <p>SP 7:30 Music Time! SO 9:00 Coffee and the News PY 10:00 Sittercise PR 11:00 Hydration Restoration CO 1:30 Game Time! PY 3:30 Bean Bag Toss SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>	<p>30</p> <p>PY 7:30 Exercise IN2L SO 10:00 Music Time! PR 11:00 Hydration Restoration PY 1:30 Bean Bag Toss CO 2:30 News and Views SO 5:30 Movie and Popcorn SP 7:00 Night Time Meditations</p>		

Events are Subject to Change.