



SHOREHAVEN
A GRACE MGMT COMMUNITY

AUGUST 2021

Shorehaven August 2021

14560 Lakeside Circle
Sterling Heights, Michigan 48313
586-250-5329
www.shorehavensenioreliving.com



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>SP 10:00 Nondenominational Church Service- (GR)</p> <p>SO 1:15 Wii Bowling-(RR)</p> <p>PY 1:30 Chair Yoga-(GR)</p> <p>CO 2:15 Travel Video: Easter Island-(RR)</p> <p>CO 2:30 7 Card Match-(GR)</p> <p>PY 3:30 Fitness Walk-(L)</p> <p>E 6:30 Shorehaven Choir w/Toni-(L)</p>	<p>2</p> <p>SO 9:45 Monday Morning Mingle~(L)</p> <p>PY 10:30 20 Minute Cardio Workout~(L)</p> <p>PY 1:30 Roll It Bounce It Exercise-(GR)</p> <p>CR 1:30 Create Greeting Cards w/Roxanne~(AR)</p> <p>CR 2:30 Stylish Nails~(AR)</p> <p>SE 2:30 Scenic Tour: Franklin, Mi-(L)</p> <p>CO 3:00 Euchre w/Mike B.~(GR)</p> <p>CO 6:30 7 Card Match-(GR)</p>	<p>3</p> <p>PY 10:30 Steps in Stride-(L)</p> <p>PY 1:30 YMCA Exercise-(GR)</p> <p>CO 1:30 Pinochle w/Connie-(DR)</p> <p>CR 2:30 Jewelry Making~(GR)</p> <p>SO 4:00 Toasting Tuesday-(L)</p> <p>CO 6:30 Big Bingo Bash-(DR)</p>	<p>4</p> <p>PR 9:30 Bus to Meijer~(L)</p> <p>PY 10:30 20 Minute Cardio Workout~(L)</p> <p>SP 10:30 Ladies Bible Study w/Carol-(GR)</p> <p>PY 1:30 "Aut-To-Be-Fit" Fitness Program-(GR)</p> <p>PR 2:15 Activity Meeting-(AR)</p> <p>SO 3:00 Watermelon & Corn Hole Social~(P)</p> <p>PY 6:30 Slam'n Jam'n Chair Volleyball w/Bobbi-(L)</p>	<p>5</p> <p>SO 9:45 Summer Smoothies~(L)</p> <p>PY 1:30 Engaging Rhythm Workout-(GR)</p> <p>SP 2:00 Catholic Mass-(DR)</p> <p>PR 3:00 Baking For a Cause Planning Committee Meeting~(AR)</p> <p>CR 3:30 Seed-N-Sown Gardening-(P)</p> <p>CO 6:30 Big Bingo Bash-(DR)</p>	<p>6</p> <p>CO 10:30 Hot Topics-(RR)</p> <p>PY 1:30 Sweat'n w/the Oldies Music-(GR)</p> <p>SO 2:30 Happy Hour w/Chet Penkala~(DR)</p> <p>PY 4:00 Cool Down-(GR)</p> <p>CO 6:30 Po-Ke-No-(GR)</p> <p>E 6:30 Shorehaven Choir w/Toni-(RR)</p>	<p>7</p> <p>SO 12:30 Wii Bowling-(RR)</p> <p>PY 1:30 Sit & Stretch-(GR)</p> <p>CO 2:15 Movie Matinee: Oklahoma~(RR)</p> <p>SP 3:15 Pray the Rosary w/Mike B.~(GR)</p> <p>CO 6:30 Free Bingo for Paper Essentials~(DR)</p>
