



SHOREHAVEN
A GRACE MGMT COMMUNITY

JULY 2021

14560 Lakeside Circle
Sterling Heights, Michigan 48313
586-250-5329
www.shorehavensenioreliving.com



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>CO - Cognitive CR - Creative E - Emotional PY - Physical PR - Purposeful SE - Sensory SO - Social SP - Spiritual</p> <p>LOCATION KEY: Activity Room = AR Dining Room = DR Great Room = GR Lobby = L Patio = P</p>	<p>Look For</p> <p>Every Monday: 9:45 Monday Morning Mingle-(L) 10:30 20 Minute Cardio Workout-(L) Every Wednesday: 10:30 20 Minute Cardio Workout-(L) Every Thursday: 9:45am Summer Smoothies-(L)</p>	<p>Happy Birthday</p> <p>Genevieve Baglio 7/03 Lucia Cusmano 7/03 Elizabeth Mackie 7/07 Patricia Raymond 7/07 Vivian Koebele 7/10 Betty Bartosik 7/14 Lenka Nivichki 7/14 Rosemary Lucas 7/20 Gloria Sarver 7/27</p>	<p>1</p> <p>PR 10:00 Baking For a Cause~(AR) PY 1:30 Engaging Rhythm Workout-(GR) SP 2:15 Prayer Service-(RR) CR 3:00 Radio Show Rehearsal-(GR) CR 3:30 Seed-N-Sown Gardening-(P) PR 4:00 Activity Cart 1st Floor Room to Room CO 6:30 Big Bingo Bash-(DR)</p>	<p>2</p> <p>CO 10:30 Hot Topics-(RR) PY 1:30 Sweat'n w/the Oldies Music-(GR) SO 2:30 Celebrating Independence Day w/Suzi~(P)~Specialty Drink: Margarita's on the Rocks PY 4:00 Cool Down-(GR) CO 6:30 Po-Ke-No-(GR)</p>	<p>3</p> <p>SO 12:30 Wii Bowling-(RR) PY 1:30 Sit & Stretch-(GR) CO 2:15 Movie Matinee: Blue Miracle~(RR) SP 3:15 Pray the Rosary w/Mike B.-(GR) CO 6:30 Free Bingo for Paper Essentials~(DR)</p>	
<p>4 Independence Day</p> <p>SP 10:00 Nondenominational Church Service- (GR) SO 11:00 Independence Day Barbecue-(DR) SO 1:15 Wii Bowling-(RR) PY 1:30 Chair Yoga-(GR) SO 3:00 Ice Cream Bars Social on the Patio-(P) E 6:30 Shorehaven Choir w/Toni-(L)</p>	<p>5</p> <p>PY 1:30 Roll It Bounce It Exercise-(GR) CO 2:30 Group Crossword Puzzle~(RR) SE 2:30 Scenic Tour: Metro Park-(L) PR 3:00 Activity Cart 3rd Floor Room to Room CO 3:00 Euchre w/Mike B.~(GR) CO 6:30 7 Card Match-(GR)</p>	<p>6</p> <p>PY 10:30 Steps in Stride-(L) PY 1:30 YMCA Exercise-(GR) CR 1:30 Create Greeting Cards w/Roxanne~(AR) CO 1:30 Pinochle w/Connie-(DR) PR 3:00 Activity Cart 2nd Floor Room to Room SO 4:00 Toasting Tuesday-(L) CO 6:30 Big Bingo Bash-(DR)</p>	<p>7</p> <p>PR 9:30 Bus to Kroger~(L) PY 1:30 "Aut-To-Be-Fit" Fitness Program-(GR) PR 2:15 Activity Meeting-(AR) SO 3:00 Boston Coolers & Ladder Ball on the Patio~(P) PY 6:30 Slam'n Jam'n Chair Volleyball w/Bobbi-(L)</p>	<p>8</p> <p>PY 1:15 Engaging Rhythm Workout-(GR) PR 2:00 America's Choice Fall Prevention Presentation-(GR) SP 2:15 Prayer Service-(RR) CR 3:00 Radio Show Rehearsal-(GR) CR 3:30 Seed-N-Sown Gardening-(P) PR 4:00 Activity Cart 1st Floor Room to Room</p>	<p>9</p> <p>CO 10:30 Hot Topics-(RR) PR 12:00 Food Donation PY 1:30 Sweat'n w/the Oldies Music-(GR) SO 2:30 Happy Hour w/Bobby G.~(P)~Happy Hour Special: Tequila Sunrise PY 4:00 Cool Down-(GR) CO 6:30 Po-Ke-No-(GR)</p>	<p>10</p> <p>SO 12:30 Wii Bowling-(RR) PY 1:30 Sit & Stretch-(GR) CR 1:30 Watercolors w/Barb~(AR) CO 2:15 Movie Matinee: The Terminal~(RR) SP 3:15 Pray the Rosary w/Mike B.-(GR) CO 6:30 Free Bingo: Dice Bingo~(DR)</p>
