



TWIN RIVERS
A GRACE MGMT COMMUNITY

JULY 2021

Twin Rivers Memory care Calendar

1720 North Plano Road
Richardson, Texas 75081
804-323-3800 | License: 146797
www.twinriversassistedliving.com



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Chris Henger..Executive Director Sheila Ricketts....Sale/Marketing Helen Kassaye.....BOD Selma Demsew...AL Coordonator	Chef Nach.....Culinary Director Mario Luna.....Maintenance Diane Martinez.....LED Syndi Sphabmixay.....MC VP Coordinator		<ul style="list-style-type: none"> CO - Cognitive E - Emotional I - Intergenerational PY - Physical SE - Sensory SO - Social SP - Spiritual 	1 SO 10:30 Patio Bird Watching SE 11:00 Hydration Restoration PY 2:00 Parachute SO 3:00 Snack & Chat SP 3:30 Worship Service SO 7:00 Wind Down with Classical Music	2 PY 10:30 Chair Exercise SE 11:00 Hydration Restoration CO 2:00 Dominos SO 3:00 Snack & Chat SO 7:00 Wind Down with Classical Music	3 SO 10:30 Coffee & Donuts Social SE 11:00 Hydration Restoration PY 2:00 Afternoon Stretch SO 3:00 Snack & Chat CO 3:30 Puzzle & Coloring SO 6:00 Movie Matinee SO 7:00 Wind Down with
4 Independence Day	5	6	7	8	9	10
E 10:00 Hymns Sing Along SP 11:00 Christ United Methodist SE 11:00 Hydration Restoration CO 2:00 Game of Choice SO 3:00 Snack & Chat SO 4:00 Classic Movie SO 7:00 Wind Down with	PY 10:30 Music & Motion SE 11:00 Hydration Restoration SO 3:00 Snack & Chat SO 3:30 Bible Study SO 7:00 Wind Down with Classical Music	PY 10:00 Chair Volleyball SE 11:00 Hydration Restoration PY 2:00 Parachute SO 3:00 Snack & Chat SP 3:30 Sing Along with Beth Williams SO 7:00 Wind Down with Classical Music	PY 10:30 Chair Exercise SE 11:00 Hydration Restoration CO 2:00 Bingo SO 3:00 Snack & Chat PY 3:30 Walk it Out SO 7:00 Wind Down with Classical Music	SO 10:30 Patio Bird Watching SO 10:30 Music Therapy with Ivor SE 11:00 Hydration Restoration PY 2:00 Parachute SO 3:00 Snack & Chat SP 3:30 Worship Service SO 7:00 Wind Down with	PY 10:30 Mystery Ride w/Jason Residents Outing SE 11:00 Hydration Restoration CO 2:00 Dominos SO 3:00 Snack & Chat SO 7:00 Wind Down with Classical Music	SO 10:30 Coffee & Donuts Social SE 11:00 Hydration Restoration PY 2:00 Afternoon Stretch SO 3:00 Snack & Chat CO 3:30 Puzzle & Coloring SO 6:00 Movie Matinee SO 7:00 Wind Down with
11	12	13	14	15	16	17
E 10:00 Hymns Sing Along SP 11:00 Christ United Methodist SE 11:00 Hydration Restoration CO 2:00 Game of Choice SO 3:00 Snack & Chat SO 4:00 Classic Movie SO 7:00 Wind Down with	PY 10:30 Music & Motion SE 11:00 Hydration Restoration SO 3:00 Snack & Chat SO 3:30 Bible Study SO 7:00 Wind Down with Classical Music	PY 10:00 Chair Volleyball SE 11:00 Hydration Restoration PY 2:00 Parachute SO 3:00 Snack & Chat SP 3:30 Sing Along with Beth Williams SO 7:00 Wind Down with Classical Music	PY 10:30 Chair Exercise SE 11:00 Hydration Restoration CO 2:00 Bingo SO 3:00 Snack & Chat PY 3:30 Walk it Out SO 7:00 Wind Down with Classical Music	SO 10:30 Patio Bird Watching SE 11:00 Hydration Restoration PY 2:00 Parachute SO 3:00 Snack & Chat SP 3:30 Worship Service SO 7:00 Wind Down with Classical Music	PY 10:30 Chair Exercise SE 11:00 Hydration Restoration CO 2:00 Dominos SO 3:00 Snack & Chat SO 7:00 Wind Down with Classical Music	SO 10:30 Coffee & Donuts Social SE 11:00 Hydration Restoration PY 2:00 Afternoon Stretch SO 3:00 Snack & Chat CO 3:30 Puzzle & Coloring SO 6:00 Movie Matinee SO 7:00 Wind Down with
18	19	20	21	22	23	24
E 10:00 Hymns Sing Along SP 11:00 Christ United Methodist SE 11:00 Hydration Restoration CO 2:00 Game of Choice SO 3:00 Snack & Chat SO 4:00 Classic Movie SO 7:00 Wind Down with	PY 10:30 Music & Motion SE 11:00 Hydration Restoration SO 3:00 Snack & Chat SO 3:30 Bible Study SO 7:00 Wind Down with Classical Music	PY 10:00 Chair Volleyball SE 11:00 Hydration Restoration PY 2:00 Parachute SO 3:00 Snack & Chat SP 3:30 Sing Along with Beth Williams SO 7:00 Wind Down with Classical Music	PY 10:30 Chair Exercise SE 11:00 Hydration Restoration CO 2:00 Bingo SO 3:00 Snack & Chat PY 3:30 Walk it Out SO 7:00 Wind Down with Classical Music	SO 10:30 Patio Bird Watching SE 11:00 Hydration Restoration PY 2:00 Parachute SO 3:00 Snack & Chat SP 3:30 Worship Service SO 7:00 Wind Down with Classical Music	PY 10:30 Mystery Ride w/Jason Residents Outing SE 11:00 Hydration Restoration CO 2:00 Dominos I 2:00 Music Therapy Zoom SO 3:00 Snack & Chat SO 7:00 Wind Down with Classical Music	SO 10:30 Coffee & Donuts Social SE 11:00 Hydration Restoration PY 2:00 Afternoon Stretch SO 3:00 Snack & Chat CO 3:30 Puzzle & Coloring SO 6:00 Movie Matinee SO 7:00 Wind Down with
25	26	27	28	29	30	31
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Events are Subject to Change.