



## NORTHGATE PARK

A GRACE MGMT COMMUNITY

It's not like home. It *is* home.™

# JULY 2021

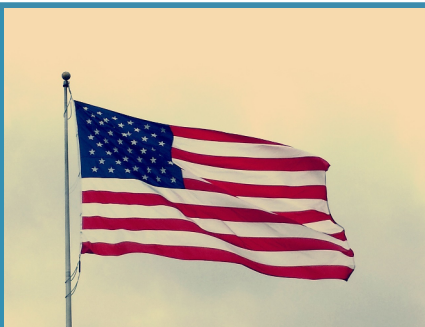
## Your Team

**Rosemarie Caldwell** - Executive Director  
**Yolonda Cushingberry** - Wellness Director  
**Angela Kosmyna** - Business Office Manager  
**Martha Buckley** - Life Enrichment Director  
**Brian Farley** - Dining Service Director  
**David Medecke** - Maintenance Director  
**Diana Burton** - Lead Resident Service Asst.  
**Holly Lowry** - Sales Director  
**Front Desk Concierge**  
**513-923-3711**

## Resident Birthdays

### July Birthdays

Terry N.	July 3	Rosemary D.	July 21
Roxanna S.	July 5	Elaine D.	July 23
Bill Z.	July 10	Martha C.	July 29
Bob K.	July 10	Charley M.	July 30
Mary Ann C.	July 20		



*Happy 4th of July!*  
Wishing you all a safe and happy holiday!

## Welcome to the Family

Our story is yours. We grow older and wiser but are sure to never lose the spark that started it all. Grace Management Continues to evolve, and we're ever more dedicated to nurturing our company and our team to be healthy contributors to communities across the U.S. Delivering exceptional living experiences, we can focus on the big issues that concern the daily lives of our residents—from health care and finances to overall quality of life—while never losing sight of the details that matter most: the connections we make along the way.