<p>11</p> <p>SP 10:00 Nondenominational Church Service- (GR) SO 1:15 Wii Bowling-(RR) PY 1:30 Chair Yoga-(GR) CO 2:15 History Video: The Last Days-(RR) CO 2:30 7 Card Match-(GR) PY 3:30 Fitness Walk-(RR) E 6:30 Shorehaven Choir w/Toni-(L)</p>	<p>12</p> <p>CR 10:00 Baking For a Cause~(AR) PY 1:30 Roll It Bounce It Exercise-(GR) CO 2:00 Imagine Movie Theatre~(L) PR 3:00 Activity Cart 3rd Floor Room to Room CO 6:30 Directors Night w/Mike: Derby Races-(DR)</p>	<p>13</p> <p>PR 10:00 Baking For a Cause-(AR) PY 10:30 Steps in Stride-(L) PY 1:30 Body in Motion Exercise-(GR) CO 1:30 Pinochle w/Connie-(DR) PR 3:00 Activity Cart 2nd Floor Room to Room SO 4:00 Toasting Tuesday-(L) CO 6:30 Big Bingo Bash-(DR)</p>	<p>14</p> <p>PR 9:30 Bus to Meijer~(L) SP 10:30 Ladies Bible Study w/Carol-(GR) PY 1:30 Hokey Pokey Exercise-(GR) PR 2:15 Ambassador Meeting-(AR) SO 3:00 Banana Splits & Corn Hole on the Patio~(P) PY 6:30 Slam'n Jam'n Chair Volleyball w/Bobbi-(L)</p>	<p>15 Tax Day</p> <p>PR 10:00 Baking For a Cause~(AR) PY 1:30 Engaging Rhythm Workout-(GR) SP 2:15 Prayer Service-(RR) CR 3:00 Radio Show Rehearsal-(GR) CR 3:30 Seed-N-Sown Gardening-(P) PR 4:00 Activity Cart 1st Floor Room to Room CO 6:30 Big Bingo Bash-(DR)</p>	<p>16</p> <p>CO 10:30 Hot Topics-(RR) PY 1:30 Sweat'n w/the Oldies Music-(GR) SO 2:30 Happy Hour w/Little Big Band~(P)~Happy Hour Special: Pina Colada's PY 4:00 Cool Down-(GR) CO 6:30 Po-Ke-No-(GR) E 6:30 Shorehaven Choir w/Toni-(L)</p>	<p>17</p> <p>SO 10:30 Lunch Will Be Moved Up! SO 12:30 Wii Bowling-(RR) PY 1:00 Sit & Stretch-(GR) SP 1:45 Pray the Rosary w/Mike B.-(GR) SO 3:00 Shorehaven's Country Fair: Bringing Family & Friends Together~(Outside) CO 6:30 Movie: The Meddler~(RR)</p>
<p>18</p> <p>SP 10:00 Nondenominational Church Service- (GR) SO 1:15 Wii Bowling-(RR) PY 1:30 Chair Yoga-(GR) CO 2:15 Science Video: Breaking Boundaries, The Science of Our Planet-(RR) CO 2:30 7 Card Match-(GR) PY 3:30 Fitness Walk-(RR)</p>	<p>19</p> <p>PR 10:30 Hart Hearing Center~(L) PY 1:30 Roll It Bounce It Exercise-(GR) SO 2:00 Red, White & Blue Ladies Tea~(DR) SE 2:30 Scenic Tour: Marine City-(L) PR 3:00 Activity Cart 3rd Floor Room to Room PR 3:00 Food For Thought-(DR)</p>	<p>20</p> <p>PY 10:30 Steps in Stride-(L) PY 1:30 Body in Motion Exercise-(GR) CR 1:30 Create Greeting Cards w/Roxanne~(AR) CO 1:30 Pinochle w/Connie-(DR) SO 2:15 Wine