<p>8</p> <p>SP 10:00 Nondenominational Church Service- (GR)</p> <p>SO 1:15 Wii Bowling-(RR)</p> <p>PY 1:30 Chair Yoga-(GR)</p> <p>CO 2:15 Nature Video: Monkey Kingdom-(RR)</p> <p>CO 2:30 7 Card Match-(GR)</p> <p>PY 3:30 Fitness Walk-(L)</p> <p>E 6:30 Shorehaven Choir w/Toni-(L)</p>	<p>9</p> <p>SO 9:45 Monday Morning Mingle~(L)</p> <p>PY 10:30 20 Minute Cardio Workout~(L)</p> <p>PY 1:30 Roll It Bounce It Exercise-(GR)</p> <p>SO 2:15 At The Beach Ladies Tea~(DR)</p> <p>PR 3:00 Food For Thought-(DR)</p> <p>CO 6:30 Directors Night w/Mike: Derby Races-(DR)</p>	<p>10</p> <p>PY 10:30 Steps in Stride-(L)</p> <p>PY 1:30 Body in Motion Exercise-(GR)</p> <p>CO 1:30 Pinochle w/Connie-(DR)</p> <p>CR 2:30 Lets Get Creative w/Crafts~(AR)</p> <p>SO 4:00 Toasting Tuesday-(L)</p> <p>CO 6:30 Big Bingo Bash-(DR)</p>	<p>11</p> <p>PR 9:30 Bus to Kroger~(L)</p> <p>PY 10:30 20 Minute Cardio Workout~(L)</p> <p>SP 10:30 Ladies Bible Study w/Carol-(GR)</p> <p>PY 1:30 Hokey Pokey Exercise-(GR)</p> <p>PR 2:15 Resident Council Meeting-(DR)</p> <p>SO 3:00 Ice Cream Bars & Ladder Ball Social~(P)</p> <p>PY 6:30 Slam'n Jam'n Chair Volleyball w/Bobbi-(L)</p>	<p>12</p> <p>SO 9:45 Summer Smoothies~(L)</p> <p>PY 1:30 Engaging Rhythm Workout-(GR)</p> <p>SP 2:00 Catholic Mass-(DR)</p> <p>CR 3:30 Seed-N-Sown Gardening-(P)</p> <p>SO 6:15 Director's Night w/Brian: Thirsting Thursday~Wine Tasting-(L)</p>	<p>13</p> <p>CO 10:30 Hot Topics-(RR)</p> <p>PR 12:00 Food Donation "Sterling Heights Fire Dept."</p> <p>PY 1:30 Sweat'n w/the Oldies Music-(GR)</p> <p>SO 2:30 Happy Hour w/Dorothy Martin~(DR)</p> <p>PY 4:00 Cool Down-(GR)</p> <p>CO 6:30 Po-Ke-No-(GR)</p> <p>E 6:30 Shorehaven Choir w/Toni-(RR)</p>	<p>14</p> <p>SO 12:30 Wii Bowling-(RR)</p> <p>PY 1:30 Sit & Stretch-(GR)</p> <p>CO 2:15 Movie Matinee: We Bought a Zoo~(RR)</p> <p>SP 3:15 Pray the Rosary w/Mike B.~(GR)</p> <p>CO 6:30 Dice Bingo~(GR)</p>
<p>15</p> <p>SP 10:00 Nondenominational Church Service- (GR)</p> <p>SO 1:15 Wii Bowling-(RR)</p> <p>PY 1:30 Chair Yoga-(GR)</p> <p>CO 2:15 Faith/spiritual: The End Times-(RR)</p> <p>CO 2:30 7 Card Match-(GR)</p> <p>PY 3:30 Fitness Walk-(L)</p> <p>E 6:30 Shorehaven Choir w/Toni-(L)</p>	<p>16</p> <p>SO 9:45 Monday Morning Mingle~(L)</p> <p>PY 10:30 20 Minute Cardio Workout~(L)</p> <p>PR 10:30 Hart Hearing Center~(L)</p> <p>PY 1:30 Roll It Bounce It Exercise-(GR)</p> <p>CR 1:30 Create Greeting Cards w/Roxanne~(AR)</p> <p>CR 2:30 Stylish Nails~(AR)</p> <p>SE 2:30 Scenic Tour: Belle Isle-(L)</p> <p>CO 6:30 7 Card Match-(GR)</p>	<p>17</p> <p>PY 10:30 Steps in Stride-(L)</p> <p>PY 1:30 Body in Motion Exercise-(GR)</p> <p>CO 