**Trudy L.**  
**Kimmel B.**  
**Bertha I.**  
**Joyce R.**  
**Don S.**

**Gloria W.**  
**Viola M.**  
**Ruth K.**



**NORTHGATE PARK**  
A GRACE MGMT COMMUNITY

# JULY 20

Sunday		Monday		Tuesday		Wednesday	
COUNTRY STORE HOURS: Tuesdays: 12:30- 1:30pm Thursdays: 12:30-1:30pm		<b>CO</b> - Cognitive <b>PY</b> - Physical <b>PR</b> - Purposeful <b>SE</b> - Sensory <b>SO</b> - Social <b>SP</b> - Spiritual		LOCATION KEY: Activity Room (ACT) Chapel (CH) 1/200 Lounge (1/2) 3/400 Lounge (3/4) 5/600 Lounge (5/6)			
<b>4 Independence Day</b>		<b>5</b>		<b>6</b>		<b>7</b>	
<b>SO</b> 10:00 Rosary (CH) <b>SO</b> 1:30 Red, White, and Blue Ice Cream Social (5/6) <b>PY</b> 3:00 Open Wii Bowling Practice (ACT) <b>SO</b> 6:00 Open Card Games (ACT) <b>SO</b> 6:15 Little House Series (1/2)		<b>PY</b> 9:00 Get Fit Exercises (ACT) <b>SP</b> 10:00 Rosary (CH) <b>SO</b> 1:30 Bingo (5/6) <b>PY</b> 3:00 Whack-It Volleyball (ACT) <b>SO</b> 6:15 Horse Racing Dice Game Refresher Course (ACT)		<b>PY</b> 9:00 Get Fit Exercises (ACT) <b>SP</b> 9:30 Shop Out: Kroger (BUS) <b>SO</b> 10:00 Rosary (CH) <b>CO</b> 12:30 Country Store Open <b>SO</b> 1:30 Bingo (5/6) <b>CO</b> 3:00 Trivia Tuesday (ACT) <b>PY</b> 5:30 Wii Bowling (ACT)		<b>PY</b> 9:00 Get Fit Exercises (ACT) <b>SP</b> 10:00 Rosary (CH) <b>PY</b> 1:00 Chair Massage (ACT) <b>CO</b> 1:30 Mr. Scott's Visit (ACT) <b>SO</b> 3:00 Happy Birthday (ACT) <b>PR</b> 6:15 Cincinnati with A Cincinnati	
<b>11</b>		<b>12</b>		<b>13</b>		<b>14</b>	
<b>SP</b> 10:00 Catholic Communion (CH) <b>SO</b> 1:30 Cake and Ice Cream Social (5/6) <b>PY</b> 3:00 Open Wii Bowling Practice (ACT) <b>SO</b> 6:00 Open Card Games (ACT) <b>SO</b> 6:15 Little House Series (1/2)		<b>PY</b> 9:00 Get Fit Exercises (ACT) <b>SP</b> 10:00 Rosary (CH) <b>SO</b> 1:30 Bingo (5/6) <b>PR</b> 1:45 Resident Meeting (1/2) <b>PY</b> 3:00 Whack-It Volleyball (ACT) <b>SO</b> 6:15 Horse Racing Dice Game (ACT)		<b>PY</b> 9:00 Get Fit Exercises (ACT) <b>SP</b> 9:30 Shop Out: Kroger (BUS) <b>SO</b> 10:30 Catholic Mass (CH) <b>CO</b> 12:30 Country Store Open <b>SO</b> 1:30 Bingo (5/6) <b>CO</b> 3:00 Trivia Tuesday (ACT) <b>PY</b> 5:30 Wii Bowling (ACT)		<b>PY</b> 9:00 Get Fit Exercises (ACT) <b>SP</b> 10:00 Rosary (CH) <b>PY</b> 1:00 Chair Massage (ACT) <b>SO</b> 1:30 Horse Racing Dice Game (ACT) <b>SO</b> 3:00 Happy Birthday (ACT) <b>SE</b> 6:00 Creative Writing Therapy	
<b>18</b>		<b>19</b>		<b>20</b>		<b>21</b>	
<b>SP</b> 10:00 Catholic Communion (CH) <b>SO</b> 1:30 Orange Cream Soda Float Social (5/6) <b>PY</b> 3:00 Open Wii Bowling Practice (ACT) <b>SO</b> 6:00 Open Card Games (ACT) <b>SO</b> 6:15 Little House Series (1/2)		<b>PY</b> 9:00 Get Fit Exercises (ACT) <b>SP</b> 10:00 Rosary (CH) <b>PR</b> 1:00 Welcome Committee and New Resident Orientation (ACT) <b>SO</b> 1:30 Bingo (5/6) <b>PY</b> 3:00 Whack-It Volleyball (ACT) <b>SO</b> 6:15 Horse Racing Dice Game (ACT)		<b>PY</b> 9:00 Get Fit Exercises (ACT) <b>SP</b> 9:30 Shop Out: Kroger (BUS) <b>SO</b> 10:30 Catholic Mass (CH) <b>CO</b> 12:30 Country Store Open <b>SO</b> 1:30 Bingo (5/6) <b>CO</b> 3:00 Trivia Tuesday (ACT) <b>PY</b> 5:30 Wii Bowling (ACT)		<b>PY</b> 9:00 Get Fit Exercises (ACT) <b>SP</b> 10:00 Rosary (CH) <b>PY</b> 1:00 Chair Massage (ACT) <b>SO</b> 1:30 Horse Racing Dice Game (ACT) <b>SO</b> 3:00 Happy Birthday (ACT) <b>SE</b> 6:00 Creative Writing Therapy	
<b>25</b>		<b>26</b>		<b>27</b>		<b>28</b>	
<b>SP</b> 10:00 Catholic Communion (CH) <b>SO</b> 1:30 Andes Mint Sundae Social (5/6) <b>PY</b> 3:00 Open Wii Bowling Practice (ACT) <b>SO</b> 6:00 Open Card Games (ACT) <b>SO</b> 6:15 Little House Series (1/2)		<b>PY</b> 9:00 Get Fit Exercises (ACT) <b>SP</b> 10:00 Rosary (CH) <b>SO</b> 1:30 Bingo (5/6) <b>PR</b> 1:45 Food For Thought (1/2) <b>PY</b> 3:00 Whack-It Volleyball (ACT) <b>SO</b> 6:15 Horse Racing Dice Game (ACT)		<b>PY</b> 9:00 Get Fit Exercises (ACT) <b>SP</b> 9:30 Shop Out: Kroger (BUS) <b>SO</b> 10:30 Catholic Mass (CH) <b>CO</b> 12:30 Country Store Open <b>SO</b> 1:30 Bingo (5/6) <b>CO</b> 3:00 Trivia Tuesday (ACT) <b>PY</b> 5:30 Wii Bowling (ACT)		<b>PY</b> 9:00 Get Fit Exercises (ACT) <b>SP</b> 10:00 Rosary (CH) <b>PY</b> 1:00 Chair Massage (ACT) <b>SO</b> 1:30 Horse Racing Dice Game (ACT) <b>SO</b> 3:00 Happy Birthday (ACT) <b>SE</b> 6:00 Creative Writing Therapy	

Events are Subject to Change.