Tasting & Music by the Water~(W) PR 3:00 Activity Cart 2nd Floor Room to Room</p>	<p>21</p> <p>PR 10:00 Bus to Dollar Tree~(L) SP 10:30 Ladies Bible Study w/Carol-(GR) PY 1:30 "Aut-To-Be-Fit" Fitness Program-(GR) SO 3:00 Ice Cream Sundaes & Ladder Ball on the Patio~(P) PY 6:30 Slam'n Jam'n Chair Volleyball w/Bobbi-(L)</p>	<p>22</p> <p>PY 1:30 New York, New York Exercise-(GR) SP 2:15 Prayer Service-(RR) CR 3:00 Radio Show Rehearsal-(GR) CR 3:30 Seed-N-Sown Gardening-(P) PR 4:00 Activity Cart 1st Floor Room to Room SO 6:30 Directors Night w/Brian: Thirsting Thursday ~Craft Beer Tasting-(L)</p>	<p>23</p> <p>E 7:00 Summer Olympics Opening Ceremony~(L) CO 10:30 Hot Topics-(RR) PY 1:30 Sweat'n w/the Oldies Music-(GR) SO 2:30 Happy Hour w/Gary Pillow~(P)~Happy Hour Special: Rum Runner PY 4:00 Cool Down-(GR)</p>	<p>24</p> <p>SO 12:30 Wii Bowling-(RR) PY 1:30 Sit & Stretch-(GR) CR 1:30 Watercolors w/Barb~(AR) CO 2:15 Movie Matinee: Greater~(RR) SP 3:15 Pray the Rosary w/Mike B.-(GR) CO 6:30 Free Bingo for Home Good Essentials~(DR)</p>
<p>25</p> <p>SP 10:00 Nondenominational Church Service- (GR) SO 1:15 Wii Bowling-(RR) PY 1:30 Chair Yoga-(GR) CO 2:15 Travel Video: Brave Blue World, Racing to Solve Our Water Crisis -(RR) CO 2:30 7 Card Match-(GR) PY 3:30 Fitness Walk-(RR)</p>	<p>26</p> <p>SO 10:30 BJ's Brewhouse Restaurant Outing~(L) PY 1:30 Roll It Bounce It Exercise-(GR) SP 1:30 Trinity Lutheran Service~(RR) PR 3:00 Activity Cart 3rd Floor Room to Room CO 6:30 Directors Night w/Heather: Derby Races~(DR)</p>	<p>27</p> <p>PY 10:30 Steps in Stride-(L) PY 1:30 Body in Motion Exercise-(GR) CO 1:30 Pinochle w/Connie-(DR) PR 3:00 Activity Cart 2nd Floor Room to Room SO 4:00 Toasting Tuesday-(L) CO 6:30 Big Bingo Bash-(DR) PR 8:00 Bottle/Can Return~(Bagged Up & Placed Outside Your Room)</p>	<p>28</p> <p>CO 9:30 Bus to Walmart~(L) SP 10:30 Ladies Bible Study w/Carol-(GR) PY 1:30 "Aut-To-Be-Fit" Fitness Program-(GR) PR 2:15 Resident Council Meeting~(DR) SO 3:00 Ice Cream Bars & Corn Hole on the Patio~(P) PY 6:30 Director's Night w/Brenda:</p>	<p>29</p> <p>SO 12:00 Red Hat Luncheon~(DR) PY 1:30 Engaging Rhythm Workout-(GR) SP 2:15 Prayer Service-(RR) CR 3:00 Radio Show Rehearsal-(GR) CR 3:30 Seed-N-Sown Gardening-(P) PR 4:00 Activity Cart 1st Floor Room to Room CO 6:30 Big Bingo Bash-(DR)</p>	<p>30</p> <p>CO 10:30 Hot Topics-(RR) PY 1:30 Zumba Chair Exercise-(GR) SO 2:30 Happy Hour w/Kelly Miller~(P)~Happy Hour Special: Mai Tai PY 4:00 Cool Down-(GR) CO 6:30 Po-Ke-No-(GR) E 6:30 Shorehaven Choir w/Toni-(RR)</p>	<p>31</p> <p>SO 12:30 Wii Bowling-(RR) PY 1:30 Sit & Stretch-(GR) CO 2:15 Movie Matinee: American Outlaws~(RR) SP 3:15 Pray the Rosary w/Mike B.-(GR) CO 6:30 Free Bingo: Dice Bingo~(DR)</p>

Events are Subject to Change.