1:30 Pinochle w/Connie-(DR)</p> <p>SO 2:30 Ambassador & New Resident Social~(GR)</p> <p>SO 4:00 Toasting Tuesday-(L)</p> <p>CO 6:30 Big Bingo Bash-(DR)</p>	<p>18</p> <p>PR 10:00 Bus to Dollar Tree~(L)</p> <p>PY 10:30 20 Minute Cardio Workout~(L)</p> <p>SP 10:30 Ladies Bible Study w/Carol-(GR)</p> <p>SP 12:30 St. Bonaventure Healing Service~(L)</p> <p>PY 1:30 "Aut-To-Be-Fit" Fitness Program-(GR)</p> <p>CO 6:30 Director's Night w/Brenda: Black Jack-(RR)</p>	<p>19</p> <p>SO 9:45 Summer Smoothies~(L)</p> <p>PY 1:30 New York, New York Exercise-(GR)</p> <p>SP 2:00 Catholic Mass-(DR)</p> <p>CR 3:30 Seed-N-Sown Gardening-(P)</p> <p>PR 6:30 Shorehaven Funny Money Auction-(DR)</p>	<p>20</p> <p>CO 10:30 Hot Topics-(RR)</p> <p>PY 1:30 Sweat'n w/the Oldies Music-(GR)</p> <p>SO 2:30 Happy Hour w/Little Big Band~(DR)</p> <p>PY 4:00 Cool Down-(GR)</p> <p>CO 6:30 Po-Ke-No-(GR)</p> <p>E 6:30 Shorehaven Choir w/Toni-(RR)</p>	<p>21 Senior Citizen's Day</p> <p>SO 12:30 Wii Bowling-(RR)</p> <p>PY 1:30 Sit & Stretch-(GR)</p> <p>E 2:15 Rev Your Engines with Cars of the Past~(Outdoors Front Entrance)</p> <p>CO 2:15 Movie Matinee: To Catch a Thief~(RR)</p> <p>SP 3:15 Pray the Rosary w/Mike B.~(GR)</p> <p>CO 6:30 Free Bingo for Home Good Essentials~(DR)</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>22</p> <p>SP 10:00 Nondenominational Church Service- (GR)</p> <p>SO 1:15 Wii Bowling-(RR)</p> <p>PY 1:30 Chair Yoga-(GR)</p> <p>CO 2:15 History Video: Oil Spill of the Century-(RR)</p> <p>CO 2:30 7 Card Match-(GR)</p> <p>PY 3:30 Fitness Walk-(L)</p> <p>E 6:30 Shorehaven Choir w/Toni-(L)</p>	<p>23</p> <p>SO 9:45 Monday Morning Mingle~(L)</p> <p>PY 10:30 20 Minute Cardio Workout~(L)</p> <p>PY 1:30 Roll It Bounce It Exercise-(GR)</p> <p>SP 1:30 Trinity Lutheran Service~(RR)</p> <p>CR 2:30 Stylish Nails~(AR)</p> <p>CO 6:30 Directors Night w/Heather: Derby Races~(DR)</p>	<p>24</p> <p>PY 10:30 Steps in Stride-(L)</p> <p>PY 1:30 Body in Motion Exercise-(GR)</p> <p>CO 1:30 Pinochle w/Connie-(DR)</p> <p>CR 2:30 Jewelry Making~(GR)</p> <p>SE 4:00 National Peach Pie Day: Guess what dessert is for dinner???