# 021

9191 Round Top Road  
Cincinnati, Ohio 45251

513-268-6305

[www.northgateparkseniorliving.com](http://www.northgateparkseniorliving.com)



Wednesday

Thursday

Friday

Saturday

	1		2		3
	<div>PY</div> <div>SP</div> <div>PY</div> <div>SO</div> <div>SO</div> <div>SO</div> <p>9:00 Get Fit Exercises (ACT) 10:00 Rosary (CH) 1:00 Exercise to Music (ACT) 1:30 Bingo (5/6) 3:00 National Watermelon Day Social 6:15 Movie Night with Andrew (1/2)</p>		<div>PY</div> <div>SP</div> <div>SO</div> <div>PY</div> <div>SO</div> <p><b>4th of July Lunch Grill Out Celebration!</b> 9:00 Get Fit Exercises (ACT) 10:00 Rosary (CH) 1:30 Bingo (5/6) 3:00 Whack-It Volleyball (ACT) 6:15 Little House Series (1/2)</p>		<div>SP</div> <div>SO</div> <div>SO</div> <div>SO</div> <p>10:00 Rosary (CH) 1:30 Bingo (5/6) 3:00 Weekend Wine Down (5/6) 6:15 Movie Night: "And So It Goes" (1/2)</p>
<div>t Exercises (ACT)</div> <div>y (CH)</div> <div>Cardio (ACT)</div> <div>offee Ice Cream Truck</div> <div>Front Porch)</div> <div>Hour (5/6)</div> <div>inati History Lecture</div> <div>mber: The Founders of</div> <div>inati (1/2)</div>	8		9		10
	<div>PY</div> <div>SP</div> <div>PY</div> <div>SO</div> <div>SO</div> <p>9:00 Get Fit Exercises (ACT) 9:30 Shop Out: Walmart (BUS) 10:00 Rosary (CH) 12:30 Country Store Open 1:00 Exercise to Music (ACT) 1:30 Bingo (5/6) 2:45 The Painter's Pallet: A Step by Step Painting Class (ACT) 6:15 Movie Night with Andrew (1/2)</p>		<div>PY</div> <div>SP</div> <div>SO</div> <div>SO</div> <div>SO</div> <div>SO</div> <p>9:00 Get Fit Exercises (ACT) 10:00 Rosary (CH) 1:30 Bingo (5/6) 3:00 Signature Cocktail Social (5/6) 6:00 Open Card Games (ACT) 6:15 Little House Series (1/2)</p>		<div>SP</div> <div>SO</div> <div>SO</div> <div>SO</div> <p>10:00 Rosary (CH) 1:30 Bingo (5/6) 3:00 Weekend Wine Down (5/6) 6:15 Movie Night: The New "Annie" (1/2)</p>
<div>t Exercises (ACT)</div> <div>y (CH)</div> <div>Cardio (ACT)</div> <div>Racing Dice Game</div> <div>Hour (5/6)</div> <div>ve Coloring Club:</div> <div>y for the Mind (ACT)</div>	15		16		17
	<div>PY</div> <div>SP</div> <div>PY</div> <div>SO</div> <div>SO</div> <div>SO</div> <p>9:00 Get Fit Exercises (ACT) 9:30 Shop Out: Walmart (BUS) 10:00 Rosary (CH) 12:30 Country Store Open 1:00 Exercise to Music (ACT) 1:30 Bingo (5/6) 2:45 Craft Club: Floral Frames (ACT) 6:15 Movie Night with Andrew (1/2)</p>		<div>PY</div> <div>SP</div> <div>SO</div> <div>SO</div> <div>SO</div> <div>SO</div> <p>9:00 Get Fit Exercises (ACT) 10:00 Rosary (CH) 1:30 Bingo (5/6) 1:30 Bingo (5/6) 3:00 Signature Cocktail Social (5/6) 6:00 Open Card Games (ACT) 6:15 Little House Series (1/2)</p>		<div>SP</div> <div>SO</div> <div>SO</div> <div>SO</div> <p>10:00 Rosary (CH) 1:30 Bingo (5/6) 3:00 Weekend Wine Down (5/6) 6:15 Movie Night: "The Odd Couple" (1/2)</p>
<div>t Exercises (ACT)</div> <div>y (CH)</div> <div>Cardio (ACT)</div> <div>Racing Dice Game</div> <div>Hour (5/6)</div> <div>ve Coloring Club:</div> <div>y for the Mind (ACT)</div>	22		23		24
	<div>PY</div> <div>SP</div> <div>PY</div> <div>SO</div> <div>SO</div> <div>SO</div> <p>9:00 Get Fit Exercises (ACT) 9:30 Shop Out: Walmart (BUS) 10:00 Rosary (CH) 12:30 Country Store Open 1:00 Exercise to Music (ACT) 1:30 Bingo (5/6) 3:00 Summer Olympic Games &amp; Trivia (5/6) 6:15 Movie Night with Andrew (1/2)</p>		<div>PY</div> <div>SP</div> <div>SO</div> <div>SO</div> <div>SO</div> <p>9:00 Get Fit Exercises (ACT) 10:00 Rosary (CH) 1:30 Bingo (5/6) 3:00 Signature Cocktail Social (5/6) 6:00 Open Card Games (ACT) 6:15 Little House Series (1/2)</p>		<div>SP</div> <div>SO</div> <div>SO</div> <div>SO</div> <p>10:00 Rosary (CH) 1:30 Bingo (5/6) 3:00 Weekend Wine Down (5/6) 6:15 Movie Night: "Hoosiers" (1/2)</p>
<div>t Exercises (ACT)</div> <div>y (CH)</div> <div>Cardio (ACT)</div> <div>Racing Dice Game</div> <div>Hour (5/6)</div> <div>ve Coloring Club:</div> <div>y for the Mind (ACT)</div>	29		30		31
	<div>PY</div> <div>SP</div> <div>PY</div> <div>SO</div> <div>SE</div> <div>SO</div> <p>9:00 Get Fit Exercises (ACT) 9:30 Shop Out: Walmart (BUS) 10:00 Rosary (CH) 12:30 Country Store Open 1:00 Exercise to Music (ACT) 1:30 Bingo (5/6) 3:00 Baking Club: Fruit Pizza (ACT) 6:15 Movie Night with Andrew (1/2)</p>		<div>PY</div> <div>SP</div> <div>SO</div> <div>SO</div> <div>SO</div> <p>9:00 Get Fit Exercises (ACT) 10:00 Rosary (CH) 1:30 Bingo (5/6) 3:00 Signature Cocktail Social (5/6) 6:00 Open Card Games (ACT) 6:15 Little House Series (1/2)</p>		<div>SP</div> <div>SO</div> <div>SO</div> <div>SO</div> <p>10:00 Rosary (CH) 1:30 Bingo (5/6) 3:00 Weekend Wine Down (5/6) 6:15 Movie Night: "Guys and Dolls" (1/2)</p>



# Upcoming Events and News



## NATIONAL WATERMELON MONTH SOCIAL

Thursday, July 1 3:00 pm- 5/600

Join us for fresh cut watermelon!

## 4TH OF JULY LUNCH GRILL OUT CELEBRATION!

Friday, July 2- Lunch



Join us for an early 4th of July celebration with a Grill Out during lunch and a Root Beer Float for dessert!

## MR. SOFTEE ICE CREAM TRUCK VISITS!

Wednesday, July 7  
Starting at 1:30 pm

Come enjoy a sweet treat! More information will be sent out closer to this event!



## Cincinnati History Lecture with Amber: The Founders of Cincinnati

Wednesday, July 7  
6:15 pm- 1/200 Lounge

Come discover the history of the Founders of Cincinnati.

## Creative Coloring Club: Therapy for the Mind

Every Wednesday Evening starting  
July 14th.

Studies show that adult coloring can calm and relax you. Join us for an evening of relaxation and coloring. All supplies will be provided. Come as you please, stay as long as you like.

This program will be held in the Activity Room from 6pm-7pm.



## THE SUMMER OLYMPIC GAMES AND TRIVIA!

Thursday, July 22  
3:00 pm- 5/600 Lounge

In honor of the Summer Olympic Games, you're invited to a friendly Olympic competition and trivia! Will you place for the gold, silver, or bronze? Come join the fun!

## CARRY-IN WITH VICKI

Bob Evans- Friday, July 9

The Goody Shop- Wednesday, July 21

*Please see Vicki at the front desk to place your order.*

## COUNTRY STORE HOURS

Tuesdays: 12:30 pm- 1:30 pm

Thursdays: 12:30 pm- 1:30 pm