</p> <p>SO 4:00 Toasting Tuesday-(L)</p> <p>CO 6:30 Big Bingo Bash-(DR)</p>	<p>25</p> <p>PR 9:30 Bus to Walmart~(L)</p> <p>PY 10:30 20 Minute Cardio Workout~(L)</p> <p>SP 10:30 Ladies Bible Study w/Carol-(GR)</p> <p>PY 1:30 "Aut-To-Be-Fit" Fitness Program-(GR)</p> <p>PR 2:15 Ambassador Meeting~(AR)</p> <p>SO 3:00 Watermelon & Corn Hole Social~(P)</p> <p>PY 6:30 Slam'n Jam'n Chair Volleyball w/Bobbi-(L)</p>	<p>26</p> <p>SO 9:45 Summer Smoothies~(L)</p> <p>SO 12:00 Red Hat Luncheon~(DR)</p> <p>PY 1:30 Engaging Rhythm Workout-(GR)</p> <p>SP 2:00 Catholic Mass-(DR)</p> <p>CR 3:30 Seed-N-Sown Gardening-(P)</p> <p>CO 6:30 Big Bingo Bash-(DR)</p>	<p>27</p> <p>SO 9:45 MGM Casino~(L)</p> <p>PY 1:30 Zumba Chair Exercise-(GR)</p> <p>SO 2:30 Happy Hour w/Gary Pillow~(DR)</p> <p>PY 4:00 Cool Down-(GR)</p> <p>CO 6:30 Po-Ke-No-(GR)</p> <p>E 6:30 Shorehaven Choir w/Toni-(RR)</p>	<p>28</p> <p>SO 12:30 Wii Bowling-(RR)</p> <p>PY 1:30 Sit & Stretch-(GR)</p> <p>CO 2:15 Movie Matinee: True Grit~(RR)</p> <p>SP 3:15 Pray the Rosary w/Mike B.-(GR)</p> <p>CO 6:30 Dice Bingo~(GR)</p>
<p>29</p> <p>SP 10:00 Nondenominational Church Service- (GR)</p> <p>SO 1:15 Wii Bowling-(RR)</p> <p>PY 1:30 Chair Yoga-(GR)</p> <p>CO 2:15 Space Video: Apollo Mission to the Moon-(RR)</p> <p>CO 2:30 7 Card Match-(GR)</p> <p>PY 3:30 Fitness Walk-(L)</p> <p>E 6:30 Shorehaven Choir w/Toni-(L)</p>	<p>30</p> <p>SO 9:45 Monday Morning Mingle~(L)</p> <p>PY 10:30 20 Minute Cardio Workout~(L)</p> <p>PY 1:30 Roll It Bounce It Exercise-(GR)</p> <p>CR 2:30 Stylish Nails~(AR)</p> <p>SE 2:30 Scenic Tour: Harrison Tsp/Lake St. Clair-(L)</p> <p>CO 6:30 7 Card Match-(GR)</p>	<p>31</p> <p>PY 10:30 Steps in Stride-(L)</p> <p>PY 1:30 Body in Motion Exercise-(GR)</p> <p>CO 1:30 Pinochle w/Connie-(DR)</p> <p>CR 2:30 Lets Get Creative w/Crafts~(AR)</p> <p>SO 4:00 Toasting Tuesday-(L)</p> <p>CO 6:30 Big Bingo Bash-(DR)</p> <p>PR 8:00 Bottle/Can Return~(Bagged Up & Placed Outside Your Room)</p>	<p>CO - Cognitive CR - Creative E - Emotional PY - Physical PR - Purposeful SE - Sensory SO - Social SP - Spiritual</p>	<p>LOCATION KEY:</p> <p>Activity Room = AR</p> <p>Dining Room = DR</p> <p>Great Room = GR</p> <p>Lobby = L</p> <p>Patio = P</p> <p>Recreation Room = RR</p>	<p>Happy Birthday</p> <p>Margaret Ciaramitaro 8/05</p> <p>Lisa Bandy 8/07</p> <p>Maria Dichiaro 8/13</p> <p>Mary Sapiano 8/14</p> <p>Jane Gurnack 8/15</p> <p>Patricia Hollins 8/23</p> <p>Judy Wiedbusch 8/24</p> <p>Lois Hunyady 8/27</p> <p>Ermelinda Guida 8/28</p> <p>Dorothy Hester 8/29</p> <p>Doris Trupiano 8/30</p>	

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